



WEEKLY SPECIALS!

Prices Effective February 25 - March 3, 2021.

100% BC OWNED AND OPERATED

**Fresh
Steelhead
Fillets**

16.99/lb

37.46/kg

**Choices Ready to Eat
Stuffed Chicken Breast**

5.49
each

**Blue Jay Brand
Navel Oranges** from California

3.26/kg

1.48
/lb

**Organic Green Asparagus
Imported from Mexico**

8.77/kg

3.98
/lb

Breakfast At Choices
Burritos, English Muffins or Bagels

**3.49-
5.49**



**Earth's Own
So Fresh Oat Beverages**

Assorted Varieties

3.99
1.75L

49th Parallel Coffee

Assorted Varieties



12.99
340g

**Choices' Own Cinnamon
Raisin Swirl Bread**

5.99
580g



**Andalou
Naturals Face &
Body Care Products**

Assorted Varieties

35% off
assorted sizes
Regular Retail 2.99 - 41.99



**AOR
Vitamins & Supplements**

Assorted Varieties

20% off
assorted sizes
Regular Retail 29.99-122.99

Choices' Own
Blondies, Brownies,
Nanaimo Bars & Raw Bites

5.99
assorted sizes



6.99
Raw
Nut Bars

BULK: Organic Seeds & Snacks Loose Bulk & Prepackaged

20% OFF

PRODUCE

Yellow Onions from USA

1.48

1.36kg Bag

Organic Celery from USA

3.26/kg

1.48

/lb

Organic Lemons

from California

.78

each

BC Grown Organic Braeburn Apples from Nature's First Fruit in Cawston

3.98

1.36kg Bag

MEAT

100% Grass Fed Beef Striploin Steaks from Australia

Value Pack 30.84/kg

13.99

/lb

Bison Sirlon Tip Steaks

37.46/kg

16.99

/lb

Pork Tenderloin

Raised Without Antibiotics

19.82/kg

8.99

/lb

Local!

Boneless Skinless Chicken Breast

Value Pack 15.41/kg

6.99

/lb

Local!

Boneless Duck Breast

37.46/kg

16.99

/lb

Local!

Fresh New Zealand Spring Ground Lamb

27.54/kg

12.49

/lb

Choices Whole Chicken

Raised Without Antibiotics

8.80/kg

3.99

/lb

Local!

Ground Turkey Breast

Raised Without Antibiotics

26.43/kg

11.99

/lb

Local!

Fresh Whole Rainbow Trout

24.23/kg

10.99

/lb

Local!

Large Prawns

Previously Frozen

44.07/kg

19.99

/lb

Wild Ahi Tuna Steaks

Previously Frozen

5.99

each 6 oz

GROCERY

Physical Distancing: Please remain 2 metres from others.
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Savör Grass Fed Butter

