

# VICTORIA DAY LONG WEEKEND

Prices Effective May 16 to May 22, 2019.

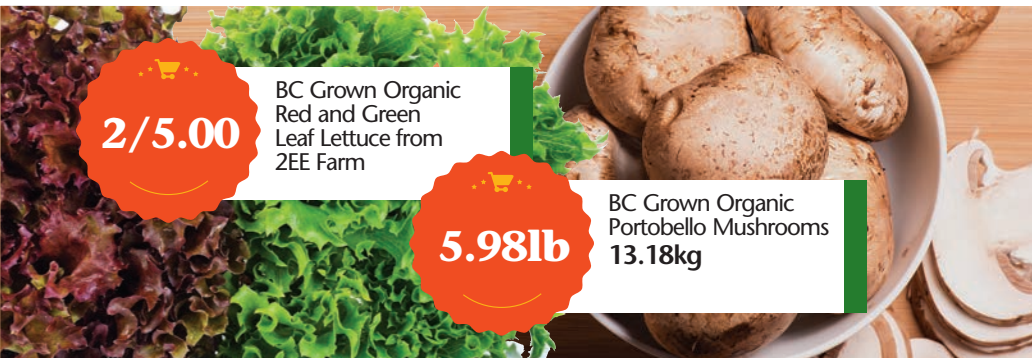


100% BC Owned and Operated



**5/4.00**

Sweet Bi-Colour  
Corn from USA



**2/5.00**

BC Grown Organic  
Red and Green  
Leaf Lettuce from  
2EE Farm

**5.98lb**

BC Grown Organic  
Portobello Mushrooms  
13.18kg



**16.99lb**

Wild Sockeye  
Salmon Fillets  
value pack  
37.46kg



**3.99lb**

Choices' Own  
Whole Chickens  
raised without antibiotics  
8.80kg



**13.99**

Farmcrest  
Non-GMO  
Roasted  
Chickens

**New**

Choices' Own  
Steamed Greens  
or Grilled  
Vegetables  
from Deli Dept.

**1.99 to  
2.29/  
100g**



Made  
with Extra  
Virgin Olive  
Oil & Vegan  
Friendly!

Choices' Own Slider, Hot Dog or  
Hamburger Buns

assorted varieties 380g

**4.49**

Maple Hill Organic Free Range Large Eggs  
1 dozen



**5.49**



Olympic Yogurt  
assorted varieties 500-650g

**2/6.00**  
Natural

**2/8.00**  
Organic



New Roots Digestive Enzymes  
and Magnesium Bisglycinate  
assorted varieties  
assorted sizes  
reg price 28.99-50.99

**25%  
off**



# GROCERY



Santa Cruz Organic Lemonade  
assorted varieties  
946ml  
+deposit +eco fee

**2/5.00**



Boulder Canyon Potato Chips  
assorted varieties  
128-142g

**2/5.00**



Laiki Rice Crackers  
assorted varieties  
100g

**2/7.00**



Roar Natural Organic Infusions  
assorted varieties  
532ml  
+deposit +eco fee

**2/5.00**

Fresh is Best Tortilla Chips, Salsa and Taco Shells



assorted varieties  
assorted sizes

**4.99**



G.H. Cretors Popcorn  
assorted varieties  
113-255g

**2/7.00**



Taste Nirvana Coconut Water  
assorted varieties  
+deposit +eco fee

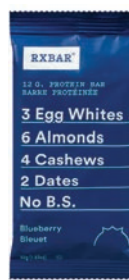
**2/4.00** 280ml

**2/7.00** 700ml



Beanfields Chips  
assorted varieties  
156g

**2/7.00**



RXBAR Energy Bar  
assorted varieties

**2/5.00** 52g Single

**27.99** 12 Pack



Perrier Carbonated Natural  
Spring Water and Sparkling Water  
select varieties  
750ml-1L  
+deposit +eco fee

**2/4.00**



Shady Maple Organic  
Maple Syrup,  
Cookies and Sugar  
assorted varieties  
assorted sizes  
reg price 5.79-29.99

