



WEEKLY CHOICES

100% BC OWNED AND OPERATED

**Pork Chops
Boneless**

799/lb

17.61/kg

raised without
antibiotics,
value pack



**Green and
Red Seedless
Grapes**
from USA

298/lb

6.57/kg

**Organic
Bananas**
from Mexico

.78/lb

1.72/kg

**Spanakopita or Mushroom
& Parmesan Phyllo Pies**

**2/
800**

Sockeye Salmon Fillets

48.48/kg

**21⁹⁹
/lb**

Value Pack
previously frozen

**Choices' Own
Pecan Tarts**

2⁹⁹

2 pack

6⁹⁹

6 pack

**Truly Grass Fed Medium or
Mature Cheddar Cheese**

6⁹⁹

198g



**Natural Factors
and Whole Earth
& Sea Vitamins &
Supplements**

20% off

Assorted Sizes
Regular Retail 4.99-87.49



**Rocky Mountain
Frozen Artisan
Pizza**

8⁹⁹

405g-430g

Faith Farm Cheese



5⁴⁹

360g-380g

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you.

Prices Effective
Nov 25 – Dec 1, 2021

PRODUCE

Organic Green Zucchini

3.26/kg

1.48
/lb

from Mexico

Lemons

3.98
/lb

from Sunkist in USA

Organic Salad Mixes



from Earthbound Farm
in USA

3.98
142g

Organic Broccolini Bunches

2.98
each

from Earthbound Farm
in USA

MEAT

Beef Striploin Steaks

26.43/kg

11.99
/lb

Grass Fed, Value Pack
from New Zealand

Fort Hardy Ribs



11.99
568g

Bison Sirloin Tip Steaks

37.46/kg

16.99
/lb

Lamb Rib Chops

59.50/kg

26.99
/lb

from New Zealand

Thomas Reid Organic Chicken

13.21/kg



5.99
/lb

Choices Pork Sausages made in store

19.82/kg



8.99
/lb

Rockfish Fillets

22.02/kg

9.99
/lb

Fresh

Lamb Leg Boneless Roasts

28.64/kg

12.99
/lb

from New Zealand

GROCERY

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Amy's Organic
Soup

2/7⁰⁰
398ml



Bar Harbor
Seafood Chowder,
Bisque and Assorted
Seafood Products

30% off
Assorted Sizes

Better Than Boullion Base



30% off
227g

Wild Moon
Organic Frozen Bone Broth



7⁹⁹
450ml



GoBio Organic
Bouillon Cubes &
Broth Powder

30% off
Assorted Sizes

Earthbound Farm
Organic Frozen Vegetables



2/6⁰⁰
300g-400g



Raincoast
Wild
Skipjack Tuna
Select Varieties

2/5⁰⁰
74g



Prairie Harvest
Organic Pasta &
Pasta Sauce

2/5⁰⁰ 4⁹⁹
Pasta 454g Sauce 705ml

Sol Cuisine Frozen Vegan
Appetizers & Cauliflower Wings



4⁹⁹
Assorted Sizes



Udi's
Gluten-Free
Frozen Pizza

10⁹⁹
Assorted Sizes



Tre Stelle
Shredded Cheese

4⁹⁹
170g-200g



Karthain's
Organic Sauerkraut

5⁴⁹ 8⁹⁹
375ml 750ml



Donia Farms
Grass Fed
Yogurt

3⁹⁹ 8⁹⁹
650g 1.75kg



Yoggu!
Vegan Coconut
Based Yogurt

6⁹⁹
450g

Stahlbush Island Farms
Sustainable Frozen Fruit



4⁴⁹
283g-300g



Anita's Organic
Sprouted &
Gluten-Free Flour

30% off
Assorted Sizes

Maple Hill Free Range Large Eggs



4⁹⁹
1 Dozen



MaraNatha Peanut
or Almond Butter

30% off
340g-500g

GROCERY



Noochpop
Nutritional
Yeast Popcorn

3⁹⁹
120g



Kettle Brand
Krinkle Potato Chips

3⁹⁹
397g



La Cocina
Tortilla Chips

2/7⁰⁰
300g-400g



Skinny Pop
Popcorn

2/6⁰⁰
125g-150g



Old Dutch
Crunch or Baked
Potato Chips

2/7⁰⁰
200g



Prana
Organic Trail Mixes
& Chic Choc Bites

30% off
Assorted Sizes



Tate's Gourmet
Cookies

5⁴⁹
198g



Pur
Gum & Mints

2/4⁰⁰ 2/6⁰⁰
