



# HOLIDAY SPECIALS!

100% BC OWNED AND OPERATED



Hass  
Avocados  
from Mexico  
**5/500**

Large  
Prawns  
Previously Frozen  
**19.99/lb**  
44.07kg

Sweet Limes  
Imported  
from USA  
**1.98/lb**  
4.37kg



Rosdown  
Roasted Chickens

**9.99**  
each



Summer Fresh Dips

& Hummus  
Assorted Varieties



**2 for 7.00**  
227g

## Let's Break Some Bread

Choices' Own:

The Bakers  
Mezzo Bastone

**1.49**  
250g

The Bakers  
Crusty Loaf

**2.39**  
450g

Sourdough  
Baguette

**2.89**  
250g



Maple Hill Free Range Large Eggs



**4.79**  
1 Dozen



Kicking Horse  
Organic Fair Trade  
Whole Bean Coffee  
Assorted Varieties

**12.99**  
454g



Castello Cheese Wedges:

Cheddar & Havarti



**2 for 10.00**  
200g



Vega One All-in-One  
Nutritional Shakes  
& Vega Sport Protein  
Assorted Varieties

**45.99**  
827-876g  
Nutritional Shakes

**39.99**  
801-837g  
Sport Protein

**Physical Distancing:** Please remain 2 metres from others.  
One customer using the checkout belt at a time. Thank you.

Prices Effective  
December 26 - 30, 2020.