Salted & Unsalted



4.49
250g

Armstrong Cheese Snacks

Assorted Varieties



4.49
10 Pack

Saputo Feta Cheese

Regular & Light



2/7.00
200g

Olympic Crema Yogurt

2 Varieties



5.99
8 Pack

Saugen Country Organic Yogurt & Kefir



4.49
1kg

Tree Island Grass Fed Greek Yogurt

Assorted Varieties



3.99
325-350g

Happy Planet Organic Grass Fed Milk

Select Varieties



5.99 **6.79**
1.5L 2% & 3.25% 1.5L Cream Top

Bakery On Main Oatmeal & Gluten-Free Granola

Assorted Varieties



5.99 **6.99**
300g Oatmeal 340g Granola

Anita's Organic Flour & Cereal

Select Varieties



30% off
1 & 2kg
Regular Retail 7.39-12.99

Nature's Path Organic Frozen Waffles

Assorted Varieties



2/7.00
210g

Bremner's Frozen Fruit

Select Varieties



3.99-7.99
300-600g

Uncle Luke's Organic Maple Syrup

Assorted Varieties



20.99
1L

MaraNatha Almond or Peanut Butter

Assorted Varieties



30% off
340-500g
Regular Retail 9.49-14.49

St. Dalfour Jams & Spreads

Assorted Varieties



3.99
225ml

Happy Planet Organic Juice

Assorted Varieties



3.99-4.99
1.75-1.89L • +deposit +eco fee

Mighty Leaf Artisan Tea

Assorted Varieties



7.99
15 Tea Bags

Kicking Horse Organic Fair Trade Ground Coffee

Assorted Varieties



8.99
284g

Equal Exchange Organic Fair Trade Tea

Assorted Varieties



3.99
28-40g

GROCERY



GoGo Quinoa Organic Pasta
Assorted Varieties

2/7⁰⁰
227g

Bioitalia Organic Pasta Sauce, Strained Tomatoes & Paste
Assorted Varieties



2/7⁰⁰
assorted sizes

Eden Organic Beans
Assorted Varieties



4⁴⁹
796ml



Suzie's Organic Condiments & Sauces
Assorted Varieties

30% off
assorted sizes
Regular Retail 5.29- 8.99



Omega Organic Apple Cider Vinegar

20⁹⁹
3.78L

Omega Organic Coconut Oil
Assorted Varieties



30% off
assorted sizes
Regular Retail 12.49-57.99



Imagine Organic Broths
Assorted Varieties

3⁹⁹
1L

Wild Moon Organic Frozen Bone Broth
Assorted Varieties



8⁹⁹
450ml

Silver Hills Organic Sprouted Power Bread
Assorted Varieties



4⁴⁹
510-680g



Yves Vegan Meat Alternatives
Assorted Varieties

2⁷⁹-3⁴⁹
assorted sizes



Holy Napoli Frozen Pizza
Assorted Varieties

7⁹⁹
365-425g

Enlightened Keto Ice Cream
Assorted Varieties



6⁹⁹
473ml



Perrier & Juice
Assorted Varieties

5⁹⁹ 6 Pack
+deposit +eco fee



Boylan Craft Soda
Assorted Varieties

2/4⁰⁰
355ml • +deposit +eco fee

Prana Organic Dried Fruit, Cacao Powder & Walnuts
Assorted Varieties



30% off
150-300g
Regular Retail 7.49-13.99



Granny's 2X HE Ultra Liquid Laundry Detergent

3.78L
Regular Retail 10.49

BUY 1 GET 1 FREE



Echoclean 2X Liquid & Powdered Laundry Detergent
Assorted Varieties

6⁹⁹
1.5L & 3kg

DELI

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Choices Fresh Beef, Turkey or Vegan Chili

Try our New White Bean & Chicken Chili

799
710ml

Choices Individual Quiche

Assorted Varieties

**2 for
800**

Castello Blue or Brie Cheese



399
/100g

Spinach & Feta or Ricotta & Feta Phyllo Twisters

**2 for
600**

Greek House Tzatziki or Hummus

449
227g

Mozzarella Fresca Cheese

549
200g

Natural Pastures Cheese



**449-
499**
/100g

CHOICES' OWN FRESHLY BAKED GOODS

Multigrain Bread



499
530g

Keto Chocolate Mousse & Chocolate Coconut Fat Bombs



299
90g Mousse

699
6 Pack
Bombs

Garlic Bread

Made with Roasted Garlic



419
320g

Thank You Choices Customers Star of the Season

Each year, Choices Markets asks our customers to help support those less fortunate in our community with our Star of the Season campaign. These donations go directly to local neighbourhood houses, community organizations and food banks found near our stores. These organizations are on the ground floor of helping people who are our friends and neighbours when they need it most.

Despite hardships from the pandemic, our customers really pulled through.

You donated nearly \$62,000 at our tills, which is nearly double the amount we raised last year!

**We Raised
\$62,000.00**



GROCERY



Neal Brothers
Organic Tortilla
Chips & Salsa
Assorted Varieties

4.49 **4.99**
300g Tortilla Chips 410ml Salsa

Old Dutch Crunch &
Kettle Baked
Potatoe Chips
Select Varieties



2/6.00
200g

WELLNESS



Natural
Factors Stress
Relax & Sleep
Supplements
Select Varieties

20% off
assorted sizes
Regular Retail 7.99-64.99



Platinum Naturals
Vitamins &
Supplements
Assorted Varieties

20% off
assorted sizes
Regular Retail 9.79-99.99

The Daily Crave Lentil
Chips &
Veggie Sticks
Assorted Varieties



3.99
120-170g

YumEarth Organic Chewy
Candy, Licorice
& Fruit pops
Assorted Varieties



30% off
100-241g
Regular Retail 7.99-13.99

Joy of the
Mountains Oil
of Oregano
Assorted Varieties



20% off
assorted sizes
Regular Retail 16.99-39.99

Ecoideas
Superfoods Chia,
Moringa & Maca
Assorted Varieties



20% off
assorted sizes
Regular Retail 19.49-22.49

Glutino
Gluten-Free Products
Assorted Varieties



30% off
assorted sizes
Regular Retail 5.49-8.99

Mary's Organic
Gluten-Free
Crackers
Assorted Varieties



4.99-5.99
141-184g

Prairie Naturals Vitamins,
Supplements or Body
Care Products
Assorted Varieties



20% off
assorted sizes
Regular Retail 1.89-79.99

Smart Solutions Lorna
Vanderhaeghe Hormone
Support & Supplements
Select Varieties



20% off
assorted sizes
Regular Retail 19.49-61.99

FreeYumm
Gluten-Free
Bars & Crackers
Assorted Varieties



2/7.00
120-135g

Made Good
Granola Bites,
Bars & Cookies
Assorted Varieties



30% off
assorted sizes
Regular Retail 4.99-6.49

Aura Cacia
Essential Oils,
Body Oils &
Foam Baths
Assorted Varieties



25% off
assorted sizes
Regular Retail 4.99-49.99

Tints of Nature
Henna Cream or
Bold Hair Colour
Assorted Varieties



16.99
1 Kit

Zazubean Organic
Fair Trade
Chocolate Bars
Select Varieties



2/7.00
85g

Whittaker's
Chocolate Bars
Assorted Varieties



4.49
200-220g

Purica Vitamins
& Supplements
Assorted Varieties



20% off
assorted sizes
Regular Retail 29.99-134.49

Oneka
Shampoo &
Conditioners
Assorted Varieties



10.99
500ml



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.