



VEGAN CHOICES!

100% BC OWNED AND OPERATED



Organic Ataulfo Mangoes Imported from Mexico
4/500

New!
Choices' Own Mango Fresh Noodle Wrap
4.99 each



Organic Whole Cantaloupe Imported from Mexico

1.98 each



Vegan Pies: Black Bean & Quinoa, Potato & Turmeric, Red Lentil or Shepherd's Pie



2 for 8.00
250-500g



New! Choices' Own Vegan Soba Noodle or Umami Salad Bowls



5.99 each



BC Grown White Nugget Potatoes
3.04/kg



1.38 /lb

Gardein Vegan Meat Alternatives

Assorted Varieties



4.49
assorted sizes

Spread'em Vegan Dips & Spreads

Assorted Varieties



5.49-6.99
183g

New from the Bakery:

Choices' Own Morning Glory Muffins



3.49
Minis 4 Pack

5.49
Regular 4 Pack

Iron Vegan Sprouted Protein or Athlete's Blend Protein

Iron Vegan Bars & Glutamine

Assorted Varieties



20% off 58.99

Iron Vegan Bars & Glutamine Assorted Sizes Regular Retail 3.49-40.99

Iron Vegan Sprouted Protein or Athlete's Blend Protein 1kg

Desert Essence Shampoo, Conditioner & Lotion

Assorted Varieties



9.99
236ml

Physical Distancing: Please remain 2 metres from others. One customer using the checkout belt at a time. Thank you

Prices Effective June 11-17, 2020.

PRODUCE

Organic Ruby Grapefruit

4 for 5.00



Green Seedless Grapes Imported from Mexico

2.98 /lb 6.57kg



Organicgirl Salad Mixes

Assorted Varieties
Regular Retail 4.98 each

1.00 Off
142g Package



Organicgirl Salad Dressings

Assorted Varieties
Regular Retail 7.98 each

2.00 Off
236ml

5 Vegan Varieties!



MEAT

Thomas Reid Whole Organic Chicken

13.21/kg

5.99 /lb



New Zealand Spring Lamb Loin Chops

30.84kg

13.99 /lb



Bo & Marrow Frozen Broths & Collagen Soup

Assorted Varieties

7.59-9.99
591ml



Ground Pork

Raised Without Antibiotics

11.00/kg

4.99 /lb



Harvest Bacon

10.99
500g



Organic Pork Back Ribs

Previously Frozen **13.21/kg**

5.99 /lb



Halibut Burgers

Previously Frozen

7.99
4 oz 2 pack



Fresh BC Spot Prawn Tails

66.12/kg

29.99 /lb

WHILE STOCKS LAST!



Whole Rainbow Trout

24.23kg

10.99 /lb



GROCERY

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Prices Effective
June 11-17, 2020.



GT's Organic Raw Kombucha
Assorted Varieties



7⁹⁹
1.4L • +deposit +eco fee



Prana Organic Nut Mixes
Assorted Varieties



30% off
150g
Regular Retail 4.79-8.99



Haribo Gummy Candy
Assorted Varieties

2/5⁰⁰
175g



Greenhouse Organic Cold Pressed Juice
Assorted Varieties

4⁹⁹
300ml • +deposit +eco fee



Bottle Green Pressed Juice & Cordial
Assorted Varieties

4⁴⁹ 7⁹⁹
750ml Juice 500ml Cordial
+deposit +eco fee +deposit +eco fee



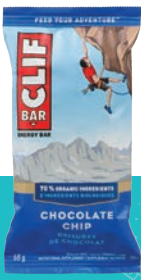
Green & Black's Organic Fair Trade Chocolate Bars
Assorted Varieties

2/7⁰⁰
90g



Happy Planet Smoothies
Assorted Varieties

3⁹⁹
900ml • +deposit +eco fee



Clif Energy Bars
Select Varieties

10/10⁰⁰
68g



Hornby Organic Energy Bars
Assorted Varieties

2/5⁰⁰
70-80g



Blue Monkey Sparkling Coconut Water & Sparkling Fruit Juice
Assorted Varieties



2/3⁰⁰ 2/4⁰⁰
330ml Coconut Water 330ml Juices
+deposit +eco fee +deposit +eco fee

Hot Kid Rice Crisps & Want Want Super Slim Crisps



Assorted Varieties

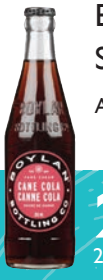
2/5⁰⁰ 2/6⁰⁰
100g Hot Kid Rice Crisps 100g Want Want Super Slim



