

VEGAN CHOICES

Prices Effective May 24 to May 30, 2018.

100% BC Owned and Operated




4.99

Sourdough Multiseed or Organic Multigrain Bread
530-600g

Choices' Own Golden Boost Hummus from Deli Dept

.99/100g

New to Choices




20% off
Regular Retail Price

Snacks assorted varieties bins and bags from Bulk Dept.



1.89/100g

Choices' Own Cauliflower Tabouleh Salad from Deli Dept.



1.79/100g

Choices' Own Kale and Wheat Berry Salad from Deli Dept.

New to Choices



Tree Ripe Non-GMO Solo Papaya from Hawaii
13.18kg

5.98lb



Kicking Horse Organic Fair Trade Coffee whole bean assorted varieties 454g



12.99



3.98

Organic Girl Organic Rebel Greens 142g package




Acidophilus Ultra
DAILY CARE
11 Billion+ Live Active Whole Cells
11 Strains
6 Human - 1 Plant - 6 Dairy

New Roots Vitamins and Supplements
assorted varieties
assorted sizes
reg price 9.99-86.99

25% off
Regular Retail Price



9.98lb

BC Grown Organic Shiitake Mushrooms 22.00kg



Vega Sport Products
Protein, Hydrator, Energizer, Pre-workout, Recovery and Bars
assorted varieties
assorted sizes
reg price 1.19-54.99

20% off
Regular Retail Price

GROCERY



Santa Cruz
Organic Lemonade
assorted varieties
946ml
+deposit +eco fee

2/4.00



Taste Nirvana Coconut Water
assorted varieties
+deposit +eco fee

2/4.00 280ml

2/7.00 700ml



San Pellegrino
Italian Sodas
assorted varieties
+deposit +eco fee

.99 Singles 330ml

4.99 6 Pack



GoodDrink Classic Bottled Tea
assorted varieties
473ml
+deposit +eco fee

2/4.00



GoodDrink Organic Spritzers
assorted varieties
355ml
+deposit +eco fee

2/3.00



Gerolsteiner Sparkling
Mineral Water
750ml
+deposit +eco fee

1.99



Hardbite Potato Chips
assorted varieties
150g

2/5.00



Fresh is Best Tortilla
Chips and Salsa
assorted varieties
325g Chips
375ml Salsa

4.49



Old Dutch Potato
Chips or Double
Dutch Potato Chips
assorted varieties
220-255g

2/5.50



Laiki Rice Crackers
red or black
100g

2/6.00



Terra Vegetable Chips
assorted varieties
170g

4.49



Kettle Brand Potato Chips
assorted varieties
170-220g

3/7.98

Suzie's Good Fats Bar



assorted varieties

3/6.99 39g

23.99 12 Pack

Nature's Bakery Fig Bars assorted varieties



.99 Singles 56.6g

4.79 6 Pack

Eat Nak'd Raw Bars
assorted varieties 35g



4/5.00



Zazubean Organic
Fair Trade Chocolate Bars
assorted varieties
85g

2/7.00



Sezme Sesame Snaps
assorted varieties

4/1.39 22.5g

4.99 16 Pack



Rico 'n Lalo Frozen
Fruit or Coconut Bars
assorted varieties
4 pack

4.49

GROCERY



Simply Natural
Organic Salad Dressing
assorted varieties
354ml

3.79



Spectrum Mayonnaise
canola, soy or eggless
473-946ml
reg price 5.59-12.99

30% Off
regular retail price



Tre Stelle Shredded Cheese
assorted varieties
170-200g

4.49



Life Choices Frozen
Breaded Chicken
or Fish Products
assorted varieties
345-600g

8.99

Sol Cuisine Frozen Burger Patties
assorted varieties 284g



4.99



L'Ancetre Organic Cheese
assorted varieties
325g

7.99



Liberté Organic Yogurt
assorted varieties
650-750g

2/7.00



Bremner's
Frozen Fruit
blackberries,
blueberries,
pineapple chunks,
and mango
300-600g

4.99 to 6.99

Danone Activia Yogurt



assorted varieties

2/7.00 650g

4.49 8 Pack



Blue Diamond Almond
Breeze Beverages
assorted varieties
946ml tetra

2/5.00



Nature's Path
Organic Boxed Cereal
assorted varieties
284-400g

3.99 to 4.99



Tropicana Pure Premium Juice
assorted varieties
1.65-1.75L
+deposit +eco fee

3.99



Artisana Organics Raw
Organic Nut Butter
assorted varieties
227-397g
reg price 14.49-21.99

