

# HAPPY MOTHER'S DAY

Prices Effective May 9 to May 15, 2019.



100% BC Owned and Operated



Organic Strawberries  
Imported from California  
454g package  
reg price 6.98

**BUY 1  
GET 1  
FREE**



Lemon and Lime Plus  
Organic Juice Concentrate  
reg price 1.98 100ml  
reg price 2.98 200ml

**BUY 1  
GET 1  
FREE**

Love Good Fats Bars assorted varieties 39g  
reg price 2.99



**BUY 1  
GET 1  
FREE**



**BUY 1  
GET 1  
FREE**

Summer Fresh Dips  
and Hummus  
assorted varieties 227g  
reg price 4.99  
from Deli Dept.



Summer Fresh  
Roasted Red Pepper Dip  
Trempe de poivrons rouges grillés  
227g/8oz

Theo Organic Fair Trade Chocolate Bars  
assorted varieties 85g  
reg price 5.49



**BUY 1  
GET 1  
FREE**



**BUY 1  
GET 1  
FREE**

Choices' Own  
French Bread 480g  
reg price 5.99



Derma-E Face Care and Hair Care Products  
assorted varieties assorted sizes  
reg price 13.99-49.99



**BUY 1  
GET 1  
FREE**



**BUY 1  
GET 1  
FREE**

Organic Pork Back Ribs  
previously frozen  
reg price 8.16lb/  
17.99kg



Divine Essence Organic Essential  
Oils and Body Care Products  
select varieties  
select sizes  
reg price 7.99-49.99



**BUY 1  
GET 1  
FREE**



# GROCERY



New to Choices

Health-Ade Organic Raw Kombucha  
assorted varieties  
473ml  
+deposit +eco fee

2/7.00



Lundberg Rice Chips and Seaweed Chips  
assorted varieties  
170g

2/7.00



Sahale Nut Mixes  
assorted varieties  
113g

5.99



Califia Cold Brew Coffee and Almond Matcha Latte  
assorted varieties  
295ml

2/6.00



Covered Bridge Potato Chips  
assorted varieties  
142-170g

2/5.00



Enjoy Life Cookies and Chocolate Chips  
assorted varieties

3.99 170g Cookies

4.99 283g Chocolate Chips



Flow Alkaline Water  
assorted varieties  
500ml  
+deposit +eco fee

2/3.00



Old Dutch Restaurant Tortilla Chips and Salsa  
assorted varieties  
assorted sizes

2/6.00



Choices' Own Organic Rice Cakes  
assorted varieties  
185g

2/6.00



Gerolsteiner Carbonated Mineral Water  
750ml  
+deposit +eco fee

2/4.00



Halo Top Ice Cream  
assorted varieties  
473ml

5.99



Coconut Bliss Organic Frozen Dessert Bars  
assorted varieties  
3 Pack & 4 Pack

Plant Based!

5.99



Classico Pasta Sauce and Pesto  
assorted varieties 218-650ml  
reg price 4.99

BUY 1 GET 1

FREE



Daiya Dairy-Free Vegan Frozen Pizzas  
assorted varieties  
444-550g

6.99

Plant Based!



Yves Veggie Burgers and Veggie Dogs

assorted varieties  
275-450g  
reg price 3.79-5.99

30% off



Maison Orphée Organic Cooking Oils  
assorted varieties  
500-750ml  
reg price 9.99-19.99

30% off



Dalla Terra Antipasto, Mediterranean Appetizers and Spreads  
assorted varieties  
375 & 500ml

2/5.00



Hengstenberg Products  
assorted varieties  
assorted sizes  
reg price 2.49-6.49

