



WEEKLY CHOICES!

100% BC OWNED AND OPERATED



BC Organic
Black or
Green Kale
Longview Farm

2.98

each

Lamb Burgers
Made In Store

11.99/lb
26.43kg

Organic Red
Seedless Grapes
From Mexico

3.98/lb
8.77kg

FROM THE DELI:

Choices' Own
Ready To Eat Green Salads

Assorted Varieties

5 New
Varieties!

**4.49-
7.49**

Choices' Own Ready to Eat Salmon
Wraps, Bagels, Entrees & Salads

**20%
off**



Ribeye Steaks 100%
Grass Fed from Australia

Value Pack

35.25/kg

15.99
/lb

Organic Peaches from California
8.77kg

3.98
/lb



Smart Sweets
Low Sugar Candy

Assorted Varieties

2/6.00
50g



withinUs TruMarine Collagen,
Matcha Misto, Coconut
Creamer &
Rehydrate

Assorted Varieties

20% off

Assorted Sizes
Regular Retail 26.99-79.99



Rise Organic Kombucha

Assorted Varieties

5.99
1L

+deposit +eco fee

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you

Prices Effective
June 4 -10, 2020.

PRODUCE

Organic Nectarines from California
8.77/kg

3⁹⁸
/lb

Organic Apricots from California
13.18/kg

5⁹⁸
/lb

Celery from California
2.16/kg

.98
/lb

MEAT

Chicken Kabobs
Made In-Store
17.61/kg

7⁹⁹
/lb

Venison Leg Steaks
44.07/kg

1⁹⁹⁹
/lb

Boned Broth
Chicken or Beef

9⁹⁹
460ml



Local Fresh Whole Duck
11.00/kg

4⁹⁹
/lb

Ocean Mama
Seafood Products
Assorted Varieties
& Sizes

**10%
off**



Boneless Pork Chops
Raised Without Antibiotics, Value Pack
17.61/kg

7⁹⁹
/lb

Victoria Acres Smoked
Turkey Drumsticks
19.82/kg

8⁹⁹
/lb



Fresh Steelhead Fillets
37.46/kg

1⁶⁹⁹
/lb

Local Organic Lean Ground
Beef 100% Grass Fed

Value Pack
24.23/kg

10⁹⁹
/lb

Choices Ground Dark Meat Turkey
17.61/kg

7⁹⁹
/lb

Fresh Tilapia Fillets
15.41/kg

6⁹⁹
/lb

GROCERY

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La Croix Sparkling Water



Assorted Varieties

549

8 Pack
+deposit +eco fee



Hardbite Natural Potato Chips

Assorted Varieties

2/500

128-150g



Fresh Is Best Tortilla Chips & Salsa

Assorted Varieties

399

assorted sizes



Fentiman's Craft Soda & Tonic Water

Assorted Varieties

699

4 Pack
+deposit +eco fee



Old Dutch Potato Chips

Assorted Varieties

2/500

assorted sizes



Seattle Chocolate Chocolate Bars

Assorted Varieties

379

70g



R.W. Knudsen Juice

Select Varieties

30% off

750-946ml + deposit +eco fee
Regular Retail 6.99-15.99



Ceres 100% Juice

Assorted Varieties

2/600

1L
+deposit +eco fee



Vita Coco Coconut Water

Assorted Varieties

2/500 399

500ml 1L
+deposit +eco fee +deposit +eco fee



Santa Cruz Organic Lemonade

Assorted Varieties

2/500

946ml
+deposit +eco fee

Bobo's Gluten-Free Oat Bars

Assorted Varieties



2/400

71g & 85g



GluteNull Keto Cookies

Assorted Varieties

699

210-220g



Vibe Electrolyte Tea

Assorted Varieties

2/500

500ml
+deposit +eco fee

Amy's Organic Frozen Pizza

Assorted Varieties



699-899

assorted sizes



Deebee's Organic SuperFruit Freezes & TeaPops

Assorted Varieties

449 599

4 Pack Tea Pops 12 Pack Freezes



Island Farms Ice Cream

Assorted Varieties

599-649

1.65L



Nadamoo Organic Dairy-Free Frozen Dessert

Assorted Varieties

599-699

473ml



So Delicious Frozen Dessert

Assorted Varieties

499

500ml

GROCERY



Earth's Own
Dairy-Free Beverages
Assorted Varieties

3.99
1.89L

Stahlbush Island Farms Sustainable
Frozen Fruit
Assorted Varieties



4.79
227-300g



Silk True Almond
Beverages
Assorted Varieties

2/5.00
946ml



Earth's Choice
Organic
Peanut Butter
Assorted Varieties

4.99
500g



Bonne
Maman Jam
Assorted Varieties

4.99
250ml



Earth Balance
Dairy-Free Spreads
Assorted Varieties

25% off
assorted sizes
Regular Retail 6.99-15.99



Nature's Path
Organic Love
Crunch Granola
Assorted Varieties

4.79
325g



Salt Spring Organic
Fair Trade Coffee
Assorted Varieties

11.99
400g



Numi Organic Tea
