

HOLIDAY SHOPPING

Prices Effective December 12 to December 18, 2019.



100% BC Owned and Operated

6.98 each

BC Grown Poinsettias
6" Pot from Meadowlands Horticultural Inc.

**may not be exactly as shown*

2/3.00

Organic Pomegranates
Grown in California

2.98lb

Organic Satsuma Mandarin Oranges
Grown in California
6.57kg

4.79lb

Yarrow Meadows Organic Whole Chickens
10.56kg

8.99lb

Organic Lean Ground Beef
value pack
19.82kg

Castello Cheese
assorted varieties

20% off

Imported Swiss Emmental, Gruyere or Cave Aged Gruyere Cheese

4.49 to 6.49/100g

From Our Deli Dept.

Choices' Own Party Size Cakes: Tuxedo or Vegan Decadent Chocolate
600g

12.49

Wolfgang Puck Organic Soup
assorted varieties
398ml

2/5.50

Stahlbush Island Farms Sustainable Frozen Vegetables
assorted varieties
assorted sizes

2/5.00

GROCERY

Farmers Market Organic Pumpkin Purée and Organic Pumpkin Pie Mix
397g



2/5.00

Pumpkin Purée

2/6.00

Pumpkin Pie Mix

Daiya Dairy-Free Cheezecakes and Yogurts
assorted varieties assorted sizes



2/3.00

150g Single Yogurt

4.99

454g Yogurt

5.49

400g Cheezecake

Daiya Dairy-Free Cheese Slices, Blocks and Shreds
assorted varieties
200-227g



2/7.00

Better Than Bouillon Soup Base



assorted varieties

227g

reg price 8.69-11.49

30% off



Imagine Organic Broth
assorted varieties

946ml

3.99



Cape Herb & Spice
Table Top Spices and Spice Kits

assorted varieties

assorted sizes

reg price 4.99-8.99

30% off

Dalla Terra Antipasto, Roasted Red Peppers and Ajvar Spreads
assorted varieties
assorted sizes
reg price 3.99-8.99



30% off



Divina Olives, Bruschetta,
Spreads and Roasted Tomatoes
assorted varieties
assorted sizes
reg price 5.79-12.99

30% off



Maison Orphée Gourmet
Olive Oils and Sesame Oil
assorted varieties
250ml

6.99

Olive Oils

9.99

Sesame Oils

Wildbrine Kimchi, Sauerkraut and Kraut
assorted varieties
500ml



6.99

Field Roast Vegan Katsu Cutlet, Corn Dogs and Fruffalo Wings
283 & 297g



7.99



Bragg Liquid Soy Seasoning

4.99

473ml

7.99

946ml

STASH Premium Tea
assorted varieties
18-20 tea bags



2/6.00

Nature's Farm Free Run Omega-3 Large Eggs
1 dozen



4.99

Fraser Valley Butter
salted & unsalted 454g



4.79

Danone DanActive Yogurt
Drinks and Danone Activia Yogurt
assorted varieties



4.99

8 Pack Danactive

6.49

12 Pack Activia



Eco Max Natural Dish Soap
assorted varieties
740ml

3.99

Cascades Fluff Toilet Paper and Tuff Paper Towels
assorted varieties



7.49

6 Pack Paper Towels

9.99

12 Pack Toilet Paper

PRODUCE

Hot House Peppers Orange, Red and Yellow Imported from Mexico

6.57kg

2.98lb



Organic Raspberries Imported from Mexico
170g package

3.98



Green Asparagus Imported from Mexico
8.77kg

3.98lb



Organic Rainbow Cherry Tomatoes Imported from Mexico In ReadyCycle
1 pint packages

