



# CHOICES FOR CANADA DAY WEEKEND!

100% BC OWNED AND OPERATED

## Pork Boneless Loin Chops

Value Pack  
Raised Without Antibiotics

**6.99/lb**

15.41/kg

LOCAL

## Organic Warba White Nugget Potatoes

from Delta

**1.98/lb**

4.37/kg

LOCAL

## Choices' Own Canada Day Maple Leaf Cookies & Canada Day Chocolate Cupcakes

LOCAL

**4.99**

Cupcakes

**1.99-4.99**

Cookies

## Farmcrest Specialty Roasted Chicken

LOCAL

**13.99**

each

## Organic Sturgeon Fillets

52.89/kg

LOCAL

**23.99**

/lb

## Organic Cherries

from Cawston

15.39/kg

LOCAL

**6.98**

/lb

## Choices Family Size Salads

Assorted Varieties

LOCAL

**10.99-12.99**



Purica Extra Strength Recovery, Curcumin & Recovery 3.0

**20% off**

assorted sizes  
Regular Retail 19.99-38.29

## Orange, Red & Yellow Peppers

from Delta

4.37/kg

LOCAL

**1.98**

/lb

## BC Roasted Warba Potatoes

LOCAL

**1.69**

/100g

**Physical Distancing:** Please remain 2 metres from others. One customer using the checkout belt at a time. Thank you.

Prices Effective  
July 1 - 7, 2021.



