



BC DAY SPECIALS!

100% BC OWNED AND OPERATED

Local Boneless Skinless Chicken Breasts

Value Pack
15.41kg

6⁹⁹
/lb

BC PRODUCT!

Farmcrest Non-Gmo Roasted Chickens

BC PRODUCT!

13⁹⁹
each

Strawberries

3⁹⁸
1 Pint Package

BC GROWN!

Choices' Own Family Size Quiche

Assorted Varieties

BC PRODUCT!

12⁹⁹
each

Organic Blueberries from Myers Organic Farms

24⁹⁸
2.27kg Box

BC GROWN!

First of the Season! Organic Vista Bella Apples

4⁹⁸
1.36kg

BC GROWN!

Choices' Own Party Size Cakes

Including Decadent Chocolate, Carrot Cake, Tuxedo Cake & Ganache Cake

BC PRODUCT!

11⁹⁹
600g

TMRW Plant Based Burger



BC PRODUCT!

6⁹⁹
226g



Zazubean Organic Fair Trade Chocolate Bars

Assorted Varieties

BC PRODUCT!

2/7⁰⁰
85g

Ener-C Effervescent Vitamin C

& Ener-C Sport

Assorted Varieties



BC PRODUCT!

14⁹⁹
30 Pack Ener-C Effervescent Vitamin C

7⁹⁹
12 Pack Ener-C Sport

Physical Distancing: Please remain 2 metres from others. One customer using the checkout belt at a time. Thank you

Prices Effective
July 30 - August 5, 2020.

PRODUCE

**Organic Green, Rainbow
& Red Chard from
Myers Organic Farms**

BC
GROWN!

1.98
Bunch

Broccoli Crowns
4.37/kg

BC
GROWN!

1.98
/lb

Organic Rainier Cherries
22.00/kg

BC
GROWN!

9.98
/lb

MEAT

Local Pork Back Ribs

Raised Without Antibiotics

19.82/kg

BC
PRODUCT!

8.99
/lb

Chicken Kabobs

Made In-Store

19.82/kg

BC
PRODUCT!

8.99
/lb

Local Boneless Duck Breasts

37.46/kg

BC
PRODUCT!

16.99
/lb

**100% Grass Fed Beef
Ribeye Steak from Australia**

Value Pack 26.43/kg

11.99
/lb

**Choices' Own Boneless
Skinless Sliced Turkey Breast**

23.13/kg

BC
PRODUCT!

10.49
/lb

100% Grass Fed Beef Sliders

Made In-Store

19.82/kg

8.99
/lb

**New Zealand
Spring Lamb Burgers**

13.99
568g

Fresh Turkey Sausages

Made In-Store

17.61/kg

BC
PRODUCT!

7.99
/lb

Sila Salami

Assorted Varieties

10.99
300g

Fresh Steelhead Fillets

37.46/kg

BC
PRODUCT!

16.99
/lb

Fresh Canadian Char Fillets

41.87/kg

18.99
/lb

GROCERY

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**Kettle Brand
Potato Chips**
Assorted Varieties

2/5⁰⁰
170-220g



**Organic Traditions
Superfoods**
Assorted Varieties

25% off
assorted sizes
Regular Retail 5.99-66.99



**NoochPop
Nutritional Yeast
Popcorn**
Assorted Varieties

3⁹⁹
120g



Rise Organic Kombucha
Assorted Varieties

2/6⁰⁰
414ml • +deposit +eco fee



**Santa Cruz
Organic Lemonade**
Assorted Varieties

2/5⁰⁰
946ml • +deposit +eco fee



**Clif Nut Butter Filled Bars
& Whey Protein Bars**
Assorted Varieties

2/3⁰⁰ 2/4⁰⁰
50g Nut Butter Filled 56g Whey Protein Bars



Happy Planet Smoothies
Assorted Varieties

3⁹⁹
900ml • +deposit +eco fee



**Hot Kid Rice Crisps &
Want Want Super Slim Crisps**



Assorted Varieties

2/5⁰⁰ 2/6⁰⁰
100g Hot Kid 100g Want Want



**Love Child Organic
Baby Food & Snacks**
Assorted Varieties

30% off
assorted sizes
Regular Retail 1.99-5.69

**Perrier Slim Cans & Perrier
and Juice**
Assorted Varieties



5⁹⁹ 7⁹⁹
6 Pack Perrier & Juice 10 Pack Slim Cans
+deposit +eco fee +deposit +eco fee