30% off



# PRODUCE

Fair Trade Organic  
Red Mini Watermelons  
Imported  
from Mexico

**3.98**



**10%**  
of our Fair Trade  
Produce Sales on  
May 9-15  
will be donated to  
Fair Trade  
Vancouver!

Fair Trade Organic  
Cocktail Tomatoes on  
the Vine from Mexico  
340g package

**4.98**



Hot House Grown  
Mixed Peppers  
BC/Imported  
907g (2lb) bag

**3.98**



Organic  
Blood Oranges  
from California  
4.37kg

**1.98lb**



# MEAT



Grimm's Sliced Deli Meat  
assorted varieties 150-175g

**2/6.99**



Freybe European  
Frankfurters and  
Bavarian Smokies  
500-600g

**8.99**

# DELI

Choices' Own Family Size Salads  
assorted varieties



**7.99 to 9.99**

Choices' Own  
Family Size Quiche



**12.99**

Choices' Own Pesto Tortellini  
or Spinach and Orzo Salad



**1.99/100g**

Simply West Coast Wild Pacific Cod and Chips  
454g



**8.99**



Organic Lean  
Ground Beef  
value pack  
19.82kg

**8.99lb**



Happy Days  
Soft Goat Cheese  
140-150g

**4.99 to  
5.49**

Zorbas Spanakopitas



**2/7.00**



Stuffed Pork  
Tenderloin  
17.61kg

**7.99lb**

# BAKERY



**4.99 to 8.99**

Choices' Own  
Mother's Day  
Cupcakes  
package of 4

Choices' Own  
Mother's Day  
5" Cakes  
select varieties  
includes alternative  
flour recipes

Choices' Own Muffins  
regular or mini  
includes alternative flour recipe  
package of 3-4



**2.99 to  
4.49**



Rack of Lamb  
44.07kg

**19.99lb**



BC Boneless Skinless  
Chicken Breasts  
value pack  
13.21kg

**5.99lb**



# WELLNESS



Prairie Naturals Vitamins,  
Supplements or Body Care Products  
assorted varieties  
assorted sizes  
reg price 1.89-79.99

**20% off**



Nature Clean Sensitive Skin  
Body Care Products  
assorted varieties  
assorted sizes  
reg price 4.99-12.49

**25% off**



MegaFood Vitamins and Supplements  
select varieties  
assorted sizes  
reg price 24.99-79.99

**25% off**



Renew Life Vitamins  
and Supplements  
assorted varieties  
assorted sizes  
reg price 16.49-72.99

**25% off**



Garden of Life Proteins  
assorted varieties

**41.99**

Raw Fit & Raw Organic 396-664g

**49.99**

Sport & All in One 652-1017g



Incrediwear Socks,  
Braces and Wraps  
assorted varieties  
assorted sizes and colours  
reg price 18.99-148.99

**20% off**

# BULK

Candies  
Assorted Varieties  
Bins and Random Weight Bags

**20% off**

# GROCERY



Uncle Luke's Organic Maple Syrup  
assorted varieties  
1L

**20.99**

Van's Gluten Free Frozen Waffles



assorted varieties  
255g

**4.99**

Nature's Nuts Butter assorted varieties



**5.49**

500g Organic Peanut Butter

**10.99**

500g Almond Butter

**12.99**

340g Organic Almond Butter

Nature's Farm Organic Omega-3 Large Eggs



**3.79**

6 Pack

**6.99**

Dozen

Liberté Organic Butter  
salted & unsalted 454g



**6.99**

Faith Farms Cheese



assorted varieties  
360-380g

**5.49**



Olympic Organic  
Sour Cream  
500ml

**3.99**



Avalon Chocolate Milk  
+deposit

**1.79**

500ml

**2.99**

1L



Liberté Classic Yogurt  
assorted varieties  
750g

**2/6.00**

Riviera Petit Pot Yogurt



assorted varieties  
4 pack

**4.49**

## Fairtrade Month

10%

of our Fair Trade  
Produce Sales on  
May 9-15  
will be donated to  
Fair Trade  
Vancouver!

May is Choices' celebration of everything Fairtrade! Choices is one of the most dedicated Fairtrade retailers in the country. We're constantly recognized as a Fairtrade retailer of distinction, and we are proud to say that we were Fairtrade retailer of the year in 2018! We've won this award more times than any other retailer in Canada since the award was created. We believe in the power of Fairtrade as a way to promote developing industries and promoting sustainable growing practices.



<b>Kitsilano</b> 604.736.0009	<b>Cambie</b> 604.875.0099	<b>Kerrisdale</b> 604.263.4600	<b>Yaletown</b> 604.633.2392	<b>Commercial Drive</b> 604.678.9665	<b>Kelowna</b> 250.862.4864	<b>South Surrey</b> 604.541.3902	<b>Burnaby Crest</b> 604.522.0936	<b>Burnaby Marine Way</b> 778.379.5757	<b>Abbotsford</b> 604.744.3567	<b>North Vancouver</b> 604.770.2868
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While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.