

BUY ONE GET ONE FREE



Prices Effective July 26 to August 1, 2018.

100% BC Owned and Operated



**Buy One
Get One
Free**

Organic Pork Back Ribs
previously frozen
reg price
8.16lb/17.99kg



Whistler Glacial Spring Water
1.5L
+deposit +eco fee
reg price 2.29

**Buy One
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Free**



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Free**

Organic Baby Spring
Mix and Baby Spinach
from Earthbound Farm
454g (1lb) package
reg price 6.98



Suzie's Good Fats Bar
assorted varieties
reg price 2.99 39g / 34.79 12 pack

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Free**



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Free**

Summer Fresh Dips
and Hummus
assorted varieties 227g
reg price 4.99

from Deli Dept.



Divine Essence Organic Essential
Oils and Body Care Products
select varieties select sizes

reg price 7.49-44.99

**Buy One
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Free**



**Buy One
Get One
Free**

Organic 100%
Whole Wheat Bread
530g
reg price 5.99



Jason Body Care Products
shampoo, conditioner, body wash, oral care and more
assorted varieties assorted sizes
reg price 5.99-15.99

**Buy One
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Free**

GROCERY



Daiya Vegan Dairy Free
Salad Dressing
assorted varieties
237ml
reg price 6.29

**Buy One
Get One Free**

Daiya Vegan Dairy Free Cheezy Mac
assorted varieties 300g



reg price 5.49

**Buy One
Get One
Free**



Nutiva Organic
Refined Coconut Oil
860ml
reg price 14.49

**Buy One
Get One Free**



Hardbite Natural
Potato Chips
assorted varieties
150g

2/4.00

Daiya Vegan Dairy Free Frozen Cheezecake
assorted varieties
400g
reg price 8.29



**Buy One
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Free**



Bragg Organic Apple Cider Vinegar

3.99 473ml

5.99 946ml



Loop Cold Pressed Juice
assorted varieties
355ml
+deposit +eco fee

3.99

Fiasco Gelato or Sorbetto Frozen Dessert
assorted varieties
562ml



6.99



Heinz Ketchup
assorted varieties
750ml-1L

3.49

La Croix Flavoured Sparkling Water



assorted
varieties
+deposit +eco fee

.69
Single 355ml Cans

4.99 8 Pack
355ml Cans



Good Health
Peanut Butter Pretzels
156g

4.49



Campbell's Soup
assorted varieties
284ml

.99



Happy Planet Smoothies
and Organic Lemonade
assorted varieties
900ml-1.5L
+deposit +eco fee

2/7.00

Organic Traditions Superfoods



assorted varieties
assorted sizes
reg price 5.99-66.99

30% Off
regular retail price



La Tortilla Factory
Wraps and Tortillas
assorted varieties
assorted sizes
reg price 4.29-7.29

30% Off
regular retail price



Sun-Rype Sparkling Tea
assorted varieties
355ml
+deposit +eco fee

1.49



Old Dutch Potato Chips
assorted varieties
220-255g

2/5.50



Anita's Organic Mill Flour
assorted varieties
1-2Kg
reg price 5.99-12.99

30% Off
regular retail price

PRODUCE

BC Grown On the Vine
Strawberry Tomatoes
255g package



1.98

Green Seedless
Grapes from California
6.57kg



2.98lb

BC Grown Organic Peaches
4.37kg



**New
crop**

1.98lb

Organic Fancy Yellow and White
Nectarines from California
8.77kg



3.98lb

Organic Broccoli from California
3.26kg



1.48lb

DELI

Vegetarian Herb Samosa



2/4.00

**New to
Choices**



Imported Italian
Marc Angelo Panino
Meat and Cheese Packs
assorted varieties

6.99 each

La Panzanella
Croccantini Crackers
assorted varieties



5.79

Woolwich Crumbled Feta Cheese



4.99

Brie Cheese

7.99

Triple Cream Brie Cheese

10.99

BAKERY

Banana Bread and Pecan Banana Loaf
includes alternative sweetener recipe
assorted sizes



**3.49 to
5.99**

Muffins mini or regular
assorted varieties
package of 4



**2.99 to
4.49**

MEAT

**BC
ORGANIC PORK**
at our Kitsilano,
Kerrisdale, Cambie,
North Vancouver
and South Surrey
locations



Choices
Whole Chickens
raised without
antibiotics
8.80kg

3.99lb



Choices Chicken
Bone-In Breast
or Thighs
raised without
antibiotics
14.31kg

6.49lb



100% Grass Fed
T-Bone Steaks
Aged 21+ Days
from Australia
value pack
28.64kg

12.99lb



BC Organic
Sturgeon Steaks
39.66kg

17.99lb



Fresh Sockeye
Salmon Fillets
value pack
35.25kg

15.99lb



Cod Loin Steaks
from Iceland
41.87kg

18.99lb



Choices Beef Burgers
100% Grass Fed
made in-store
13.21kg

5.99lb

WELLNESS



Vega Sport Products
Protein, Hydrator, Energizer,
Pre-workout, Recovery and Bars
assorted varieties assorted sizes
reg price 1.19-54.99

20% off
Regular Retail Price



AOR Ortho Sleep, Zen Theanine,
Methylcobalamin and Citicoline
assorted varieties assorted sizes
reg price 34.99-63.99

20% off
Regular Retail Price

Organic Traditions Superfoods
assorted varieties • assorted sizes reg price 10.29-27.99



25% off
Regular Retail Price



Flora Organic Non-GMO Flax Oils

8.49 250ml

13.99 500ml

21.99 941ml



Organika Enhanced Collagen

19.99 250g

37.99 500g

Organika Enhanced Collagen Relax

27.99 250g

Viva Face Care Products

assorted varieties
assorted sizes
reg price 9.99-48.99



20% off
Regular Retail Price

BULK

Candy assorted varieties, bins and bags

20% off regular retail price

GROCERY



Kicking Horse Organic Fair
Trade Ground Coffee
assorted varieties
284g

7.99



Nuts To You
Organic Peanut Butter
smooth or crunchy
500g

5.99



Nature's Path Organic Cereal
select varieties
284-400g boxes

3.99 to 4.99



Shady Maple Farms Organic Maple
Cookies, Sugar, or Maple Syrup
assorted varieties assorted sizes
reg price 5.79-29.99

30% Off
regular retail price



St. Dalfour Fruit Spreads
assorted varieties
225ml

4.49



Stahlbush Island Farms Sustainable Frozen Fruit
assorted varieties
assorted sizes

4.99



Happy Planet Organic Grass Fed Milk
1.5L

5.49 2%

5.79 3.5%

6.29 Cream Top



So Nice Organic Fresh Almond Beverages
original and unsweetened
1.75L

3.99



Liberté Organic Kefir
assorted varieties

3.49 454ml

3.99 1L



Caboo Bamboo Bathroom Tissue, Facial Tissue,
Paper Towels, and Napkins
assorted varieties
assorted sizes
reg price 1.99-26.99

30% Off
regular retail price

Want To Eat Healthier?

Look To Choices' Nutrition Team

Whatever your health goal, Choices' team of Dietitians and Holistic Nutritionists can make it happen.

- Find solutions for specialized diets.
- Get ideas for fast and simple home cooked meals.
- Learn how to incorporate more fruits and vegetables into your everyday meals.

To get started on your journey towards healthy living, book a FREE one-on-one consult or simply ask members of our Nutrition Team questions while you shop.

To find out more about how we can help you, ask Customer Service, email nutrition@choicesmarkets.com or visit us online at choicesmarkets.com.



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

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