**Deebee's Organics
Superfruit
Organic Freezies**

5⁹⁹
12 Pack

Island Farms Ice Cream



Assorted Varieties



4⁹⁹-5⁹⁹
1.65L



**Blue Monkey
Coconut Water**
With or Without Pulp

3/5⁰⁰
520ml • +deposit +eco fee



**Choices Gourmet
Small Batch Salsa**
Assorted Varieties

5⁹⁹
750ml



**Late July Cantina
Dippers & Organic
Tortilla Chips**
Assorted Varieties

3⁹⁹
227-312g



**Whistler Glacial
Spring Water**



2/7⁰⁰
4L • +deposit +eco fee



**Vita Coco
Coconut Water**
Assorted Varieties

2/5⁰⁰ 2/7⁰⁰
500ml +deposit +eco fee 1L +deposit +eco fee



**Seventh Generation
Natural Dish Liquid**
Assorted Varieties

2/6⁰⁰
739ml

GROCERY

Nature's Path Organic Eco Pack
Cereal & Enviropaks
Organic Enviropaks
Assorted Varieties



8⁹⁹
assorted sizes

Bob's Red
Mill Muesli
Assorted Varieties



4⁹⁹-11⁹⁹
assorted sizes

Choices
Fruit & Nut Granola



**BC
PRODUCT!**
6⁹⁹
400g

Blue Diamond
Almond Breeze
Assorted Varieties



2/4⁰⁰
946ml

Greek Gods Organic Yogurt & Greek
Plain Yogurt
Assorted Varieties



3⁹⁹
500g

Tree Island Cream Top Yogurt
Assorted Varieties



**BC
PRODUCT!**
3⁹⁹ 8⁹⁹
500g 1.5Kg

Ethical Bean Organic
Fair Trade Coffee
Assorted Varieties



6⁹⁹ 9⁹⁹
227g Ground 340g Whole Bean

Elias Creamed, Liquid
& Raw Honey



**BC
PRODUCT!**
9⁹⁹ 11⁹⁹
1L Creamed & Liquid 1kg Raw

Uncle Luke's
Organic Maple Syrup
Assorted Varieties



10⁹⁹
500ml

Nature's Nuts
Organic Peanut &
Almond Butter
Assorted Varieties



12⁹⁹ 54⁹
340g 500g
Almond Butter Peanut Butter

Silver Hills Organic
Sprouted Breads
Queen's Khorasan,
20 Grain Train, & Big Red



2/7⁰⁰
510 & 675g

**BC
PRODUCT!**

Ozery One Bun
& Brioche Bites



2⁹⁹-4⁹⁹
assorted sizes

Armstrong Cheese
Assorted Varieties



9⁹⁹
600g

Saputo Lite
Mozzarellissima
Cheese



54⁹
454g

Saputo Shredded
Cheese
Assorted Varieties



3⁹⁹ 54⁹
170g 320g

Nature's Farm Free Run
Omega-3 Large Eggs



4⁹⁹
1 Dozen

Choices
Gluten-Free Bread



**BC
PRODUCT!**
3⁹⁹
454g
Fluffy White or Whole Grain

Nature Clean Natural
Cleaning Products
Assorted Varieties



30% off
assorted sizes
Regular Retail 4.99-22.99

DELI

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Prices Effective
July 30 - August 5, 2020.

Choices' Own Family Size Salads

Assorted Varieties

BC
PRODUCT!

799-
999

Kalamata Olives

149
/100g

Summer Fresh Dips & Hummus

Assorted Varieties

2 for
700

227g

Arla Cheese Slices

Assorted Varieties

499
125-175g

Choices' Own Macaroni, Coleslaw or Potato Salad

BC
PRODUCT!

2 for
1000

Medium

Choices' Own Mango, Roasted Corn or Tomato Salsa

BC
PRODUCT!

499
360g

Ile De France Brie, Imported From France

399
each

Bella Casara Burrata Cheese

BC
PRODUCT!

