



ORGANIC WEEK

100% BC OWNED AND OPERATED

Thomas Reid
Organic Whole
Chickens
5.99/lb
13.21/kg

Organic
Ruby Red
McIntosh Apples

from Blossom River
in Cawston

6.98

first of the season
1.36kg bag

LOCAL

Organic Red Tomatoes
on the Vine

6.57/kg

LOCAL

2.98
/lb

from Origin
Organics in Delta

Choices Organic Cheese



**3.49-
5.49**
/100g

Yorkshire Valley Organic Sliced
Turkey or Chicken Breast



7.99
150g

Organic Long Seedless
Cucumbers

LOCAL

2.98
each

from Origin
Organics in Delta

Natural Factors and Whole Earth
& Sea Vitamins & Supplements



20% off
assorted sizes
Regular Retail 4.99-86.49

Nature's Farm Organic Large
Omega-3 Eggs



6.79
1 dozen

Ethical Bean
Organic Fair Trade
Coffee



6.99 9.99
227g Ground 340g Whole Bean

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you.

Prices Effective
September 9-15, 2021

PRODUCE

**Organic
Coronation and
Himrod Grapes**

LOCAL

from
Secrest
Farm in
Oliver

698
907g
package

**Green Dirt Farm
Organic Salad Mix**
assorted varieties

LOCAL

from Green
Dirt Farm in
Lillooet

398
142g

Hass Avocados

from Mexico

**4/
500**

BULK

Organic Mango

Bulk

**20%
Off**

MEAT

Beef Striploin Steaks

26.43/kg

1199
/lb

Value Pack, 100% Grass Fed
From New Zealand

Lean Ground Bison

33.05/kg

1499
/lb

Lean Ground Pork

11.00/kg

499
/lb

Raised without antibiotics

Nitrate Free Bacon

24.23/kg

1099
/lb

**Boneless Skin-On
Duck Breast**

41.87/kg

1899
/lb

Arctic Char Fillets

41.87/kg

1899
/lb

Ground Turkey Breast

28.64/kg

1299
/lb

Raised without antibiotics

Lamb Leg Steaks Bone-In

28.64/kg

1299
/lb

from New Zealand

**Yorkshire Valley Farms
Organic Chicken Bites
and Fillet**



1699
454g &
480g

Haddock Fillets

39.66/kg

1799
/lb

from Iceland

Sockeye Salmon Nuggets

59.50/kg

2699
/lb

previously frozen

GROCERY

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Lions Bay
Organic Fair Trade
Coffee

