



CHOICES FOR MOM!

100% BC OWNED AND OPERATED

4 DAY PLANT SALE AT THE DRIVE

1045 Commercial Drive
May 9-12, 2020

Organic
Broccolini
from USA

3⁹⁸

Bunch

Organic
Strawberries
from California

4⁹⁸

454g
Ready Cycle Package

BC Organic
Ground Beef
100% Grass Fed

9⁹⁹/lb

22.02kg

PLANT SALE

Potted Mums

6⁹⁹

6" Pot

Peonies

Assorted Varieties

11⁹⁹

1 Gallon Pot

FROM THE DELI:

Choices' Own Family Size Quiche

12⁹⁹

each

Local Boneless Pork Loin Chops

Raised Without Antibiotics

15.41/kg

6⁹⁹

/lb

Andalou Naturals Face
& Body Care Products

Select Varieties

40% off

Assorted Sizes
Regular Retail 2.99-33.49

Choices' Own Greek Salad

6⁹⁹

440g

Ritter Sport Chocolate Bars

Assorted Varieties

2.49-2.99

100g

Happy Planet Smoothies

Assorted Varieties

3⁹⁹

900ml
+deposit +eco fee

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you

Prices Effective
May 7-13, 2020.

PRODUCE

Organic Red Bunch Beets
Imported

2⁹⁸
Bunch

Romaine Hearts Imported

3⁹⁸
Package of 3

Whole Cantaloupe
Melons Imported

2⁹⁸
each

Organic Whole Red
Seedless Watermelon

6⁹⁸
each

MEAT

Canadian AAA Beef Ribeye Steaks
44.07/kg

1⁹⁹⁹
/lb

Choices' Own Sliced Turkey Breast
23.13/kg

1⁰⁴⁹
/lb

Top Sirloin Steaks
100% Grass Fed from Australia

9⁹⁹
/lb
Value Pack
22.02/kg

New Zealand Spring Lamb Loin
35.25/kg

1⁵⁹⁹
/lb

BC Whole Duck
11.00/kg

4⁹⁹
/lb

Local Skinless, Boneless
Chicken Breasts

15.41/kg

6⁹⁹
/lb

Organic Pork Back Ribs

Previously Frozen
15.41/kg

6⁹⁹
/lb

Simply West Coast Fish & Chips

7⁹⁹
454g

Raw Prawns
Previously Frozen
30.84/kg

1³⁹⁹
/lb

Fresh Steelhead Fillets

41.87/kg

1⁸⁹⁹
/lb

GROCERY

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Flow Alkaline
Spring Water
Assorted Varieties

