

# HAPPY BC DAY

Prices Effective August 2 to August 8, 2018.

100% BC Owned and Operated



**8.99lb**

Organic Lean  
Ground Beef  
value pack  
19.82kg



**10% off**  
Regular  
Retail Price

Chicken, Beef  
or Pork Kebabs  
select varieties  
made in-store

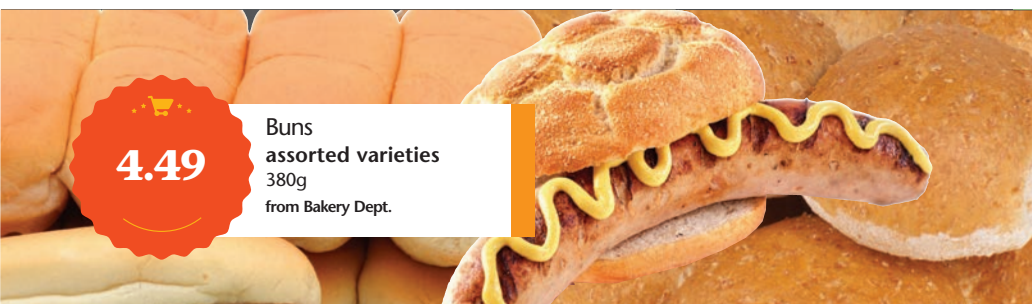


**3/1.98**

BC Grown  
Corn on the Cob

**3.98**

BC Grown Organic  
Peaches from Nature's  
First Fruits  
907g package



**4.49**

Buns  
assorted varieties  
380g  
from Bakery Dept.

Hot and Ready To Eat Rosstown  
Fraser Valley Free Run Roasted Chickens  
from Deli Dept.



**9.99**  
Whole

**5.49**  
Half



Choices' Own  
Sandwiches and Paninis  
from Deli Dept.

**5.99 to  
7.99**

Choices Gourmet Salsa  
assorted varieties 750ml



Locally  
Made in  
Small  
Batches

**5.99**

Ethical Bean Fair Trade  
Organic Coffee  
assorted varieties



**6.99**  
Ground 227g

**9.99**  
Whole Bean 340g



Whole Earth & Sea  
Vitamins and  
Supplements  
select varieties  
assorted sizes  
reg price 3.79-69.99

**20% off**  
Regular  
Retail Price



# GROCERY



Santa Cruz Organic Lemonade  
assorted varieties  
946ml  
+deposit +eco fee

**2/4.00**



Blue Monkey Organic  
Coconut Water  
+deposit +eco fee

**2/5.00** 500ml

**2/8.00** 1L



Blue Monkey Watermelon Juice  
regular or sparkling  
330ml  
+deposit +eco fee

**1.79**



Bragg Organic Apple Cider  
Vinegar Beverages  
assorted varieties  
473ml  
+deposit +eco fee

**2.79**



Zevia Stevia  
Sweetened Soda  
assorted varieties  
+deposit +eco fee

**.99**  
Singles 355ml

**4.79**  
6 Pack 355ml Cans



Flow Naturally  
Alkaline Spring Water  
+deposit +eco fee

**1.29** 500ml

**1.69** 1L



San Pellegrino or Perrier  
Sparkling or Mineral Water  
assorted varieties  
750ml or 1L  
+deposit +eco fee

**2/3.00**



Late July Organic Tortilla  
Chips or Cantina Dippers  
assorted varieties  
227-312g