Assorted Varieties

5.99
12-18 Pack



Wise Bites
Quinoa Muffins
Assorted Varieties

6.99
340g



Riviera Organic
Greek Yogurt
Assorted Varieties

5.49
650 & 750g



Tree Island
Cream Top Yogurt
Assorted Varieties

3.99
500g

Tre Stelle Mozzarella Cheese Ball



6.49
340g



L'Ancetre Organic Cheese
Assorted Varieties

25% off
200g
Regular Retail 7.99-12.99



Happy Planet
Organic Fresh Juice
Assorted Varieties

3.99-4.99
1.75-1.89L
+deposit +eco fee

Dairyland Cottage Cheese



Assorted Varieties

2.99
500g



Dairyland Milk 2Go
Assorted Varieties

2/3.00
325 & 473ml



V.I.P. Natural Liquid
Laundry Detergent
Assorted Varieties

**Buy One
Get One Free**
2.95L • Regular Retail 12.49

DELI

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Prices Effective
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Choices' Own Natural
Black Forest or Honey Ham

329
/100g

New Choices' Own
Soba Noodle or Thai
Beef Noodle Bowl

**699-
749**

Le Grand
Fresh Pestos &
Chimichurri
Assorted Varieties

**2 for
800**
170g

Tre Stelle Bocconcini
Assorted Varieties

499
200g

Spinach & Feta or Ricotta
& Feta Phyllo Twisters

**2 for
500**

Traditional Greek
Halloumi Cheese

699
each

Local Natural
Pastures Cheese
Assorted Varieties

**20%
off**

Bella Casa
Ricotta, Burrata
or Buffalo Fresh
Mozzarella Cheese

**699-
1199**

FRESH FROM OUR BAKERY

Choices' Own KETO Desserts

Low Carb Chocolate
Mousse

**2 for
600**
90g

Chocolate Coconut
Fat Bombs

749
130g

Choices' Own Scones
Cheese, Chocolate & Blueberry

299
2 Packs

Choices' Own Cake Slices
Assorted Varieties

319
120-150g

Let's Break Some Bread

Choices' Own Bread:

**The Bakers
Mezzo Bastone**

149
250g

**The Bakers
Crusty Loaf**

229
450g

**Sourdough
Baguette**

329
330g

GROCERY



Primal Kitchen
Salad Dressings,
Oils & Condiments
Assorted Varieties

30% off

assorted sizes
Regular Retail 7.59-19.99



Choices Extra
Virgin Olive Oil

5⁹⁹
500ml



Simply Organic
Bottled Spices
Assorted Varieties

30% off

assorted sizes
Regular Retail 6.99-22.99



Mezzetta
Peppers,
Olives & Pestos
Assorted Varieties

30% off

assorted sizes
Regular Retail 4.39-9.69



Omega Nutrition Organic
Coconut Oil
Assorted Varieties

30% off

assorted sizes
Regular Retail 12.49-21.99



Bragg
Organic Apple
Cider Vinegar

3⁹⁹ 5⁹⁹
473ml 946ml



Di Martino
Pasta
Assorted Varieties

2/5⁰⁰
250-500g



Rao's
Homemade
Pasta Sauce
Assorted Varieties

8⁹⁹
680ml

Field Roast Vegan Chao
Slices, Sausages &
Frankfurters
Assorted Varieties

4⁹⁹

assorted sizes

Sunrise Tofu & Tofu
Shirataki Noodles



Assorted Varieties

1.49-2.49

assorted sizes

WELLNESS



AOR Vitamins
& Supplements
Assorted Varieties

20% off

assorted sizes
Regular Retail 29.99-124.99

Bio-K Plus Probiotics



Assorted Varieties

35⁹⁹ 38⁹⁹

12 Pack
Dairy

12 Pack
Rice or Soy



Garden of Life
Dr. Formulated
Probiotics
Assorted Varieties

20% off

assorted sizes
Regular Retail 24.49-53.99



Vega One
All-in-One
Nutritional
Shakes
Assorted Varieties

48⁹⁹
827-876g

Prairie Naturals Vitamins,
Supplements
& Body Care
Assorted Varieties

20% off

assorted sizes
Regular Retail 1.89-79.99



Smart Solutions
Lorna Vanderhaeghe
Vitamins &
Supplements
Assorted Varieties

25% off

assorted sizes
Regular Retail 1.49-96.99



Progressive
Adult & Kids
Multivitamins
Assorted Varieties

25% off

assorted sizes
Regular Retail 18.99-42.99



Nutiva Organic
MCT Oil
Assorted Varieties

1⁹⁹ 3³⁹

473ml

946ml



Bach Flower
Remedies
Assorted Varieties

20% off

assorted sizes
Regular Retail 5.49-19.49

NOW Essential Oils



Select Varieties

20% off

assorted sizes
Regular Retail 7.29-119.99



choicesmarkets.com

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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.