

# HAPPY CANADA DAY

Prices Effective June 27 to July 3, 2019.

100% BC Owned and Operated



**16.99lb**

Venison Leg Steaks Free Range from New Zealand raised without antibiotics  
37.46kg



Choices' Own Canada Day Baked Goods assorted varieties assorted sizes

**4.99 to 13.49**



**7.99lb**

BC Extra Lean Ground Beef Grass Fed raised without antibiotics  
17.61kg



Choices' Own Bakery Buns assorted varieties

Made with Extra Virgin Olive Oil & Vegan Friendly!

**4.49 to 5.49**



O'Canada Que Pasa Chips and Organic Salsa select varieties

**2/6.00**  
286g Chips

**2/7.00**  
420ml Salsa



**6.98lb**

BC Grown Organic Red Cherries  
15.39kg



Choices' Own Family Size Salads assorted varieties

**7.99**

**9.99**  
Greek Salads

Rosdown Roasted Chickens

**9.99**



**New** Choices' Own Pesto Tortellini or Spinach and Orzo Salads



**1.99/100g**

from Our Deli Dept.



**1.98lb**

BC Grown Organic White Nugget Potatoes from Fraserland Organics  
4.37kg



# GROCERY



Rise Organic Raw Kombucha  
assorted varieties  
414ml  
+deposit +eco fee

**3/9.99**

Spread'Em Kitchen Vegan Cashew



Dips and Spreads  
assorted varieties  
183g

**5.49 to 6.99**

Ben & Jerry's Ice Cream



assorted varieties  
500ml

**3.99** Regular

**4.49** Dairy Free



Blue Monkey Coconut Water  
assorted varieties  
+deposit +eco fee

**2/3.00** 330ml

**3/5.00** 520ml



Prana Organic Nut Mixes  
assorted varieties  
150g  
reg price 4.99-9.49

**30% off**



Hardbite Root Chips  
assorted varieties  
150g

**2/7.00**



Whistler Glacial Spring Water  
assorted sizes  
+deposit +eco fee

**.79 to 3.49**

Hot Kid Rice Crisps and Want Want Crisps  
assorted varieties 100g



**2/5.00**  
Hot Kid Rice Crisps

**2/6.00**  
Want Want Crisps

Leclerc Celebration and Praeventia Cookies  
assorted varieties



**3.49**  
240g Leclerc Cookies

**3.79**  
210g Praeventia Cookies



Moodwater Natural Spring Water  
591ml  
+deposit +eco fee

**2/2.00**



R.W. Knudsen Just Juice  
assorted varieties  
946ml  
+deposit +eco fee  
reg price 8.39-17.99

**30% off**

Dandies Vegan Marshmallows  
assorted varieties 283g



**4.99**

Maple Hill Organic Free Range Large Eggs  
1 dozen



**5.49**



Earth's Choice Organic  
Fair Trade Coffee  
assorted varieties  
400g

**7.99**



Anita's Organic Cookie,  
Pancake and Waffle Mix  
assorted sizes  
reg price 6.99-10.49

