



WEEKLY SPECIALS!

100% BC OWNED AND OPERATED

Lean Ground Beef

5.99/lb

13.21/kg

Grass Fed, Value Pack
from New Zealand/
Australia



Choices Pot Pies

Assorted Varieties



6.49

260g - 300g

Summer Fresh Hummus



**2/
8.00**

255g

Hass Avocados



**2/
3.00**

from Mexico

Organic Bunch Celery

3.26/kg



**1.48
/lb**

from Mexico

Choices' Own 6" Seasonal
Artisan Pies



**5.99
each**



Natural Factors
and Whole Earth
& Sea Vitamins and
Supplements

20% off

Assorted Sizes
Assorted Varieties
Regular Retail 4.99 - 87.49



NutraSea Omega-3
and Omega-3+
Vitamin D, and HP
Fish Oil

25% off

Assorted Sizes
Regular Retail 23.99 - 99.99



Chasers Cold
Pressed Juice

6.99

500ml
+deposit+eco fee

11.99

1L
+deposit+eco fee

Physical Distancing: Please remain 2 metres from others.
One customer using the checkout belt at a time. Thank you.

Prices Effective
Jan 20 - Jan 26, 2022

PRODUCE

Organic Broccoli Bunches

6.57/kg

2⁹⁸
/lb

from USA

Romaine Hearts

2⁹⁸
pkg. of 3

from USA

Organic Cara Cara Red Navel Oranges

4.37/kg

1⁹⁸
/lb

from USA

Organic Gala Apples



4⁹⁸
each

1.36kg bag

MEAT

Organic Boneless Skinless Chicken Breasts

33.05/kg



14⁹⁹
/lb

Pork Side Ribs

15.41/kg



6⁹⁹
/lb

Raised without Antibiotics

Wild Caught Ahi Tuna Steaks

5⁹⁹
6oz

Marinated Chicken Breast

22.02/kg



9⁹⁹
/lb

made in store

Pork Sausages

19.82/kg



8⁹⁹
/lb

Raised without Antibiotics

made in store

Canadian Char Fillets

41.87/kg

18⁹⁹
/lb

Ground Chicken Breast

28.54/kg



12⁹⁹
/lb

Raised without Antibiotics

Country Cottage Bacon



8⁹⁹
375g

Lamb Loin Chops

33.05/kg

14⁹⁹
/lb

Raised without Antibiotics
Grass Fed, from New Zealand

GROCERY

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Lesser Evil Paleo
Puffs & Popcorn

3⁹⁹ 4⁴⁹
Popcorn 142g Puffs 142g



Laid Back
Snacks

30% off
Assorted Sizes



Spokes Puffed
Snacks

2/7⁰⁰
80g



Lundberg Organic
Thin Stackers &
Rice Cakes

2/7⁰⁰ 4⁴⁹
Thin Stackers Assorted Sizes
Rice Cakes Assorted Sizes



Organic Traditions
Superfood Products

25% off
Assorted Sizes



Nora Seaweed
Snacks

2/6⁰⁰
32g - 45g



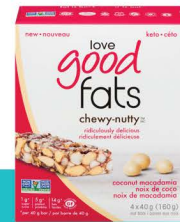
Chocolove
Chocolate
Bars

2/7⁰⁰
90g



RXBAR Protein
Bars

2/5⁰⁰
52g



Love Good Fats
Keto Bars

7⁹⁹
4 pack



Yoggu! Vegan
Coconut Based
Yogurt

6⁹⁹
450g



Brew Dr. Organic
Kombucha

2/6⁰⁰
414ml
+deposit+eco fee



R.W. Knudsen
Juice

30% off
946ml
+deposit+eco fee



Califia Almond,
Oat or Coconut
Milk Beverages

4⁴⁹
1.4L



Blue Diamond
Almond Breeze

3⁹⁹
1.89L



Dairyland
Milk

4⁹⁹
4 L



Yumi Organics
Overnight Oats

6⁹⁹
330g



The Granola King
Premium Granola

24⁹⁹
2kg

Rabbit River Farms Vegetarian
Fed Free Run Large Eggs



4⁹⁹
One Dozen

GROCERY



Pukka
Organic Tea

4⁹⁹
20 Tea Bags



Kicking Horse
Organic Fair Trade
Whole Bean Coffee

12⁹⁹
454g
Select Varieties



Green & Black's
Organic Fair Trade
Hot Chocolate &
Cocoa Powder

5⁹⁹ 9⁹⁹
Cocoa Powder 125g Hot Chocolate 300g



Anita's Organic
Sprouted & Gluten-Free
Flour and Pancake &
Waffle Mix

30% off
Assorted Sizes



Capilano & Barnes
Naturals Honey

30% off
Assorted Sizes



Earth's Own
Plant Based
Dips & Spreads

3⁹⁹-4⁴⁹
227g - 340g



Nuts to You Nut
Butter

30% off
Assorted Sizes
Select Varieties



Crofter's
Organic Spreads

3⁹⁹ 4⁴⁹
235ml 383ml



Liberté
Greek Yogurt

4⁹⁹
750g



Kikkoman Cooking
Sauces, Oils and
Bread Crumbs

30% off
Assorted Sizes



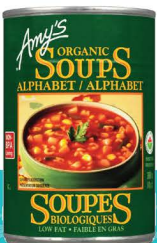
Maison Orphée Toasted
Sesame Oil & Extra
Virgin Olive Oil

