



WEEKLY CHOICES!

100% BC OWNED AND OPERATED

Sockeye
Salmon
Fillets

16⁹⁹/lb

37.46/kg

Previously Frozen,
Value Pack

Organic
Lemons
from Mexico

3⁹⁸

907g
bag

Indian Inspired Curry
Entrées

**649-
8⁹⁹**

470g - 540g

Choices' Own Bread

Country Wholesome or Sourdough Multiseed

4⁹⁹

575g - 600g

Green and Red
Seedless Grapes
8.77/kg

3⁹⁸
/lb

Imported

Fresh Cut Italian Grana Padano
Cheese

4⁹⁹
/100g

Choices' Own 6 inch Blueberry
New York Cheesecake

17⁹⁹
each



Andalou Naturals
Facial Care

40% off

Assorted Sizes, Select Varieties
Regular Retail 5.49 - 38.99



AOR
Vitamins &
Supplements

20% off

Assorted Sizes
Regular Retail 25.99 - 124.99



Kicking Horse
Organic Fair Trade
Whole Bean
Coffee

13⁹⁹
454g



Terra Breads
Granola

14⁹⁹
1kg

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Now available at all locations | shop.choicesmarkets.com

Prices Effective

February 24 - March 2, 2022

PRODUCE

Organic Orange, Red and Yellow Peppers

8.77/kg

398
/lb

from Mexico

Tomatoes on the Vine

6.13/kg

278
/lb

Imported

Organic Table Carrots



798
2.27kg
bag

Organic Gala Apples



498
1.36kg
bag

MEAT

Beef Striploin Steaks

37.46/kg

16⁹⁹
/lb

Grass Fed, Value Pack, from Australia/New Zealand

Boneless Pork Loin Chops

17.61/kg



799
/lb

Value Pack
Raised without Antibiotics

Bison Sirloin Tip Steaks

37.46/kg

16⁹⁹
/lb

Pork Schnitzels

19.82/kg



899
/lb

made in store
Raised without Antibiotics

Ground Lamb

33.05/kg

14⁹⁹
/lb

Grass Fed, from New Zealand

Choices Ground Chicken Breast, 30.84/kg



13⁹⁹
/lb

Raised without Antibiotics

Marinated Boneless Skinless Chicken Breast, 28.64/kg

Lemon Citrus, Rosemary Herb, Sweet Chili



12⁹⁹
/lb

Raised without Antibiotics

Icelandic Cod Fillets

41.87/kg

18⁹⁹
/lb

Boneless Skinless Chicken Breast, 17.61/kg



799
/lb

Value Pack

Soupetc!



2/10⁰⁰
700ml

GROCERY

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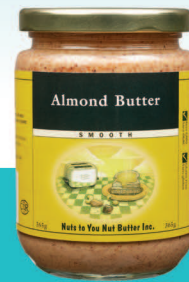
Canadian Heritage
Organics 100% Pure
Organic Maple Syrup

21⁹⁹
1L



Bob's Red Mill
Oats

25% off
Assorted Sizes



Nuts to You
Almond Butter

7⁹⁹
365g



Donia Farms
Grass Fed Milk

5⁴⁹ **6⁴⁹**
2 L 2% , 3.25% +deposit +eco fee
2L Chocolate +deposit +eco fee



Silk Dairy Free
Beverages &
Creamers

2/5⁰⁰ **4⁴⁹**
473ml Creamers +deposit +eco fee
1.89L Beverages +deposit +eco fee



Tree Island
Cream Top
Yogurt

4⁴⁹ **9⁹⁹**
500g 1.5kg



Danone Oikos
Yogurt

2/7⁰⁰
4 pack



Riviera Coconut or
Oat Milk Yogurt &
Kefir

4⁹⁹
Assorted Sizes



Olympic
Organic
Kefir

8⁹⁹
2L



The Cultured
Coconut Probiotic
Fermented Coconut
Milk

17⁹⁹
460ml

Happy Planet Creamery
Fine Cultured Butter



7⁹⁹
200g

GoldEgg Free Run Large Brown
Eggs



4⁷⁹
1 dozen



Evive Frozen
Smoothie
Cubes

8⁹⁹
405g

Armstrong Cheese



9⁹⁹
600g



Saputo Feta
Cheese

2/7⁰⁰
200g



Nuts For Cheese
& Nuts For Butter
Plant Based
Alternatives

6⁹⁹ **8⁹⁹**
227g Butter 120g Cheese



Field Roast Plant Based Sausages,
Chao Slices &
Frozen Appetizers

25% off
Assorted Sizes



Gusta Vegan Sausages & Ground

3⁹⁹ **4⁹⁹**
340g Ground 350g Sausages

GROCERY



Alter Eco Organic
Fair Trade
Chocolate Bars

2/7⁰⁰
75g - 80g



Seattle Chocolate
Chocolate Truffle
Bars

2/7⁰⁰
70g



RJ's Licorice &
Chocolate Twists

2/6⁰⁰ **2/7⁰⁰**
Assorted Sizes Bags 280g Twists

Love Good Fats
Keto Friendly Bars



2/4⁰⁰
39g - 40g



Smart Sweets
Low Sugar
Candy

2⁹⁹
50g



Sonoma
Creamery
Crisps

4⁴⁹
64g



Hardbite
Natural Potato
Chips

2/5⁰⁰
128g - 150g



Barbara's
Cheez Puffs

2/6⁰⁰
155g - 198g

Spread'em Kitchen Co.

