

100% BC Owned and Operated

Soil is a building block towards a healthy environment; it promotes growth of plants, some of which lead to food production. Maintaining a healthy soil will provide economical and functional benefits. Choices Markets Full Circle Top Soil is derived from the compost from our stores. The compostable materials from the stores are broken down over a period of 5 to 6 months, through a fully aerated static pile method, ending with the top soil that we call Full Circle! Our Full Circle Top Soil is nutrient-rich and a part of our effort to provide a sustainable option for the environment.

For more information go to www.choicesmarkets.com/news/get-full-circle

CHOICES
Invariants Top Soil is generated from organs
waste cellected from oil Choices Market isocolors
The materials are blended with other organics and
composed, between with other organics and
composed, between the full Circle sustainable top Soil
This environmentality frendity product is excellent by
gardens and londscaping.

Choices Markets
Full Circle Top Soil
20L













Santevia Alkaline Water Pitchers, Filters and More assorted varieties reg price 20.99-56.99



GROCERY



Daiya Dairy Free Vegan Dressings and Cheeze Sauce assorted varieties

4.49 Dressings 237ml

6.99 Cheeze Sauce 402g





assorted varieties 444-550g

6.99

Earthbound Farm Organic Frozen Vegetables

assorted varieties 300-400g

.49 to



Earth's Choice Organic Extra Virgin Olive Oil

9.99 500ml

14.99 1L

Sunflower Kitchen Hummus, Pesto and Dip



assorted varieties 227-300g reg price 3.99-6.99

30% Off regular retail price



Chosen Foods Cooking Oil, Mayonnaise and Chia Seeds assorted varieties assorted sizes reg price 5.99-29.99

30% Off regular retail price

Ocean's Pole & Line Tuna



assorted varieties 170g

1.99 2.49 Chunk & Flaked Light Albacore





Medium 454a

Dairyland Sour Cream & Cottage Cheese



assorted varieties

2.49

2.99 Cottage Cheese 500g



Annie's Homegrown Crackers and Fruit Snacks assorted varieties 115-213g

3.99 to



Bragg Organic Apple Cider Vinegar Drink assorted varieties 473ml +deposit +eco fee

2.79



Happy Planet Smoothies assorted varieties 900ml +deposit +eco fee

3.99



Denman Island Organic **Chocolate Bars** assorted varieties

2/5.98



Made Good Granola Minis assorted varieties 100g Pouch

6.98



Camino Organic Fair Trade Chocolate Bars assorted varieties 80-100g

2/7.98



Kettle Brand Family Sized Krinkle Cut Potato Chips assorted varieties

2/6.98



Fuller Foods Cheesy Puffs assorted varieties reg price 6.49

Buy One Get One Free



Fiasco Frozen Small Batch Gelato and Sorbetto assorted varieties 562ml

6.99

PRODUCE

Fair Trade Large Hass Avocados



BC Grown Organic Red Hot House on The Vine Tomatoes from Origin Organics **8.77kg**



Organ-ainbow Chard from California



DEL









MEAT



at our Kitsilano, Kerrisdale, Cambie, North Vancouver and South Surrey locations

ORGANIC PORK

Icelandic Cod Loin Steaks **41.87kg**

18.99lb



Fresh Duck raised without antibiotics **8.80kg**

3.99lb



Organic Chicken Thighs Bone-In value pack 19.82kg

8.991b



100% Grass Fed New York Steaks Aged 21+ Days from Australia value pack **24.23kg**

10.99lb



BC Bison Free Range raised without antibiotics

10% off regular retail price



Fresh Halibut Steaks **39.66kg**

17.99lb

BAKERY

Banana Bread or Chocolate Pecan Loaf and Banana Bread Mixes assorted varieties includes alternative sugar recipes assorted sizes



Organic Wholegrain Bread or Organic Multigrain Bread 530g



Alternative Flour Recipe Products assorted varieties assorted sizes



WELLNESS

Garden of Life mykind Organics Vitamins and Supplements



assorted varieties assorted sizes reg price 12.29-50.99

20% off Regular Retail Price



Martin & Pleasance Ki Hay Fever Remedy assorted varieties

22.49 30

36.99 60 Tablets



NutraSea Omega-3 Fish Oil assorted varieties assorted sizes reg price 26.99-67.99

20% off Regular Retail Price



Genuine Health Greens+ Superfoods Powder assorted varieties assorted sizes reg price 29.99-129.99

20% off Regular Retail Price



WomenSense Women's Health Supplements assorted varieties assorted sizes reg price 24.99-58.99

25% off Regular Retail Price



Dr. Bronner's Non-GMO Organic Castile Soap select varieties reg price 8.99-23.99

25% off Regular Retail Price

BULK

Bagged Psyllium Husks

35% off regular retail price

GROCERY

Maple Hill Free Range Medium Eggs



3.99



Salt Spring Organic Fair Trade Coffee assorted varieties 400g

11.99



Silk Fresh Coconut or Cashew Beverages assorted varieties

3.99



Granola King Premium Granola gourmet & hazelnut hemp 2kg

24.99



Plum-M-Good Organic Rice Thins assorted varieties 95g

3/6.99



Bob's Red Mill Baking or Cereal Products select varieties assorted sizes reg price 3.79-21.99

30% Off regular retail price



Nuts to You Almond or Hazelnut Butter 365g reg price 11.99-16.99

25% Off regular retail price



Wedderspoon Raw Premium Beechwood Honey or Wild Rata Honey 500g

14.99



Echoclean Biodegradable Dish Liquid assorted varieties 740ml

2.79



BioBag Food Storage & Waste Bags assorted varieties assorted sizes reg price 5.99-12.49

30% Off regular retail price



Bring Your Own Bag and Enjoy 5¢ Off Your Bill!



Choices Markets has always strived to be a leader in sustainability efforts in the grocery industry. Starting this Earth Day, April 22nd, we'll be adding a small surcharge to our plastic and paper bags. We will be adding a 5¢ charge to our plastic bags and a 10¢ charge to our paper bags.

On Special This Month

Choices Reusable Bags | .99 each Choices Thermal Bags | 2.99 each



Visit www.choicesmarkets.com for Store Locations.