

HAPPY BC DAY

Prices Effective August 2 to August 8, 2018.



100% BC Owned and Operated



8.99lb

Organic Lean Ground Beef value pack 19.82kg



Hot and Ready To Eat Rosstown Fraser Valley Free Run Roasted Chickens from Deli Dept.

9.99
Whole

5.49
Half



10% off
Regular Retail Price

Chicken, Beef or Pork Kebabs select varieties made in-store



Choices' Own Sandwiches and Paninis from Deli Dept.

5.99 to 7.99



3/1.98

BC Grown Corn on the Cob

3.98

BC Grown Organic Peaches from Nature's First Fruits 907g package



Choices Gourmet Salsa assorted varieties 750ml

Locally Made in Small Batches

5.99



Ethical Bean Fair Trade Organic Coffee assorted varieties

6.99
Ground 227g

9.99
Whole Bean 340g



4.49

Buns assorted varieties 380g from Bakery Dept.



Whole Earth & Sea Vitamins and Supplements select varieties assorted sizes reg price 3.79-69.99

20% off
Regular Retail Price

GROCERY



Santa Cruz Organic Lemonade
assorted varieties
946ml
+deposit +eco fee

2/4.00



Blue Monkey Organic
Coconut Water
+deposit +eco fee

2/5.00 500ml

2/8.00 1L



Blue Monkey Watermelon Juice
regular or sparkling
330ml
+deposit +eco fee

1.79



Bragg Organic Apple Cider
Vinegar Beverages
assorted varieties
473ml
+deposit +eco fee

2.79



Zevia Stevia
Sweetened Soda
assorted varieties
+deposit +eco fee

.99
Singles 355ml

4.79
6 Pack 355ml Cans



Flow Naturally
Alkaline Spring Water
+deposit +eco fee

1.29 500ml

1.69 1L



San Pellegrino or Perrier
Sparkling or Mineral Water
assorted varieties
750ml or 1L
+deposit +eco fee

2/3.00



Late July Organic Tortilla
Chips or Cantina Dippers
assorted varieties
227-312g

4.49



CoolWay Low Calorie
High Protein Ice Cream
assorted varieties
500ml

3.99



Green & Black's Organic
Fair Trade Chocolate Bars
assorted varieties
100g

2/7.00



Clif Whey Protein Bars
assorted varieties

3/5.00

56g

12.99

8 Pack 56g Bars



Laiki Gluten Free
Rice Crackers
red or black
100g

2/6.00

Kind Healthy Grains Bar or Clusters



assorted varieties

3.99

Bars 175g

5.49

Clusters 312g



Liberté Organic Yogurt
assorted varieties
650-750g

2/6.98



Natur-a Organic Rice or Soy Beverages
assorted varieties
946ml tetra

2.29



Annie's Crackers, Cookies
and Fruit Snacks
assorted varieties

3.99 Crackers
& Cookies 191-213g

4.99

Fruit Snacks 115g



Celestial Seasonings
Herbal Tea
select varieties
20 tea bags

3.29

Nature's Farm Organic Omega-3 Large Eggs



3.49 1/2 Dozen

5.99 Dozen

PRODUCE

BC Grown Organic Blueberries from Westberry Farms 454g package



5.98

BC Grown Organic Fresh Basil from Olera Farm



7.98 bunch

BC Grown Hot House Mixed Peppers 907g bag



3.98

BC Grown Organic On The Vine Tomatoes from Origin O 8.77kg



3.98lb

BC Grown Organic Tri-Colour Potatoes from Harkers 907g package



5.98

DELI

Choices' Own Breakfast Bagels, English Muffins or Parfaits



2/6.00



Choices' Own Small Deli Salads

2/8.00

Boursin Cheese

2/10.00



BAKERY

Cookies includes alternative sweetener, alternative flour and alternative sugar recipe assorted varieties assorted sizes



New to Choices

4.49 to 5.99

Keto Friendly Low Carb Chocolate Chunk Cookies package of 4

5.99

Scones assorted varieties package of 2



2.99

MEAT

BC ORGANIC PORK
at our Kitsilano, Kerrisdale, Cambie, North Vancouver and South Surrey locations

BC Boneless Skinless Chicken Breasts value pack **15.41lg**



6.99lb

BC Organic Beef select varieties



10% off

Choices Pork Sausages made in-store **17.61kg**



7.99lb

Free Range Venison raised without antibiotics



10% off

BC Bison Burgers raised without antibiotics made in-store **37.46kg**



16.99lb

Wild-Caught Ahi Tuna Loin Steaks Sashimi Grade **44.07kg**



19.99lb

WELLNESS



AOR Vitamins & Supplements
assorted varieties
assorted sizes
reg price 29.99-122.99

20% off
Regular Retail Price



Sproos Collagen &
Enhanced Collagen Blends
assorted varieties
assorted sizes
reg price 2.99-55.99

25% off
Regular Retail Price



NutraSea Omega-3 Fish Oil
select varieties

19.99 200mL
39.99 500mL



Everyone Natural Hand Soap
and Body Care Products
assorted varieties
assorted sizes
reg price 4.29-15.79

25% off
Regular Retail Price



All Good Natural Sunscreen
assorted varieties
assorted sizes
reg price 19.99-27.99

25% off
Regular Retail Price



Carina Shampoo,
Conditioner and Body Wash
select varieties

10.99 250 & 360ml

GROCERY

Faith Farms Cheese
assorted varieties 380g

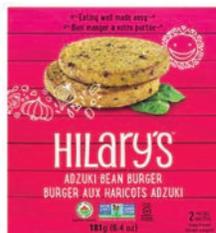


5.49

Kraft Philly Cream Cheese
assorted varieties 227-250g



2/6.00



Hilary's Eat Well
Organic Frozen
Veggie Burgers
assorted varieties
181g

4.49



Yves Meat Alternatives
burgers, dogs and slices
select varieties
120-450g

2.49 to 3.99



Daiya Frozen
Non-Dairy
Vegan Pizza
assorted varieties
444-550g

6.49



Earthbound
Farm Organic
Frozen Vegetables
assorted varieties
300-400g

3.99



Ginger People Ginger
Chews, Sauces and Juice
assorted varieties
assorted sizes
reg price 2.39-8.49

30% Off
regular retail price



Lundberg Nutra-Farmed Rice
assorted varieties
907g
reg price 5.69-10.69

30% Off
regular retail price



Seventh Generation
Bathroom Tissue

3.49 4 Roll **7.99** 12 Roll



Seventh Generation
Natural Dish Liquid
assorted scents
739ml

2.99

BULK

Trail and Nut Mixes and Snack Items
assorted varieties, bins and bags

20% off regular retail price



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.