Vegan Dips,
Spreads &
Cheeze



25% off
Assorted Sizes



Snö Dairy Free
Oat Based
Frozen Dessert

5⁹⁹ **6⁹⁹**
3 pack 500ml Pint
Sandwiches



Righteous Gelato
& Sorbetto

6⁹⁹
562ml



Seasnax Organic
Seaweed Snacks

25% off
Assorted Sizes



Perrier & San Pellegrino
Sparkling Water and
San Pellegrino Mineral
Water

2/4⁰⁰
750ml - 1L
+deposit +eco fee



Flow Alkaline
Water

2/3⁰⁰
500ml Organic Flavoured &
Natural, +deposit +eco fee

2/4⁰⁰
1L Natural
+deposit +eco fee



Sober Carpenter
Non-Alcoholic
Craft Beer

2/4⁰⁰
473ml
+deposit +eco fee



Avafina Organics
Organic Spices,
Seeds & Quinoa

25% off
Assorted Sizes



Earth's Choice
Organic Coconut
Products

25% off
Assorted Sizes



Three Farmers Bean
Snacks & Camelina
Oil

2/6⁰⁰ **11⁹⁹**
120g & 140g Snacks 500ml
Camelina Oil

DELI

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Choices Artisan Sandwiches
Ham, Turkey or Roast Beef

8⁹⁹
each

Choices Angus
Roast Beef

4⁴⁹
/100g

Choices
Tourtiere Pie
4.5 inch

5⁹⁹
each

Choices Cave
Man Turkey Legs

**2/
8⁰⁰**

Beef or Vegan
Cabbage Rolls

7⁹⁹
3 pack

Natural
Pastures Brie
& Camembert
Cheese Wedges

**4⁷⁹-
6⁴⁹**
/100g

Krinos
Traditional Feta
Cheese

1⁶⁹
/100g

Castello Blue or
Brie Cheese

3⁹⁹
/100g

Spinach & Feta
or Ricotta & Feta
Phyllo

**2/
6⁰⁰**

BAKED GOODS

Choices' Own
Premium Cookies
Assorted Varieties

5⁹⁹
6 pack

Choices' Own Brownies or
Walnut & Date Bars

5⁹⁹
150g - 170g

Choices' Own Low
Carb Cookies & Cream
Cheesecake or Chocolate
Mousse

3⁹⁹
80g - 90g

Olivier's
French Whole
Wheat or
Mountain Flax
Seed Bread

**3⁹⁹-
4⁹⁹**
400g - 600g

Carbonaut
Low Carb or
Gluten-Free
Bread
Assorted Varieties

**5⁴⁹-
6⁹⁹**
544g - 550g

Wise Bites
Bars &
Cookies
Assorted
Varieties

**25%
Off**
150g - 300g

May not be available at all locations

ALL-NEW ONLINE
CHOICES

**NOW
HERE**



NOW AVAILABLE AT

ALL LOCATIONS

SHOP.CHOICESMARKETS.COM



GROCERY

Prairie Harvest Organic Pasta & Sauce



2/5⁰⁰ 4⁹⁹
454g Pasta 705ml Sauce



Spectrum Oil & Mayonnaise

25% off
Assorted Sizes



The Workshop Vegan Ramen Noodles & Spicy Tan Tan Broth

8⁹⁹ 10⁹⁹
500ml Broth 3 pack Frozen Noodles



San-J Sauce & Marinades

25% off
296ml & 592ml

Chickapea Organic Pasta



3⁹⁹
161g - 227g

Wild Planet Skipjack Light Tuna & Wild Sardines



4⁹⁹ 2/7⁰⁰
142g Skipjack Tuna 125g Sardines



Sprague Organic Soup

2/6⁰⁰
398ml



Gold Rush Organic Frozen Potatoes

3⁹⁹-4⁴⁹
454g

WELLNESS



Prairie Naturals Vitamins & Supplements

20% off
Assorted Sizes
Regular Retail 6.99 - 79.99



Botanica Organic Herbals & Supplements

25% off
Assorted Sizes
Regular Retail 19.99 - 82.99



SiSU Vitamins & Supplements

20% off
Assorted Sizes
Regular Retail .99 - 69.99



Smart Solutions Lorna Vanderhaeghe Vitamins & Supplements

20% off
Assorted Sizes
Regular Retail 1.49 - 96.99



Flora Organic Red Beet Crystals

22⁹⁹
200g



BioSil Hair, Skin & Nail Care

39⁹⁹ 58⁹⁹
30ml 120 Caps



Harmonic Arts Superfood & Mushroom Elixirs

20% off
Assorted Sizes
Regular Retail 26.99 - 29.99



Progressive Vitamins & Supplements

20% off
Assorted Sizes
Regular Retail 15.79 - 75.99



Bach Rescue Remedy

25% off
Assorted Sizes
Regular Retail 9.99 - 20.49



Now Essential Regular and Topical Body Oils

20% off
Assorted Sizes
Regular Retail 7.49 - 77.99



Alba Botanica Hair Care

7⁹⁹
355ml



Dr. Hauschka Facial Care

20% off
Regular Retail 7.49 - 60.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immet St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

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