

# SUMMER SAVINGS

Prices Effective June 21 to June 27, 2018.



100% BC Owned and Operated



**8.99lb**

BC Extra Lean Ground Beef Grass Fed raised without antibiotics value pack 19.82kg

**10% off**  
Regular Retail Price

Beef, Pork or Chicken Kebabs select varieties, made in-store



**3.98**  
each

Organic Red Seedless Mini Watermelon Imported

**.98lb**

BC Grown Red Tomatoes on the Vine 2.16kg



**2.79/100g**

Choices' Own Ready To Eat Chicken Souvlaki or Lemon Grass Skewers from Deli Dept.

**20% off**  
Regular Retail Price

Choices' Own Select Entrées from Deli Dept.



Try Our New Nicoise Tuna or Spinach, Feta, and Orange Salad!

Choices' Own Individual Green Salads assorted varieties from Deli Dept.

**4.49 to 7.49**



Hardbite Natural Potato Chips assorted varieties 150g

**2/5.00**



La Croix Sparkling Water assorted varieties +deposit +eco fee

**.79**  
Single 355ml

**4.99**  
8 Pack



9" Fruit Pies assorted varieties from Bakery Dept.

**10.99**



Natural Sunscreens

assorted varieties assorted sizes reg price 7.99-38.99

**20% off**  
Regular Retail Price



# GROCERY



Fiasco Gelato  
and Sorbetto  
assorted varieties  
562ml

**6.99**



Let's Do Organic  
Organic Ice Cream Cones  
36 and 144g

**3.99 to  
4.99**



Clif Energy Bars  
assorted varieties

**10/10.00** 68g

**12.00** 12 pack



Efferve Natural  
Sparkling Lemonade  
assorted varieties  
750ml  
+deposit +eco fee

**2/8.00**



Boylan Craft Soda  
assorted varieties  
+deposit +eco fee

**1.99**  
Single 296-355ml

**6.99**  
4 Packs



Santa Cruz  
Organic Lemonade  
assorted varieties  
946ml  
+deposit +eco fee

**2/5.00**



Patience Organic  
Artisan Blend  
Dried Fruit Snacks  
assorted varieties  
130g

**3.99**

Hot Kid Rice Crisps  
assorted varieties 100g



**3/6.99**



L'Ancetre Organic Cheese  
assorted varieties  
200g

**5.99**

Sunflower Kitchen Hummus, Pesto and Dips  
assorted varieties  
227-300g  
reg price 3.99-6.99



**30% Off**  
regular  
retail price



Caveman BBQ Sauce  
assorted varieties  
375ml

**While  
Supplies  
Last!**

**4.99**

Field Roast Meat & Cheese Alternatives  
assorted varieties 200-368g



**4.99 to  
7.99**



Nutiva Organic  
Virgin Coconut Oil

**7.99** 444ml

**21.99** 1.6L



Lundberg  
Nutra-Farmed Rice  
assorted varieties  
907g  
reg price 5.69-10.69

**30% Off**  
regular retail price

Raincoast Trading Canned Wild Salmon



assorted varieties  
150-160g

**2.99** Pink Salmon

**5.49** Sockeye Salmon



Amy's Organic Soup  
assorted varieties  
398ml

**2/7.00**

Amy's Frozen Burritos  
assorted varieties



**2/6.00**  
Regular 170g

**2/7.00**  
Gluten Free 156g



Amy's Frozen Pizza  
assorted varieties  
340-403g

**7.99 to  
9.99**



# MEAT

**BC**  
**ORGANIC PORK**  
at our Kitsilano,  
Kerrisdale, Cambie,  
North Vancouver  
and South Surrey  
locations

Beef BBQ Sandwich  
Steaks with Veggies in  
Teriyaki Marinade  
**33.05kg**



**14.99lb**



Choices  
Ground Chicken  
raised without  
antibiotics  
**24.23kg**

**10.99lb**



Wild-Caught Ahi  
Tuna Loin Steaks  
Sashimi Grade  
**44.07kg**

**19.99lb**



Free Range  
Venison  
raised without  
antibiotics

**10% off**



BC Organic  
Sturgeon Steaks  
**39.66kg**

**17.99lb**

# PRODUCE

Organic Gala Apples from Chile  
**4.37kg**



**1.98lb**

Cauliflower  
from California



**1.98** each

BC Grown Organic Green Zucchini  
from Harkers Fruit Ranch in Cawston  
**4.37kg**



**1.98lb**

# DELI

Choices' Own Paninis

**6.99** each

Try  
Our New  
Tomato  
Bocconcini!



