

SPRING SPECIALS

Prices Effective April 4 to April 10, 2019.

100% BC Owned and Operated



RAISED WITHOUT ANTIBIOTICS

Quality from Farm to Plate

Since 1990 Choices Markets has closely worked with local, family farmers in the lower mainland to maintain our high standards for food quality, all while ensuring that animals are treated humanely and with respect.

Our Choices' Own chickens are fed a quality vegetable diet, resulting in a farm fresh product raised without the use of antibiotics. Bring our tradition home for your family and enjoy our commitment to quality.



6.49lb

Choices' Own Bone-In Chicken Breasts or Thighs raised without antibiotics value pack 14.31kg

4.99lb

Choices' Own Whole Chickens raised without antibiotics 11.00kg



6.49 to 6.99

Choices' Own Sandwiches and Paninis from Deli Dept.



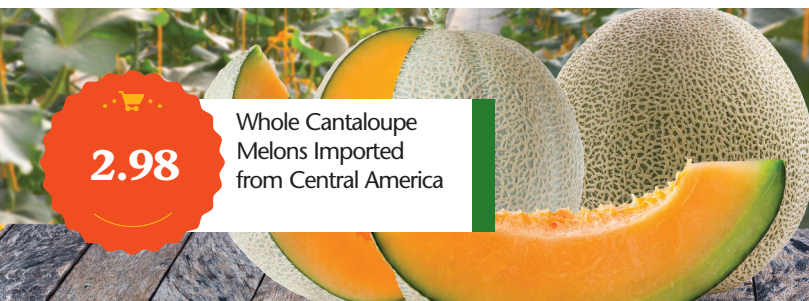
4.99

Summer Fresh Hummus Toppers assorted varieties 283g from Deli Dept.



2.98

Whole Cantaloupe Melons Imported from Central America



1.98 each

Organic Black, Green and Red Kale Imported from USA



Rise Organic Raw Kombucha assorted varieties 414ml • +deposit +eco fee

3/9.99



Organic Traditions Superfoods

assorted varieties assorted sizes reg price 5.99-66.99

30% off



Vega Sport Protein assorted flavours **Plant-Based!**

39.99 801-837g

Vega Sport Products assorted varieties assorted sizes reg price 1.19-69.99

20% off



GROCERY



Nuts To You Organic
Peanut Butter
smooth or crunchy
500g

5.49



Shady Maple Farms Organic
Maple Syrup and Cookies
assorted varieties
assorted sizes
reg price 5.79-29.99

30% off

Liberté Greek Yogurt and Kefir



assorted varieties
500g, 1L & 4 pack

3.99

Silk True Fresh Creamers and Beverages
assorted varieties



2/5.00
473ml Creamers

2/8.00
1.89L Beverages



Ripple Pea Dairy-Free Beverages
assorted varieties
1.42L

5.99



Nature's Path Organic Cereal
assorted varieties
284-400g boxed

4.49

Dairyland Sour Cream



assorted varieties
500ml

2.29

Rabbit River Farms Organic
Free Range Large Eggs
1 dozen



5.49

Armstrong Cheese

assorted varieties 600g



9.49



Pacific Organic Soup
assorted varieties
1L

4.79



Wolfgang Puck
Organic Soup
assorted varieties
398ml

2/5.50

Earthbound Farm Organic
Frozen Fruit and Vegetables



assorted varieties
300-400g
reg price 3.99-7.99

30% off

Daiya Vegan Cheezy Mac & Salad Dressing
assorted varieties assorted sizes



2/7.00
Cheezy Mac

3.99
Salad Dressing

Gardein Vegan Meatless Frozen Products



Plant Based!

assorted varieties
205-390g

3.99

Daiya Vegan Gluten Free Frozen Pizza



Plant Based!

assorted varieties
assorted sizes

6.99



Bragg Organic Apple
Cider Vinegar

3.99 473ml

5.99 946ml



Pita Break Rounds and Buns
assorted varieties
assorted sizes

2/7.00



Udi's Gluten Free Products
assorted varieties
assorted sizes
reg price 6.29-8.99

30% off

PRODUCE

Organic Lemons Imported from USA

907g (2lb) Bag

3.98



Organic Romaine Hearts Imported from USA

package of 3

2.98



Organic Broccoli from Ecocampes in Mexico
5.47kg

2.48lb



Organic Cara Cara Red Navel Oranges Imported from USA
907g (2lb)

