



MOTHER'S DAY MAY 9th!

100% BC OWNED AND OPERATED

**Fair Trade
Day
May 8th!**

**Fair Trade
Organic Field
Cucumbers**

from Mexico

98/lb

4.37/kg

**Organic
Ground Beef**

Grass Fed, Value Pack

99/lb

26.43/kg

Choices' Mother's Day Brunch:

Three delicious Frittata Meals
to choose from

999

340-360g

Choices' Own

Mother's Garden Cupcakes

699

200g

**Fair Trade Organic
Brussel Sprouts**

from Mexico

8.77/kg

**398
/lb**

Fair Trade Organic Bananas

from Ecuador

1.94/kg

**.88
/lb**

**Organic BC Grown
Vegetable & Herb Plants**

from Meadowlands Horticultural Inc.

349

399

4" Pot

New Roots Vitamins & Supplements



**All
Products
on Special!**

20% off

assorted sizes

Regular Retail 1.79-114.99

Beyond Meat Plant Based Burger



599

226g

Rocky Mountain Flatbread Frozen

Artisan Pizza



899

405-430g

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you.

Prices Effective
May 6 - 12, 2021

PRODUCE

Organic Salad Mixes
from **organicgirl**
Assorted Varieties



3.98
142g

Organic Ruby Grapefruit
from Mexico



4.98
1.81kg Bag

Thompson Green Seedless Grapes
from Australia
8.77/kg



3.98
/lb

MEAT

Beef Top Sirloin Steaks
19.82/kg



8.99
/lb

Grass Fed, Value Pack
from New Zealand

Pork Chops
15.41/kg

LOCAL



6.99
/lb

Boneless, Value Pack
Raised Without Antibiotics

Bacon
24.23/kg

LOCAL



10.99
/lb

No Nitrates Added

Lamb Loin Chops
28.64/kg



12.99
/lb

Grass Fed
from New Zealand

Organic Chicken Legs
24.23/kg

LOCAL



10.99
/lb

Boneless, Skinless

Organic Whole Chicken
13.21/kg

LOCAL



5.99
/lb

Sockeye Salmon Fillets
39.66/kg



17.99
/lb

Value Pack
Previously Frozen

Whole Duck
11.00/kg

LOCAL



4.99
/lb

Fresh

Turkey Sausages
17.61/kg



7.99
/lb

Made In-Store

Large Prawns
44.07/kg



19.99
/lb

Previously Frozen

GROCERY

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Late July Organic
Tortilla Chips &
Cantina Dippers

