

WELLNESS



Prairie Naturals Vitamins,
Supplements or Body Care Products
assorted varieties assorted sizes
reg price 1.79-79.99

20% off
Regular
Retail Price



Progressive Vitamins and
Sports Nutrition Supplements
assorted varieties assorted sizes
reg price 3.49-74.99

20% off
Regular
Retail Price



New Roots Magnesium Bisglycinate

23.99 120 Capsules



Oneka Shampoo
and Conditioners
assorted varieties

11.99 500ml

Mineral Fusion Mineral Based Cosmetics

assorted varieties
assorted sizes
reg price 10.99-43.99



20% off
Regular
Retail Price

Now Essential Oils and Bodycare Products
regular, organic and blends



select varieties
assorted sizes
reg price 6.99-119.99

20% off
Regular
Retail Price

BULK

Almonds assorted varieties, bins and bags

25% off regular retail price

GROCERY



Santa Cruz Organic Lemonade
assorted varieties 946ml
+deposit +eco fee

3/6.99



Clif Nut Butter Filled Bars
and Whey Protein Bars
assorted varieties

2/2.98 Nut Filled Bars 50g

2/3.48 Whey Protein Bars 56g



Blue Monkey Organic
Coconut Water
+deposit +eco fee

2.49 500ml

3.99 1L



Nature's Bakery Fig Bars
assorted varieties

.89 56.6g Singles

4.49 6 Pack

Zevia Flavoured Sparkling Water
assorted varieties +deposit +eco fee



.99
355ml Singles

5.99
8 Pack x 355ml



Sahale Nut Mixes
assorted varieties
113g

4.99



Partners Wisecrackers
assorted varieties
114g

3.49



The Ginger People Ginger
Chews, Sauces and Spread
assorted varieties assorted sizes
reg price 2.39-8.49

30% Off
regular retail price

Angie's Boomchickapop Popcorn
sea salt or sweet
142g



3.99

Que Pasa Organic Tortilla Chips and Salsa
assorted varieties



2.99 Tortilla Chips 300-350g

3.49 Salsa 420ml

**Choices 2017
Fairtrade
Retailer
of the Year**

May is Choices' celebration of everything Fairtrade! Choices is one of the most dedicated Fairtrade retailers in the country and for the fifth time in six years, we are proud to announce we are the 2017 Fairtrade Retailer of the Year. We believe in the power of Fairtrade as a way to promote developing industries and sustainable growing practices.

Dave Wilson
Program Manager,
Produce and Floral



Visit www.choicesmarkets.com for Store Locations.

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors.
Product may not appear exactly as depicted.

CHOICES
2017
FAIRTRADE
retailer of
the year!

FAIR TRADE

Prices Effective May 3 to May 9, 2018.



100% BC Owned and Operated



Fair Trade Advocacy

Shop Fairtrade with Choices to **help support the Fair Trade Advocacy Fund**. The Fair Trade Advocacy Fund helps to support programs that in turn allow people in our community to support Fairtrade products. Purchase any Fairtrade item in our produce department from **May 3rd to 9th** and we'll **donate 10%** of the sale to the Fair Trade Advocacy Fund. It's all a part of our commitment to the planet.

2.48lb

Fair Trade
Organic Field
Tomatoes from Mexico
5.47kg

4.98
each

Fair Trade
Organic Mini
Red Seedless
Watermelon from Divine
in Mexico

12.99

Kicking Horse
Organic
Fair Trade
Coffee
assorted varieties
454g



2.99

Alter Eco
Organic
Fair Trade
Chocolate Bars
assorted varieties
80g



Saputo Bocconcini

assorted sizes
from Deli dept.



4.49

Choices Whole Chickens

raised without antibiotics
8.80kg



3.99lb



Ground Sirloin Extra Lean
Grass Fed Free Range
from Australia value pack
14.31kg

6.49lb



MegaFood
Multi-Vitamins
and Supplements

assorted varieties
assorted sizes
reg price 24.99-75.99

25% off
Regular
Retail Price

See
in-store
for more
VEGA
specials!

Vega One All-in-One Nutritional Shakes
assorted varieties



49.99
827-876g

GROCERY



Eden Organic
Canned Beans
assorted varieties
398ml
reg price 3.69-6.69

30% Off
regular
retail price



Lundberg Organic Rice
assorted varieties
907g
reg price 8.99-11.79

30% Off
regular
retail price



Frontera Mexican
Food Products
assorted varieties
assorted sizes

2.49 to 3.99



Lucini Gourmet Pasta Sauce
assorted varieties
556-720g

9.99



truRoots Organic
Quinoa Pasta & Grains
assorted varieties
assorted sizes
reg price 5.49-15.99

30% Off
regular
retail price



La Preferida Organic Nacho
Slices, Green Chilies and Salsa
assorted varieties
assorted sizes

1.59 to 4.99



Annie's Homegrown
Classic Macaroni & Cheese
select varieties
170g

2/4.98

Faith Farms Cheese
assorted varieties 380g



5.49

Olympic Organic Sour Cream 500ml



3.79

Gardein Meatless Frozen Tenders, Burgers
and Golden Filet
assorted varieties
255-340g



3.99



Wholly Veggie
Gluten Free Frozen
Veggie Patties
assorted varieties
300g

6.99



Glutino Frozen
Gluten Free Bread,
English Muffins or Pizza
assorted varieties
assorted sizes

4.99

Raincoast Trading Wild Tuna or Salmon



assorted varieties
142-160g
reg price 4.29-7.69

30% Off
regular retail price



Earth's Choice Organic
Extra Virgin Olive Oil

9.99 500ml

14.99 1L



Simply Organic Bottled Spices
assorted varieties
assorted sizes
reg price 6.89-13.29

30% Off
regular
retail price

Maple Hill Organic Free Range Medium Eggs
1 dozen



4.49

Van's Gluten Free Frozen Toaster Waffles
assorted varieties 255g



3.99



Nature's Path Organic
Gluten Free Granola
assorted varieties
312g pouch

4.99

PRODUCE



Organic Salad Mixes
from Earthbound Farm
assorted varieties
142g

3.98



Fair Trade Organic
Mini Sweet Peppers
1 pint package

2.98



HOP Organic
Craft Compost
7.3kg

8.99



Green Asparagus from Washington
7.67kg

3.48lb

DELI



All Natural
Black Forest or
Honey Ham

**2.99/
100g**



All Natural Dijon
or Sundried Tomato
Turkey Breast

**3.99/
100g**



Happy Planet Soup
assorted varieties
500-650ml

5.99



IndianLife Vegetable Samosas

2/6.00

MEAT

BC
ORGANIC PORK
at our Kitsilano,
Kerrisdale, Cambie,
North Vancouver
and South Surrey
locations



Choices
Pork Sausages
made in-store **17.61kg**

7.99lb



Fresh Catfish Fillets
29.74kg

13.49lb



Bacon Wrapped
Pork Tenderloin in
Teriyaki Marinade
raised without antibiotics
made in-store

26.43kg

11.99lb



Organic Pork
Back Ribs
previously frozen

15.41kg

6.99lb



Fresh Wild-Caught
Swordfish Loin
Steaks from Hawaii

48.48kg

21.99lb



Fresh Halibut
Steaks

39.66kg

17.99lb

BAKERY

Organic Sourdough Bread Levain Style
sliced or unsliced
530g



4.99

Scones
assorted varieties package of 2



2.99

Muffins

regular or mini includes
alternative flour recipe
assorted varieties
package of 4



2.99 to 4.49