**30% off**



Califia Dairy-Free  
Beverages and Cold Brew  
assorted varieties  
1.4L

**4.49** Dairy-Free Beverages

**4.99** Cold Brew



Dairyland Lactose Free Milk  
assorted varieties  
2L

**4.49**

Daiya Cheezecake and Dairy-Free Greek Yogurt  
assorted varieties



**2/3.00** 150g Greek Yogurt

**4.49** 454g Greek Yogurt

**5.49** 400g Cheezecake



# PRODUCE



BC Grown  
Organic Red Bunch  
Beets from Myers  
Organic Farm

**2/5.00**



BC Grown  
Organic  
Long Seedless  
Cucumbers from  
Origin Organics

**2.98**



BC Grown  
Signature Medley  
Mix Grape Tomatoes  
1 pint package

**2.98**



BC Grown  
Blueberries  
2.27kg (5lb) box

**20.00**  
box

# DELI

Choices' Own Steamed  
Greens or Grilled Vegetables

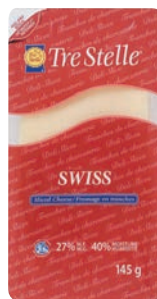


**2.29/100g**



Castello Brie, Blue,  
Gorgonzola or Smoked  
Gorgonzola Cheese

**3.49 to**  
**4.49/100g**



Tre Stelle or Dofino  
Cheese Slices 165g

**4.99**



# MEAT



Freybe Bavarian  
Smokies and Wieners  
assorted varieties  
450g

**8.49** each

Choices' Own Turkey Sausages **17.61kg**



**7.99lb**

Organic Chicken Wings or Bone In Chicken Legs  
value pack **15.41kg**



**6.99lb**

Choices' Own Ground Chicken  
raised without antibiotics **24.23kg**



**10.99lb**

Organic Chicken Drumsticks  
value pack **11.00kg**



**4.99lb**

Boneless Skinless Organic Chicken Breasts  
value pack **30.84kg**



**13.99lb**

# BAKERY

Choices' Own Cookies  
select varieties assorted sizes



**4.49 to 5.99**

Choices' Own 5" Vintage Cakes  
assorted varieties



**7.99**



# WELLNESS

Vega One All-in-One Nutritional Shakes



**48.99**

All other Vega One Shakes

assorted varieties  
assorted sizes  
reg price 3.99-39.99

**20% off**



Genuine Health Fermented Line  
assorted varieties  
assorted sizes  
reg price 3.50-71.99

**20% off**



Sisu Ester-C  
Energy Boost  
assorted varieties

**4/2.00**  
9.2g Single Sachet

**14.49**  
Box of 30



Sealicious Omega-3  
assorted varieties  
assorted sizes  
reg price 28.99-51.99

**25% off**



Green Beaver Suncare  
assorted varieties  
assorted sizes  
reg price 7.99-21.99

**20% off**

Bio-K Plus Probiotics



dairy, rice or soy  
assorted varieties  
12 pack  
reg price 44.99-48.49

**20% off**

# BULK

Miscellaneous  
Bulk Food Items  
Bins and Random Weight Bags

**20% off**

# GROCERY



Amy's Organic  
Burritos and Wraps  
assorted varieties

**2/5.00**  
170g

**2/6.00**  
156g Gluten Free

Vegetarian Gourmet Frozen Burgers



assorted varieties  
400g

**5.99**

Raincoast Skipjack Tuna and Sockeye Salmon



assorted varieties 74-160g  
reg price 3.49-7.99

**30% off**

Green Organic Frozen Vegetables



assorted varieties  
500g

**2/6.00**

The Ojai Cook Lemonaise, Tartar Sauce  
and Organic Mayonnaise  
assorted varieties



**5.49** 355ml Lemonaise  
and Tartar Sauce

**6.49** 473ml  
Organic Mayonnaise



Bioitalia Organic Strained Tomatoes and  
Organic Pasta Sauce assorted varieties

**2.99** 700ml Strained Tomatoes

**3.99** 358ml Pasta Sauce



Maison Orphée Vinaigrette, Oils,  
Condiments, Vinegar and Dressings  
select varieties 250-750ml  
reg price 3.99-17.99

**30% off**



Briannas Salad Dressing  
assorted varieties  
355ml

**5.49**



Bragg Liquid Soy Seasoning

**3.99** 180ml

**5.99** 473ml

**7.99** 946ml



Nature Clean  
Natural Cleaning Products  
assorted varieties assorted sizes  
reg price 6.29-25.99

**30% off**

## Choices Yaletown 19th Anniversary

**Monday, July 1st | 1202 Richards Street, Vancouver**

Help us celebrate our 19th Anniversary on Monday, July 1st.  
We'll be serving cake and coffee and offering many in-store specials.

# 10% OFF

**The Entire Store** including sale items **July 1st only!**



**Kitsilano** 604.736.0009 **Cambie** 604.875.0099 **Kerrisdale** 604.263.4600 **Yaletown** 604.633.2392 **Commercial Drive** 604.678.9665 **Kelowna** 250.862.4864 **South Surrey** 604.541.3902 **Burnaby Crest** 604.522.0936 **Burnaby Marine Way** 778.379.5757 **Abbotsford** 604.744.3567 **North Vancouver** 604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.