

# Holidays

1990



2015

Celebrating **25** Years

**Prices Effective December 1 – 24, 2015.**

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors.

Boneless Leg of Lamb



**12.99lb/  
28.64kg**

Pork Tenderloin



**8.99lb/  
19.82kg**

Gingerbread Cookies  
2 pack

**3.49**



BC Grown  
Live Potted  
Christmas  
Trees  
*assorted varieties*  
5 Gallon Pots

**29.98**



Hugo Naturals Products  
Assorted Varieties and Sizes

**20% Off**



Goodness: Recipes & Stories



**29.95** ea

When you purchase *Goodness: Recipes & Stories*, 50% of the profit will be donated to Community Food Centres Canada.



Choices' Own 8-Inch  
Tourtière Pies



**13.99** ea

Choices' Own Specialty Stuffed Turkey  
Breast and Holiday Dinner Fixings



Choices Catering



**10% Off**

Patience Fruit & Co.  
Organic Frozen Cranberries  
Product of Canada • 227 g



**2.98**



Visit [www.choicesmarkets.com](http://www.choicesmarkets.com) for Store Locations.

100% BC Owned and Operated

/ChoicesMarkets

@ChoicesMarkets

# MEAT



Canadian Beef Tenderloin Steak



**22.99lb**  
**50.68kg**

Canadian Prime Rib Roast



**15.99lb**  
**35.25kg**



Simply West Coast  
Soups, Seafood Sauces  
and Sausages  
Assorted Sizes and Varieties

**Soups** **7.49** **Sauces** **6.49**  
**Salmon Sausage** **6.99**

Harvest Bacon  
Regular or Applewood Smoked 500 g



**10.99**



Sila Salametti  
assorted varieties 300 g

**9.49**



Meatman's Frozen Rolls and Pot Pies



**Rolls: Beef, Chicken or Country Sausage** 560 g

**6.99**

**Pot Pies: Beef and Vegetable or Chicken and Vegetable** 280 g

**4.99**



Ocean Mama Frozen  
Shrimp Gyoza  
454 g

**8.99**

Kelp Caviar  
Flavoured as Sturgeon, Salmon,  
Wasabi or Truffle 100 g



**6.99**



Moccia  
Urbani Salami  
assorted varieties  
280 g

**18.99**



Moccia Urbani Frozen  
Risotto and Mac &  
Cheese Balls  
assorted varieties

**7.99**

# BULK



Jumbo Pecans

**20% Off Bulk Bins or Pre-Packaged Bags**

Serve with a cheeseplate; add spices and roast for nutty snacks; use in cakes, cookies, loaves or brittles and barks!

# BAKERY



Shortbread  
Cookies  
assorted varieties  
6 pack

**1.00 Off**

Christmas Stollen

Assorted Sizes (Product not exactly as shown.)



**1.00 Off**



Fruit Cake



**Light or Dark With Marzipan**  
(Product not exactly as shown)

**1.00 Off**

# GLUTEN FREE



Butter  
Shortbread  
Cookies  
6 pk

**5.49**

Pecan Shortbread Cookies 6 pk

**5.49**



Gingerbread Dough



**6.99**



# DELI



Imported Italian Panettone  
Assorted Varieties and Sizes

**3.99 – 29.99** ea



Boursin Cheese  
assorted varieties

**5.99** ea



Anco, Aliexis D'Portneuf  
Brie or Camembert  
300 – 450 g

**9.99 – 12.99** ea

Castello Blue Cheese Selection



Includes  
**NEW**  
Smoked  
Gorgonzola

**1.00 Off**

Choices' Own Sicilian Olive Mix or  
Organic Kalamata and Green Olives



**1.49/100 g**

Locally Made Vista D'Oro Preserves  
Pairs perfectly with local cheeses.



assorted varieties

**11.99** ea



Preferisco Crostini and Gourmet  
Mediterranean Antipasto



Crostini 200 g  
Antipasto 250 ml

**4.49 – 5.49**

Imported Sliced Italian or Spanish Meats  
Assorted Varieties and Sizes



**1.00 Off**

Imported Swiss Cheeses  
assorted varieties



**1.00 Off**



Italian Prosciutto  
Aged 18 Months



**4.99/100 g**



Choices' Own Pâté and Salami



Pâté

**4.49/100 g**

Salami

**3.19/100 g**



Mini Entertainment Appetizers  
*Tourtiers, Chicken Pot Pies, Quiche, Samosas, Phyllo Bites, Sausgae Rolls*  
Assorted Sizes and Varieties • Product not exactly as shown



