

BUY 1 GET 1 FREE

Prices Effective January 24 to January 30, 2019.

100% BC Owned and Operated



Organic Pork Back Ribs
previously frozen
reg price 8.16lb/17.99kg



Earth's Choice Organic
Fair Trade Coffee
assorted varieties 400g
reg price 13.99



Buy any Organicgirl 236ml
DRESSING and receive any
Organicgirl 142g SALAD FREE
reg price dressing 7.98
reg price salad 4.98



Earth's Choice
Organic Beans
assorted varieties 398ml
reg price 3.79



Choices' Own Fresh Soup
assorted varieties 710ml
reg price 7.49
from Deli Dept.



Choices' Own 100%
Whole Wheat Bread
reg price 5.99



Andalou Naturals Hair Care and Face Care Products
select varieties
assorted sizes

GROCERY



Prana Organic Nut Mixes
assorted varieties
150g
reg price 3.79-8.79

30% off



Smart Sweets Candy
assorted
varieties
50g
kick sugar,
keep candy!

2/6.00



Go Organic Gluten Free
Organic Candies
assorted varieties
100g

2/7.00



GimMe Roasted
Organic Seaweed Snacks
assorted varieties

4/5.00 5g

2/4.00 10g



Theobroma Organic
Fair Trade Chocolate Bars
assorted varieties

2/3.00 35g

2/7.00 80g

Clif Energy Bars & Luna Bars
assorted varieties



10/10.00
48-68g

12.00 12 Pack

15.00 15 Pack



Skinny Pop Popcorn
or Mini Cakes
assorted varieties
125-142g

2/7.00



Zevia Soda Zero Calories

assorted varieties
+deposit +eco fee

.79 Singles 355ml

4.49 6 Pack



GT'S Organic
Raw Kombucha
assorted varieties
+deposit +eco fee

3/9.99 480ml

38.99 12 Pack



Fresh is Best Tortilla Chips,
Salsa and Taco Shells
assorted varieties
assorted sizes

4.99

Daiya Vegan Dairy-Free Cheese



blocks, slices,
shreds, and spreads
assorted varieties
200-227g

3.99



Happy Planet Daily Squeeze
2 varieties
900ml
+deposit +eco fee

3.99



Neal Brothers Chips, Snacks,
Salsa and Mayonnaise
assorted varieties
assorted sizes
reg price 3.59-6.99

30% off



Lundberg Nutra-Farmed Rice
assorted varieties
907g
reg price 5.99-9.99

30% off

Amy's Frozen Burritos and Wraps



assorted
varieties

2/6.00 Regular 170g

2/7.00 Gluten Free 156g



Navitas Snacks &
Superfood Berries
assorted varieties
113-227g
reg price 7.99-16.99

30% off



Chosen Foods Avocado
Oil, Mayonnaise, Chia
Seeds and Dressings
assorted varieties
assorted sizes
reg price 8.79-24.99

30% off



Marukan Rice Vinegar
355ml

2.99 Conventional

3.99 Organic

PRODUCE

Lemon and Lime Plus
Organic Juice Concentrate
100 and 200ml
***buy 1 receive 1 at
equal or lesser value**



**BUY 1
GET 1**

FREE

Iceberg Lettuce US Grown
reg price 3.98



**BUY 1
GET 1**

FREE

Organic Satsuma Mandarin
Oranges from Johansen Ranch
in California 2.27kg (5lb) box



14.98

BC Grown Organic Table Carrots
from Fountainview Farm in Lillooet
2.27kg (5lb)



7.98

Organic Blackberries Imported
170g package



3.98

DELI



Spice Mantra Curry Entrées
assorted varieties
100g

6.99



indianlife

Indianlife Vegetable
Herb Samosas

2/5.00



Habibi's Cashew Dips
assorted varieties
200g

5.99

Choices' Own Natural Roast Beef
assorted varieties



3.99/100g

BAKERY

Choices' Own 9" Pies
assorted varieties



10.99

Choices' Own Keto or Paleo Friendly Baked Goods
assorted varieties assorted sizes



**2.99 to
8.99**

MEAT

Organic Bone-In Chicken Legs
value pack **13.21kg**



5.99lb

Choices' Own Ground Chicken
raised without antibiotics **24.23kg**



10.99lb

Premium Wild Sockeye Salmon Fillets
value pack, previously frozen **30.84kg**



13.99lb

100% Grass Fed Ribeye Steaks or Roasts Aged
21+ Days from Australia value pack **31.94kg**



14.49lb

BC Pork Tenderloin
raised without antibiotics **17.61kg**



7.99lb

Fresh Petrale Sole Fillets **33.05kg**



14.99lb

WELLNESS

Vega One All-in-One Nutritional Shakes



49.99 827-876g

Vega One All-in-One Nutritional Shakes and Vega One Bars
assorted varieties 39-438g and 10 pack

20% off



Sproos Collagen Powders and Collagen Bars
assorted varieties assorted sizes
reg price 2.49-49.99

25% off



New Roots Vitamin D3

11.49 15ml

20.99 30ml



Progressive Vitamins and Sports Nutrition Supplements
assorted varieties assorted sizes
reg price 15.69-74.99

20% off

Joy of the Mountains Oil of Oregano



12.99 10ml

16.99 15ml

24.99 30ml

30.99 90 Capsules

Suro Organic Elderberry Syrup



14.99 59ml Tincture

17.99 236ml Kids

19.99 236ml Adults

BULK

Select Flour and Baking Products
Bins and Random Weight Bags

20% off

GROCERY

Rabbit River Free Run Large Eggs
vegetable fed 1 dozen



4.49



Two Leaves Organic Tea
assorted varieties
15 tea bags
reg price 9.69

BUY 1 GET 1 FREE



Jordan's Morning Crisp Cereal and Organic Muesli
assorted varieties
450-500g

4.99



Anita's Organic Mill Oats
rolled or steel cut
1kg

5.49

Olympic Yogurt assorted varieties 1.75kg



7.49 Natural

8.99 Organic

9.99 Greek or Crema

Riviera Petit Pot Set Style Yogurt



assorted varieties
4 pack

4.49

Bremner's Organic Frozen Fruit



assorted varieties
300-600g

4.99 to 6.99



Shady Maple Farms Organic Maple Syrup, Sugar and Cookies
assorted varieties assorted sizes
reg price 5.79-29.99

30% off



Elias Honey
assorted varieties 500g

6.99 Creamed or Clover

8.99 Premium Liquid



Nuts to You Organic Peanut Butter
smooth or crunchy
500g

5.99

Saturday, January 26th
1045 Commercial Drive, Vancouver

Choices' Commercial Drive 4th Anniversary

Help us celebrate our 4th Anniversary on Saturday, January 26th.
We'll be serving cake and coffee and offering many in-store specials.

10% Off

The Entire Store

including sale items January 26th only



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.