

LOCAL BC CHOICES!

100% BC OWNED AND OPERATED

BC GROWN FRESH PRODUCE!

Organic Field Tomatoes from Secrest Farm



Organic Corn on the Cob from Crisp Organics



Organic Bunch Carrots from Crisp Organics & 2EE Farm



Organic Coronation & Himrod Grapes from Secrest Farm



Organic Red Buckeye Gala Apples from Liber Farm



Organic Pugly Potatoes from Fraserland Farms



Let's Break Some Bread

Choices' Own Bread:

The Bakers **Mezzo Bastone** The Bakers **Crusty Loaf** Sourdough **Baguette**

49 250g

from

250g





Olympic Yogurt

Assorted Varieties

1.75kg Greek & Krema



Curelle Shampoo, Conditioners, Body Wash & Lotions

Assorted Varieties

MEAT





Avalon Organic Milk



Danone Activia Yogurt Assorted Varieties



Nature's Path Organic Love Crunch Granola

Assorted Varieties





199



Crunch Yogurt Assorted Varieties



Organic Traditions Superfood Cereal Assorted Varieties





Earth's Own & So Fresh Oat Beverages & So Nice Fresh Organic Almond Beverages



Rolling Meadow Grass Fed Yogurt





Bob's Red Mill Organic Oats Assorted Varieties



30% off

Regular Retail 4.99-7.49



Silk Alternative Creamers & Beverages

Assorted Varieties

Silk Almond or Coconut Yogurt



Assorted Varieties



Stash Organics Organic Tea

Assorted Varieties

2/500 449-499



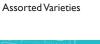


Nuts to You Almond Butter





Bonne Maman Jam, Jelly & Marmalade





Earth's Choice Organic Rainforest Alliance Certified Coffee

Assorted Varieties







Organic Juice Assorted Varieties



Canadian Heritage Organic Maple Syrup

Assorted Varieties



Mogiana Whole Bean Coffee

Assorted Varieties

GROCERY



Silver Hills Sprouted Power Fresh Bread

Assorted Varieties

Organic Meadow Grass Fed Lightly Salted Butter





Parmela Creamery **Nut-Based Cheese** Shreds & Slices

Assorted Varieties

Artisan Bake Shoppe Whole



Grain Bread Assorted Varieties

449 500 & 600g



Assorted Varieties



30% off

Regular Retail 7.99-13.99

Armstrong Cheese

Assorted Varieties





Daiya Dairy-Free Mac & Cheese. Dressings, Yogurt, Burritos & Desserts Assorted Varieties

Rocky Mountain Flatbread



Frozen Pizza Assorted Varieties

405-430g



Golden Home Thin Crust Pizza Shells

Assorted Varieties

30% off Regular Retail 2.19-9.99



Prairie Harvest Organic Pasta Sauce

Assorted Varieties

HNE RIGAT

Prairie Harvest Organic Semolina Pasta

Select Varieties



Kaslo Sourdough's Pasta Fermentata

Assorted Varieties

599



Eden Organic Canned Beans Select Varieties



Frontera Mexican Seasonings & Salsa

Assorted Varieties

127-226g Seasonings



Khazana Organic Ready-to-Eat Curry Meals

Assorted Varieties



Earth's Choice Organic Lemon & Lime Concentrates

Assorted Varieties



San-J Cooking Sauces Assorted Varieties

Regular Retail 4.69-13.29



Vij's Frozen Indian Meals

Assorted Varieties

Regular Retail 7.99-10.99

Physical Distancing: Please remain 2 metres from others. One customer using the checkout belt at a time. Thank you.

Prices Effective September 17 - 23, 2020.





Spinach & Feta or Ricotta & Feta Phyllo

2 for 500

Vegetable, Chicken or Pork Gyozas

6 for 320

Habibi's Dips & Hummus



Dofino Havarti Cheese



Choices' Own
Hot Soup

Assorted Varieties

349799

Choices' Own Ham, Turkey or Roast Beef Sandwiches

649 each

Land A Walley

Choices' Own
Deli Sliced
Honey or Black
Forest Ham
Antibiotic Free

279

Choices' Own
Egg Muffins
Assorted Varieties

79 85g Sundried
Tomato & Basil
Turkey Breast

299 /100g

CHOICES' OWN FRESHLY BAKED GOODS

Party Size Cakes 4 Varieties Including Carrot, Ganache, Decadent & Tuxedo 1199 600g

Muffins

Assorted Varieties Including Alternative Flour & Gourmet

449

9" Fruit Pies

3 Varieties Including Apple, Blueberry & Sour Cherry Rhubarb

1099 650-750g



North Vancouver's Anniversary

801 Marine Drive North Vancouver location ONLY.

THE ENTIRE STORE, INCLUDING SALE ITEMS

Anniversary sale is only available at North Vancouver Location.

GROCERY



Rise Organic Kombucha Assorted Varieties



Seattle Chocolates Chocolate Bars Assorted Varieties



Love Good Fats Shakes

WELLNESS

Chocolate or Vanilla



Garden of Life Dr. Formulated **Probiotics**

Assorted Varieties

IL • +deposit +eco fee





assorted sizes
Regular Retail 24.49-53.99



Simply 7 Gluten-Free Snacks Assorted Varieties



Blue Diamond **Nut-Thins** Assorted Varieties

096

SPROOS

Progressive Adult & Kids Multi-Vitamins

Assorted Varieties

assorted sizes



Silver Biotics Immune Support, Armor Gel & Healing Skin Creams Assorted Varieties

Regular Retail 12.99-51.99

RI's Licorice



Select Varieties

Hippie Snacks Organic Sesame Snacks



Sproos Collagen Powders and Collagen Bars Assorted Varieties

Regular Retail 18.99-42.99



Natural Factors Omega & Cognitive Support Supplements Assorted Varieties

Regular Retail 2.49-49.99

assorted sizes Regular Retail 13.49-64.99

Patience Organic Dried Fruit, Juice & Crunch Bites Assorted Varieties



BioSil, Medi-C, Sealicious & Vegiday Vitamins & Supplements



Derma-E Facial Care & Sun Care Products DERMA-E Hydrating Night Cream Crème Hydratante de Nuit

30% off Regular Retail 1.29-10.99

Regular Retail 7.39-24.99

assorted sizes Regular Retail 10.99-75.99



NaturEZway Bamboo Bathroom Tissue, Paper Towels & Compostable



Cascades Fluff Ultra Bathroom Tissue



Allimax for Immune Health



assorted sizes Regular Retail 5.29-107.99



Regular Retail 6.49-15.79

choicesmarkets.com





90 Capsules



Kerrisdale - 1888 W 57th Ave, Vancouver Yaletown - 1202 Richards St. Vancouver Cambie - 3493 Cambie St, Vancouver Kitsilano - 2627 W 16th Ave, Vancouver **Commercial Drive -** 1045 Commercial Dr, Vancouver North Vancouver - 801 Marine Dr, North Vancouver South Surrey - 3248 King George Blvd, Surrey Burnaby Crest - 8683 10th Ave, Burnaby Abbotsford - 3033 Immel St, Abbotsford Kelowna - 1937 Harvey Ave, Kelowna