



SPRING SPECIALS!

100% BC OWNED AND OPERATED

Choices' Own
Whole Chicken

3.99/lb
8.80kg

BC Grown
Hot House
Orange, Red, &
Yellow Peppers

2.98/lb
6.57kg

Large
Organic
Lemons from
California

3/3.00

FROM THE DELI:

Choices' Own Family Size Salad

**8.99-
9.99**
each

FROM THE DELI:

Farmcrest Non-GMO
Roasted Chickens

12.99
each

Choices' Own
Whole Grain Seeded Bread

4.99
530g



New Roots Vitamins
& Supplements

Assorted Varieties

25% off

Assorted Sizes
Regular Retail 1.79-103.99

Sukin Botanicals Natural Face Care
Hand Wash & Hand Cream Duo

Great Value!



18.99

500ml Hand Wash
500ml Hand Cream

Bremner's Organic Frozen Fruit

Assorted Varieties



25% off

Assorted Sizes
Regular Retail 7.99-25.99

Silk Dairy-Free Beverages & Creamers

Assorted Varieties



4.49

1.89L Beverages

2/5.00

473ml Creamers

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you

Prices Effective
April 30-May 6, 2020.

PRODUCE

Organic Broccoli Imported
6.57/kg

2⁹⁸
/lb

BC Grown Rhubarb from
RGR Farms 3.26/kg

1⁴⁸
/lb

BC Grown Organic Red Tomatoes
on the Vine from Origin Organics
6.57/kg

2⁹⁸
/lb

Organic Red Cara Cara
Navel Oranges from California
4.37/kg

1⁹⁸
/lb

MEAT

Venison Boneless Leg Steaks from New Zealand
44.07/kg

1⁹⁹⁹
/lb

Smoked Duck Sausages
35.25/kg

1⁵⁹⁹
/lb

Ribeye Steaks 100% Grass Fed from Australia

Value Pack
35.25/kg

1⁵⁹⁹
/lb

Pork Sausages

Made In-Store
15.41/kg

6⁹⁹
/lb

Ocean Mama
Shrimp Gyoza

8⁹⁹
454g

Canadian Char Fillets
41.87/kg

1⁸⁹⁹
/lb

Boneless Skinless Chicken Breasts

Value Pack, Raised Without Antibiotics
24.23/kg

1⁰⁹⁹
/lb

Fresh BC Halibut
66.12/kg

2⁹⁹⁹
/lb

Ahi Tuna Loin Steaks

5⁹⁹
6 oz each

Smoked Duck Breast
44.07/kg

1⁹⁹⁹
/lb

GROCERY

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you

Prices Effective
April 30-May 6, 2020.