# GROCERY

## Daiya Dairy-Free Cheese Shreds, Blocks, Slices & Spreads



Assorted  
Varieties

**2/7<sup>00</sup>**  
200-227g



L'Ancetre  
Organic Cheese  
Assorted Varieties

**30% off**  
325g  
Regular Retail 12.29-12.99



Nuts For Cheese  
Nut Based Cheese  
Alternatives  
Assorted Varieties

**8<sup>99</sup>**  
120g



Olympic Yogurt  
Assorted Varieties

**2/7<sup>00</sup> 2/8<sup>00</sup>**  
650g Natural & 500g Crema  
650g Organic & Crema



Silk Dairy-Free  
Yogurt  
Assorted Varieties

**4<sup>99</sup>**  
640-680g

## Greek Gods Organic Yogurt



Assorted Varieties

**3<sup>99</sup>**  
500g



Riviera Coconut Milk  
Kefir & Yogurt  
Assorted Varieties

**4<sup>99</sup>**  
assorted sizes



Earth's Own  
Almond Noel Nog

**2/6<sup>00</sup>**  
946ml



Happy Planet Smoothies  
Assorted Varieties

**2/4<sup>00</sup>**  
325ml  
+deposit +eco fee



R.W. Knudsen Juice  
Assorted Varieties

**30% off**  
750-946ml • +deposit +eco fee  
Regular Retail 6.99-17.99



Mogiana Coffee  
Assorted Varieties

**10<sup>99</sup>**  
340g



Blue Monkey  
Organic Coconut Water

**2/5<sup>00</sup> 2/8<sup>00</sup>**  
500ml 1L  
+deposit +eco fee +deposit +eco fee



Celestial  
Seasonings Tea  
Assorted Varieties

**2/6<sup>00</sup>**  
18-20 Tea Bags



Organic India Tea  
Assorted Varieties

**5<sup>99</sup>**  
18 Tea Bags



Whole Earth Sweeteners  
Assorted Varieties

**3<sup>99</sup>-7<sup>99</sup>**  
assorted sizes



G.H. Cretors  
Popcorn  
Chicago Mix or Cheese Corn

**4<sup>49</sup>**  
184-213g



Kettle Brand  
Organic Potato Chips  
Assorted Varieties

**3<sup>99</sup>**  
397g



Wasa Crispbread  
Assorted Varieties

**2/6<sup>00</sup>**  
230-275g



# GROCERY

Rizopia Organic  
Gluten-Free Rice Pasta  
& Quinoa Pasta



Assorted  
Varieties

**30% off**

assorted sizes  
Regular Retail 3.29-4.99

Choices Gourmet  
Small Batch  
Pasta Sauce  
Assorted Varieties



**6<sup>99</sup>**

750ml



Imagine  
Organic Soups  
Assorted Varieties

**4<sup>49</sup>**

946ml-1L



Oroweat  
Organic Bread  
Whole Wheat,  
Quinoa & 22 Grain

**4<sup>99</sup>**

680g



Pearl's  
Frozen  
Perogies  
Assorted Varieties

**3<sup>99</sup>**

600g

TMRW Foods  
Plant Based Mince



**7<sup>99</sup>**

454g



Spectrum Oil  
& Mayonnaise  
Assorted Varieties

**30% off**

assorted sizes  
Regular Retail 6.29-27.49



Cape Herb &  
Spice Salt &  
Pepper Shakers  
Select Varieties

**7<sup>99</sup>-11<sup>99</sup>**

assorted sizes



Bremner's  
Perfectly Spiced  
Caesar &  
Vegan Caesar

**5<sup>99</sup>**

1L + deposit + eco fee



Ben & Jerry's  
Ice Cream  
Assorted Varieties

**4<sup>99</sup>**

500ml  
Regular

**5<sup>99</sup>**

500ml  
Dairy-Free

# WELLNESS



Renew Life  
Probiotics  
Assorted Varieties

**25% off**

assorted sizes  
Regular Retail 17.49-72.99



Ketoplex  
Keto Nutrition  
Supplements  
Assorted Varieties

**25% off**

assorted sizes  
Regular Retail 37.49-42.99



withinUs  
TruMarine  
Collagen

**43<sup>99</sup>**

20 Pack

**62<sup>99</sup>**

250g



Natural  
Factors Omega  
Supplements  
Assorted Varieties

**20% off**

assorted sizes  
Regular Retail 12.49-51.99



AOR  
Magnesium  
Supplements  
Assorted Varieties

**20% off**

assorted sizes  
Regular Retail 35.99-51.99



Natural Factors  
Stress, Relax &  
Sleep Supplements  
Assorted Varieties

**20% off**

assorted sizes  
Regular Retail 17.99-46.99



Mrs. Meyer's  
Hand Soap  
Assorted Varieties

**5<sup>49</sup>**

370ml



Jason Naturals  
Body Wash  
& Hair Care  
Assorted Varieties

**12<sup>99</sup> 7<sup>49</sup>**

887-900ml  
Body Wash

480ml  
Hair Care

Pure Potent WOW:  
Pure Essential Oils &  
Bodycare Products  
Assorted Varieties



**20% off**

assorted sizes  
Regular Retail 2.49-31.99



BioSil For Skin,  
Hair & Nails  
Assorted Varieties

**20% off**

assorted sizes  
Regular Retail 23.99-66.99

**Bulk Foods Now Open!**  
**With 80% of our items now ORGANIC!**



# MEAT

**Boneless Skinless  
Chicken Breasts**  
Value Pack 15.41/kg

**6<sup>99</sup>  
/lb**

**Local!**

**Choices Whole Chicken**  
Raised Without Antibiotics  
8.80/kg

**3<sup>99</sup>  
/lb**

**Ground Pork**  
Raised Without  
Antibiotics  
11.00/kg

**Local!**

**4<sup>99</sup>  
/lb**

**Sockeye Salmon  
Pinwheel**

**7<sup>99</sup>  
each**

**Breaded Chicken Cutlets**  
Made In-Store 19.82/kg

**8<sup>99</sup>  
/lb**

**Organic  
Chicken Wings**  
15.41/kg

**6<sup>99</sup>  
/lb**

**Local!**

**Crab Cakes**  
Previously Frozen

**4<sup>99</sup>  
2 Pack**

# DELI

**Choices  
8" Tourtieres**

**13<sup>99</sup>  
each**

**Imported  
Italian Salami  
& Prosciutto**

**1<sup>00</sup>  
off**

# PRODUCE

**Organic Medjool Dates**  
Imported from  
California

**7<sup>98</sup>  
454g Pack**

**Organic Navel Oranges**  
from USA

**6<sup>98</sup>  
1.81kg Pack**

**Organic Mixed  
Medley Cherry  
Tomatoes**

**3<sup>98</sup>  
1 Pint  
ReadyCycle  
Package**

**Organic Broccolini**  
from Josie's  
in California

**3<sup>98</sup>  
Bunch**

# CHOICES' OWN FRESHLY BAKED GOODS

**Classic Cookies**

Assorted Varieties

**4<sup>99</sup>  
12 Pack**

**Artisan Buns:**

Pesto, Italian Cheese, Chia  
& Sesame Seeds & Ciabatta

**2<sup>99</sup>-  
4<sup>29</sup>  
4 Pack**

**Keto Products:**

Donut Bites, Roasted Pepper & Cheddar Corn  
Bread & Coconut Muffins

**3<sup>29</sup>-  
4<sup>29</sup>  
3-6 Pack**



**choicesmarkets.com**

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**Kerrisdale** - 1888 W 57th Ave, Vancouver  
**Yaletown** - 1202 Richards St, Vancouver  
**Cambie** - 3493 Cambie St, Vancouver  
**Kitsilano** - 2627 W 16th Ave, Vancouver  
**Commercial Drive** - 1045 Commercial Dr, Vancouver

**North Vancouver** - 801 Marine Dr, North Vancouver  
**South Surrey** - 3248 King George Blvd, Surrey  
**Burnaby Crest** - 8683 10th Ave, Burnaby  
**Abbotsford** - 3033 Immel St, Abbotsford  
**Kelowna** - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.