11.99
454g



Mighty Leaf
Artisan Tea

8.99
15 Tea Bags



Stash
Premium Tea

3.99
18-20 Tea Bags



Canadian Heritage
Organic Maple Syrup

11.99
500ml



Elias Squeeze Bear
Honey & Organic
Creamed Honey

4.99 **8.99**
Squeeze Bear 375g
Organic Creamed 375g



Peace River Honey

7.99
500g



Donia Farms
Grass Fed Milk

4.99
2L



A2 Milk

5.49
2L

Rolling Meadow
Grass Fed Yogurt, Kefir & Creamers



30% off
assorted sizes



Manitoba Harvest
Hemp Yeah
Granola

5.49
283g



Bob's Red Mill
Gluten-Free Oats

30% off
assorted sizes



Rawcology
Raw Crunch Granola

7.99
200g



Jordans
Organic
Morning Crisp
& Muesli

5.99
450g-500g



Flourish
Gluten-Free
Pancake Mix

7.99
430g



Nature's Path
Organic and
Envirokidz
Frozen Waffles

2/7.00 **4.49**
210g 240g
Envirokids



Anita's Organic
Sprouted &
Gluten-Free Flour
and Pancake Mix

30% off
assorted sizes



Eve
Smoothie Cubes

7.99
405g



Silk Dairy-Free
Creamers &
Beverages

2/5.00 **4.49**
473ml 1.89L

GROCERY



Fresh Is Best Tortilla
Chips & Salsa

3⁹⁹
assorted sizes



Angie's
Boomchickapop
Popcorn & Puffs

3⁹⁹
assorted sizes



Old Dutch & Ridgies
Potato Chips

2/6⁰⁰
200g-240g



Laid Back Snacks

30% off
130g



Hippie Snacks
Cauliflower &
Avocado Crisps

4⁴⁹
70g



Blue Diamond
Nut Thins

3⁹⁹
120g

McVitie's Cookies and Biscuits



2/6⁰⁰
300g-400g



Freeyumm
Gluten-Free Bars
& Cookies

2/7⁰⁰
135g-154g



Sigdal Bakeri
Crispbread

4⁹⁹
190g-220g



Bobo's Gluten-Free
and Stuffed Bars

2/5⁰⁰
71g-85g



Nature's Bakery
Fig Bars

4⁴⁹
6PK



Mid-Day
Superfood Squares

2/6⁰⁰
70g



Seattle Chocolate
Company
Chocolate Bars

3⁹⁹
70g



Pur
Gum & Mints

2/3⁰⁰ 2/6⁰⁰
22g Mints 80g Gum



Galerie Au Chocolat
Chocolate Bars

4⁴⁹
100g

Made Good Products



30% off
assorted sizes



Seasnax
Seaweed Snacks

2/3⁰⁰ 2/4⁰⁰
5g 10g



Patience
Organic Dried Fruit

30% off
assorted sizes

GROCERY

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Happy Planet
Smoothies

2/4⁰⁰

325ml
+Deposit +Eco Fee

Kiju Organic Juice



2/5⁰⁰

4pk & 1L
+Deposit +Eco Fee



Greenhouse
Organic Cold-Pressed
Juice & Boosters

5⁴⁹

300ml Juice
+Deposit +Eco Fee

2/7⁰⁰

60ml Boosters
+Deposit +Eco Fee



Blue Monkey
Coconut Water,
Milk, Cream and
Watermelon Juice

30% off

assorted sizes
Select Varieties



Gardein Vegan
Frozen Meat
Alternatives

4⁴⁹

assorted sizes
select varieties



Quesava
Frozen Poppers,
Samosas & Perogies

5⁹⁹

200g-240g



Wholly
Veggie Frozen
Burgers, Pizzas
and Meals

30% off

assorted sizes



Rocky Mountain
Frozen Artisan
Pizza

8⁹⁹

405g-430g



Pearl's
Frozen Perogies

5⁴⁹

600g



Earthbound
Farm Organic
Frozen
Vegetables

2/6⁰⁰

300g-400g



Pacific Foods
Organic Broth

3⁹⁹

946ml-1L

Raincoast Albacore Tuna

Select Varieties



6⁴⁹-7⁴⁹

150g



Kaslo
Fermentata Pasta

30% off

500g-560g



Acropolis
Organic Extra Virgin
Olive Oil

20⁹⁹

1L



Earth's Choice
Organic Extra Virgin
Olive Oil

10⁹⁹

500ml

16⁹⁹

1L



Saputo
Shredded
Cheese

3⁹⁹ 5⁴⁹

170g

320g



Glutino
Gluten-Free
Products

30% off

assorted sizes

Armstrong Cheese



2/7⁰⁰

200g

GROCERY

Arla Cream Cheese



3⁹⁹
200g

Yoggu! Vegan Coconut Based Yogurt



6⁹⁹
500ml



SunButter
Sunflower
Seed Spread

6⁴⁹ - 7⁹⁹
454g



lögo
Yogurt Tubes &
Nano Drinkable
Yogurt