22g Mints 80g Gum



Ozery
Super Seed
Crunch Keto

2/7⁰⁰
150g

Hornby Organic Bars



2/5⁰⁰
80g



Camino Organic
Fair-Trade
Chocolate Bars

2/7⁰⁰
80g-100g

Nairn's Oat Crackers & Cookies



3⁹⁹-4⁴⁹
200g-250g



Organic Traditions
Super Food
Products

25% off
Assorted Sizes



Chapman's
Frozen Yogurt

5⁹⁹
2L



Silly Cow Farms
Hot Chocolate

6⁹⁹
480g



GT's
Organic Raw
Kombucha

7⁹⁹
1.4L
+deposit +eco fee



San Pellegrino &
Perrier Mineral and
Sparkling Water

2/4⁰⁰
750ml-1L
+deposit +eco fee



Happy Planet
Smoothies

3⁹⁹
900ml
+deposit +eco fee



DELI

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Rustic Bakery Flatbread or Crisps

799

170g

Sunflower Kitchen Soup

Assorted Varieties



799

925ml

Dofino Havarti Cheese

Assorted Varieties



299

/100g

Indianlife Vegetable or Spinach Pakora

249

/100g

Summer Fresh Hummus Toppers

Assorted Varieties



449

255g

Choices Salami

Assorted Varieties



399

/100g

Grana Padano Cheese

Assorted Varieties



379

/100g

Cows Creamery Extra Aged or Applewood Smoked Cheddar



449-

499

/100g

BAKED GOODS

Choices' Own Vegetarian Mince Tarts



299

2 pack

699

6 pack

Choices' Own The Baker's Mezzo Bastone



179

250g

Choices' Own Sourdough Baguette



299

250g

Choices' Own Party Size Cakes

Assorted Varieties



1299

600g

Choices' Own 8" Pumpkin Pies



899

ALL-NEW ONLINE
CHOICES

**NOW
HERE**



NOW AVAILABLE AT

CAMBIE, CREST, KELOWNA, KERRISDALE, KITSILANO,
SOUTH SURREY AND YALETOWN

SHOP.CHOICESMARKETS.COM



GROCERY



Happy Planet
Organic Grass
Fed Milk

5⁹⁹ 6⁴⁹
2% & 3.5% Cream Top
1.5L 1.5L



Terra Breads
Granola

14⁹⁹-15⁹⁹
1kg

Kicking Horse
Organic Fair Trade Whole
Bean Coffee



26⁹⁹
1kg



Salt Spring
Organic Fair
Trade Coffee

11⁹⁹
400g



Earth's Own
Creamers
Café or Culinary Edition

2⁹⁹-3⁴⁹
473ml

Savor Grass Fed Butter
Salted & Unsalted



4⁴⁹
250g



Good Juju
Natural
Laundry Strips

10⁹⁹
30pk



Nature Clean
Natural
Dish Liquid

3⁹⁹
740ml

WELLNESS



Dr. Hauschka
Facial Care

20% off
Assorted Sizes
Regular Retail 7.49-56.99



Dr. Bronner's
Non GMO
Organic
Toothpaste

6⁴⁹
140g



Mountain Sky
Natural
Bar Soap
Assorted Scents

2/7⁹⁸
135g



Routine.

24⁹⁹ 34⁹⁹
Natural Deodorant Perfume or Candle



La Luna
The Journey
Home
Candles

20% off
Assorted Sizes
Regular Retail 7.99-45.99



Quantum
Health Immune
Vitamins and
Supplements

25% off
Assorted Sizes
Regular Retail 5.49-37.99



Enerex
Vitamins and
Supplements

20% off
Assorted Sizes
Regular Retail 20.99-81.99



Renew Life
Vitamins and
Supplements

20% off
Assorted Sizes
Regular Retail 17.49-72.99



Host Defense
Medicinal
Mushroom
Supplements

20% off
Assorted Sizes
Regular Retail 29.99-112.99



Sisu
Vitamins and
Supplements

20% off
Assorted Sizes
Regular Retail .99-69.99



Allimax Allicin
Extract from
Garlic

25⁹⁹ 59⁹⁹
30 Capsules 90 Capsules



Manitoba Harvest
Hemp Yeah! Protein
Blend Powders &
Hemp Proteins

25% off
Assorted Sizes
Regular Retail 16.49-32.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.