

## Ordering

Place your order in person at any Choices' Healthworks Deli OR by phone (see location numbers and addresses below). We kindly request a minimum of 24 hours' notice for all catering orders and a minimum of 48 hours' notice for any orders tailored for special dietary needs. For an added cost, organic, specialty, nitrite-free and custom options are available for select platters. Ask a Healthworks Deli specialist for details. Delivery may be available for an additional cost. We accept Visa, Mastercard, American Express, Debit or cash.

## Choices Markets Locations

Abbotsford  
Burnaby  
Kelowna  
North Vancouver  
South Surrey  
Vancouver



# Catering

Easy, elegant and ideal—that's the focus of Choices Markets' Healthworks Catering. We put wholesome quality ingredients to good use for our catering options. We take into account your special needs and can accommodate any dietary restrictions or concerns. Organic and specialty options are also available for all fruit, vegetable, cheese and meat platters.



[choicesmarkets.com](http://choicesmarkets.com)

Note: We CANNOT PREVENT CROSS-CONTAMINATION with wheat, dairy and other common allergens

[choicesmarkets.com](http://choicesmarkets.com)

## Catering Platter Options

All catering platters are available in two sizes: 12-inch (serves 8 to 10) and 16-inch (serves 15 to 20). Pricing for each platter is listed. Please note: there may be additional charges for any special requests.

### Rise and Shine Breakfast Platter

**Pastries:** croissants, muffins, strudels, scones and preserves  
**39.99 59.99**

### Fruit and Vegetable Platters

**Seasonal Vegetables:** with Choices' Own hummus or creamy ranch dip  
**39.99 69.99**

**Seasonal Fruits:** with yogurt dip  
**49.99 79.99**

### Crackers and Cheese Platters

**Traditional:** havarti, Gouda, cheddar and other assorted cheeses  
**59.99 79.99 89.99**

**Specialty Cheese:** artisan local and imported cheese  
**69.99 99.99**

### Fruit and Cheese Platter

**Perfect Pairing:** elegant cheese with seasonal fruit selection  
**49.99 89.99**

### Deli Meat Platters

**Mainly Meat:** sliced ham, turkey, salami and roast beef with mustard and assorted olives  
**49.99 79.99** to include prosciutto add **9.99** and **19.99**

**Meat & Cheese:** sliced ham, turkey, salami and roast beef paired with a selection of Canadian cheeses  
**49.99 79.99** to include prosciutto add **9.99** and **19.99**

### Appetizer Platters

**Grain-Conscious Goodies—made without wheat:** pakoras, falafel, bhajis and fritters with tamarind chutney  
**39.99** 12-inch only available

**Savoury Pastries:** spanakopitas, samosas, spring rolls and quiche with olives  
**49.99 69.99**

**Antipasto:** Italian-style meats, cheese, olives, tapenade, artichokes and crusty bread  
**49.99 69.99**

### Sandwich and Wrap Platters

**Signature:** bread or wraps filled with deli meats, cheeses or tuna, egg or specialty chicken salad and fresh vegetables  
**59.99 79.99**

**Specialty:** artisan breads with specialty meats and cheeses, as well as flavourful toppings like pesto, tapenade or hummus and fresh vegetables

**69.99 89.99**

**Petites:** tea sandwiches, quartered and filled with three toppings of your choice. **Options include** egg, tuna or specialty chicken salad, wild lox and cream cheese, hummus and cucumber to name a few. For special requests, speak with a Choices Deli Specialist.

**49.99 69.99**

**Baguette Bites:** petite baguette sandwiches filled with three toppings of your choice. **Options include** egg, tuna or specialty chicken salad, wild lox and cream cheese, hummus and cucumber to name a few. For special requests, speak with a Choices Deli Specialist.

**49.99 69.99**

### Decadent Dessert Platters

**Little Bites:** an assortment of Choices' Own bars, tarts and cakes  
**39.99 59.99**

**Cookies:** an assortment of Choices' Own cookies  
**34.99** 12-inch only available

### Quiches

**Options include** Roasted Red Pepper and Goat Cheese, Jarlsberg and Mushroom, Asparagus and Fontina, Caramelized Onion and Gruyère or Wild Salmon

Available in two sizes:

**5.99** each for 4.5-inch quiche (serves 1 to 2)

**13.99** each for 12-inch quiche (serves 6 to 8)

### Signature Deli Salads

Over 20 varieties of deli salads to accompany platters (examples of options include Kale and Wheatberry, Penta Bean, Edamame or Orzo Bocconcini to name a few)

**Priced from 1.69–2.49/100 grams**

### Signature Individual Salads

Individually packaged salads for a light and healthy meal (options include spinach with strawberries, walnuts and feta, Greek salad with cucumber and feta, wild salmon on a bed of mixed greens, specialty chicken Caesar, or mixed greens)

**7.99**

### Bagged Lunches

**Full Meal:** a signature wrap or sandwich with pasta or mixed green salad, a piece of fruit and a freshly baked cookie\*

**12.99**

**Lighter Meal:** half a signature wrap or half sandwich with pasta or mixed green salad, a piece of fruit and a freshly baked cookie\*

**8.49**

\*Includes plastic cutlery and napkin



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