



WINTER CHOICES

100% BC OWNED AND OPERATED

Sale is available at our Kitsilano location only
10% OFF entire store
Choices Kitsilano Anniversary Sale
SATURDAY, DECEMBER 4TH
Sale Not Available Online.

Organic Lean Ground Beef

1 | 99/lb

26.43/kg
grass fed
value pack



Organic Blueberries

from Peru

2 98

170g

Organic Satsuma Mandarin Oranges

from USA

1 6 98

2.27kg

NOW AVAILABLE!
Choices Holiday Turkey Dinners

Stuffed specialty turkey breast, mashed potatoes, roasted vegetables with fennel, green beans, stuffing, cranberry sauce and gravy



12 99
each

Beef Striploin Steak
33.05/kg



grass fed
value pack
from Australia

14 99
/lb

Choices' Own 6 inch
Pecan Chocolate Pie



5 99

Choices' Own
6 inch Mince Pie



6 99

Choices Hot Turkey,
Beef or Vegan Chili



5 99-
9 99
16oz-32oz



Natural Factors Probiotics

25% off

Assorted Sizes
Regular Retail 17.99-55.49



Hardbite Natural Potato Chips

2/5 00

128g-150g



Zazubean Organic Fair Trade Chocolate Bars

3 49-3 99

80g-85g

Poinsettias
Assorted Colours



7 98
6" pot

Physical Distancing: Please remain 2 metres from others. Prices Effective
One customer using the checkout belt at a time. Thank you. December 2-8, 2021

PRODUCE

Organic Green and Red Seedless Grapes
8.77/kg



from USA

398
/lb

Organic Cauliflower



from USA

398
each

Organic Tomatoes on the Vine
8.77/kg



from Mexico

398
/lb

Pineapple



from Hawaii

348
each

MEAT

Pork Butt Roast Boneless
13.21/kg



LOCAL
from
Fraser Valley

Raised without antibiotics

599
/lb

Choices Whole Chicken
11.00/kg



LOCAL
from
Fraser Valley

Raised without antibiotics

499
/lb

Soup Etc!



LOCAL
from
East Vancouver

2/1000
700ml

Butterball Turkey Bacon



599
375g

Two Rivers Salami



LOCAL
from
North Vancouver

Raised without antibiotics

999
150g

Boneless Duck Breast
41.87/kg



LOCAL
from
Chilliwack

1899
/lb

Coho Fillets
46.27/kg



LOCAL
from
Mission

previously frozen

2099
/lb

Ozo Plant Based Burgers and Ground



599-799
assorted sizes

Ground Lamb
34.15/kg



grass fed
from New Zealand

1549
/lb

Lamb Leg Roast Boneless
33.05/kg



from New Zealand

1499
/lb

GROCERY

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Annie's Crackers,
Cookies & Fruit
Snacks