# PRODUCE

**Romaine Lettuce**

**LOCAL**

**.98**  
each



**Organic Whole Red Seedless Watermelon**

from USA  
1.72/kg

**.78**  
/lb



**Organic Garlic Flower Seasoning from Le Petit Mas in Canada**

**6.98**  
190ml



# MEAT

**Beef Striploin Steaks**

30.84/kg

**13.99**  
/lb

Grass Fed, Value Pack from New Zealand



**Two Rivers Salami**

**LOCAL**

**9.99**  
each



**Ozo Plant Based Products**

**4.99-6.99**



**Choices Frozen Pasta**

**5.99**  
each



**Stapleton Frozen Sausages**

**LOCAL**

**10% OFF**



**Lamb Loin Chops**

30.84/kg

**13.99**  
/lb

Grass Fed from New Zealand



**Whole Chickens**

9.90/kg

**LOCAL**

**4.49**  
/lb

Raised Without Antibiotics



**Fresh Sockeye Salmon Fillets**

44.07/kg

**19.99**  
/lb

Value Pack



**Lamb Burgers**

26.43/kg

**11.99**  
/lb

Made In-Store



**Rockfish Fillets**

20.92/kg

**9.49**  
/lb





# GROCERY

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Barbara's  
Cheez Puffs

**2/5<sup>00</sup>**  
155-198g



Kettle Brand  
Krinkle Cut  
Potato Chips

**3<sup>99</sup>**  
397g



Southern Recipe  
Pork Rinds

**2/7<sup>00</sup>**  
85g



Que Pasa  
Organic Tortilla  
Chips & Salsa

**2/7<sup>00</sup>**  
assorted sizes



Mrs. Renfro's Salsa

**4<sup>49</sup>**  
473ml



Paqui Tortilla Chips

**2/7<sup>00</sup>**  
155g



Chapman's  
Frozen Yogurt

**5<sup>99</sup>**  
2L



Udderly  
Ridiculous  
Goat Milk  
Ice Cream

**6<sup>99</sup>**  
473ml

Coconut Bliss Organic Plant Based  
Frozen Bars



**5<sup>99</sup>**  
3 or 4 Pack



Leclerc  
Celebration  
Cookies

**3<sup>99</sup>**  
240g



Endangered Species  
Fair Trade Chocolate Bars

**2/7<sup>00</sup>**  
85g

Lesley Stowe Raincoast Crisps



**4<sup>99</sup>**  
150g



Santa Cruz Organic  
Lemonade & Limeade

**2/6<sup>00</sup>**  
946ml  
+deposit +eco fee



Rise Organic Kombucha

**2/6<sup>00</sup>**  
414ml  
+deposit +eco fee



Happy Planet Smoothies

**2/4<sup>00</sup>**  
325ml  
+deposit +eco fee



Sapsucker Organic  
Sparkling Tree Water

**2/4<sup>00</sup> 5<sup>99</sup>**  
355ml Single  
+deposit +eco fee  
4 Pack  
+deposit +eco fee



Whistler Glacier  
Spring Water

**2/7<sup>00</sup>**  
4L  
+deposit +eco fee



Happy Planet Organic Juice

**3<sup>99</sup>-4<sup>99</sup>**  
1.75-1.89L  
+deposit +eco fee



# GROCERY

## Olympic Yogurt

Select Varieties



**7<sup>99</sup>-9<sup>99</sup>**

1.75kg

## Tree Island Grass Fed Greek Yogurt



**3<sup>99</sup>**

325-350g

## Fatso High Performance Almond & Seed Butter



**12<sup>99</sup>**

454g



## Silk Dairy-Free Creamers & Beverages

**2/5<sup>00</sup> 4<sup>49</sup>**

473ml Creamers

1.89L Beverages



## Greenhouse Organic Cold Pressed Almond & Oat Beverages

**6<sup>99</sup>**

946ml +deposit +eco fee

## Crofter's Premium Organic Spreads

Select Varieties



**2<sup>99</sup>-3<sup>49</sup>**

235ml



## Capilano Honey

**6<sup>99</sup>-10<sup>99</sup>**

375g

## Meadowvale Creamery Butter



**4<sup>99</sup>**

454g

## Maple Hill Organic Free Range Medium Eggs



**4<sup>99</sup>**

1 Dozen



## Kicking Horse Organic Fair Trade Whole Bean Coffee

**26<sup>99</sup>**

1kg



## Mogiana Whole Bean Coffee

**10<sup>99</sup>**

340g



## Traditional Medicinal Organic Tea

**4<sup>49</sup>**

20 Tea bags



## Kaslo Sourdough Pasta Fermentata

**7<sup>99</sup>-9<sup>99</sup>**

500-560g



## Bioitalia Organic Strained Tomatoes Pasta Sauce & Paste

**3<sup>99</sup>**

assorted sizes Strained Tomatoes & Paste

**4<sup>99</sup>**

358ml Pasta Sauce



## Earth's Choice Organic Extra Virgin Olive Oil

**10<sup>99</sup>**

500ml

**15<sup>99</sup>**

1L

## Bari Ricotta Cheese



**4<sup>99</sup>**

500g



## Tre Stelle Shredded Cheese

**4<sup>99</sup>**

170-200g

## Faith Farms Cheese



**5<sup>49</sup>**

360-380g



# DELI

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## New! Gusta Vegan Paté

**549**  
each

## Le Grand Pesto & Chimichurri

**699**  
170g

## Arla Cheese Slices Assorted Varieties

**2 for  
1000**

## Macedonian Style Doric Feta Cheese

**499**  
200g

## Choices Mango, Corn or Tomato Salsa

**2 for  
1000**

## Kalamata Olives

**149**  
/100g

## Castello Cheese Brie, Blue & Gorgonzola

**349-  
499**  
100g

# BAKED GOODS

## Choices' Own 6" Pies Assorted Varieties

**599**  
each

## Choices' Own Hamburger, Slider & Hot Dog Buns Assorted Varieties

**449**  
6-12 Pack

## Grimm's Tortillas & Wraps Assorted Varieties

**199-  
379**  
assorted  
sizes

## Choices' Own Raw Bars 2 Varieties

**599-  
699**  
180-200g

## Choices' Own Nanaimo Bars Regular & Alternative Flour

**499-  
599**  
165-200g

## Silver Hills Sprouted Power Organic Bagels

**399**  
400g

**Happy Anniversary, Choices Yaletown**  
Saturday, July 3rd ONLY!

at Choices Yaletown, 1202 Richards St.

**10% OFF**

THE ENTIRE STORE,  
INCLUDING  
SALE ITEMS

Anniversary sale is only available at Choices Yaletown.

# BULK

**Organic Baking  
Products & Flakes**  
Bulk & Prepackaged

**20%  
Off**



# GROCERY

Wholly Veggie Plant Based  
Frozen Pizzas,  
Entreés & Patties



**30% off**

assorted sizes



Quesava Frozen  
Poppers, Samosas  
& Perogies

**6<sup>99</sup>**

200-240g



Udi's Gluten  
Free Hamburger  
& Hot Dog Buns

**3<sup>49</sup>**

4 Pack  
Hamburger Buns

**4<sup>99</sup>**

6 Pack  
Hot Dog Buns

Gusta Vegan Sausages  
& Seitan Roast or Loaf



**5<sup>99</sup>**

350-400g



Sundhed  
Himalayan Salts  
& Peppercorns

**30% off**

assorted sizes



Suzie's Organic  
Condiments  
& Sauce

**30% off**

assorted sizes



Stahlbush Island Farms  
Sustainable  
Frozen Fruit  
& Vegetables

**2/5<sup>00</sup>**

assorted sizes  
Vegetables

**4<sup>49</sup>**

assorted sizes  
Fruit



Aspenclean Natural  
Cleaning Products  
& Dish Soap

**30% off**

assorted sizes

# WELLNESS



Flora Vitamins  
& Supplements

**20% off**

assorted sizes  
Regular Retail 5.99-79.99



Natural Factors  
CurcuminRich  
Theracurmin  
Supplements  
Select Varieties

**20% off**

assorted sizes  
Regular Retail 24.99-80.99



Nativa Organic  
MCT Oil

**1<sup>99</sup> 3<sup>39</sup>**

473ml 946ml



Genuine Health  
Fermented  
Organic  
Vegan Proteins

**4<sup>49</sup> 5<sup>99</sup>**

600g 900g



Nuun Hydration  
Electrolytes Sport,  
Boost, Immunity  
& Vitamin Tabs

**8<sup>99</sup>**

10 Tabs



Omega Nutrition  
Organic Pumpkin  
Seed Protein  
Powder

**2<sup>39</sup>**

600g



Natural Factors  
Vitamin B  
Supplements  
Select Varieties

**20% off**

assorted sizes  
Regular Retail 9.49-37.99



Dr. Gifford Jones  
Medi-C Plus

**2<sup>49</sup> 4<sup>49</sup>**

300g 600g

Tints of Nature Henna  
Cream or Bold  
Hair Colour



**1<sup>69</sup>**

1 Kit



Island Essentials  
Hair Care

336ml  
Regular Retail 15.99

**BUY 1  
GET 1  
FREE**



Alaffia Everyday  
Shea Body Care

**20% off**

assorted sizes  
Regular Retail 13.99-20.99



The Soap Works  
Bar Soap  
Select Varieties

**3/5<sup>49</sup>**



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**Kerrisdale** - 1888 W 57th Ave, Vancouver  
**Yaletown** - 1202 Richards St, Vancouver  
**Cambie** - 3493 Cambie St, Vancouver  
**Kitsilano** - 2627 W 16th Ave, Vancouver  
**Commercial Drive** - 1045 Commercial Dr, Vancouver

**North Vancouver** - 801 Marine Dr, North Vancouver  
**South Surrey** - 3248 King George Blvd, Surrey  
**Burnaby Crest** - 8683 10th Ave, Burnaby  
**Abbotsford** - 3033 Immel St, Abbotsford  
**Kelowna** - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.