

FAMILY DAY
10% OFF
 February 21st ONLY
 Sale Not Available Online



FAMILY DAY FEBRUARY 21st!

100% BC OWNED AND OPERATED

Lean Ground Beef
7.99/lb
 17.61/kg
 Grass Fed, Value Pack
 from New Zealand/
 Australia

Organic Black and Green Kale
2/4.00
 from Mexico

PINK SHIRT DAY!

Wednesday, February 23rd
 Choices Markets supports
 Pink Shirt Day and the
 anti-bullying movement.

Rosstown Roasted Chicken

10.99
 each

Organic Strawberries

5.98
 454g pkg.

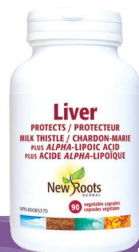
Choices' Own Cookies

4.99
 12 pack

Choices Hot Soup or Chili

Assorted Varieties

4.99-9.99
 500ml or 1kg



New Roots Vitamins & Supplements

20% off
 Assorted Sizes
 Regular Retail 1.99 - 121.99



Acure Face and Body Care Products

25% off
 Assorted Sizes
 Regular Retail 9.49 - 35.99



Rise Organic Kombucha

2/6.00
 414ml
 +deposit +eco fee



Frozen Pizza

7.99
 Assorted Sizes

ALL-NEW ONLINE CHOICES NOW HERE!

Now available at all locations | shop.choicesmarkets.com

Prices Effective
 Feb 17 - Feb 23, 2022

PRODUCE

Organic Red Tomatoes on the Vine, 6.57/kg

from Mexico

2⁹⁸
/lb

Hot House Peppers
Mixed Colours

from Mexico

5⁹⁸
907g
bag

Organic Valencia Juicing Oranges

from Mexico

4⁹⁸
1.8 kg
bag

Organic Ambrosia Apples

LOCAL
from
Cawston

4⁹⁸
1.36kg
bag

MEAT

Choices Whole Chicken

9.90/kg

LOCAL
from
Fraser Valley

4⁴⁹
/lb

Raised without Antibiotics

Marinated Chicken Breast

22.02/kg

LOCAL
from
Fraser Valley

9⁹⁹
/lb

Raised without Antibiotics
made in store

Choices Chicken Sausage

28.64/kg

LOCAL
from
Fraser Valley

12⁹⁹
/lb

made in store

Wild Caught Ahi Tuna Steaks

7⁹⁹
6oz

Pork Baby Back Ribs

22.02/kg

LOCAL
from
Fraser Valley

9⁹⁹
/lb

Raised without Antibiotics

Ground Turkey Breast

30.84/kg

LOCAL
from
Similkameen Valley

13⁹⁹
/lb

Raised without Antibiotics

Fresh Icelandic Haddock Fillets, 41.87/kg

18⁹⁹
/lb

Lamb Loin Chops

41.87/kg

18⁹⁹
/lb

Grass Fed, Value Pack
from New Zealand

Sila Salami

11⁹⁹
300g

GROCERY

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Earth's Choice
Organic Rainforest
Alliance Certified
Coffee

8⁹⁹
340g



Kicking Horse
Organic Fair Trade
Ground Coffee

8⁹⁹
284g



Traditional
Medicinals
Organic Tea

4⁴⁹
16 Tea Bags



Happy Planet Organic
Grass Fed Milk

5⁹⁹ **6⁴⁹** **6⁹⁹**
1.5L 2% M.F. 1.5L 3.5% M.F. 1.5L Cream Top
+deposit +eco fee +deposit +eco fee +deposit +eco fee