3⁹⁹-4⁴⁹
Assorted Sizes



Schar
Gluten-Free Cookies,
Crackers, Bars and
Breadsticks

30% off
Assorted Sizes

Kind Energy Bars



2/3⁰⁰ 1⁶⁹⁹
Single 12Pk

Rawesome Cashew Based Cream
Cheese & Tzatziki



6⁹⁹-7⁹⁹
227g

Dandies
Vegan Gluten-Free Marshmallows



4⁴⁹
283g

Nature's Bakery Fig Bars



5⁴⁹
6Pk



Denman Island
Organic Chocolate Bars

2/6⁰⁰
44g-46g



Chocolove
Chocolate Bars

2/7⁰⁰
90g



CRFT
Non-Alcoholic Beer

2/5⁰⁰ 8⁹⁹
473ml 4Pk
+deposit +eco fee +deposit +eco fee



Betterwith
Ice Cream

5⁹⁹
500ml



Ben & Jerry's
Ice Cream

4⁹⁹ 5⁹⁹
Regular 500ml Dairy-Free 500ml



So Delicious
Dairy-Free
Frozen Dessert

4⁹⁹
500ml



Cape Herb & Spice
Table Top Spices

Select Varieties

4⁴⁹
Assorted Sizes



Earth's Choice
Organic Coconut
Products

30% off
Assorted Sizes



Earth's Choice
Organic Extra
Virgin Olive Oil

10⁹⁹ 16⁹⁹
500ml 1L



Sprague
Organic Soup

2/6⁰⁰
398ml

Mezzetta Olives, Peppers, Pesto
and Relish



30% off
Assorted Sizes

Simply Organic Gravy Mixes &
Frontier Organic Dip Mixes



2/4⁰⁰
Assorted Sizes

GROCERY



Natur-A
Soy, Almond &
Rice Beverages

2/5⁰⁰
946ml



Califia Dairy-Free Holiday
Nog and Peppermint
Mocha Cold Brew

4⁹⁹
1.4L



Silk
Dairy-Free Creamers
& Beverages

2/5⁰⁰ 4⁴⁹
473ml Creamers
1.89L Beverages



Happy Planet
Smoothies

2/4⁰⁰
325ml
+deposit +eco fee



Riviera
Vegan Yogurt &
Coconut Milk Kefir

4⁹⁹
Assorted Sizes

Dairyland Sour Cream



3⁹⁹
750ml

Bob's Red Mill Oats

Select Varieties



30% off
Assorted Sizes



One Degree
Sprouted Cereal,
Oats, Flour
and Granola

30% off
Assorted Sizes



Shady Maple Farms
Organic Maple Syrup,
Cookies & Sugar

30% off
Assorted Sizes



Earth's Choice
Organic Rainforest
Alliance Certified
Coffee

8⁹⁹
340g



Commercial
Drive Coffee

10⁹⁹
300g



Traditional Medicinals
Organic Tea

4⁴⁹
16-20 Tea Bags

Maple Hill Organic
Free Range Large Eggs



5⁹⁹
1 Dozen

Cows Creamery Butter



4⁹⁹
250g

Food for Life & Ezekiel Frozen Bread



30% off
Assorted Sizes

Armstrong
Natural Cheese Slices



4⁹⁹
220g-240g

La Chaudiere
Organic Cheese



30% off
Assorted Sizes

Daiya Plant-Based Cheese
Blocks, Slices & Shreds



2/7⁰⁰
200g-227g

BULK

Organic
Dried
Fruits &
Nuts

**20%
Off**

DELI

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Prices Effective
December 2-8, 2021

Rosstown Roasted Chickens

Assorted Varieties



10⁹⁹
each

Cabbage Rolls or Beef Wellington



**7⁹⁹-
8⁹⁹**

Habibis Hummus & Dips

Assorted Varieties



3⁹⁹
200g

Indianlife Wraps or Naan Bread

Assorted Varieties



5⁹⁹
250g-500g

Ilchester Smoked Applewood or Mexicana Style Vegan Cheese



**2/
10⁰⁰**
200g

Imported Swiss Emmental, Gruyere or Cave Aged Gruyere



**4⁹⁹-
6²⁹**
/100g

Castello Brie or Blue Cheese



3⁹⁹
/100g

Tre Stelle Reggiano, Grano Padano or Romano Cheese



**9⁹⁹-
11⁹⁹**
200g

Castello Blue Cheese Wedges



**2/
10⁰⁰**
125g

BAKED GOODS

Choices' Own Premium Cookies

Assorted Varieties



5⁹⁹
6 pack

Choices' Own Brownies or Blondie Walnut & Date



5⁹⁹
140g-170g

Silver Hills Organic Sprouted Power Bread Soft Wheat, Multigrain or Cinnamon Raisin



4⁴⁹
510g-680g

Choices' Own Cinnamon Raisin Swirl Bread and Cinnamon Buns



5⁹⁹
580g Bread

5⁹⁹
4 pack Buns

Choices' Own Beer Bread or Caramelized Onion & Rosemary Loaf



4⁹⁹
350g-420g

ALL-NEW ONLINE
CHOICES

NOW
HERE



NOW AVAILABLE AT
ALL STORES

SHOP.CHOICESMARKETS.COM

GROCERY

Gardein
Plant-Based Frozen Vegan
Meat Alternatives



4.49
Assorted Sizes

Pearl's Frozen Perogies



3.99
600g

Stahlbush Island Farms
Sustainable Frozen
Vegetables



2/5.00
Assorted Sizes

Udi's Frozen Gluten-Free
Frozen Hamburger Buns &
Dinner Rolls



3.49-4.99
Assorted Sizes

Cup 4 Cup
Gluten-Free Flour



15.99
3LB

Now Stevia &
Xylitol Extracts



30% off
Assorted Sizes

Love Child
Organic Puree
Baby Food



2/4.00
128ml

Echoclean
Natural
Dish Liquid



2.79
740ml

WELLNESS



New Roots
Probiotics

20% off
Assorted Sizes
Regular Retail 26.99-110.99



Bach Flower
Remedies and
Rescue Remedy

20% off
Assorted Sizes
Regular Retail 5.49-20.99



Desert Essence
Body Care
Products

25% off
Assorted Sizes
Regular Retail 3.99-19.99



Vega Protein
& Greens and
Vega Protein
Smoothie

17.99 33.99
252g-264g Protein Smoothie
586g-618g Protein & Greens



Natural Factors
Omega's &
Cognitive
Support
Supplements

20% off
Assorted Sizes
Regular Retail 10.49-54.49



Skin Essence
Face Care

20% off
Assorted Sizes
Regular Retail 19.99-32.99



CanPrev
Magnesium
Bis-Glycinate

23.99 33.99
120caps or 500ml 240caps



Sisu
Stress and Sleep
Supplements

20% off
Assorted Sizes
Regular Retail 16.99-53.49



Dr. Gifford-
Jones
Medi-C Plus

24.99 44.99
300g 600g



Island Essentials
Body Care

5.99 16.99
100ml Lotion 450ml & 944ml Hair Care & Castile Soap

South of France
Soaps Bars or Liquid



7.49
236ml or 170g



A.Vogel
Echinaforce

20% off
Assorted Sizes
Regular Retail 15.99-52.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.