

WEEKLY SAVINGS

Prices Effective March 15 to March 21, 2018.



100% BC Owned and Operated



8.99lb
Organic Lean Ground Beef value pack 19.82kg



St. Patrick's Cookies, Cakes and Cupcakes assorted varieties assorted sizes
3.99 to 7.99



3.99lb
Choices' Own Whole BC Chickens raised without antibiotics 8.80kg



Kettle Brand Potato Chips assorted varieties 170-220g
3/7.98



2/2.00
BC Long English Cucumbers



Rise Organic Kombucha assorted varieties +deposit +eco fee
3/9.99 414ml
7.99 1L



7.99
Irish Dubliner, Guinness, Blarney Castle, Reserve or Mature Cheddar Cheese from Deli dept.



13.99
Farmcrest Specialty Non-GMO Roasted Chickens from Deli dept.




Vega One All-In One Nutritional Shakes and Bars select varieties assorted sizes
25% off Regular Retail Price



Bio-K Plus Probiotics select varieties select sizes
15% off Regular Retail Price

GROCERY



Fuller Foods
Cheesy Puffs
assorted varieties
85g

2/5.98



Honeywater
Lemon or Mint
355ml
+deposit +eco fee

1.49



Made Good Gluten
Free Granola Minis
assorted varieties
4 pack

2.99



Que Pasa Organic
Tortilla Chips & Salsa
assorted varieties

2/5.98

Tortilla Chips 300-350g

2/6.98

Salsa 420ml



Taste Nirvana Coconut Water
assorted varieties
+deposit +eco fee

2/3.98 280ml

2/6.98 700ml



Zazubean Organic
Fair Trade Chocolate Bars
assorted varieties
85g

2/5.98



GimMe Organic Roasted
Seaweed Snacks
assorted varieties

1.69 5g

2.49 10g



Haribo Candies
assorted varieties
160-175g

3/6.99



Coconut Bliss
Organic Frozen Bars
assorted varieties
3-4 pack

5.99



Tropicana Pure Premium Juice
assorted varieties
1.65-1.75L
+deposit +eco fee

3.99



Blue Diamond
Almond Nut Thins
regular or artisan
120g

2/6.98



Chapman's Frozen
Yogurt and Sorbet
assorted varieties
2L

4.99

Nuts to You Organic Peanut Butter



smooth or crunchy
500g

5.99

Nuts to You Organic Almond Butter



raw, smooth, or crunchy
365g

11.99



St. Dalfour Premium
Fruit Spreads and Jam
assorted varieties
225ml

4.49

Stash Premium Tea



assorted varieties
18-20 Tea Bags

2/5.98

Illy Whole Bean or Ground Coffee



assorted varieties
250g

13.99

Level Ground Organic Fair Trade
Coffee or Loose Tea
assorted varieties
1L



4.99 Tea 70g

12.99 Coffee 454g

GROCERY



Stoked Oats Oatmeal Blend
assorted varieties
500g

8.99



Granola King
Premium Granola
assorted varieties

9.99 750g

23.99 2kg



Blue Diamond Almond
Breeze Beverages
assorted varieties

2.49 946ml Tetra

4.79 1.89L Tetra

Danone Oikos Yogurt or Oikos Creations Yogurt



assorted varieties

3.99 500g

2/6.98 4 Pack



One Degree
Organic Cereal,
Granola and Bread
assorted varieties
assorted sizes
reg price 6.49-7.99