30% Off
regular retail price



Nuts To You
Organic Peanut Butter
smooth or crunchy
500g

5.99

Kraft Philadelphia Cream Cheese
assorted varieties 227-250g



3.99

Dr. Schär Gluten Free Frozen Bread and Buns



assorted
varieties
200-400g

6.99

Udi's Gluten Free Muffins and Cookies



assorted varieties
260g & 4 pack

4.99



Echoclean Biodegradable
Laundry Detergent

assorted varieties
1.5L liquid or
3 kg powder

6.99

DELI

Fresh Stuffed Dolmades



3.99 Dozen

Choices' Own Hot Soup
assorted varieties assorted sizes



2.99 to 7.99

Organic Pitted Kalamata Olives



1.89/100g

Indianlife Naan Bread
assorted varieties



5.49

Habibi's Tzatziki or Baba Ganoush
200g



3.99 each

Traditional Cow Feta Cheese



1.99/100g

Choices' Own Breakfast Bagels,
English Muffins or Parfaits



2/6.00



Bari Mozzafina
di latte
(fresh mozzarella)

5.99

Spinach & Feta or Ricotta & Feta Twisters



2/6.00

PRODUCE



Organic Girl Organic
Protein Greens
119g package

3.98



Organic Red Seedless
Grapes from Mexico
10.98kg

4.98lb



Eat Smart
Cauliflower Rice
340g package

2/7.00



Eat Smart Broccoli Rice
340g package

2/7.00

MEAT

BC Extra Lean Grass Fed Ground Beef
raised without antibiotics **19.82kg**



8.99lb

Whole Organic Chicken
and Non-GMO Chicken **11.00kg**



4.99lb

Grass Fed Beef Burgers:
blue cheese and blueberries
or feta and spinach **24.23kg**



10.99lb

See
In-store for
Fresh
Salmon

Bacon Wrapped Pork Tenderloin
in Teriyaki Marinade
raised without antibiotics **26.43kg**



11.99lb

Wild-Caught Ahi Tuna Loin Steaks Sashimi Grade
44.07kg



19.99lb

Fresh Wild-Caught Swordfish Loin Steaks from Hawaii
48.48kg



21.99lb

Choices Pork Sausages
made in-store **17.61kg**



7.99lb

100% Grass Fed Ribeye Steaks Aged 21+ Days
from Australia value pack **33.05kg**



14.99lb

Beef Tenderloin Steaks Grass Fed from Australia
previously frozen **35.25kg**



15.99lb

Duck BBQ Cuts
raised without antibiotics **9.90kg**



4.49lb

Venison Free Range
raised without antibiotics



10% off

Organic Pork Back Ribs
previously frozen **15.41kg**



6.99lb

BC
ORGANIC PORK
at our Kitsilano,
Kerrisdale, Cambie,
North Vancouver
and South Surrey
locations

BAKERY



9" Fruit Pies
assorted varieties

10.99



Scones
assorted varieties
package of 2

2.99

WELLNESS



MegaFood Vitamins and Supplements
assorted varieties assorted sizes
reg price 24.99-75.99

25% off
Regular
Retail Price



Renew Life Omega-3 Supplements
assorted varieties assorted sizes
reg price 14.99-54.99

25% off
Regular
Retail Price



Boiron Homeopathic Remedies
assorted varieties assorted sizes
reg price 11.29-37.99

20% off
Regular
Retail Price

Alba Botanica Natural Products



Hair Care, Facial Care and Body Care
assorted varieties
assorted sizes
reg price 5.49-20.99

20% off
Regular
Retail Price



Curelle Hair and Body Care Products
assorted varieties assorted sizes
reg price 3.49-44.99

20% off
Regular
Retail Price

Spry Oral Care Products

Toothpaste, Mouthwash, Gums and Mints
assorted varieties select sizes
reg price 7.49-58.99



20% off
Regular Retail Price

GROCERY



Eden Organic Canned Beans
assorted varieties 398ml
reg price 3.69-6.69

30% Off
regular retail price



Cha's Organics Spices, Coconut Milk, Fruit, and Jackfruit
assorted varieties assorted sizes
reg price 4.19-12.99

30% Off
regular retail price



Wildbrine Raw Kimchi or Sauerkraut
assorted varieties
500-510ml

6.99



Tosca Cooking Wine Vinegar, Canned Fruit, Artichoke Hearts and Cooking Wine
assorted varieties assorted sizes
reg price 2.59-5.79

30% Off
regular retail price



Alexia Frozen Potato Products and Onion Rings
assorted varieties 340-567g
reg price 4.29-5.89

30% Off
regular retail price



Rocky Mountain Frozen Flatbread Pizza
assorted varieties
405-430g

8.99



Pacific Organic Soup
assorted varieties

3.99 320-480ml
4.49 1L



Rizopia Gluten Free Pasta
assorted varieties 340-454g

2.49 to 3.49



Rustichella Italian Pasta
assorted varieties
500g

3.99



Rustichella Italian Pasta Sauce
assorted varieties
680ml

6.99



PRESENTED BY
CHOICES
markets

5th annual
vegexpo
EVERYTHING VEGAN & VEGETARIAN
SUNDAY 10AM - 5PM
MAY 27
CONVENTION CENTRE WEST
www.vegexpo.ca

We'll have a huge booth central to all the action where we'll feature tasty samples and have our nutrition team on hand to answer any questions you may have. This event is always a highlight of our year, so don't miss out!



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

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