Earth's Own So
Fresh Almond or
Oat Beverage

2/6⁰⁰
946ml
+deposit +eco fee



Wedderspoon
Manuka Honey

25% off
Assorted Sizes



Fatso High
Performance Peanut
or Almond & Seed
Butter

7⁹⁹ **11⁹⁹**
500g 454g Almond &
Peanut Butter Seed Butter



Say When
Organic Chai

5⁹⁹
946ml



Avalon Organic
Milk

3⁴⁹
1L
+deposit



Granola
Girl Granola

6⁹⁹
400g



Happy Planet
Organic Juice

3⁹⁹-4⁹⁹
1.75L - 1.89L
+deposit +eco fee



Pamela's Gluten-Free
Cookies, Crackers &
Pancake Mixes

25% off
Assorted Sizes



Donia Farms
Grass Fed Yogurt

4⁴⁹ **10⁹⁹**
650g 1.75kg



Liberté Classic
Yogurt

2/7⁰⁰
650g



Lakanto
MonkFruit
Sweeteners

25% off
Assorted Sizes

Nature's Farm Free Run Omega-3
Large Eggs



4⁷⁹
One Dozen



Dairyland
Sour Cream

2/6⁰⁰
450ml - 500ml



Organic Meadow
Grass Fed Organic
Butter

7⁹⁹
250g

GROCERY



Noochpop
Nutritional
Yeast Popcorn

3⁹⁹
120g



Que Pasa
Organic Tortilla
Chips & Salsa

2/7⁰⁰
Assorted Sizes



Green & Black's
Organic Fair Trade
Chocolate Bars

3⁹⁹
90g

Glutino Gluten-Free
Products



25% off
Assorted Sizes



Bobo's Gluten-Free
Oat Bars

2/5⁰⁰
71g - 85g

Kind Energy Bars



2/3⁰⁰
40g



Gerolsteiner
Carbonated
Mineral Water

2/6⁰⁰
750ml
+deposit + eco fee



So Delicious
Dairy Free Frozen
Dessert

4⁹⁹
500ml



Blue Diamond
Nut Thins &
Almonds

3⁹⁹ 13⁹⁹
120g Nut Thins 454g Almonds



Happy Planet
Smoothies

3⁹⁹
900ml
+deposit + eco fee



Avalon Organic
Ice Cream

8⁹⁹
946ml

McVitie's Cookies



2/6⁰⁰
300g - 400g



Mezzetta
Olives

6⁹⁹
398ml Select Varieties



Lucky Frozen
Spring Rolls

3⁹⁹ 4⁹⁹
241g Regular Varieties 241g Gluten-Free Varieties



Quesava Frozen
Poppers, Perogies &
Buns

5⁹⁹ 7⁹⁹
Poppers & Perogies 440g Buns
Assorted Sizes



Tre Stelle
Shredded
Cheese

4⁹⁹
170g - 200g



L'Ancêtre Organic
Cheese

25% off
190g - 200g



Saputo Shredded
Cheese

3⁹⁹ 5⁹⁹
170g 320g

DELI

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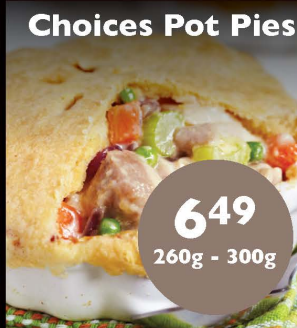
Feb 17 - Feb 23, 2022

Choices Salads



20% Off

Choices Pot Pies



649

260g - 300g

Choices Pragma Ham



299

/100g

Tartistes Shepherd's Pie



499

each

Freybe Dijon or Sundried Tomato Turkey Breast



349

/100g

Saputo Bocconcini or Mozzarella Fresca Cheese



549

190g - 200g

Happy Days Soft Goat Cheese



499-549

140g - 150g

Dofino Havarti Cheese Assorted Varieties



299

/100g

BAKED GOODS

Choices' Own Mini Muffins Assorted Varieties



329

4 pack

Choices' Own Cinnamon Swirl Bread or Buns



599

320g - 580g

Choices' Own Keto Bites, Muffins or Cornbread



349-399

100g - 140g

Little Northern Bakehouse Gluten-Free Pizza Crust



799

420g - 600g

GluteNull Gluten-Free Buns & Breads Assorted Varieties



849-999

425g - 737g

Uprising 100% Whole Wheat Bread



2/800

650g

Celebrate Family Day

Monday, February 21st | All Choices Locations

10% OFF

THE ENTIRE STORE, **INCLUDING SALE ITEMS**

February 21st ONLY | Sale Not Available Online

GROCERY



Lundberg Nutra
Farmed Rice

25% off

Assorted Varieties

Di Martino Pasta



2.49 - 3.49

453g - 500g



Earth's Choice
Organic
Tomatoes

2.99 3.99

398ml 796ml



Bragg Liquid
Soy Seasoning

4.99 7.99

473ml 946ml



Pacific Foods
Organic Broth

4.49

946ml - 1L



Lucini Pasta
Sauce

10.99

720g



Phoeapolis Organics
Extra Virgin Organic
Olive Oil

9.99 12.99

500ml 750ml



Chosen Foods
Avocado Oil &
Salad Dressing

25% off

Assorted Varieties

WELLNESS



Vega Sport
Protein

46.99

801g - 837g



Manitoba Harvest
Hemp Hearts

6.99 8.49

227g 200g Organic

See in store
for Hemp Oil
and Proteins
on Sale



Platinum Naturals
Vitamins and
Supplements

20% off

Assorted Sizes
Regular Retail 10.49 - 99.99



Suro Organic
Elderberry
Syrup Breathe &
iSleep

20% off

Assorted Sizes
Regular Retail 14.99 - 29.99



Garden of Life
mykind Organics
Vitamins &
Supplements

20% off

Assorted Sizes
Regular Retail 13.99 - 56.99



Genuine Health
Probiotics
Advanced Gut
Health Probiotics

20% off

Assorted Sizes
Regular Retail 29.99 - 95.99



Do Matcha
Organic
Ceremonial
Green Tea

20% off

Assorted Sizes
Regular Retail 2.29 - 75.99



Enerex
Vitamins &
Supplements

20% off

Assorted Sizes
Regular Retail 20.99 - 83.99



Silver Biotics
Immune Support,
Armor Gel and
Healing Skin Creams

25% off

Assorted Sizes
Regular Retail 12.49 - 48.99



Weleda Facial,
Body & Baby
Care

25% off

Assorted Sizes
Regular Retail 9.29 - 36.49



Naturtint Natural
Permanent Hair
Colour
Assorted Colours

8.49 15.99

1 Root Touch-Up Kit 1 Kit



Incrediwear
Socks, Braces
and Wraps

20% off

Assorted Varieties
Regular Retail 20.99 - 175.99



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Kerrisdale - 1888 W 57th Ave, Vancouver

Yaletown - 1202 Richards St, Vancouver

Cambie - 3493 Cambie St, Vancouver

Kitsilano - 2627 W 16th Ave, Vancouver

Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver

South Surrey - 3248 King George Blvd, Surrey

Burnaby Crest - 8683 10th Ave, Burnaby

Abbotsford - 3033 Immel St, Abbotsford

Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.