



LOCAL BC CHOICES!

100% BC OWNED AND OPERATED

BC GROWN FRESH PRODUCE!

Organic Field Tomatoes from Secrest Farm

Weather Permitting
4.37/kg



1.98
/lb

from **Oliver!**

Organic Corn on the Cob from Crisp Organics



4 for 5.00

from **Abbotsford!**

Organic Bunch Carrots from Crisp Organics & 2EE Farm



2.98
Bunch

from **Abbotsford & Surrey**

Organic Coronation & Himrod Grapes from Secrest Farm



5.98
2L Package

from **Oliver!**

Organic Red Buckeye Gala Apples from Liber Farm

First of the Season
4.37/kg



1.98
/lb

from **Cawston!**

Organic Pugly Potatoes from Fraserland Farms

Purple, Red & Yellow



2.98
2.27kg Bag

from **Delta!**

Let's Break Some Bread

Choices' Own Bread:

The Bakers Mezzo Bastone



1.49
250g

The Bakers Crusty Loaf



2.29
450g

Sourdough Baguette



2.79
250g



from **Delta!**

8.99
1.75kg Natural

9.99
1.75kg Organic

10.99
1.75kg Greek & Crema

Olympic Yogurt
Assorted Varieties



from **Vancouver!**

7.99
250ml

13.49
500ml

Curelle Shampoo, Conditioners, Body Wash & Lotions
Assorted Varieties

Physical Distancing: Please remain 2 metres from others. One customer using the checkout belt at a time. Thank you.

Prices Effective September 17 - 23, 2020.

MEAT

Local Bacon

Nitrate-Free
24.23/kg

10⁹⁹
/lb

Local Boneless Skinless Chicken Breast

Raised Without Antibiotics
Value Pack
24.23/kg

10⁹⁹
/lb

Choices' Own Whole Chicken

Raised Without Antibiotics
8.80/kg

3⁹⁹
/lb

Stuffed Chicken Cordon

Assorted Varieties

3⁹⁹
each

100% Grass Fed New Zealand Spring Lamb Racks

59.90/kg

26⁹⁹
/lb

100% Grass Fed Beef Sirloin Tip Steaks from Australia

Value Pack 17.61/kg

7⁹⁹
/lb

100% Grass Fed Beef Burgers

Made In-Store
19.82/kg

8⁹⁹
/lb

Shorba Bone Broth

shorba
bone broth
bouillon d'os

chicken/poulet

Free-range chicken bones simmered for 24 hours
with organic Ayurvedic medicinal spices

Ce produit femose supporte pendant 24 heures
avec des epices medicales ayurvediques biologiques.

Supports connective tissue repair - improves gut health
with healthy recovery - superfood for skin and hair - anti-inflammatory
Supporte la réparation du tissu conjonctif - améliore la santé intestinale
avec à la réconciliation médicamenteuse, anti-inflammatoire.
Soutient pour le peau et les cheveux

Net 750 ml

11⁹⁹
750ml

Fresh Steelhead Fillets

Value Pack
37.46/kg

16⁹⁹
/lb

Fresh Tilapia Fillets

30.84/kg

13⁹⁹
/lb

GROCERY

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you.

Prices Effective
September 17 - 23, 2020.



Avalon Organic Milk
Assorted Varieties

2⁹⁹
1L • +deposit



Danone Activia Yogurt
Assorted Varieties

2/700 449
650g 8 Pack



Nature's Path Organic Love Crunch Granola
Assorted Varieties

449
325g



Dairyland Organic Milk
Assorted Varieties

499
2L

Liberté Greek Yogurt & Greek Crunch Yogurt
Assorted Varieties



2/600
2 Pack Greek Crunch & 4 Pack Greek



Organic Traditions Superfood Cereal
Assorted Varieties

699
200g



Earth's Own & So Fresh Oat Beverages & So Nice Fresh Organic Almond Beverages
Assorted Varieties

