

BUY ONE GET ONE FREE

Prices Effective May 10 to May 16, 2018.

100% BC Owned and Operated



**Buy One
Get One
FREE**

Grass Fed Free Range
Beef Kebabs
select varieties
reg price 11.99lb/26.43kg



Earth's Choice Organic
Fair Trade Coffee
assorted varieties
400g
reg price 13.99

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FREE**



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FREE**

6" Potted
Chrysanthemum
reg price 9.98



Spectrum Organic
Refined Coconut Oil
414ml
reg price 12.49

**Buy One
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FREE**



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FREE**

Organic French Baguette
300g
reg price 3.99



Andalou Naturals Face
Care Products
assorted varieties
assorted sizes
reg price
11.99-32.99

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Choices' Own Fresh Soup
assorted varieties
710ml reg price 7.49
from Deli Dept.



Divine Essence Organic
Essential Oils and Floral Water
select varieties
select sizes
reg price 7.49-55.49

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GROCERY



Theo Organic
Fair Trade Chocolate Bars
assorted varieties
85g

2/6.98



Happy Planet
Organic Lemonade
1.5L
+deposit +eco fee

3.99



Vortex 9.5 High
Alkaline Water
500ml
+deposit +eco fee

4/5.00

Larabar Fruit & Nut Bars
assorted varieties



2/2.98
45-48g

22.99
Case of 16 Bars

Fresh is Best Tortilla Chips & Salsa
assorted varieties
325g Chips and 375ml Salsa



4.49

San Pellegrino Italian Soda
assorted varieties +deposit +eco fee



.99 330ml

4.99 6 Pack



Lundberg Rice Chips
assorted varieties
170g

3/9.99



Beanfields Bean
and Rice Chips
assorted varieties
156g

2/6.98



Nineteen 02 Kombucha
assorted varieties
375ml
+deposit +eco fee

3/9.99



Uncle Luke's
Medium Maple Syrup
1L

16.99



Laiki Rice Crackers
black or red
100g

2/6.98



Avalon Chocolate Milk
+deposit

1.79 500ml

2.79 1L



Organic India Tulsi Tea
assorted varieties
18 tea bags

5.99

Riviera Petit Pot Set Style
Yogurt and French Cheese
assorted varieties



Yogurt 4 pack
Cheese 480g

4.49

Liberté Organic Butter
salted or unsalted 454g



6.99



Choices Organic Milk
2L

4.49

Skim, 1%, or 2%

4.99

3.8%



Nature's Path Organic
Boxed Cereals
select varieties
assorted sizes

3.99 to 4.49

Glutenfreeda Gluten Free
Burritos, Pizza Wrap and Oatmeal
assorted varieties



3.49

Burritos, & Wrap 113g

4.99

Oatmeal 300g

MEAT

BC
ORGANIC PORK
at our Kitsilano,
Kerrisdale, Cambie,
North Vancouver
and South Surrey
locations



Organic Lean
Ground Beef
value pack **19.82kg**
8.99lb



Bacon Wrapped
Pork Tenderloin in
Teriyaki Marinade
raised without antibiotics
made in-store **26.43kg**
11.99lb

Premium Wild Sockeye
Salmon Fillets value pack
previously frozen **30.84kg**



13.99lb

Organic BC Sturgeon Steaks
39.66kg



17.99lb

BC Organic Beef
select varieties



10% off

Choices Ground Chicken
raised without antibiotics
24.23kg



10.99lb

BC Organic
Chicken Drumsticks
value pack **17.61kg**



7.99lb

Venison Free Range
raised without antibiotics



10% off

DELI

Family Size Quiche assorted varieties



12.99 each

Choices' Own Ready To Eat Salads
assorted varieties



4.49 to 7.49

Happy Days Soft Goat Cheese
assorted varieties
140-150g



4.99

Farmcrest Specialty
Roasted Chickens



13.99 each

Lemon Herb or Savoury
Potato Wedges 350g

5.00

BAKERY

Cookies
assorted varieties
package of 12



4.99



Mother's Day
Cakes and
Cupcakes
includes alternative
flour recipes
assorted sizes

4.99 to 7.99

PRODUCE



Strawberries
from California
454g (1lb) package
2.98



Fair Trade Organic Whole Green
Honeydew Melons from Divine
Flavor in Mexico
3.98 each



Organic Jumbo Red Grapefruit
2/5.00

BC Grown Long English Cucumbers



2/2.00



Organic Whole
Cantaloupe
from Mexico
2.98 each



BC Grown Red
Grape Tomatoes
1 pint package
2/5.00



Organic Wholewheat
or Wholegrain Bread
530g
4.99

WELLNESS



Manitoba Harvest Hemp Proteins and Hemp Oil
assorted varieties assorted sizes
reg price 10.99-48.99

20% off
Regular
Retail Price



New Chapter Multivitamins
assorted varieties
assorted sizes
reg price 39.99-87.99

20% off
Regular
Retail Price



Jason Body Care Products
Hair Care, Body Wash and More
assorted varieties
assorted sizes
reg price 5.99-15.99

25% off
Regular
Retail Price



Platinum Naturals
Vitamins and Supplements
assorted varieties assorted sizes
reg price 9.79-99.99

20% off
Regular
Retail Price



Organika Quercetin
with Bromelain

27.99 120 capsules



Nature Clean Sensitive
Skin Body Care Products
assorted varieties assorted sizes
reg price 4.99-12.99

20% off
Regular
Retail Price

GROCERY



Simply Natural
Organic Ketchup
575ml

4.49



Simply Natural Organic Salsa
assorted varieties
470ml

2/6.98



Simply Natural
Organic Salad Dressing
assorted varieties
354ml

3.79



Simply Natural Organic BBQ Sauce
assorted varieties
303ml

3.79



Glutino Gluten Free Products
bread, crackers, cookies,
muffins, and snacks
assorted varieties assorted sizes
reg price 3.99-9.79

30% Off
regular retail price



Udi's Frozen Gluten Free Products
pizza, pasta, bread, bagels and lasagna
assorted varieties assorted sizes
reg price 4.79-8.99

30% Off
regular retail price



Spectrum Mayonnaise
and Culinary Oil
assorted varieties assorted sizes
reg price 5.59-26.99

30% Off
regular retail price



Skinny Frozen Pasta
assorted varieties
200-300g

**4.49 to
4.99**



Imagine Organic
Broth and Organic Soup
select varieties 1L
reg price 5.49 Broth / 6.79 Soup

**Buy One
Get One Free**



Purex Bathroom Tissue
2 varieties
12 Double Roll
reg price 12.99

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Mother's Day

May 13th is all about Mom. Come to Choices to get Mom's favourite items, like Fairtrade chocolates, beautiful floral arrangements or natural body care products. If you need help in the kitchen, don't forget that the Choices Deli has dozens of ready to heat and eat options available so everyone can take a night off in the kitchen. Need a quick dessert? Try our selection of amazing vintage cakes from our bakery. No matter what your Mother's Day traditions are, Choices is here to help.

BULK

Candy assorted varieties, bins and bags

20% off regular retail price



Visit www.choicesmarkets.com for Store Locations.

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors.
Product may not appear exactly as depicted.