30% Off
regular
retail price

Daiya Vegan Non-Dairy Cheezecakes or Greek Yogurt



assorted varieties

1.49
Greek Yogurt 150g

5.99
Cheezecakes 400g

Dairyland Cottage Cheese



assorted varieties
500g

2.99

GoldEgg Free Run Large Eggs

1 Dozen



4.49

Earthbound Farm Organic Frozen



Fruit & Vegetables
assorted varieties
assorted sizes
reg price 4.69-8.79

30% Off
regular
retail price

The Ginger People Spreads or Candy



assorted varieties
assorted sizes
reg price 2.29-6.89

30% Off
regular retail price

Gusta Vegan Meat & Cheese Alternatives



assorted
varieties

3.99 Cheese Alternatives 227g

4.99 Vegan Sausages 350g

Hilary's Allergen Free
Dressings & Frozen Burgers
assorted varieties



3.49 Burgers 181g

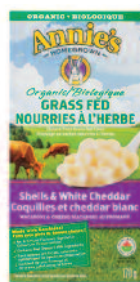
3.99 Dressing 236ml

Farmhouse Culture Organic
Kraut or Organic Gut Shot
assorted varieties



5.99 Gut Shot 473ml
+deposit +eco fee

7.99 Kraut 454g



Annie's Homegrown
Classic Mac & Cheese
assorted varieties
170g

3/6.98



Wolfgang Puck Organic Soup
assorted varieties
398ml

3/8.97

GluteNull Raw Gluten Free
Energy Bars and Cookies



assorted varieties
240-320g

7.99

Wholesome Sweeteners
Organic Fair Trade



assorted varieties
assorted sizes
reg price 6.79-23.99

30% Off
regular
retail price

Pamela's Gluten Free Baking
and Frosting Mixes & Cookies



assorted varieties
assorted sizes
reg price 4.99-25.49

30% Off
regular
retail price

DELI

Alex de Portneuf
Camembert or Brie Cheese

9.99 each



Summer Fresh Dips
454g

6.99



La Panzanella
Croccantini Crackers
assorted varieties

5.99



Parmesan Cheese Petals

3.79/100g



Choices' Own Ready to Eat Salads
assorted varieties



4.49 to 7.49

Choices' Own Baby Red Potato Provence, Roasted
Winter Vegetables or Garlic Mashed Potatoes



1.19 to 1.69/100g

Choices' Own Potato Salad
assorted varieties



1.49/100g

Choices' Own Natural Praga Ham



2.79/100g

Castelvetro Olive



2.29/100g

Choices' Own 7 Layer Dip



7.99

PRODUCE



Organic Red ,
Yellow and Orange
Hot House Peppers
Imported
10.98kg

4.98lb



Fair Trade Organic
Raspberries from Mexico
170g package

4.98



Organic Ruby
Grapefruit
Imported
1.81kg (4lb) bag

5.98



Organic Navel
Oranges Imported
3.70kg

1.68lb



Organic Red
Grape Cherry
Tomatoes
Imported
1 pint package

1.98

MEAT

BC
ORGANIC PORK
at our Kitsilano,
Kerrisdale, Cambie,
North Vancouver
and South Surrey
locations



Lamb Casserole with Feta Cheese and Vegetables
made in-store

24.99 each



BC Local Fresh Steelhead
35.25kg

15.99lb



BC Organic Sturgeon Steaks
39.66kg

17.99lb



100% Grass Fed Sirloin
Tip Roasts or Steaks
from Australia
17.61kg

7.99lb



Free Range Shoulder
Bone In Lamb Chops
from New Zealand
17.61kg

7.99lb



Pork Side Ribs
raised without antibiotics
15.41kg

6.99lb



Wild-Caught Ahi Tuna
Loin Steaks Sashimi Grade
44.07kg

19.99lb



Choices' Own Chicken
Bone In Breast or Thighs
raised without antibiotics
14.31kg

6.49lb



Choices' Own
Pork Sausages
made in-store
17.61kg

7.99lb



Choices' Own
Frozen Pasta
assorted varieties
500g

5.99 each

BAKERY



Organic Sourdough
Levain Style Bread
sliced or unsliced
530g

4.99



Muffins
regular or mini
assorted varieties
includes alternative flour recipes
package of 4

2.99 to 4.49

WELLNESS



Flora Flax Oil Non-GMO

8.49 250ml
13.99 500ml
21.99 941ml



BioSil for Beauty, Bones and Joints
 assorted sizes

20% off
 Regular
 Retail Price



Enzymedica Digestion
 Supplements
 assorted varieties
 assorted sizes

25% off
 Regular
 Retail Price



New Roots Wild Oregano Oil C93

9.99 15ml
16.99 30ml
25.99 50ml



Hair Essentials

32.99 90 capsules



Weleda Baby Care Products
 assorted varieties
 assorted sizes

25% off
 Regular
 Retail Price

BULK

Snack Items, Popping Corn and Sriracha Products
 assorted varieties, bins and bags

20% off regular retail price

GROCERY



Earth's Choice
 Coconut Products
 assorted varieties assorted sizes
 reg price 2.29-21.99

30% Off
 regular retail price

Earth's Choice Chunk Tuna, Salmon or Sardines
 assorted varieties assorted sizes
 reg price 3.99-7.99



30% Off
 regular
 retail price



Earth's Choice Organic
 Extra Virgin Olive Oil

9.99 500ml
14.99 1L



Earth's Choice Organic Tomatoes
 assorted varieties

2.49 398ml
3.49 796ml



Rizopia Gluten Free Rice
 Pasta or Quinoa Pasta
 assorted varieties 340-454g
 reg price 3.69-5.29

30% Off
 regular retail price



Rao's Homemade Pasta Sauce
 assorted varieties
 680ml

8.99



Seventh Generation
 Natural Dish Detergent
 assorted varieties 739ml

2.99

Seventh Generation Natural Laundry Detergent
 assorted scents



7.99 Regular 1.47L

12.99

4X Conc 1.47L or Regular 2.96L

Seventh Generation Bathroom Tissue, Paper
 Towels and Baby Wipes
 assorted varieties
 assorted sizes
 reg price 3.19-19.99



30% Off
 regular
 retail price

Seventh Generation Natural Diapers



sizes 1-6

12.99

Happy St. Patrick's Day

Saturday March 17th.



Visit www.choicesmarkets.com for Store Locations.

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors.
 Product may not appear exactly as depicted.