**30% off**



Endangered Species  
Fair Trade Chocolate Bars  
assorted varieties  
85g

**2/7.00**



Stash Premium Tea  
assorted varieties  
18-20 Bags

**2/5.00**



Avalon  
Organic Yogurt  
assorted varieties

**3.99** 650g

**8.49** 1.75kg



Bakery on Main  
Oatmeal and Granola  
assorted varieties

**4.99** 300g Oatmeal

**5.99** 340g Granola



Betterwith Ice Cream  
assorted varieties  
500ml

**5.99**



Avalon Organic Ice Cream  
assorted varieties  
946ml

**8.99**



Purex Toilet Paper  
assorted varieties  
12 double rolls

**5.99**



# PRODUCE

Organic Whole Cantaloupe  
Grown in Mexico



**2.98**



Fair Trade Organic  
Whole Red Seedless  
Watermelon  
Grown in Mexico

**9.98**



Organic Ataulfo  
Mangoes Imported  
from Mexico

**5/5.00**

# DELI

Choices' Own Potato Salad



**1.29/100g**

Choices' Own Ready-to-Eat Salads assorted varieties

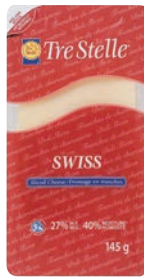


**4.99 to 7.99**

Tre Stelle Feta Cheese  
200g



**5.99**



Tre Stelle or Dofino Cheese Slices  
and 2 New Castello  
Cheese Slice Flavours 150-165g

**5.99**



# BAKERY

Choices' Own Banana Bread and Pecan Loaf  
assorted varieties assorted sizes



**3.49 to 5.99**

Choices' Own Keto Products  
assorted varieties assorted sizes



**2.99 to 8.99**

# MEAT

Bone-in Chicken Breast or Thighs  
value pack, raised without antibiotics **14.31kg**



**6.49lb**

100% Grass Fed Ribeye Steaks or Roasts Aged  
21+ Days from Australia value pack **31.94kg**



**14.49lb**

Pork Loin Chops or Rib End Roasts **15.41kg**



**6.99lb**

Venison Strip Loin Free Range  
raised without antibiotics **66.12kg**



**29.99lb**

BC Marinated Butterfly Chicken made in-store



**14.99**

Fort Hardy Pork Ribs heat & serve 583g



**11.49**



# WELLNESS

New Chapter Vitamins and Supplements

assorted varieties assorted sizes  
reg price 25.99-87.99



**BUY 1  
GET 1**

**50%**



Sisu Vitamins and Supplements  
assorted varieties  
assorted sizes  
reg price .79-69.99

**25% off**



Herbatint Natural  
Permanent Hair Colour  
assorted colours

**15.99** 1 Kit



Alpha MCT Oil

**22.99** 500ml

**33.99** 946ml



Vitality Vitamins and Supplements  
assorted varieties  
assorted sizes  
reg price 19.99-32.99

**20% off**



Everyone Natural Hand Soap  
and Body Care Products  
assorted varieties  
assorted sizes  
reg price 4.99-17.99

**20% off**

# BULK

Trail Nut Mix  
Assorted Varieties  
Bins and Random Weight Bags

**20% off**

# GROCERY

Prairie Harvest Organic Pasta  
assorted varieties 454g



**2/5.00**



L'Ancetre Organic Cheese  
assorted varieties  
325g

**7.99**

Amy's Organic Frozen California and Sonoma  
Veggie Burgers 284g



**5.99** California

**6.99** Sonoma



Green Cuisine Veggie Burgers  
assorted varieties  
170-227g  
reg price 4.69-6.49

**30% off**



Karthain's Organic  
Sauerkraut and Kimchi  
assorted varieties 375-750ml  
reg price 6.99-14.49

**30% off**



Amano Sauces & Miso  
assorted varieties  
assorted sizes  
reg price 5.89-14.99

**30% off**



Rocky Mountain  
Artisan Frozen Pizza  
select varieties  
405-430g

**8.99**



Udi's Gluten-Free Frozen Lasagna, Mac &  
Cheese and Pizza  
assorted varieties 227-312g

**4.99** Lasagna  
and Mac & Cheese

**5.99** Pizza



Casa Fiesta Mexican Products  
assorted varieties  
assorted sizes  
reg price 1.99-6.49

**30% off**



Bragg Organic Apple Cider Vinegar

**3.99** 473ml

**6.99** 946ml

## World Partnership Walk

For more than a decade, Choices has been supporting the World Partnership Walk. This national fundraising event aims to eradicate extreme poverty in developing nations, where thousands of people do not have access to clean water, basic education and health care. All of the funds raised through the Walk are invested in sustainable, long-term, community-led projects in the areas of health, education, civil society and rural development. It is a way to offer hope, a hand-up, know-how and support to some of the world's most vulnerable populations.

**Join the Choices team on Sunday, June 16th in Stanley Park.**  
**See more details at [choicesmarkets.com](http://choicesmarkets.com).**



**Kitsilano** 604.736.0009 **Cambie** 604.875.0099 **Kerrisdale** 604.263.4600 **Yaletown** 604.633.2392 **Commercial Drive** 604.678.9665 **Kelowna** 250.862.4864 **South Surrey** 604.541.3902 **Burnaby Crest** 604.522.0936 **Burnaby Marine Way** 778.379.5757 **Abbotsford** 604.744.3567 **North Vancouver** 604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.