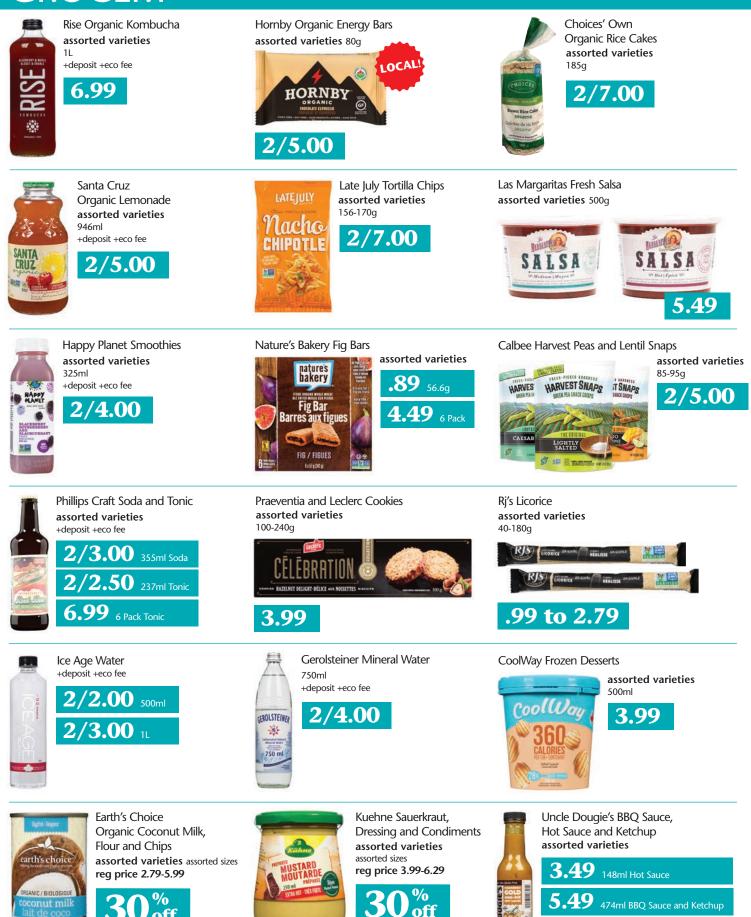


## GROCERY

off

160 mL



### PRODUCE

BC Grown Organic Rainier Cherries from Sproules **19.58kg** 



BC Grown Green, Red, and Romaine Lettuce from RGR



BC Grown Organic Green Zucchini 4.37kg



BC Grown Red Hot House Tomatoes on the Vine **3.26kg** 

Choices' Own Deli Salads

Tre Stelle or Dofino Cheese Slices





Farmcrest Roasted Non-GMO Chickens



Castelvetrano Olives



### BAKERY

Choices' Own Sourdough Bread levain style sliced and unsliced 530g



Choices' Own Scones assorted varieties package of 2



99 each

# MEAT

BC Fresh Duck raised without antibiotics **8.80kg** 



Sirloin Tip BBQ Steaks or Roasts value pack 15.41kg



Pork Side Ribs regular or sweet and sour raised without antibiotics **13.21kg** 



Cod Loin Steaks from Iceland 41.87kg



Free Range Lamb Loin Chops from New Zealand raised without antibiotics **30.84kg** 



Extra Lean Ground Bison 28.64kg







assorted sizes

reg price 38.49-71.99

‰ off

Garden of Life Proteins

99 <sub>Raw</sub> Fit

and Raw Organic 396-664g

49.99 All in One

Green Beaver Hair Care,

Body Care and Sun Care assorted varieties assorted sizes

%

reg price 6.79-21.99

Thinksport Suncare

reg price 15.99-38.99

U/n

assorted varieties

assorted sizes

Viva Organics Facial Care assorted varieties assorted sizes

MegaFood

Men's One Daily

SHAKE

PF 50+

thinksport









Made Good Granola,

Cookies, Bars and Cereal assorted varieties assorted sizes

MADEG

Plant

TCHEES

Based!

4.99

assorted varieties

reg price 4.29-16.99

%

off

assorted sizes



udis

Silver Hills Sprouted Power Bread



Udi's Gluten Free Bread, Buns, Bagels and Pizza Shells assorted varieties assorted sizes reg price 5.29-7.39





Lesley Stowes Raincoast Crisps assorted varieties 150g



Caboo Bamboo Paper Products



assorted varieties assorted sizes reg price 1.99-26.99



% off

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assorted varieties

Nut Cheese

**Bio-Vert Natural Cleaning Products** 

198a

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**Organic Frozen Blueberries**