3.98



MEAT

Oceanwise Fresh Steelhead Fillets
37.46kg

16.99lb



Fresh Icelandic Cod Fillets
41.87kg

18.99lb



Organic Boneless Skinless Chicken Breasts
value pack 30.84kg

13.99lb



Pork Sausages
made in-store 15.41kg

6.99lb



Prawn Cakes 2/package

4.99 each



DELI

Fruit Infused Cheese

New to Choices

4.99/100g



Choices' Own Petite Canape Appetizers
assorted varieties

3.99 1/2 dozen

7.99 1 dozen



Espuna Imported Spanish Serrano Ham and Salami 70-100g

5.99 each



Choices' Own Cranberry, Cognac, Pepper or Apricot Patés

4.49/100g



BAKERY

Choices' Own Sliced Sourdough Bread Levain Style

4.99



Choices' Own 8" Pecan Walnut Pie

8.99

Choices' Own 6" Alternative Flour Chocolate Pecan Pie

6.49



Georels Bone Broth chicken or beef

11.99 each



WELLNESS



SISU Vitamins and Supplements
assorted varieties assorted sizes
reg price .79-69.99

25% off



BulletProof Brain Octane, XCT Oil,
Upgraded Whey Protein, Upgraded
Collagen and Coffee 340g
assorted varieties assorted sizes
reg price 26.49-77.99

20% off



Thayers Witch Hazel
assorted varieties

11.99 340ml

Thayers Slippery Elm Lozenges
assorted varieties

14.99 150 Pack



Derma-E Face
and Hair Care Products
assorted varieties assorted sizes
reg price 13.99-49.99

20% off

Incrediwear Socks, Braces and Wraps
assorted varieties and colours



assorted sizes
reg price 18.99-148.99

20% off



Everyone Natural Hand Soap

6.99 377ml

Everyone Natural Body
Wash and Body Lotions

12.99 946ml & 960ml



Botanica Organic Herbal
Tinctures and Supplements
assorted varieties assorted sizes
reg price 19.99-77.99

20% off

BULK

Dried Fruit or
Organic Grain Flakes
Assorted Varieties
Bins and Random Weight Bags

20% off

GROCERY



Pulse Kitchen Nut Based
Cheese and Spreads
assorted varieties 100g

6.49



Plum-M-Good
Organic Rice Thins
assorted varieties 95g

2/5.00



Endangered Species
Chocolate Bars
assorted varieties
85g

2/7.00



Theobroma Organic Chocolate Bars
assorted varieties

2/3.00 31g & 35g

2/7.00 80g

Coppenrath Spekulatius Cookies



assorted varieties
100-400g

2.99 to 3.99



Betterwith Ice Cream
assorted varieties
500ml

4.99



Laiki Black and Red Rice Crackers
assorted varieties
100g

2/7.00

Carr's Crackers



assorted varieties
125-200g

2/5.00



Gerolsteiner Carbonated
Mineral Water
750ml
+deposit +eco fee

2/4.00



Zevia Organic Sugar Free
Teas & Energy Drinks
355ml
+deposit +eco fee

2/4.00

Choices' Star of the Season Program

November 15th – December 24th

Your donation of only \$2 supports the growth of healthy communities. Now in its 14th year, Choices' Star of the Season Program enriches the lives of families all across Metro Vancouver, the Fraser Valley and the Okanagan. Kindly donated by Calabar Printers, Choices' Holiday Stars may be purchased between November 15th and December 24th for a donation of \$2.00.

For more details on each neighbourhood house, please visit our website, www.choicesmarkets.com.

All proceeds are donated to eleven different organizations:

- Little Mountain Neighbourhood House
- Britannia Community Services
- Gordon Neighbourhood House
- Marpole Oakridge Family Place
- Fraser Side Community Services
- Semiahmoo Family Place
- Burnaby Neighbourhood House
- Downtown Eastside Neighbourhood House
- Abbotsford Community Services
- The Bridge Youth & Family Services
- North Shore Neighbourhood House

I donated to
STAR of the SEASON



Kitsilano
604.736.0009

Cambie
604.875.0099

Kerrisdale
604.263.4600

Yaletown
604.633.2392

Commercial Drive
604.678.9665

Kelowna
250.862.4864

South Surrey
604.541.3902

Burnaby Crest
604.522.0936

Abbotsford
604.744.3567

North Vancouver
604.770.2868

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.