379
1.75L

Rolling Meadow Grass Fed Yogurt
Assorted Varieties



399 549
500g Plain 500g Greek



Bob's Red Mill Organic Oats
Assorted Varieties

30% off
assorted sizes
Regular Retail 4.99-7.49



Silk Alternative Creamers & Beverages
Assorted Varieties

2/500 449-499
473ml Creamers 1.75-1.89L Beverages

Silk Almond or Coconut Yogurt
Assorted Varieties



449
640g Almond & 680g Coconut



Stash Organics Organic Tea
Assorted Varieties

449
18 Tea Bags



Nuts to You Almond Butter
Assorted Varieties

899
365g



Bonne Maman Jam, Jelly & Marmalade
Assorted Varieties

479
250ml



Earth's Choice Organic Rainforest Alliance Certified Coffee
Assorted Varieties

799
340g



Kiju Organic Juice
Assorted Varieties

2/500
4 Pack • +deposit +eco fee



Canadian Heritage Organic Maple Syrup
Assorted Varieties

1099
500ml



Mogiana Whole Bean Coffee
Assorted Varieties

999-1099
340g

GROCERY



Silver Hills Sprouted Power Fresh Bread

Assorted Varieties

2/800
430-615g

Organic Meadow Grass Fed Lightly Salted Butter



799
250g



Parmela Creamery Nut-Based Cheese Shreds & Slices

Assorted Varieties

499
198g

Artisan Bake Shoppe Whole Grain Bread

Assorted Varieties



449
500 & 600g

La Chaudiere Organic Cheese

Assorted Varieties



30% off
assorted sizes
Regular Retail 7.99-13.99

Armstrong Cheese

Assorted Varieties



999
600g



Daiya Dairy-Free Mac & Cheese, Dressings, Yogurt, Burritos & Desserts

Assorted Varieties

30% off
assorted sizes
Regular Retail 2.19-9.99

Rocky Mountain Flatbread

Frozen Pizza

Assorted Varieties



799
405-430g



Golden Home Thin Crust Pizza Shells

Assorted Varieties

599
assorted sizes



Prairie Harvest Organic Pasta Sauce

Assorted Varieties

449
705ml



Prairie Harvest Organic Semolina Pasta

Select Varieties

2/500
454g



Kaslo Sourdough's Pasta Fermentata

Assorted Varieties

649-899
560g



Eden Organic Canned Beans

Select Varieties

2/500
398ml



Frontera Mexican Seasonings & Salsa

Assorted Varieties

179-229 349
127-226g Seasonings 454g Salsa



Khazana Organic Ready-to-Eat Curry Meals

Assorted Varieties

379
284g



Earth's Choice Organic Lemon & Lime Concentrates

Assorted Varieties

2/600 799
250ml 1L



San-J Cooking Sauces

Assorted Varieties

30% off
296 & 592ml
Regular Retail 4.69-13.29



Vij's Frozen Indian Meals

Assorted Varieties

30% off
400g
Regular Retail 7.99-10.99

DELI

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you.

Prices Effective
September 17 - 23, 2020.

**Vegetable or
Spinach Pakora**



249
/100g

**Spinach & Feta
or Ricotta &
Feta Phyllo**



**2 for
500**

**Vegetable,
Chicken or
Pork Gyozas**



**6 for
320**

**Habibi's Dips
& Hummus**



399
200g

**Dofino
Havarti Cheese**



299
/100g

**Choices' Own
Hot Soup**

Assorted Varieties



**349-
799**

**Choices' Own
Ham, Turkey
or Roast Beef
Sandwiches**



649
each

**Choices' Own
Deli Sliced
Honey or Black
Forest Ham**



Antibiotic Free

279
/100g

**Choices' Own
Egg Muffins**

Assorted Varieties



179
85g

**Sundried
Tomato & Basil
Turkey Breast**



299
/100g

CHOICES' OWN FRESHLY BAKED GOODS

Party Size Cakes

4 Varieties Including Carrot, Ganache,
Decadent & Tuxedo



1199
600g

Muffins

Assorted Varieties Including Alternative
Flour & Gourmet



449
4 Pack

9" Fruit Pies

3 Varieties Including Apple, Blueberry &
Sour Cherry Rhubarb



1099
650-750g

North Vancouver's Anniversary

801 Marine Drive North Vancouver location **ONLY**.

10% OFF

Saturday,
September 19th

THE ENTIRE STORE, **INCLUDING SALE ITEMS**
Anniversary sale is only available at North Vancouver Location.

GROCERY



Rise Organic
Kombucha
Assorted Varieties

5⁹⁹

1L • +deposit +eco fee



Seattle
Chocolates
Chocolate Bars
Assorted Varieties

2/7⁰⁰

70g



Simply 7
Gluten-Free
Snacks
Assorted Varieties

2/6⁰⁰

99-113g



Blue Diamond
Nut-Thins
Assorted Varieties

2/7⁰⁰

120g

RJ's Licorice



Select Varieties

2⁷⁹

165-180g

Hippie Snacks

Organic Sesame Snacks



6/3⁰⁰ 12⁰⁰

16g

24 Pack

Patience Organic Dried
Fruit, Juice &
Crunch Bites
Assorted Varieties



30% off

assorted sizes

Regular Retail 1.29-10.99

AspenClean Natural
Cleaning Products
& Dish Soap
Assorted Varieties



30% off

assorted sizes

Regular Retail 7.39-24.99

NaturEZway Bamboo
Bathroom Tissue, Paper
Towels & Compostable
Waste Bags
Assorted Varieties



30% off

assorted sizes

Regular Retail 6.49-15.79

Cascades Fluff Ultra
Bathroom Tissue



8⁹⁹

12 Double Rolls

WELLNESS



Love Good
Fats Shakes
Chocolate or Vanilla

24⁹⁹

400g



Garden of Life
Dr. Formulated
Probiotics
Assorted Varieties

20% off

assorted sizes

Regular Retail 24.49-53.99



Progressive
Adult & Kids
Multi-Vitamins
Assorted Varieties

25% off

assorted sizes

Regular Retail 18.99-42.99



Silver Biotics
Immune Support,
Armor Gel &
Healing Skin Creams
Assorted Varieties

20% off

assorted sizes

Regular Retail 12.99-51.99



Sproos Collagen
Powders and
Collagen Bars
Assorted Varieties

25% off

assorted sizes

Regular Retail 2.49-49.99



Natural Factors
Omega & Cognitive
Support
Supplements
Assorted Varieties

20% off

assorted sizes

Regular Retail 13.49-64.99

BioSil, Medi-C, Sealicious
& Vegiday Vitamins
& Supplements
Assorted Varieties



20% off

assorted sizes

Regular Retail 10.99-75.99



Derma-E Facial
Care & Sun
Care Products
Assorted Varieties

30% off

assorted sizes

Regular Retail 10.99-53.99



choicesmarkets.com

[/ChoicesMarkets](https://www.facebook.com/ChoicesMarkets)

[@ChoicesMarkets](https://twitter.com/ChoicesMarkets)

[/Choices_Markets](https://www.instagram.com/Choices_Markets)

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.