Bella Casara  
Fresh Burrata

**11.99** each



Ricotta

**6.99**

Buffalo Mozzarella  
or Ricotta Cheese

**7.99** each

Sweet Pineapples  
from Costa Rica

**2.98** each



# BAKERY

Sourdough Multiseed Bread  
or Organic Multigrain Bread  
530-600g



**4.99**



Alternative Flour,  
Alternative Sweetener  
and No Egg or  
Dairy Recipes  
assorted varieties  
assorted sizes

**4.49 to  
13.49**



Silver Hills Bread  
assorted varieties  
assorted sizes

**3.99**

# WELLNESS



Genuine Health Fermented Proteins and Bars  
assorted varieties assorted sizes  
reg price 7.00-69.99

**20% off**  
Regular Retail Price



Garden of Life Dr. Formulated Probiotics and Garden of Life Proteins  
assorted varieties assorted sizes  
reg price 36.99-58.99

**20% off**  
Regular Retail Price



Quantum Super Immune, Super Lysine or Zinc Lozenges  
assorted varieties assorted sizes  
reg price 5.29-38.99

**20% off**  
Regular Retail Price



BulletProof Brain Octane, XCT Oil, Upgraded Whey Protein or Upgraded Collagen and Coffee  
assorted varieties assorted sizes  
reg price 25.49-69.49

**20% off**  
Regular Retail Price



One With Nature Bar Soap  
assorted scents

**5.79** 200g



Giovanni Hair Care  
assorted varieties assorted sizes  
reg price 11.49-13.29

**25% off**  
Regular Retail Price

# BULK

Nuts assorted varieties, bins and bags

**20% off** regular retail price

# GROCERY



Nature's Path Organic Eco Pak Cereal  
assorted varieties  
650-907g

**7.99**



Dairyland Lactose Free Milk  
assorted varieties  
2L

**4.49**



Elias Honey  
assorted varieties  
1kg

**10.99 to 16.99**



MaraNatha Nut Butter  
assorted varieties

**5.99** Peanut Butter 500g

**8.99** Almond Butter 340-368g



Anita's Organic Pancake Mix  
assorted varieties  
1kg  
reg price 8.99-10.49

**30% Off**  
regular retail price



Canadian Heritage Organic Maple Syrup  
assorted varieties 500ml

**11.99**

Nature's Farm Free Run Large Omega-3 Eggs



**3.99**  
1 Dozen

**5.89**  
1.5 Dozen



Liberté Greek Yogurt  
assorted varieties 750g

**4.99**



Ethical Bean Organic Fair Trade Coffee  
assorted varieties

**6.99** Ground 227g

**9.99** Whole Bean 340g



Echoclean 2X HE Liquid Laundry Detergent  
assorted varieties  
2.95L

**10.99**

## Want To Eat Healthier?

Look To Choices' Nutrition Team

Whatever your health goal, Choices' team of Dietitians and Holistic Nutritionists can make it happen.

- Find solutions for specialized diets.
- Get ideas for fast and simple home cooked meals.
- Learn how to incorporate more fruits and vegetables into your everyday meals.

To get started on your journey towards healthy living, book a FREE one-on-one consult or simply ask members of our Nutrition Team questions while you shop.

To find out more about how we can help you, ask Customer Service, email [nutrition@choicesmarkets.com](mailto:nutrition@choicesmarkets.com) or visit us online at [choicesmarkets.com](http://choicesmarkets.com).



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