**Uncle Luke's Organic
Maple Syrup**
Assorted Varieties

20⁹⁹
1L



**Happy Planet Organic
Grass Fed Milk**

5⁹⁹ 6⁹⁹
1.5L 2% & 3.5%
1.5L Cream Top



**Dairyland Joyya
Ultrafiltered Milk**
Assorted Varieties

3⁷⁹
1L



**Nuts to You
Peanut Butter**
Crunchy or Smooth

6⁴⁹
750g



**Nature's Path
Organic Boxed Cereal**
Assorted Varieties

4⁴⁹-4⁹⁹
assorted sizes



**Choices Fruit
& Nut Granola**

11⁹⁹
908g



**Happy Planet Fresh
Organic Juice**
Select Varieties

3⁹⁹-4⁹⁹
1.75-1.89L
+deposit +eco fee

Meadowvale Creamery Butter



4⁹⁹
454g



**La Chaudiere
Organic Cheese**
Assorted Varieties

25% off
Assorted Sizes
Regular Retail 7.79-12.99



**Earth's Choice Organic
Whole Bean Coffee**
Rainforest Alliance
Assorted Varieties

8⁹⁹
340g



Elias Honey
Select Varieties

9⁹⁹-11⁹⁹
1kg

Armstrong Cheese Slices



Assorted Varieties

6⁹⁹
320-360g

Donia Farms Grass Fed



Natural Yogurt
Assorted Varieties

3⁹⁹ 9⁹⁹
650g 1.75kg

Danone Activia Yogurt



Assorted Varieties

2/7⁰⁰ 4⁹⁹
650g 8 Pack

**Pamela's Gluten-Free Cookies,
Baking Mixes &
Flour Blend**



Assorted Varieties

30% off
Assorted Sizes
Regular Retail 4.99-23.99



**Canyon Bakehouse
Gluten-Free Bread**
2 Varieties

5⁹⁹
510g



Dempster's Fresh Bagels
Assorted Varieties

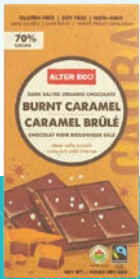
2/8⁰⁰
6 Pack



**Udi's Gluten-Free
Buns, Muffins, Cookies,
Pizza Crust & Pasta**
Assorted Varieties

30% off
Assorted Sizes
Regular Retail 4.99-8.99

GROCERY



Alter Eco Organic Fair Trade Chocolate Bars
Assorted Varieties

2/6⁰⁰
75-80g



Pur Gum Pouch & Pur Mints
Assorted Varieties

2/6⁰⁰ 2/4⁰⁰
80g Gum Pouches 22g Mints



This Saves Lives Energy Bars
Assorted Varieties

2/4⁰⁰
40g



Kettle Brand Potato Chips
Assorted Varieties

2/5⁰⁰
170-220g



Late July Organic Tortilla Chips & Cantina Dippers
Assorted Varieties

4⁹⁹
227-312g



G.H. Cretors Popcorn
Assorted Varieties

3⁹⁹
128-213g



Sonoma Creamery Cheese Crisps
Assorted Varieties

4⁹⁹
64g



Plum-M-Good Organic Rice Cakes
Assorted Varieties

3⁹⁹
185g



Laiki Red or Black Rice Crackers
Assorted Varieties

2/6⁰⁰
100g



GT's Organic Raw Kombucha
Assorted Varieties

2/7⁰⁰
480ml
+deposit +eco fee



Rise Nitro Cold Brew Coffee Oat Milk Latte
Assorted Varieties

2/6⁰⁰
207ml
+deposit +eco fee



Happy Planet Smoothies
Select Varieties

2/4⁰⁰
325ml
+deposit +eco fee



Loop Cold Pressed Juice
Assorted Varieties

3⁹⁹
355ml
+deposit +eco fee



Santa Cruz Organic Lemonade
Assorted Varieties

2/5⁰⁰
946ml
+deposit +eco fee



Las Margaritas Salsa
Medium & Hot

5⁴⁹
500g

Rocky Mountain Frozen



Artisan Pizza
Select Varieties

8⁹⁹
405-430g



Avalon Premium Organic Ice Cream
Assorted Varieties

8⁹⁹
946ml

Amy's Organic Frozen Vegetarian Burritos & Wraps



Assorted Varieties

2/5⁰⁰ 2/6⁰⁰
170g Regular 156g Gluten-Free

DELI

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you

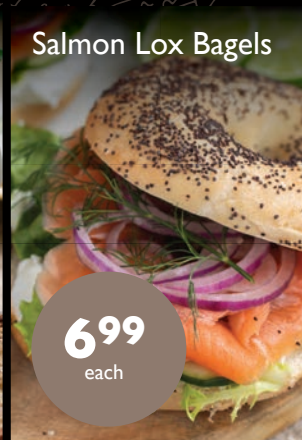
Prices Effective
April 30-May 6, 2020.

Choices' Own Fresh Soup



649
650ml

Salmon Lox Bagels



699
each

Choices' Own Praga Ham



299
/100g

Havarti Cheese



279
/100g

NEW!

