

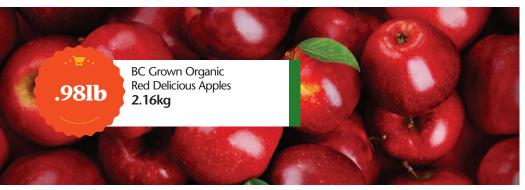
100% BC Owned and Operated



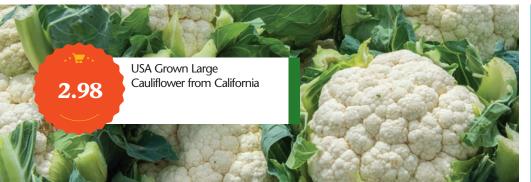














# **GROCERY**

Ritter Sport Holiday Chocolate Bars



select varieties 100g

2.79



Wholesome Organic Peppermint Candy Caness 141g

3.99



Gay Lea Real Whipped Cream and Coconut Whipped Cream

3.99 236g Whip Cream

4.49

225g Coconut Whip



Annie's Homegrown Cookies, Crackers and Fruit Snacks assorted varieties assorted sizes

to

Edward & Sons Rice Crisps assorted varieties 100g



3.99

Wasa Crispbreads



assorted varieties 230-275g

2/5.00

Clif Kid Organic ZBars



assorted varieties 4 & 5 pack

2/7.00

Coconut Bliss Organic Dessert



RESTAURANTE

assorted varieties 473ml

5.99

Earth's Choice Organic Coconut Products



assorted varieties assorted sizes reg price 2.79-21.99

Ginger People Sauces, Marinades, Ginger and Candies



assorted varieties assorted sizes reg price 2.29-8.99



Old Dutch Restaurante Tortilla Chips and Salsa assorted varieties assorted sizes

2/6.00



Simply 7 Quinoa, **Hummus and Lentil Chips** assorted varieties 99-142q

2/6.00

Gardein Vegan Meat Alternatives



assorted varieties assorted sizes

Amy's Organic Frozen Pizza



assorted varieties 340-403g

6.99 to

Amy's Organic Frozen Lasagna, Macaroni & Cheese



and Enchiladas assorted varieties

assorted sizes

2.99 to

Pacific Organic Soup



assorted varieties 472ml

3.99

Earth's Choice Extra Virgin Organic Olive Oil





Purex Toilet Paper



assorted varieties 15 pack

6.99

# **PRODUCE**



USA Grown Organic Red Seedless Grapes from California **6.57kg** 

2.98lb



BC Grown Organic Table Carrots from Fountainview Farm 907g bag

3.98



USA Grown Clementine Mandarin Oranges from California 907g (2lb) bag

4.98



USA Grown Organic Gold and Red Bunch Beets from California

2/5.00

## **DELI**



Dutch Gouda Cheese

3.99/100g



La Panzanella Crackers assorted varieties

5 99



Summer Fresh Dips and Hummus assorted varieties 227g

3.50



Payson Breton Imported French Cheese

5.99

# **BAKERY**

see in-store for Christmas Gingerbread People, Christmas Stollen and Fruit Cakes



Choices' Own
Mini Butter Tarts
package of 4

4.49



Choices' Own
Shortbread
plain or pecan

5.49



Choices' Own
Chocolate Cupcakes
with white
buttercream
package of 4

5.49



Choices' Own Alternative Flour Recipe Chocolate Cupcakes package of 4

5.99

# **MEAT**

Choices Ground Chicken raised without antibiotics **24.23kg** 



Wild Sockeye Salmon value pack 31.94kg



Organic Chicken Sausages made in-store **24.23kg** 



100% Grass Fed Beef Meatballs made in-store 13.21kg



Pork Centre Cut Boneless Chops or Roasts raised without antibiotics value pack 12.10kg



BC Marinated Boneless Skinless Chicken Breasts 17.61kg



New Chapter Turmeric Force and Bone



Strength Supplements assorted varieties assorted sizes reg price 25.99-82.99



NutraSea Omega-3 and NutraVega Omega-3 select varieties assorted sizes reg price 26.99-67.99



Manitoba Harvest Hemp Yeah! Protein Powders assorted varieties assorted sizes reg price 15.49-36.99

### Organika Enhanced Collagen

19.99 <sub>250q</sub> 35.99



Organika Bone Broth Chicken & Beef

Organika Enzymes and Milk Thistle



Alba Bontanica Hair Care 355ml

Alba Botanica Face and Body Care

assorted varieties

reg price 5.79-21.49

### Anne Marie Borlind Facial Care and Natural Cosmetics



assorted varieties assorted sizes reg price 9.79-109.99

Assorted Nuts Bins and Random Weight Bags



#### Kitsilano 604.736.0009

#### Commercial Drive 604.678.9665

### 250.862.4864

#### South Surrey 604.541.3902

#### **Burnaby Crest** 604.522.0936

#### Abbotsford 604.744.3567

STAR of the SEASON

**North Vancouver** 

Silk True Fresh Dairy-Free Beverages and Creamers assorted varieties

5.00 473ml Creamers

**GROCERY** 

1.89L Beverages



Dairyland Egg Nog assorted varieties

3.99

### Cows Creamery Butter



assorted varieties 250g

4.99

Pita Break Buns, Bites and Rounds assorted varieties assorted sizes

2.99 to 4.99





Nuts to You Almond Butter smooth or crunchy 735q

14.99

Earthbound Farm Organic Frozen Fruit and Vegetables

assorted varieties 300-400g

2/6.00 Vegetables /**8.00** Fruit

Liberté Greek Yogurt assorted varieties 750a



Now Stevia and Xylitol assorted varieties assorted sizes reg price 11.99-19.99



Celestial Seasonings Tea assorted varieties 18-20 Tea Bags

2/6.00



### **November 15th – December 24th**

Your donation of only \$2 supports the growth of healthy communities. Now in its 14th year, Choices' Star of the Season Program enriches the lives of families all across Metro Vancouver, the Fraser Valley and the Okanagan. Kindly donated by Calabar Printers, Choices' Holiday Stars may be purchased between November 15th and December 24th for a donation of \$2.00.

For more details on each neighbourhood house, please visit our website, www.choicesmarkets.com.

## All proceeds are donated to eleven different organizations: Little Mountain Neighbourhood House

- Britannia Community Services
- Gordon Neighbourhood House
- Marpole Oakridge Family Place
- Fraser Side Community Services Semiahmoo Family Place
- Burnaby Neighbourhood House
- Downtown Eastside Neighbourhood House
- Abbotsford Community Services

