

SUMMER SPECIALS

Prices Effective June 20 to June 26, 2019.

100% BC Owned and Operated



14.99lb

Venison Leg Steaks Free Range from New Zealand raised without antibiotics 33.05kg



4.99lb

Organic Bone-In Chicken Legs value pack 11.00kg



1.98lb

BC Grown Organic Yellow Potatoes from Crisp Organics 4.37kg



5/5.00

Ataulfo Mangoes Imported from Mexico



All Suncare Products

assorted varieties
assorted sizes



25% off



Choices' Own Sourdough Bread
levain style sliced & unsliced
530g

4.99



Beyond Meat Sausages
pack of 2

7.99

from Deli Dept.



Terra Breads Pistachio Granola



7.99
454g

15.99
1 kg



Ethical Bean Organic Fair Trade Coffee
assorted varieties



6.99
227g Ground

9.99
340g Whole Bean



Uncle Luke's Organic Maple Syrup
assorted varieties
500ml



10.99

WELLNESS



Iron Vegan Sprouted Protein
or Athletes Blend Protein
assorted varieties

59.99 1kg

Iron Vegan Bars
and Glutamine

20% off



Garden Of Life mykind Organics
Vitamins and Supplements
assorted varieties
assorted sizes
reg price 12.99-52.99

20% off



Ecoideas Chia,
Moringa and Baobab
assorted varieties
assorted sizes
reg price 9.49-22.99

20% off



The Soapworks Bar Soap
select varieties

3/5.00



Nuun Hydration
Electrolytes and Vitamins
assorted varieties

7.99 10 Tablets

Organika Enhanced Collagen



19.49
250g

35.99
500g

Organika Collagen Vitality, Relax
Marine Collagen and Gelatin 250g

25% off

BULK



Trail Mix assorted varieties
Bins and Random Weight Bags

20% off

GROCERY



Hardbite Potato Chips
assorted varieties
128-150g

2/5.00



Efferve Lemonade
assorted varieties
750ml
+deposit +eco fee

3.99



Smart Sweets
Low Sugar Candy
assorted varieties
50g

2/6.00



Santa Cruz Lemonade
assorted varieties
946ml
+deposit +eco fee

2/5.00



Whittaker's Chocolate Bars
assorted varieties
200-220g

3.99



Zevia Sugar Free Soda,
Tea and Energy Drink
assorted varieties +deposit +eco fee

2/4.00 355ml Tea & Energy Drink

.79 355ml Soda

4.49 6 Pack Soda



Love Good
Fats Bars
assorted varieties

2/4.00
39g

22.99
12 Pack



Fiji Natural Artesian Water
assorted sizes
+deposit +eco fee

.99 to 4.99

Bobo's Gluten-Free Oat Bars
assorted varieties 85g



2/5.00



Deebee's Organic
Superfruit Freeze
12 pack

5.49

Have Nutrition Questions?

The Choices Nutrition Team Has the Answers!

- Learn about specialized diets
- Get simple, healthy home cooked meal ideas
- Learn how to make simple steps to improve your daily diet
- See your Nutritionist during the tour for Free Nutrition Bucks

Book a FREE one-on-one consult with our team today.

Email nutrition@choicesmarkets.com or visit our website at choicesmarkets.com/nutrition



Kitsilano 604.736.0009 Cambie 604.875.0099 Kerrisdale 604.263.4600 Yaletown 604.633.2392 Commercial Drive 604.678.9665 Kelowna 250.862.4864 South Surrey 604.541.3902 Burnaby Crest 604.522.0936 Burnaby Marine Way 778.379.5757 Abbotsford 604.744.3567 North Vancouver 604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.

GROCERY



Earth's Own
Dairy-Free Beverages
assorted varieties
1.89L

2/7.00



Nature's Path Organic Cereal
assorted varieties
284-400g

3.99 to 4.49



Liberté Greek Yogurt
assorted varieties
750g

4.99



Ceres 100% Juice
assorted varieties
1L
+deposit +eco fee

2/6.00

Country Golden Yolks Free Range Large Eggs
1 dozen



4.99

Stahlbush Island Farms Sustainable Frozen Fruit
assorted varieties 227-300g



4.79



Elias Honey
assorted varieties
1kg
reg price 14.99-21.29

30% off

Earth Balance Spreads



assorted varieties
assorted sizes
reg price 6.99-15.99

30% off



Earth's Choice
Organic Nut Butters
assorted varieties

4.79

500g Peanut Butter

12.99

340g Almond Butter



Spectrum Cooking Oils
assorted varieties
assorted sizes
reg price 6.99-27.49

30% off



Primal Kitchen Dressing
and Mayonnaise
assorted varieties

6.99 237ml Dressing

9.99 355ml Mayonnaise



Cape Herb and Spice Shakers
assorted varieties
175-390g

6.99 to 10.99



Upton's Naturals Jackfruit
assorted varieties
200g

2.99

Earth Island Dairy-Free Cheese Slices



assorted varieties
200g

4.99

Field Roast Vegan Cheese, Sausages and Burgers
assorted varieties 200-368g
reg price 7.99-11.99



30% off



Wrawp Organic
Raw Wraps
assorted varieties
assorted sizes

6.99



L'Ancetre Organic Cheese
assorted varieties
200g
reg price 6.99-9.89

30% off



Echoclean Liquid
Laundry Detergent
assorted varieties
2.95L

10.99

PRODUCE

BC Grown Organic Red, Green and Rainbow Chard from Myers Organic Farm



3/6.00

BC Grown Shelling Peas 4.37kg



1.98lb

Organic Whole Red Seedless Watermelon Imported from USA



6.98

BC Grown Bunch Carrots



2/2.50

DELI

Choices' Own Salads assorted varieties



20% off

Choices' Own Ready to Eat Wild Salmon Fillets, Salads, Entrées, Bagels, Wraps and Sushi



1.00 off

Summer Fresh Dips and Hummus assorted varieties 227g



3.99

Choices' Own Ready to Eat Wraps



6.99

Goat Feta Cheese



2.29/100g

BAKERY

Choices' Own 6" Pies assorted varieties assorted sizes



6.49

Choices' Own Alternative Flour Cookies and Bars includes Keto and Paleo select varieties assorted sizes



2.99 to 5.99

MEAT

Sirloin Tip Barbecue Steaks or Roasts value pack **15.41kg**



6.99lb

Free Range Lamb Loin Chops from New Zealand raised without antibiotics **30.84kg**



13.99lb

Pork Centre Cut Boneless Chops or Roasts value pack, raised without antibiotics **11.00kg**



4.99lb

BC Fresh Duck raised without antibiotics **8.80kg**



3.99lb

Catfish **33.05kg**



14.99lb

Butterball Turkey Bacon and Franks 375-450g



3.29 to 5.29