**6/4.99**

**12/8.99**



Locally Made Mt. Lehman Goat Cheese

assorted varieties



**1.00 Off**

# PRODUCE

BC Grown Juicing Carrots from  
Fountainview Farm, Lillooet  
11.34kg (25lb) bag

**22.98**



BC Organic Biodynamic Dried Apple  
Rings from JMJ Rothe in Oliver

**20% Off**



BC Grown Organic  
Sun-Dried Nectarines  
from Clapping  
Chimp, Cawston

**20% Off**



# GROCERY



R.W. Knudsen Sparkling Celebratory Beverages

**assorted varieties**  
+Deposit +Eco Fee • 750 ml  
Product of USA

**5.99 – 6.49**



Tyrrells Hand Cooked English Potato Chips

**assorted varieties**  
150 g • Product of UK

**2.99**



Ethical Bean Organic Fair Trade Coffee

**assorted varieties**  
227 – 340 g • Product of BC

**8.99** ground

**12.99** whole beans



Endangered Species Chocolate Bars

**assorted varieties**  
85 g • Product of USA

**3.99**

Kan's Frozen Wheat Free Appetizers

**assorted varieties**  
320 – 454 g • Product of Canada



**5.99**



Elias Honey

**assorted varieties**  
1 kg • Product of Canada & USA

**12.99 – 16.99**



Earth's Own Almond Fresh Noel Nog

**assorted varieties**  
946 ml • Product of USA

**2.79**



Barbara's Cheez Puffs

**assorted varieties**  
155 – 198 g • Product of USA

**3.39**



Stash Tea

**assorted varieties**  
18 – 20 bag • Product of USA

**2.99**



Dairyland Egg Nog

**assorted varieties**  
2 L • Product of Canada

**4.99**



Walkers Oat Crackers and Shortbread Cookies

**assorted varieties**  
150 – 280 g • Product of UK



**3.69 – 5.99**



NOW Natural No-Sugar Sweeteners

**assorted varieties**  
Assorted Sizes • Product of Canada

**7.99 – 11.99**



Canadian Heritage Organic Maple Syrup

**assorted varieties**  
500 ml • Product of Quebec

**13.99**



Oasis Juice

**assorted varieties**  
+Deposit +Eco Fee

**1.99** 3 pk

**3.99** 1.75 L

E-Cloth Eco-Friendly Household Cleaning Products

**assorted varieties**  
Assorted Sizes  
Product of UK

**7.99 – 42.99**



Patisserie Lebeau Frozen Liege Waffles

**assorted varieties**  
300 g

**4.99**



Olympic Dairy Yogurt

**assorted varieties**  
650 g • Product of BC

**2.99**



Castor & Pollox Organix Pet Treats

**assorted varieties**  
Assorted Sizes • Product of USA

**4.49 – 7.99**



# HEALTHCARE



Herbatint Natural  
Permanent Hair Colour  
*assorted colours*  
1 kit

**14.99**



Prairie Naturals  
Shampoo and  
Conditioner  
*assorted varieties*  
125 – 500 ml

**10.99**



Giovanni 2CHIC Ultra Sleek  
Shampoo and Conditioner  
*select varieties*  
52 – 250 ml

**6.99**

Radius Oral Care Products  
*assorted varieties*  
Assorted Sizes



**15% Off**

Santevia Alkaline Water Filtration Systems



*Pitchers* **49.99** ea *Filtration Systems* **159.99** ea

Mineral Fusion Cosmetics  
*assorted varieties*  
Assorted Sizes



**25% Off**



Incrediwear Therapeutic  
Socks and Braces  
*assorted varieties*  
Assorted Sizes

**20% Off**

One With Nature Dead Sea Mineral Soap  
*assorted varieties*  
200 g



**4.99**



Pacifica Body Care Products  
*assorted varieties*  
Assorted Sizes

**20% Off**



# GROCERY

Voss Artesian Water



*Sparkling or Still*  
+Deposit +Eco Fee • 800 ml  
Product of Norway

**4.79**



Arla Dofino Havarti Cheese Blocks

*assorted varieties*  
200 g • Product of Canada



**3.99**

Lesley Stowe's Raincoat Crips

*assorted varieties*  
150 – 170 g • Product of Canada



**5.99**



Daiya Non-Dairy Cream Cheese-Style Spreads

*assorted varieties*  
227 g • Product of Canada



**4.29**

# Cook it Up



## PROSCIUTTO AND MOJITO GOAT CHEESE SPIRALS

By Choices' Chef Antonio Cerullo

150 g soft goat cheese (chevre)  
1 1/2 tsp fresh chopped mint  
1/4 tsp freshly grated organic lime zest  
1/4 tsp freshly cracked black pepper  
1/4 tsp sea salt  
1 Tbsp extra virgin olive oil  
180 to 200 g freshly sliced prosciutto di Parma

In a small bowl, mix together all of the ingredients, except prosciutto, and set aside. Lay out prosciutto slices (slightly overlapping slices) on a sheet of parchment that's approximately 8 or 9 inches wide by 5 or 6 inches high.

Once you have all of your slices laid out, spread goat cheese mixture evenly over top, taking care to leave about a 1/2 to 1 inch border of prosciutto. Next, use the longest edge of the parchment to help roll the prosciutto into a tight cylinder that's about 2/3 of an inch high.

Freeze for a minimum of 2 hours then remove from freezer and—while still frozen—slice through the parchment into 1/2 inch wheels. Remove any leftover parchment then place on top of a fresh cucumber slice or baguette and let come to room temperature before serving.



## Gift Baskets: Wrapped and Ready



The season for gift giving approaches. Whether you need one for an office function, a dinner with the in-laws or to give as a gesture of thanks for a neighbour, Choices' Gift Baskets will suit any occasion. Our pre-arranged Gift Baskets are brimming with delicious seasonal foods. So take the hassle out of hunting for gifts this year and look for these baskets at all Choices locations.



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