



# HAPPY HALLOWEEN

Prices Effective October 23 to October 29, 2014.

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors.



100% BC Owned and Operated

Amy's Kitchen Organic Canned Soups  
assorted varieties



SAVE  
FROM  
**34%**

**from 2/4.98**

398ml  
product of USA

Halloween Candy  
assorted varieties



**from 25% off  
regular retail price**

(found in the grocery dept.)

Choices' Own Artisan Bread  
assorted varieties



**2.99-4.49**

250-500g  
(found in the bakery dept.)



Vega Sport  
Nutrition  
Protein Powder

Vega Sport is the first complete, natural, plant-based sport performance system specifically developed to help athletes perform at their best.

**25% off regular  
retail price** 818-829g

Extra Lean Ground Turkey  
value pack



**5.99lb/  
13.21kg**

(found in the  
meat dept.)



Organic  
BC Grown  
Jumbo  
Honeycrisp  
Apples

**1.98 each**  
product of Canada



Organic  
BC Grown Green,  
Black and Red  
Kale from Myers  
Organic Farm

**2/3.00**  
product of Canada

Boneless Pork  
Shoulder  
Butt Roast

**Hot  
Price!**

**3.49lb/  
7.69kg**

(found in the meat dept.)

2010 - 2014 Awards  
Your loyalty has helped Choices  
achieve these awards. Thank you!



Best  
Organic Grocery



Best  
Grocery Store



2010-2014



f /ChoicesMarkets

@ChoicesMarkets

Seven store locations to serve you. [www.choicesmarkets.com](http://www.choicesmarkets.com)

# GROCERY



Hardbite Gluten Free Potato Chips  
assorted varieties

**SAVE  
28%**

**2.19** 150g  
Fraser Valley, BC Canada



Dairyland Cream  
assorted varieties

**2.69-3.39**

1L  
product of Canada

Pastificio Di Martino Pasta  
assorted varieties



**SAVE  
25%**

**2/3.00**  
250-500g  
product of Italy



La Tortilla Factory Wraps or Tortillas  
assorted varieties

**SAVE  
FROM  
25%**

**2.99-4.99**  
328-496g  
product of USA

Danone Activia or Danino Drinks



assorted varieties

**4.49**  
8 pack  
product of Canada



Gone Crackers  
Gourmet Crackers

assorted varieties

**SAVE  
29%**

**4.99**  
142g  
product of Canada



Bremner's Frozen Berries  
assorted varieties

**SAVE  
27%**

**6.99**  
600g  
product Delta, BC Canada

Blue Sky Soda



assorted varieties

**SAVE  
33%**

**6/3.96**  
354ml  
+deposit +eco fee  
product of USA

Thirsty Buddha Coconut Water  
assorted varieties



**SAVE  
FROM  
27%**

**from 3/5.49**  
520ml - 1L • +deposit +eco fee  
product of USA

Pamela's Baking and Pancake  
Mix and Assorted Mixes



**SAVE  
FROM  
27%**

**3.69-16.99**  
320g- 1.8kg  
product of USA

Van's Gluten Free Frozen Waffles  
assorted varieties



**SAVE  
33%**

**2.99** 255g • product of USA

Simply Natural Organic Barbecue Sauce  
assorted varieties

**2/5.00** 303ml • product of USA

Uncle Luke's Organic Syrup  
assorted varieties

**19.99** 1L • product of Canada

Enjoy Life Chocolate  
semi-sweet chips or mega chunks

**3.99** 283g • product of USA

Celestial Seasonings Tea  
assorted varieties

**from 2/5.00** 50 packets • product of USA

Raincoast Trading Canned Tuna  
assorted varieties

**3.99-5.49** 140g • product of Canada

Casbah Side Dishes  
assorted varieties

**from 3/6.99** 140g • product of Canada