



WEEKLY SPECIALS!

100% BC OWNED AND OPERATED

AAA Angus
Canadian Lean
Ground Beef

6.99/lb

15.41/kg

Farmcrest Non GMO
Roasted Chicken

13.99
each

Sumo Brand
Mandarin Oranges

from USA 8.77kg

3.98
/lb

Organic Broccoli Bunches

from USA

4.37kg

1.98
/lb

Choices Fresh Soup

Assorted Varieties

5.99
710ml

Sockeye Salmon Fillets

Previously Frozen, Value Pack

39.66/kg

17.99
/lb

Choices' Own Wholesome
Country & Multiseed
Sourdough Bread

4.99

575 & 600g

BULK:
Organic Cashews

Loose Bulk & Prepackaged

**20%
Off**

New Roots Vitamins
& Supplements



Assorted
Varieties

**All
Products
on Sale!**

20% off

assorted sizes
Regular Retail 1.79-114.99

Bio-K Plus Probiotics



Assorted Varieties

35.99 38.99

12 Pack Dairy

12 Pack Rice or Soy

Smart Sweets Low Sugar
Candy



Select Varieties

2/6.00

50g

Rise Organic
Kombucha



Assorted Varieties

3/9.00

414ml
+deposit +eco fee

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you.

Prices Effective
February 18 - 24, 2021.

PRODUCE

Organic Pommelos

from California

**2 for
5.00**

Green Asparagus Imported from Mexico

4.37/kg

**1.98
/lb**

Canadian Grown Organic Yellow Onions from Peak of the Harvest in Manitoba

**1.98
1.36kg Bag**

BC Grown Organic Gala Apples from Nature's First Fruit in Cawston

**4.98
1.36kg Bag**

MEAT

Pork Back Ribs

Raised Without Antibiotics
19.82/kg

Local!

**8.99
/lb**

Organic Boneless Skinless Chicken Breast

33.05/kg

Local!

**14.99
/lb**

Soup ETC!

Assorted Varieties

**2 for
10.00
700ml**

Fresh Arctic Char Fillets

41.87/kg

Local!

**18.99
/lb**

New Zealand Spring Lamb Rib Chops

61.71/kg

**27.99
/lb**

Jamarian Jerk Marinated Chicken Wings

Raised Without Antibiotics

13.21/kg

**5.99
/lb**

New Zealand Spring Ground Lamb

27.54/kg

**12.49
/lb**

Fresh Whole Duck

11.00/kg

Local!

**4.99
/lb**

Ocean Mama Seafood Products

**15%
Off**

GROCERY

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**Kettle Brand
Potato Chips**
Assorted Varieties