1099
250g

CHOICES' OWN FRESHLY BAKED GOODS

BC
PRODUCT!

Perfect for your Summer BBQ!

Hamburger, Hot Dog & Slider Buns

449
6 & 12 Pack

Premium Cookies

Brownie, Almond Crunch, Salted Tahini
Chocolate Chunk & Peanut Butter Nest

599
6 Pack

Tasty Tarts

Pecan, Lemon & Berry Rhubarb

299
2 Pack

Proud Of Our Produce



At Choices, the BC Day long weekend is our favourite of the year – it's the real beginning of 'BC Season' - in our hearts and on our shelves.

We commit to buying and supplying BC product first all through the year, but in August, we have access to more product than any other time of the year.

We are thrilled to bring you loads of berries, and, the first apples of the season. Of course we'll have cherries, and local grapes. All kinds of melons show up, with peaches, plums, and nectarines on their way. We've got arugula, beans and beets and boks and brocs, cabbage, cauliflower, celery, chard, corn, and cucumbers to name a few 'c's. Fresh herbs are in season and eggplant is here, 6 varieties of fresh garlic make it to our shelves. Kales, lettuces, and green onions, are still thriving, while field grown peppers and tomatoes will burst on the scene.

All colours of potatoes are here to stay, and let's not forget about zucchini and other soft summer squashes.

From our Grower partners to your tables - in August we bring you the 'A - Z' of B.C.'s bounty and we couldn't be happier about it.

GROCERY

Righteous Gelato

& Sorbetto

Assorted Varieties



6⁹⁹

562ml

Hilary's Eat Well Frozen

Organic Veggie Burgers

Assorted Varieties



2/6⁰⁰

181g

WELLNESS

NutraSea Omega-3,
Omega-3 + Vitamin D
& HP Fish Oil

Select Varieties



25% off

assorted sizes
Regular Retail 23.99-99.99

Andalou Naturals
Face & Body Care

Select Varieties



25% off

assorted sizes
Regular Retail 2.99-41.49

Di Martino
Pasta

Assorted Varieties



2/5⁰⁰

250-500g

Mezzetta Peppers,
Olives & Pesto

Assorted Varieties



30% off

assorted sizes
Regular Retail 4.79-10.49

Bio-K Plus Probiotics

Assorted Varieties



35⁹⁹ 38⁹⁹

12 Pack Dairy 12 Pack Rice or Soy

Smart Solutions Lorna
Vanderhaeghe Collagen &
Beauty Supplements

Assorted Varieties



25% off

assorted sizes
Regular Retail 19.49-70.49

Choices Extra
Virgin Olive Oil



10⁹⁹

1L

Berio Extra
Virgin Olive Oil



8⁹⁹ 11⁹⁹

250ml Organic 750ml Conventional

New Chapter Wholemega &
Bone Strength
Supplements

Assorted Varieties



20% off

assorted sizes
Regular Retail 27.99-82.99

Natural Calm
Magnesium
Citrate Powder

Select Varieties



24⁹⁹ 41⁹⁹

226g 454g

Ginger People
Sauces, Candy
& Juice

Assorted Varieties



30% off

assorted sizes
Regular Retail 2.29-8.99

Maison Orphée
Vinaigrettes &
Salad Dressings

Assorted Varieties



2/7⁰⁰

250ml

Lily of the Desert
Aloe Vera
Juice or Gel

Assorted Varieties



25% off

assorted sizes
Regular Retail 6.99-28.49

Jason Naturals
Body Wash &
Hair Care

Assorted Varieties



74⁹⁹ 12⁹⁹

480ml Hair Care 887-900ml Body Wash

Earthbound Farm Organic
Frozen Fruit
& Vegetables

Assorted Varieties



2/6⁰⁰ 2/8⁰⁰

assorted sizes Vegetables assorted sizes Fruit

GoGo
Quinoa

White or
Tri-Colour



3⁹⁹

375g

Tints of Nature Henna
Cream or Bold Hair Colour

Assorted
Varieties



16⁴⁹

1 Kit

AOR Vitamins
& Supplements

Assorted Varieties



20% off

assorted sizes
Regular Retail 29.99-124.99



choicesmarkets.com

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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.