Indianlife Roti Wraps Ready to Eat



2 for 400
113g

Traditional Cow Feta Cheese



189
/100g

Lemon Herb or Mexi Savoury Potatoe Wedges



500
350g

Arla Cheese Slices Assorted Varieties



499
145g

FRESH FROM OUR BAKERY

Choices' Own Alternative Flour Tarts: Pecan, Lemon & Berry Rhubarb



299
2 Pack

Choices' Own Garlic Bread Made with Roasted Garlic



399
320g

Choices' Own 9" Fruit Pies: Apple, Peach Medley & Berry Rhubarb



1099
each

Reminder on Physical Distancing

To all customers, please maintain physical distancing practices while shopping at Choices by keeping at least 2 metres between yourself, fellow shoppers and our employees. These guidelines are in place to protect the more vulnerable people in our community. Thank you for helping us do our part to flatten the curve.

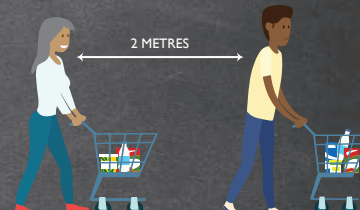
1

1 CUSTOMER USING THE BELT AT A TIME



2

KEEP 2 METRES APART AT ALL TIMES (Approximately 2 shopping cart lengths)



GROCERY

Casa Fiesta Mexican



Products

Assorted Varieties

30% off

assorted sizes
Regular Retail 1.89-5.99

La Preferida Organic
Beans, Chiles & Salsa



Assorted Varieties

30% off

assorted sizes
Regular Retail 2.99-7.49



Eden Organic
Refried Beans

Assorted Varieties

2/6⁰⁰

398ml



Simply Natural
Organic Dressings,
Salsa & Condiments

Assorted Varieties

30% off

assorted sizes
Regular Retail 5.79-10.99



Caulipower
CAULIFLOWER
Tortillas

original or gluten-free

7⁹⁹

150-200g

Choices' Own Frozen
Tortellini, Ravioli &
Gnocchi Pasta



Assorted Varieties

5⁹⁹

500g



Mezzetta
Pasta Sauce &
Marinara Sauce

Assorted Varieties

5⁹⁹

473 & 709ml



Felicetti
Organic Pasta

Assorted Varieties

2/6⁰⁰

340g

Sunrise Tofu &
Organic Pressed Tofu



Select Varieties

1²⁹-2⁹⁹

300-454g

Sol Cuisine Frozen
Vegan Burgers



Assorted
Varieties

3⁹⁹

226-284g

WELLNESS



Garden of Life
Dr. Formulated
Probiotics

Assorted Varieties

20% off

assorted sizes
Regular Retail 24.49-53.99



Manitoba Harvest
Hemp Yeah!
Protein Powders

Assorted Varieties

25% off

assorted sizes
Regular Retail 16.49-39.99



Thayers Witch
Hazel & Slippery
Elm Lozenges

Assorted Varieties

11⁹⁹ | 13⁹⁹

340ml
Witch Hazel

150 Pack
Slippery Elm Lozenges



Herbatint Natural
Permanent
Hair Colour

Assorted Varieties

16⁹⁹

1 Kit

Vega One All-in-One
Nutritional
Shakes & Vega
Sport Protein



48⁹⁹

827-876g
Vega One

42⁹⁹

801-837g
Sport Protein



Sukin Botanicals
Natural Face Care

Assorted Varieties

Buy One Get One Free

Regular Retail 11.29-25.99



Oneka Shampoo
& Conditioners

Assorted Varieties

11⁹⁹

500ml



Aura Cacia Essential
Oils & Oil Blends

Regular or Organic
Assorted Varieties

30% off

assorted sizes
Regular Retail 4.99-49.99

Natural Factors Vitamins
& Supplements



Bonus Bottles Only

Assorted Varieties

20% off

assorted sizes
Regular Retail 20.99-35.99



Nordic Naturals
Omega-3 Fish Oil
Supplements

Assorted Varieties

20% off

assorted sizes
Regular Retail 24.99-72.99



choicesmarkets.com

[f /ChoicesMarkets](https://www.facebook.com/ChoicesMarkets)

[@ChoicesMarkets](https://www.twitter.com/ChoicesMarkets)

[/Choices_Markets](https://www.instagram.com/Choices_Markets)

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.