Buy One Get One Free

6 Pack + deposit + eco fee
Regular Retail 10.99



Kettle Brand
Krinkle Potato Chips
Assorted Varieties

3.99
397g



Old Dutch
Restaurante Tortilla
Chips & Salsa
Assorted Varieties

2/6.00
assorted sizes



San Pellegrino
& Perrier
Sparkling Water
Assorted Varieties

2/4.00
750ml-1L
+deposit +eco fee

Coconut Bliss Frozen Dessert Bars



Assorted Varieties

5.99
3-4 Pack

Island Farms Ice Cream



Assorted Varieties

4.99-6.99
1.65L



Greenhouse Cold Pressed
Kombucha & Lemonade
Assorted Varieties

2/7.00
300ml
+deposit +eco fee

Nature's Bakery Fig Bars



Assorted Varieties

4.49
6 Pack

Larabar Energy Bars

Assorted Varieties



2/3.00 2.29
45-48g Single 16 Pack



Rumble Protein
Shakes
Assorted Varieties

2/6.00
330ml



Enjoy Life Allergen
Friendly Cookies &
Chocolate Chips
Assorted Varieties

3.99 4.99
170g Cookies 283g Chocolate Chips



Choices' Own
Sprouted Vegan Cookies

4.99
312g



Two Bears Oat
Milk Lattes &
Cold Brew Coffee
Assorted Varieties

2/6.00
250ml
+deposit +eco fee



GimMe Organic
Seaweed Snacks
Assorted Varieties

2/3.00 2/4.00
5g 10g

Want Want Super Slim Rice Crisps &
Hot Kid Rice Crisps



Assorted Varieties

2/6.00 2/5.00
100g Want Want Super Slim Rice Crisps 100g Hot Kid Rice Crisps



Theo Organic
Chocolate Bars
Assorted Varieties

2/7.00
36g & 85g



Paqui Tortilla Chips
Assorted Varieties

2/7.00
155g



Frontera Mexican
Skillet Sauces & Salsa
Assorted Varieties

2/7.00 2/5.00
assorted sizes Salsas assorted sizes Skillet Sauces

GROCERY



Earth's Own
Dairy-Free Oat
Beverages

Select Varieties

2/7⁰⁰ 2/8⁰⁰
1.75L Original & Vanilla
1.75L Chocolate



Level Ground
Organic
Fair Trade Coffee

Assorted Varieties

7⁹⁹
300g



Traditional Medicinals
Organic Tea

Assorted Varieties

4⁴⁹
20 Tea Bags



Greenhouse Almond
& Oat Beverages

Assorted Varieties

6⁴⁹ 6⁹⁹
946ml Almond
946ml Oat



Evive Frozen
Smoothie Cubes

Assorted Varieties

7⁹⁹
405g



Nature's Nuts
Organic Almond Butter
& Peanut Butter

Assorted Varieties

4⁹⁹ 11⁹⁹
500g Peanut Butter 340g Almond



Canadian Heritage
Organic Maple Syrup

Assorted Varieties

11⁹⁹
500ml

Van's Gluten-Free Frozen Waffles



Assorted Varieties

2/7⁰⁰
255g



Choices
Gluten-Free
Fluffy Bread

White & Whole Grain

4⁹⁹
454g



Elias Liquid Honey

Select Varieties

6⁴⁹
375g



Tree Island
Greek Yogurt

Assorted Varieties

3⁹⁹
325-350g

Riviera Petit Set Style Yogurt



Assorted Varieties

4²⁹
4 Pack

Armstrong Cheese

Assorted Varieties



8⁹⁹
600g



Tre Stelle
Shredded Cheese

Assorted Varieties

4⁴⁹
170-200g

Basic Roots Dairy-Free

Cheeze Spreads



Assorted Varieties

6⁹⁹-7⁹⁹
130-200g



Slice of Life Low
Carb Bread & Buns

Assorted Varieties

9⁹⁹
550-590g



Silver Hills Sprouted
Power Fresh Bread

Assorted Varieties

2/8⁰⁰
430-615g

Liberté Organic Butter

Salted & Unsalted



6⁹⁹
454g

DELI

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Spinach & Feta or
Ricotta & Feta Twisters

**2 for
500**
210g

Krinos' Tzatziki

1 49
/100g

Ile de France Brie
Cheese Wedges

3 99
/100g

Happy Days
Soft Goat Cheese
Assorted Varieties

4 99
140-150g

Green Olives with Tangerine & Chilis

2 19
/100g

Black Forest,
Honey or Old
Fashioned Ham

2 19
/100g

Choices' Own
Wild Salmon Cakes

**2 for
700**
140g

Tre Stelle Crumbled
Feta Cheese

4 99
150g

FRESH FROM OUR BAKERY

Choices' Own
Whole Wheat Bread

4 99
530g

Choices' Own Keto
Baked Products: Donut Bites,
Coconut Muffins, Roasted Red
Pepper & Cheddar Cornbread

**from
3 49**
3-6 pack
& 120g

Choices' Own
5" Dessert Cakes:
Devils Food & Red Velvet

7 99
250-300g

Choices' Own
Alternative Flour Cookies
Assorted Varieties

**4 99
5 49**
80-120g

A Special Thank You

To everyone working on the front lines during these unprecedented times.
Thank you for keeping us healthy, happy and well fed!

GROCERY



Choices Organic
Canned Beans
Assorted Varieties

2/300
398ml

Spread'Em Almond Based



Cheeze's &
Vegan Butter
Assorted Varieties

699 799
227g Butter 200g Cheeze

Rizopia Organic
Rice & Quinoa Pasta
Assorted Varieties



30% off
340g-454g
Regular Retail 3.29-4.99

Ginger People
Sauces, Ginger,
Candies & Juice
Assorted Varieties



30% off
assorted sizes
Regular Retail 2.29-8.99

Maison Orphée
Organic Cooking Oils
Select Varieties



899-1299
500-750ml

Nutiva Liquid
& Refined
Coconut Oils
Select Varieties



25% off
assorted sizes
Regular Retail 7.99 -20.99

Wholly Veggie Frozen Pizzas,
Bites & Burgers
Assorted Varieties



30% off
assorted sizes
Regular Retail 7.99-12.99

Caulipower Frozen Pizza
Assorted Varieties



Assorted Varieties

849
330-340g

Nando's PERi-PERi
Sauces & Perinaise
Assorted Varieties



449-599
250-255ml

Fody Low Fod Map
Condiments,
Sauces & Dressings
Assorted Varieties



30% off
assorted sizes
Regular Retail 2.49-7.99

WELLNESS



Garden of Life
Proteins &
Sport Nutrition
Products
Assorted Varieties

20% off
assorted sizes
Regular Retail 43.49-68.99



Smart Solutions
Lorna Vanderhaeghe
Magnesium
Supplements
Assorted Varieties

1899 2599
200g 90 caps



Whole Earth &
Sea Multivitamins
Mens & Womens,
Regular & 50+

3199 5999
60 Tabs 120 Tabs



Pranin Organic Purefood
Purefood B, Purefood C,
Purefood Iron, &
Complete A to Z
Assorted Varieties

20% off
assorted sizes
Regular Retail 35.99-85.99



Renew Life
Vitamins &
Supplements
Assorted Varieties

25% off
assorted sizes
Regular Retail 16.49-72.99



Flora Udo's
Choice 3.6.9
Blend & DHA
Oil Blend
Assorted Varieties

20% off
assorted sizes
Regular Retail 17.99-48.99

Bio-K Plus Probiotics



Assorted Varieties

25% off
6 Packs
Regular Retail 16.49-26.99



South of
France Soap
Bars or Liquids
Assorted Varieties

649
236ml Liquid or
170g Bar



Divine Essence
Organic Essential
Oils & Body Care
Products
Select Varieties

20% off
select sizes
Regular Retail 7.99-129.99



Mineral Fusion Natural
Cosmetics & Nail Polish
Assorted Varieties

**Buy One
Get One Free**
assorted sizes • Regular Retail 11.99-47.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.