2/5⁰⁰ 2/7⁰⁰
8pack Tubes 6pack Nano



Good Juu Eco
Friendly
Laundry
Strips

9⁹⁹
30PK

Savor Grass Fed Butter
Salted and Unsalted



4⁴⁹
250g



Nature's
Path
Organic
Love
Crunch
Granola

4⁹⁹ 8⁹⁹
325g 700g



Barney Butter
Almond Butter

7⁹⁹
284g

Olympic
Krema Yogurt
2 Varieties



5⁹⁹
8pack



Nature
Clean
Natural
Laundry
Detergent
& Strips

30% Off
assorted sizes

WELLNESS



Garden of Life
Proteins and
Sport Nutrition
Products

25% off
assorted sizes
Regular Retail 45.99-72.99



BioSil, Medi-C,
Sealicious and
VegiDay Vitamins
and Supplements

20% off
assorted sizes
Regular Retail 10.99-75.99

Mineral Fusion Natural
Cosmetics And Hair Care



**Buy One
Get One FREE**



Salus
Floradix
& Floravit
Formulas

23⁹⁹ 39⁹⁹
250ml 500ml



AOR
Vitamins &
Supplements

20% off
assorted sizes
Regular Retail 29.99-124.99



Sukin Botanicals
Natural Face Care
and Hair Care

25% off
assorted sizes
Regular Retail 7.49-27.49

Ener-C Effervescent
Vitamin C Drink Mix



13⁹⁹
30 Pack



Sisu Kids
Vitamins and
Supplements

25% off
assorted sizes
Regular Retail 8.99-29.99



Dr. Bronner's
Non GMO
Castile Soap

17⁴⁹
944ml



NutraVege
Omega-3 Plant
DHA & EPA

20% off
assorted sizes
Regular Retail 36.99-69.99



Prairie Doctor
Herbal
Tinctures
Regular, Organic and Blends

20% off
assorted sizes
Regular Retail 18.99-32.99



NOW
Essential
Oils

20% off
assorted sizes
Regular Retail 7.49-77.99

DELI

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Farmcrest Roasted Chickens

13⁹⁹

Raised without antibiotics

Krinos

Spinach & Feta or Feta
& Ricotta Twisters

2/
500

Habibi's Hummus

6⁹⁹
450g

Choices Artisan Sandwiches

Ham, Turkey or
Roast Beef

8⁹⁹

Krinos Organic Cow or Goat Feta Cheese



4⁹⁹-
5⁴⁹
150g

Bothwell Cheese



2⁹⁹
/100g

Pakorras

Vegetable or
Spinach

2⁴⁹
/100g

Choices Mexican Burritos, Fajitas or Quesadilla Entrees

4⁹⁹-
6⁹⁹

BAKED GOODS

Choices' Own Buns

Italian Cheese, Chia &
Sesame Seed, Ciabatta
and Sourdough

2⁹⁹-
3⁹⁹
4pack

Choices' Own Multiseed and Country Wholesome Sourdough Bread



4⁹⁹
575g &
600g

Choices' Own Cake Slices



3²⁹
120g - 150g

Artisan Bake Shoppe Bread



5²⁹
500g &
600g

Ozery Snacking & Morning Rounds



3⁹⁹
312g &
450g

Silver Hills Organic Sprouted Power Tortillas



4⁴⁹
255g

Wise Bites Bars, Cookies, Bites and Muffins



5²⁹-
7⁹⁹
150g-340g

Wendel's Gluten-Free Cookies



6⁹⁹
300g-310g



Kickstart Your Career

Join a team that values supporting local producers, seeing happy customers and working towards a sustainable future.



- As an essential service we offer steady, dependable employment and flexible work schedules
- Full benefits, including health, dental, vision and an Employee and Family Assistance Program (EFAP)
- Staff lunch program and store discount
- Free staff education and nutrition services
- We're growing fast and promote from within!

Apply Online:
choicesmarkets.com/careers



**Happy Anniversary,
Choices Kelowna & South Surrey**
Saturday, September 11th ONLY!

at Choices Kelowna, 1937 Harvey Ave & Choices South Surrey, 3248 King George Blvd

10% OFF

THE ENTIRE STORE, **INCLUDING SALE ITEMS**

Anniversary sale is available at our Kelowna and South Surrey locations only.



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.