10⁹⁹ 13⁹⁹
Sesame Oil 500ml Olive Oil 750ml



Cape Herb & Spice
Giant Salt & Pepper
Shakers

7⁹⁹ 10⁹⁹
Assorted Sizes Salt Pepper
Select Varieties



Amy's Organic
Soup

2/7⁰⁰
398ml



Annie's Homegrown
Pasta Side Dishes

1⁹⁹
149g - 170g



Earthbound Farm
Organic Frozen
Vegetables

2/6⁰⁰
300g - 400g

Armstrong Cheese



9⁹⁹
600g



Mezzetta
Pasta Sauce

5⁹⁹
473ml - 709ml



Good Juu Eco
Friendly Laundry
Strips

9⁹⁹
30 pack

DELI

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Prices Effective
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Choices Breakfast Bagels, English Muffins or Egg Bites



**149-
399**
each

Choices Wild Salmon Cakes



**2/
700**

Choices Organic Cheese

Assorted Varieties



**399-
649**
/100g

Swiss Emmentaler, Gruyere or Cave Aged Gruyere Cheese



**499-
629**
/100g

Honey or Old Fashioned Ham



229
/100g

Krinos Fillo Twisters

Spinach & Feta or Ricotta & Feta



**2/
600**

Castello Havarti, Gouda or Cheddar



699
200g

Calavo Guacamole



599
8oz

BAKED GOODS

Choices' Own Mini Muffins
Assorted Varieties



299
4 pack

Choices' Own Scones
Assorted Varieties



349
2 pack

Choices' Own Whole Wheat Bread



499
530g

Silver Hills Sprouted Power Organic Bread
Select Varieties



**2/
800**
assorted sizes

Stuyver's Brioche Buns



**449-
549**
8-12 pack

Happy Anniversary, Commercial Drive

1045 Commercial Drive, Vancouver | **Saturday, January 22 ONLY!**

10% OFF

THE ENTIRE STORE,
INCLUDING SALE ITEMS

Anniversary sale is only available at **Choices Commercial Drive**
Sale Not Available Online

GROCERY



Wholly Veggie!
Plant Based
Entrées, Pizzas
& Patties

30% off
Assorted Sizes

Big Mountain Foods Vegan
Bites, Crumbles & Patties



5.49
300g - 400g

TMRW Foods Plant Based
Shreds & Breakfast Sausages



4.99
200g - 240g

Hilary's Organic Eat Well
Frozen Veggie Burgers



3.99
182g



Caulipower
Cauliflower
Frozen Pizzas

7.99 9.99
310g - 320g Vegetarian Varieties Meat Varieties



Primal Kitchen
Condiments,
Dressing & Oil

30% off
Assorted Sizes



Earth's Choice
Organic Beans

2/4.00
398ml

Daiya Plant Based Cheeze
Blocks, Shreds & Slices



2/7.00
200g - 220g

WELLNESS



Organic Traditions
Superfoods

25% off
Assorted Sizes
Regular Retail 10.29 - 37.99



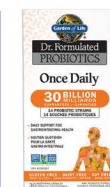
Santevia
Alkaline Water
Pitcher Filters

17.49 46.99
Singles 3 pack



Nuun
Hydration
Electrolytes
Sport, Boost, Immunity
and Vitamin Tabs

8.99
10 Tabs



Garden of Life
Dr. Formulated
Probiotics

20% off
Assorted Sizes
Regular Retail 26.99 - 58.99



Flora Udo's
Choice Udo's
Oil Omega
3+6+9 Blend
+ DHA

14.99 25.99
250ml 500ml



Natural
Calm Ionic
Magnesium

26.99 43.99
226g 454g



New Chapter
Turmeric
Force

29.99 49.99
60 Caps 120 Caps



Ecoideas
Superfoods
Chia, Maca and
Moringa

20% off
Assorted Sizes
Regular Retail 9.49 - 31.99



Now
Vitamins and
Supplements

20% off
Assorted Sizes
Regular Retail 7.49 - 69.99



Nature's
Way Herbal
Supplements &
Probiotics

20% off
Assorted Sizes
Regular Retail 10.99 - 41.99



Purica
Vitamins and
Supplements

20% off
Assorted Varieties
Regular Retail 14.49 - 144.99



Green Beaver
Face & Body
Care &
Sunscreens

25% off
Assorted Varieties
Regular Retail 6.79 - 22.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.