3⁹⁹

227-312g



Beanfields Bean Chips

3⁹⁹

156g



Paqui Tortilla Chips

2/7⁰⁰

155g



Angie's
Boomchickapop
Popcorn

3⁹⁹-4⁹⁹

assorted sizes



Sonoma Creamery
Cheese Crackers

4⁹⁹

64g



Blue Diamond
Nut Thins

2/7⁰⁰

120g



Theo Organic
Fair Trade
Chocolate Bars

2/7⁰⁰

85g



Zazubean Organic
Fair Trade Chocolate Bars

2/7⁰⁰

80 - 85g



Pamela's Gluten-Free Fig Cookies,
Pancake Mix &
Honey Grahams

30% off

assorted sizes



Ben & Jerry's
Ice Cream

5⁴⁹ 6⁴⁹

500ml
Regular

500ml
Dairy-Free



Good To Go Bites

3⁹⁹

100g



Halvana Hummus
& Tahini Squeeze

2/5⁰⁰ 4⁹⁹

175g Hummus

300ml Tahini



Rise Organic Oat Milk &
Nitro Cold Brew Lattes

2/7⁰⁰ 4⁹⁹

207ml Cold Brew

946ml Oat Milk



Remedy Organic Kombucha

2/6⁰⁰

330ml • +deposit +eco fee



Squamish Water Kefir

2/6⁰⁰

355ml • +deposit +eco fee



Flow Natural
Alkaline Spring Water &
Organic Flavoured Water

2/3⁰⁰ 2/4⁰⁰

500ml

+deposit +eco fee

1L

+deposit +eco fee



San Pellegrino Mineral Water
or Perrier Carbonated
Natural Spring Water

2/4⁰⁰

750ml • +deposit +eco fee



Guayaki
Yerba Mate Beverages

2/5⁰⁰

458ml • +deposit +eco fee

GROCERY



Nature's Nuts
Organic Almond
& Peanut Butter

Select Varieties

4⁹⁹ 500g
Peanut Butter

11⁹⁹ 340g
Almond Butter



Uncle Luke's
Organic Maple Syrup

20⁹⁹
1L



Elias Liquid &
Creamed Honey

Select Varieties

9⁹⁹-11⁹⁹
1Kg

Maple Hill Free Range Large Eggs



4⁹⁹ 1 Dozen



Anita's Organic Flour

Select Varieties

30% off
assorted sizes

Enjoy Life Baking Chocolate Chips
& Chunks



4⁹⁹
225-283g

The Granola King Granola



24⁹⁹
2 Kg



Blue Diamond
Almond Breeze

3⁹⁹
1.89L



Bremner's
Frozen Fruit

Select Varieties

30% off
300-600g



Riviera Petite
Style Yogurt

4⁴⁹
4 Pack



Tree Island
Greek Yogurt

3⁹⁹
325-350g

Olympic Yogurt



7⁹⁹-9⁹⁹
1.75Kg



Silk Dairy-Free
Creamers & Beverages

2/5⁰⁰ 4⁴⁹
473ml Creamers 1.89L



Plant Veda Vegan
Creamers & Lassi

4⁴⁹ 7⁹⁹
500ml Creamers 1L Lassi



Happy Planet Smoothies

3⁹⁹
900ml • +deposit +eco fee



Kicking Horse
Organic Fair Trade
Whole Bean Coffee

12⁹⁹
454g



Traditional Medicinals
Organic Herbal Tea

Select Varieties

4⁴⁹
20 Tea Bags



Armstrong Cheese

9⁹⁹
600g

DELI

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**Spinach & Feta or
Mushroom & Parmesan Pies**

**2 for
800**
185g

**Choices
Potato, Pesto
or Moroccan
Chickpea Salad**

1 89
/100g

**Rustic Bakery
Flatbreads
& Crisps**

899
170g



**Tre Stelle
Reggiano, Grana
Padano or Romano
Cheese Wedge**

**999-
1099**
200g



**Choices Wild
Salmon Lox
Bagels, Patties,
Cakes & Wraps**

**349-
699**

**Choices
8" Quiche
Assorted Varieties**

1299
each



Greek Salad

799
440g



**Ile De France
Imported
Brie Cheese**

449
/100g



**Payson
Breton Madame
Loik Cream
Style Cheese
Plain or Garlic & Herb**

649
150g



BAKED GOODS

**Choices' Own Multigrain
& Whole Wheat Bread**



499
530g

Choices' Own Focaccia Bread
3 Varieties: Caramelized Onion & Rosemary
or Jalapeno Cheddar or Italian Spice



499

**Choices' Own
Gourmet Muffins**
Assorted Varieties



449
230-280g

**Silver Hills Sprouted
Power Bread**
Assorted Varieties



399
Assorted
Sizes

**Little Northern
Bakehouse
Gluten-Free Bagels**



499
400g

Assorted
Varieties

**Slice of Life
Carb Wise
Bread & Buns**



899
Assorted
Sizes

Online Choices

The future of shopping at Choices is nearly here. Soon you'll be able to click & collect on hundreds of the best local, organic and specialty food items on our new online store!

Coming Soon!
choicesmarkets.com



BULK

**Organic Baking
Products & Flour**

Bulk &
Prepackaged

**20%
Off**



GROCERY



Annie's
Homegrown
Mac and Cheese
Select Varieties

2/4⁰⁰
149-170g



Udi's Gluten-Free
Frozen Buns,
Muffins & Entrees
Select Varieties

30% off
assorted sizes

Italpasta Pasta



2/6⁰⁰
assorted sizes



Mezzetta
Homemade
Pasta Sauce

5⁹⁹
473-709ml



Maison Orphée
Organic Cooking Oil
Select Varieties

30% off
500-750ml



Bragg Liquid
Soy Seasoning

4⁹⁹ 8⁹⁹
473ml 946ml



Ginger People
Cooking Sauce,
Candies & Ginger

30% off
assorted sizes



Thai Kitchen Coconut Milk,
Noodles, Sauce &
Curry Paste

30% off
assorted sizes

WELLNESS

Mineral Fusion Natural
Cosmetics & Nail Polish

Assorted Sizes
Regular Retail 11.49-45.99



**BUY 1
GET 1
FREE**

Andalou Naturals Face
& Body Care Products

Select Varieties • Assorted Sizes
Regular Retail 2.99-41.49



**BUY 1
GET 1
FREE**



Mrs. Meyer's
Hand Soap

5⁴⁹
370ml



Herbatint
Natural
Permanent
Hair Colour

16⁹⁹
1 Kit

Le Comptoir Aroma Mist
Diffusers
& Pebbles



25% off
assorted sizes
Regular Retail 15.99-99.99



Divine Essence
Organic Essential
Oils & Body
Care Products
Select Varieties

25% off
assorted sizes
Regular Retail 7.99-129.99



Acure
Hair Care

11⁹⁹ 13⁹⁹
236ml 236ml
Hair Wellness Colour Wellness



Natracare Natural
Feminine Hygiene
Select Varieties

20% off
assorted sizes
Regular Retail 4.49-8.49



MegaFood
Vitamins &
Supplements
Select Varieties

25% off
assorted sizes
Regular Retail 34.99-81.99



Prairie Doctor
Herbal Tinctures

25% off
assorted sizes
Regular Retail 18.99-32.99



Garden of Life
Proteins &
Sport Nutrition
Products

20% off
assorted sizes
Regular Retail 44.99-68.99



Whole Earth & Sea
Multivitamins
Mens & Womens,
Regular & 50+

34⁹⁹ 64⁹⁹
60 Tabs 120 Tabs



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t @ChoicesMarkets

i /Choices_Markets

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.