**4.49**



CoolWay Low Calorie  
High Protein Ice Cream  
assorted varieties  
500ml

**3.99**



Green & Black's Organic  
Fair Trade Chocolate Bars  
assorted varieties  
100g

**2/7.00**



Clif Whey Protein Bars  
assorted varieties

**3/5.00**

56g

**12.99**

8 Pack 56g Bars



Laiki Gluten Free  
Rice Crackers  
red or black  
100g

**2/6.00**

Kind Healthy Grains Bar or Clusters



assorted varieties

**3.99**

Bars 175g

**5.49**

Clusters 312g



Liberté Organic Yogurt  
assorted varieties  
650-750g

**2/6.98**



Natur-a Organic Rice or Soy Beverages  
assorted varieties  
946ml tetra

**2.29**



Annie's Crackers, Cookies  
and Fruit Snacks  
assorted varieties

**3.99** Crackers  
& Cookies 191-213g

**4.99**

Fruit Snacks 115g



Celestial Seasonings  
Herbal Tea  
select varieties  
20 tea bags

**3.29**

Nature's Farm Organic Omega-3 Large Eggs



**3.49** 1/2 Dozen

**5.99** Dozen



# PRODUCE

BC Grown Organic Blueberries  
from Westberry Farms  
454g package



**5.98**

BC Grown Organic Fresh  
Basil from Olera Farm



**7.98** bunch

BC Grown Hot House  
Mixed Peppers 907g bag



**3.98**

BC Grown Organic On The Vine  
Tomatoes from Origin O  
**8.77kg**



**3.98lb**

BC Grown Organic Tri-Colour Potatoes  
from Harkers 907g package



**5.98**

# DELI

Choices' Own Breakfast Bagels,  
English Muffins or Parfaits



**2/6.00**



Choices' Own  
Small Deli Salads  
**2/8.00**

Boursin Cheese

**2/10.00**



# BAKERY

Cookies  
includes alternative sweetener,  
alternative flour and alternative sugar recipe  
assorted varieties assorted sizes



New to  
Choices

**4.49 to 5.99**

Keto Friendly  
Low Carb Chocolate  
Chunk Cookies  
package of 4

**5.99**

Scones  
assorted varieties  
package of 2



**2.99**

# MEAT

**BC**  
**ORGANIC PORK**  
at our Kitsilano,  
Kerrisdale, Cambie,  
North Vancouver  
and South Surrey  
locations

BC Boneless Skinless  
Chicken Breasts  
value pack **15.41lb**



**6.99lb**

BC Organic Beef select varieties



**10% off**

Choices Pork Sausages made in-store **17.61kg**



**7.99lb**

Free Range Venison  
raised without antibiotics



**10% off**

BC Bison Burgers raised without antibiotics  
made in-store **37.46kg**



**16.99lb**

Wild-Caught Ahi Tuna Loin  
Steaks Sashimi Grade **44.07kg**



**19.99lb**



# WELLNESS



AOR Vitamins & Supplements  
assorted varieties  
assorted sizes  
reg price 29.99-122.99

**20% off**  
Regular Retail Price



Sproos Collagen &  
Enhanced Collagen Blends  
assorted varieties  
assorted sizes  
reg price 2.99-55.99

**25% off**  
Regular  
Retail Price



NutraSea Omega-3 Fish Oil  
select varieties

**19.99** 200mL  
**39.99** 500mL



Everyone Natural Hand Soap  
and Body Care Products  
assorted varieties  
assorted sizes  
reg price 4.29-15.79

**25% off**  
Regular  
Retail Price



All Good Natural Sunscreen  
assorted varieties  
assorted sizes  
reg price 19.99-27.99

**25% off**  
Regular  
Retail Price



Carina Shampoo,  
Conditioner and Body Wash  
select varieties

**10.99** 250 & 360ml

# GROCERY

Faith Farms Cheese  
assorted varieties 380g



**5.49**

Kraft Philly Cream Cheese  
assorted varieties 227-250g



**2/6.00**



Hilary's Eat Well  
Organic Frozen  
Veggie Burgers  
assorted varieties  
181g

**4.49**



Yves Meat Alternatives  
burgers, dogs and slices  
select varieties  
120-450g

**2.49 to  
3.99**



Daiya Frozen  
Non-Dairy  
Vegan Pizza  
assorted varieties  
444-550g

**6.49**



Earthbound  
Farm Organic  
Frozen Vegetables  
assorted varieties  
300-400g

**3.99**



Ginger People Ginger  
Chews, Sauces and Juice  
assorted varieties  
assorted sizes  
reg price 2.39-8.49

**30% Off**  
regular retail price



Lundberg Nutra-Farmed Rice  
assorted varieties  
907g  
reg price 5.69-10.69

**30% Off**  
regular retail price



Seventh Generation  
Bathroom Tissue

**3.49** 4 Roll **7.99** 12 Roll



Seventh Generation  
Natural Dish Liquid  
assorted scents  
739ml

**2.99**

# BULK

Trail and Nut Mixes and Snack Items  
assorted varieties, bins and bags

**20% off** regular retail price



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.