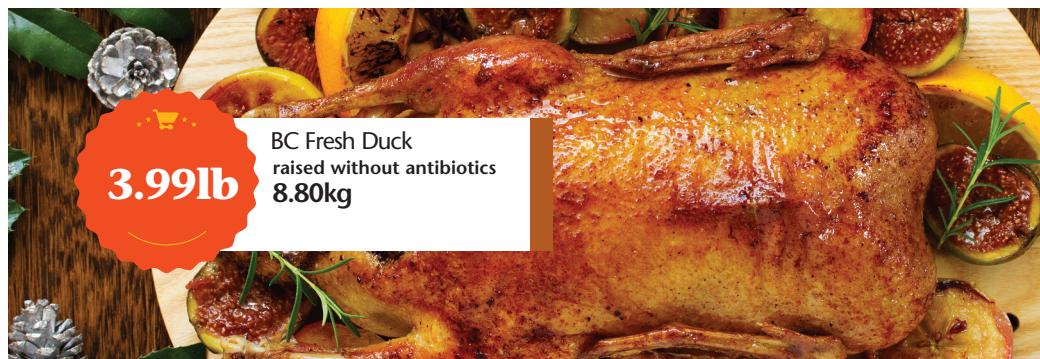


HAPPY NEW YEAR

Prices Effective December 27 to January 2, 2019.

100% BC Owned and Operated



3.99lb

BC Fresh Duck
raised without antibiotics
8.80kg



13.99lb

Premium Wild
Sockeye Salmon Fillets
previously frozen
value pack 30.84kg



**20%
off**

Choices' Own
Dried Fruit
assorted varieties
in clamshell package



10.99

Choices' Own
9" Fruit Pies
assorted varieties



Specialty Cheese
assorted varieties
assorted sizes

**10%
off**

Choices' Own 12" Pizza Ham & Pineapple,
Cheese or Pepperoni

9.99

Summer Fresh Dips and Hummus
assorted varieties
227g

3.79

From the Deli Dept



Que Pasa Organic Tortilla Chips
assorted varieties 300-350g

2/6.00



Choices' Own Gourmet Small Batch Salsa
assorted varieties
750ml

5.99

Choices' Own Organic Cheese

assorted varieties
235g

6.99



GROCERY



Pita Break Morning Rounds and One Bun assorted varieties assorted sizes

2.99 to 4.49

Olympic Yogurt assorted varieties 1.75kg



7.49 Natural

8.99 Organic

9.99 Krema & Greek



Bremner's Organic Frozen Blueberries or Berry Blend 1.5kg

19.99



Boulder Canyon Potato Chips assorted varieties 128-142g

2/5.00



Barbara's Cheez Puffs and Bakes assorted varieties 155-198g

2/5.00



Old Dutch Potato Chips assorted varieties 220-255g

2/5.50

Lesley Stowe Raincoast Crisps & Flatbreads assorted varieties 150g



4.99

Castello Brie or Camembert Cheese Cups 125g



2/7.00



Endangered Species Fair Trade Chocolate Bars assorted varieties 85g

2/7.00



Christie Crackers assorted varieties 175-300g

2/3.98

Kraft Philly Cream Cheese assorted varieties 227-250g



3.49



Suzie's Good Fats Bar assorted varieties

2/4.00 39g

23.99 12 pack



GT's Organic Raw Kombucha assorted varieties 1.4L +deposit +eco fee

7.99



Tropicana Pure Premium Juice assorted varieties 1.65-1.75L +deposit +eco fee

2/7.98

See in-store for more Dairyland Specials!



Dairyland Whipping Cream and Creamo assorted varieties 225-473ml

1.69 Creamo 473ml

2.49 Whipping Cream 473ml



Earth's Choice Organic Coconut Products assorted varieties assorted sizes reg price 2.79-21.99

30% Off regular retail



Amy's Organic Soup assorted varieties 398ml

3/8.97



Amy's Frozen Pizza assorted varieties 340-403g

7.99 to 9.99



Purex Double Roll Bathroom Tissue assorted varieties 12 double rolls

5.99



V.I.P. Natural Dish Liquid assorted varieties 740ml

2.29



V.I.P. Natural Laundry Liquid assorted varieties 2.95L

7.99

PRODUCE

Fair Trade Organic Hass Avocados
from Prager Cooperative



1.98 each

Large Organic Cauliflower
Grown in California



4.98 each

Organic Broccolini Bunch
from California



2.98 bunch

Organic Imported Blueberries
170g



3.98 each

Mini Carrots from California
907g (2lb) bag



2/5.00

MEAT

Organic Bone-In Chicken Legs
13.21kg



5.99lb

BC Boneless Skinless Chicken Breasts
value pack 13.21kg



5.99lb

100% Grass Fed New York Steaks Aged 21+
from Australia value pack 24.23kg



10.99lb

Cod Loin Fillets from Iceland 41.87kg



18.99lb

BC Free Range Lean Ground Bison
28.64kg



12.99lb

DELI

Choices' Own 12" Party Appetizer Trays
assorted varieties



3.99 1/2 dozen

7.99 1 dozen

Habibi's Cashew Dips
assorted varieties 200g



5.99

BAKERY

Choices' Own Select 5" Cakes Includes Keto Friendly



8.99

Choices' Own Country French Bread
white or 60% whole wheat
480-530g



4.99

Organic Boneless Chicken Breasts
value pack 30.84kg



13.99lb

WELLNESS



Bulletproof Octane, Cocoa, Coffee,
Upgraded Collagen and XCT Oil
assorted varieties assorted sizes
reg price 28.49-69.49

30% off
Regular Retail



Vega Sport Products
protein, hydrator, energizer
pre-workout, recovery and bars
assorted varieties assorted sizes
reg price 1.19-54.99

20% off
Regular Retail



Himalaya PartySmart
one capsule for a better
morning

2/5.00 1 Capsule
23.99 10 Pack



Flora Probiotics & Digestive Enzymes
assorted varieties assorted sizes
reg price 15.99-24.99

20% off
Regular Retail



Organika Chicken & Beef
Bone Broth Protein Powder
original and ginger

34.99 300g



Alba Botanica Body Care Products
hair, facial and body care
assorted varieties assorted sizes
reg price 7.99-20.99

25% off
Regular Retail

BULK

Nuts assorted varieties, bins or bags

20% off regular retail price



Choices' Own Brand



Choices' Own
Extra Virgin Olive Oil

5.99 500ml
10.99 1L



Choices' Own
Organic Rice Cakes
assorted varieties
185g

2/6.00



Choices' Own Organic Beans



assorted varieties
398ml

3/4.98



Choices' Own Glacial
Water
1.5L
+deposit +eco fee

2/3.00



Choices' Own
Small Batch Gourmet
Pasta Sauce
assorted varieties
750ml

7.99

Choices' Own Organic Milk
4L



7.99
Skim, 1%, or 2%

8.99 3.8%

Choices' Own Fruit & Nut Granola



14.99 908g

7.49 400g



Choices' Own Vegan
Sprouted Cookies
assorted varieties
312g

4.99



Choices' Own Gluten Free
Fluffy Bread
white or whole wheat
454g

4.99



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

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