2/5⁰⁰
170-220g



Beanitos Bean Chips
Assorted Varieties

2/7⁰⁰
128-142g



Barbara's Cheez Puffs
Assorted Varieties

2/5⁰⁰
155-198g



**Laiki Black & Red
Rice Crackers**
Assorted Varieties

2/7⁰⁰
100g



**Nora Seaweed
Snacks Tempura**
Assorted Varieties

2/6⁰⁰
32-45g



Sahale Nut Mixes
Assorted Varieties

5⁴⁹
113g

Righteous Gelato & Sorbetto



Assorted Varieties

6⁹⁹
562ml

So Delicious Dairy-Free



**Frozen Dessert &
Coconut Sandwiches**
Assorted Varieties

4⁹⁹ 500ml
& 8 Pack Coconut Sandwiches

Avalon Organic Ice Cream



Assorted Varieties

8⁹⁹
946ml



Happy Planet Smoothies
Assorted Varieties

3⁹⁹
900ml • +deposit +eco fee



**Phillips Soda Works,
Sparkmouth Tonic Water
& Spitfire Ginger Ale**
Assorted Varieties

2/3⁰⁰ 355ml Sodas & Ginger Ale
+deposit +eco fee

5⁴⁹ 6 Packs Tonics
+deposit +eco fee



**Green & Black's Organic
Fair Trade Chocolate Bars**
Assorted Varieties

2/7⁰⁰
90g



**San Pellegrino Mineral
Water & Perrier
Sparkling Water**
Assorted Varieties

2/4⁰⁰
750ml-1L • +deposit +eco fee



La Croix Sparkling Water

Assorted Varieties

5⁴⁹
8 Pack • +deposit +eco fee



**Canadian Heritage
Organic Maple Syrup**
Assorted Varieties

20⁹⁹
1L



**Nature's Path
Organic Love
Crunch Granola**
Assorted Varieties

4⁴⁹
325g



Granola King Granola
Original or Hazelnut

8⁹⁹
750g



**NEW!
Barney Butter
Almond Butters**
Assorted Varieties

6⁹⁹
284g

GROCERY



Di Martino Pasta
Assorted Varieties

249-299

453-500g



Chickapea Organic Bean Pasta
Assorted Varieties

299-399

161-227g

Italpasta Assorted Pasta Products



2/600

375-900g



Lundberg Organic Rice
Assorted Varieties

30% off

907g

Regular Retail 8.99-10.99



Mutti Tomatoes
Assorted Varieties

30% off

assorted sizes

Regular Retail 2.99-7.49



Mezzetta Olives, Pesto & Peppers
Assorted Varieties

30% off

assorted sizes

Regular Retail 4.79-9.99



Earth's Choice Organic Coconut Milk, Cream & Oil
Assorted Varieties

30% off

assorted sizes

Regular Retail 2.79-21.99



Naked & Saucy Organic Cooking Sauces & Soy Sauce Substitutes
Assorted Varieties

499-599

296ml



Spectrum Cooking Oils & Mayonnaise
Assorted Varieties

30% off

assorted sizes

Regular Retail 6.29-27.49

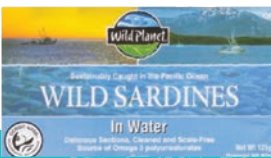


Bragg Organic Apple Cider Vinegar

399

473ml

Wild Planet Sardines



Assorted Varieties

399

125g



Gold Rush Organic Frozen Potatoes
Assorted Varieties

399-499

454g

Wholly Veggie Frozen Plant Based



Pizzas, Wings & Beef Patties
Assorted Varieties

30% off

assorted sizes

Regular Retail 7.99-12.99

Gusta Vegan Grating Block, Sausages & Seitan
Assorted Varieties



30% off

assorted sizes • Regular Retail 6.49-8.49

TMRW Foods Plant Based



Burger & Mince

599 899

226g Burger

454g Mince



Little Northern Bakehouse Pizza Shells
2 Varieties

599

420 & 600g



GluteNull Bread & New Keto Almond Fatty Buns
Assorted Varieties

799-999

425-737g

NaturezWay Bamboo Paper Products & Compostable Bags
Assorted Varieties



30% off

assorted sizes

Regular Retail 6.49-15.79

DELI

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Choices Curry Entrées



599-
899

Choices Savoury Half Pies



399
each

Arla Havarti Cheese



319
/100g

Krinos Traditional Feta Cheese

krinos



199
/100g

Choices Vegetable Side Dishes

Brussels Sprouts, Butter Nut Squash,
Green Beans & Root Vegetables



229
/100g

Choices Roasted Turkey Breast or Roast Beef



449-
479
/100g

Choices Family Size Pot Pies

Chicken or Beef



1399
each

Happy Days Soft Goat Cheese



599-
649
140-150g

CHOICES' OWN FRESHLY BAKED GOODS

Gourmet Mini Muffins

Assorted Varieties



299
4 Pack

Keto Chia Puddings

Blackberry, Strawberry or Peanut Butter



2 for
700
150g

Scrumptious Scones

Cheese or Blueberry



349
2 Pack

Pink Shirt Day!

Choices Markets supports Pink Shirt Day and the anti-bullying movement.
On Wednesday, February 24th, we encourage individuals to wear pink
to symbolize dedication to anti-bullying initiatives.

GROCERY

Nature's Farm Free Run
Omega-3 Large Eggs



6⁹⁹
18 Pack



Saputo
Shredded
Cheese
Assorted Varieties

3⁹⁹ 5⁹⁹
170g 320g

Tree Island
Cream Top Yogurt



Plain or
Vanilla

8⁹⁹
1.5kg

Dairyland Sour Cream



Assorted
Varieties

2/5⁰⁰
450-500ml

Avalon
Organic Milk
Select Varieties



2⁹⁹
1L • +deposit

Silk Dairy Free
Creamers
& Beverages
Assorted Varieties



2/5⁰⁰ 4⁴⁹
473ml Creamers 1.89L Beverages

Earth's Choice Organic
Rainforest Alliance
Certified Coffee
Assorted Varieties



8⁹⁹
340g

Kicking Horse Organic
Fair Trade Whole
Bean Coffee
Assorted Varieties



12⁹⁹
454g

Numi Organic
Fair Trade Tea
Assorted Varieties



5⁹⁹
12-18 Packs

Now Stevia
Sweeteners
Assorted Varieties



30% off
assorted sizes
Regular Retail 11.99-19.99

WELLNESS



Phillip Adam
Hair Care
Products
Assorted Varieties

25% off
assorted sizes
Regular Retail 5.49-37.99

Iron Vegan Sprouted Protein
or Athlete's Blend Protein



Assorted
Varieties

20% off
Bars &
Glutamate

58⁹⁹
1 kg

Progressive Adult & Kids
Multi-Vitamins, & Vege
Greens Superfoods
Assorted Varieties



25% off
assorted sizes
Regular Retail 18.99-72.99

Tom's Toothpaste
& Deodorant
Assorted Varieties



5⁹⁹ 7⁹⁹
85-90ml Toothpaste 60g Deodorant

Mineral Fusion Natural
Cosmetics & Nail Polish



Assorted Varieties

35% off
assorted sizes
Regular Retail 11.29-45.29

Herbatint
Natural Permanent
Hair Colour
Assorted Colours



16⁹⁹
1 Kit

Organika Bone or
Veggie Broth
Protein Powder
Chicken or Beef
Original or Ginger



31⁹⁹
300g

Do Matcha
Ceremonial
Green Tea
Assorted Varieties



20% off
assorted sizes
Regular Retail 1.99-44.99

BioSil For Skin,
Hair & Nails
Assorted Varieties



20% off
assorted sizes
Regular Retail 23.99-66.99

Harmonic Arts
Superfoods
Elixers &
Restorative Blends
Assorted Varieties



25% off
assorted sizes
Regular Retail 26.99-65.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.