4.98 bag



DELI

Choices' Own Wild Salmon Bagels, Wraps, Entrees and Salads



6.49 to 8.49

Grimm's Smoked Turkey Breast



2.49/100g

IndianLife Vegetable Samosas



2/5.00

Krinos Sheep Feta Cheese 200g



6.99

BAKERY

Choices' Own Alternative Flour Cookies and Bars
assorted varieties assorted sizes



2.99 to 5.99



Choices' Own Loaf Cakes
assorted varieties
assorted sizes

5.99

Choices' Own Sourdough Multiseed and Multigrain Bread
530-600g

4.99



MEAT



Grass Fed Top Sirloin Steaks or Roasts from Australia value pack
19.82kg

8.99lb



Pork Side Ribs regular or sweet and sour raised without antibiotics
11.00kg

4.99lb



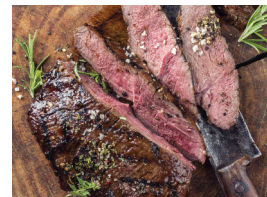
BC Fresh Duck
9.90kg

4.49lb



Wild Caught Ahi Tuna Loin Steaks Sashimi Grade
44.07kg

19.99lb



Strip Loin Free Range Venison from New Zealand
66.12kg

29.99lb



Clear Ocean Wise Hokkaido Scallops
44.07kg

19.99lb



Fraser Valley Duck Smoked Breasts
39.66kg

17.99lb



Fraser Valley Duck Farmer's Sausage
30.84kg

13.99lb

WELLNESS



Prairie Naturals Keto Supplements and Superfood Powders
assorted varieties assorted sizes
reg price 18.99-65.99

20% off



Garden Of Life mykind Organics Vitamins and Supplements
assorted varieties
assorted sizes
reg price 12.99-52.99

20% off



Innotech Vitamins and Supplements
assorted varieties
assorted sizes
reg price 19.99-54.99

20% off



Sisu Multivitamins and Vitamins
assorted varieties assorted sizes
reg price 6.79-57.99

20% off



Renew Life Ultimate Flora Probiotics
select varieties
assorted sizes
reg price 19.99-72.99

20% off



SIBU Sea Berry Therapy Face Care, Body Care and Supplements
assorted varieties
assorted sizes
reg price 9.49-42.99

25% off

GROCERY



Prana Organic Nut Mixes
assorted varieties 150g
reg price 4.99-9.49

30% off

Made Good Gluten-Free Granola Minis and Cookies
assorted varieties assorted sizes



2/7.00 Granola Minis

4.99 Cookies



Seasnax Organic Seaweed Snacks
assorted varieties

4/5.00 5g

2/6.00 15g



Annie's Homegrown Cookies, Crackers and Fruit Snacks
assorted varieties assorted sizes

2/7.00 Grahams & Crackers 213g

2/8.00 Fruit Snacks & Cookies 115-191g

Kind Fruit and Nut Bars
assorted varieties 40g



3/5.00



Frozen Coconut Non-Dairy Desserts
assorted varieties
473ml

4.99



Vita Coco Coconut Water
assorted varieties assorted sizes
+deposit +eco fee

2/4.00 500ml

2/8.00 1L



Fever-Tree Tonic Water and Ginger Beer
assorted varieties +deposit +eco fee

3.99 500ml

5.99 4 pack



V.I.P. Biodegradable Ultra Liquid Laundry Detergent
assorted varieties
2.95L

5.99



V.I.P. Biodegradable Liquid Dish Soap
assorted varieties
740ml

1.99

BULK

All Bulk Bins

20% off



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.

Bedding Plant Sale

Will you be planting a garden in your backyard, balcony or community garden this spring? Choices Markets's weekend plant sales are starting up again soon. We'll have ready to plant vegetables, fantastic flowers, perfect perennials and sensational succulents. Best of all, 5% of the proceeds from our weekend plant sales in April and May will be donated to local schools. Make your garden beautiful and help your community at the same time! Don't forget, Full Circle Topsoil (made from compost collected at our stores) is also available and great for your plants. Check our social media for more information!