Plum-M-Good Organic Rice Thins & Cakes
Assorted Varieties



2/5⁰⁰ 2/7⁰⁰
95g Thins 130-133g Cakes



Boylan Craft Sodas & Mixers
Assorted Varieties

2/4⁰⁰
296-355ml • +deposit +eco fee

Coconut Bliss Organic Plant Based Frozen Dessert



Assorted Varieties

5⁹⁹
473ml

Righteous Gelato & Sorbetto



Assorted Varieties

6⁹⁹
562ml



Fiji Natural Artesian Water

2/4⁰⁰ 2/5⁰⁰
1L 1.5L
+deposit +eco fee +deposit +eco fee

Ben & Jerry's Ice Cream



Assorted Varieties

5⁴⁹ 6⁴⁹
500ml Regular 500ml Dairy-Free



Southern Recipe Keto Pork Rinds
2 Varieties

2/7⁰⁰
85g

GROCERY



Anita's Organic Oats,
Baking Mixes & Flour



Assorted Varieties

25% off

assorted sizes
Regular Retail 6.99-13.49



Barbara's
Puffins Cereal



Cinnamon or
Peanut Butter

2/7⁰⁰

285-312g



Choices Fruit
& Nut Granola

6⁹⁹

400g

Armstrong Cheese

Assorted Varieties



9⁹⁹

600g

Choices Organic Cheese

Assorted Varieties



7⁴⁹

235g



Saputo
Shredded Cheese

Assorted Varieties

3⁹⁹ 5⁹⁹

170g

320g



Earth's Choice Organic
Rainforest Alliance
Certified Coffee



Assorted Varieties

8⁹⁹

340g



Commercial Drive
Organic Coffee



Assorted Varieties

8⁹⁹

300g



Califia Cold Brew Coffee
& Oat Beverage



Plain or Vanilla

2/6⁰⁰

295 & 310ml



Choices
Organic Milk

Assorted Varieties

4⁹⁹

2L



Earth's Own Almond
& Oat Beverages



Select Varieties

2/6⁰⁰

946ml

Tree Island Cream Top Yogurt

Plain or Vanilla



8⁹⁹

1.5kg

Nuts to You Cashew & Almond
Cashew Butter



Select Varieties

4⁹⁹ 7⁹⁹

250g
Almond

365g Almond
Cashew



St. Dalfour Jam
& Marmalade



Assorted Varieties

4⁴⁹

225ml

Earthbound Farm Organic Frozen
Fruit & Vegetables



Assorted Varieties

30% off

300g

Regular Retail 4.49-6.49



Canadian Heritage
Organic Maple Syrup

Assorted Varieties



20⁹⁹

1L

Fraser Valley Butter

Salted & Unsalted



5⁴⁹

454g



Unbun Keto Buns

Assorted Varieties

7⁹⁹

350g Buns

5⁹⁹

260g Mini Baquette

DELI

Physical Distancing: Please remain 2 metres from others. One customer using the checkout belt at a time. Thank you

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Choices' Own Potato, Coleslaw or Macaroni Salads



1 69
/100g

Krinos Traditional Cow Feta Cheese



krinos

1 79
/100g

Saputo Mozzarella Fresca



6 99
250g

Summer Fresh Dips & Hummus

Assorted Varieties



2 for 7 00
227g

Boursin Cheese



5 99
150g

Rosdown Roasted Chickens



8 99
each

Imported Swiss Gruyere or Emmental Cheese



3 99- 5 49
/100g

FRESH FROM OUR BAKERY

Choices' Own Whole Wheat & Multigrain Bread



4 99
530g

Choices' Own Tarts
Berry Rhubarb, Lemon & Pecan



2 99
75-80g

Choices' Own Keto Puddings: Peanut Butter, Blackberry & Strawberry/Raspberry



2 for 7 00
150g

Choices' Own Cheesecake including Keto



2 Varieties

3 29
60-80g

NEW! Online Seminars

Seminars offered online, via video conference. Must have email address to sign-up.

Thursday, June 18th | 6:30-8:00 pm

Practices to Awaken the Body's Innate Healing Potential: through Integrative Energy Healing

With Debra Winter, Advanced Integrative Energy Healing Practitioner, CAIEHP

Join Debra to learn about the subtle energy system of the body and our innate potential to heal body, mind and spirit.

Free Event. Register online at choicesmarkets.com/events.

Details to join seminar will be available by email once sign-up is completed.

Choices Markets Full Circle Top Soil



20L Bag

2 for 10 00

GROCERY

Beyond Meat
Plant Based Burger



649
226g

Amy's Organic Frozen Burgers



549 **649**
284g California Burger 284g Sonoma Burger

Daiya Frozen Vegan Pizzas
Assorted Varieties



599
assorted sizes

Wildbrine Organic Kimchi & Sauerkraut Assorted Varieties



699
500ml

Cape Herb & Spice Seasonings
Select Varieties



30% off
assorted sizes
Regular Retail 7.99-16.99

Choices Small Batch Gourmet Salsa Assorted Varieties



599
750ml

Maison Orphée Cooking Oils
Assorted Varieties



30% off
Regular Retail 11.49-19.99

Bella Sun Luci Sun Dried Tomato Pesto & Bruschetta Assorted Varieties



299-499
99g & 251ml

Granny's Liquid 2X HE Laundry Detergent



599
3.78L

Cascades Extreme Tuff Paper Towels & Ultra Fluff Toilet Paper Assorted Varieties



699 **899**
6 Pack Paper Towels 12 Pack Toilet Paper

WELLNESS

Andalou CannaCell & Andalou Men's Facial & Body Care Assorted Varieties



35% off
assorted sizes
Regular Retail 12.49-28.99

Natural Factors & Whole Earth & Sea Vitamins & Supplements Assorted Varieties



20% off
assorted sizes
Regular Retail 3.79-82.99

All Products on Sale!

Sisu Kids Vitamins & Supplements Select Varieties



25% off
assorted sizes
Regular Retail 6.79-29.99

Sealicious Omega-3 Fish Oil Select Varieties



2299 **3599**
250ml 500ml

Green Beaver Face Care, Body Care & Sunscreens Assorted Varieties



25% off
Assorted Sizes
Regular Retail 6.79-23.99

Mad Hippie Natural Cosmetics & Facial Care Assorted Varieties



15% off
assorted sizes
Regular Retail 20.99-51.99

Manitoba Harvest Hemp Hearts Assorted Varieties



25% off
assorted sizes
Regular Retail 2.99-99.99

Nature Clean Hand Soap Assorted Varieties



549
415-500ml

St. Francis Herb Farm Herbal Tinctures Assorted Varieties



20% off
assorted sizes
Regular Retail 18.99-38.99

Dr. Bronner's Non-GMO Organic Castile Soap Assorted Varieties



1099
472ml



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.