



HAPPY EASTER!

100% BC OWNED AND OPERATED



LOCAL
from
Similkameen
Valley

Whole Turkey
Raised Without Antibiotics
449/lb
9.90/kg

LOCAL
from
Similkameen
Valley

Boneless Turkey Thigh Roast
1099/lb
24.23/kg
Raised Without Antibiotics
made in store

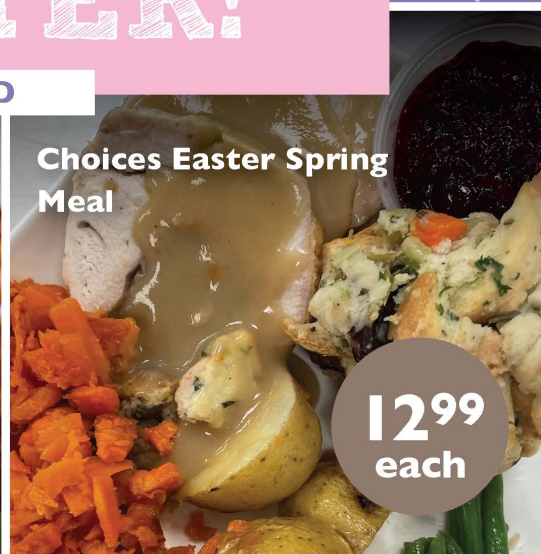
LOCAL
from
Similkameen
Valley

Boneless Turkey Breast & Thigh Roast
1149/lb
25.33/kg
Raised Without Antibiotics
made in store

LOCAL
from
Similkameen
Valley

Boneless Turkey Breast Roast
1199/lb
26.45/kg
Raised Without Antibiotics
made in store

Choices Easter Spring Meal



12⁹⁹
each

Choices Easter Side Dishes



149-249
/100g



Organic Broccolini

Organic Cauliflower

3⁹⁸
each

from USA

3⁹⁸
each

from USA

Choices' Own Hot Cross Buns



549
6 Pack

Choices' Own Gluten-Free Stuffing Mix



999
240g

Stahlbush Island Farms Sustainable Frozen Vegetables



2/5⁰⁰
Assorted Sizes



Simply Organic Bottled Spices

30% off
Assorted Sizes

Hass Avocados



3/4⁹⁸

from Mexico

Grimm's Ham Original & Honey



184⁹
700g

ALL-NEW ONLINE CHOICES NOW HERE!

Now available at all locations | shop.choicesmarkets.com

Prices Effective

April 14 - 20, 2022

PRODUCE

French Cut Green Beans



2⁹⁸
300g pkg

from Mexico

Organic Strawberries



4⁹⁸
454g

readycycle container
from Mexico

Organic Kale Bunches
Black, Green & Red Varieties



**2/
5⁰⁰**

from Mexico

MEAT

Assorted Cuts of Lamb



**15%
Off**

100% Grass Fed, from New Zealand

Fresh Halibut Fillets



7⁹³
/100g

Pork Sausages
19.82/kg



8⁹⁹
/lb

made in store

Butterfly Marinated Chicken
12.10/kg



LOCAL
from
Fraser Valley

5⁴⁹
/lb

Raised Without Antibiotics
made in store

Coho Salmon Fillets



5⁰⁷
/100g

Pork Back Ribs
19.82/kg



LOCAL
from
Fraser Valley

8⁹⁹
/lb

Raised Without Antibiotics

**Boneless Skinless Chicken
Breasts, 28.64/kg**



LOCAL
from
Fraser Valley

12⁹⁹
/lb

Raised Without Antibiotics
Value Pack

**Freybe A Taste of Europe
Sliced Meats**



6⁴⁹
100g

GROCERY

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Komo Plant-Based
Frozen Lasagna or
Shepherd's Pie

22⁹⁹

1.42kg



Earth's Choice
Organic Cranberry
Sauce and Pumpkin

2/6⁰⁰ 2/7⁰⁰

348ml Cranberry

398ml Pumpkin



Earth's Choice
Organic Extra Virgin
Olive Oil

10⁹⁹ 16⁹⁹

500ml

1L



Hobbs Pickles

8⁹⁹ 10⁹⁹

532ml

1L



Eden Organic
Beans

2/6⁰⁰

398ml



Bragg Organic
Apple Cider
Vinegar

5⁹⁹

946ml



L'Ancêtre
Organic
Cheese

30% off

125g - 200g



Woolwich Dairy
Goat Cheese

30% off

113g - 300g



Armstrong Cheese

9⁹⁹

600g



Lakanto Monk
Fruit Sweeteners

30% off

Assorted Sizes



Orchid
Pure Vanilla
Extract

9⁹⁹ - 10⁹⁹

100ml Conventional &
Organic



If You Care
Kitchen Aids

30% off

Assorted Sizes



Avalon Organic
Milk

5⁹⁹ 6⁴⁹

1.89L 2% Homo
+deposit

1.89L Chocolate
+deposit



Gay Lea Regular &
Coconut Whipped Cream
and Lactose Free Sour
Cream & Cottage Cheese

2/7⁰⁰ 3⁹⁹

Sour Cream &
Cottage Cheese

Whipped
Cream



Dairyland Creamo
& Whipping Cream

3⁷⁹ - 5⁴⁹

946ml



Dairyland
Sour Cream

2/6⁰⁰

450ml - 500ml



Tofutti Dairy-Free
Sour Cream &
Cream Cheese
Spreads

2/6⁰⁰

227g - 340g



Meadowvale
Creamery
Butter

5⁴⁹

454g

GROCERY



Que Pasa Organic
Gluten-Free Tortilla
Chips & Salsa

2/7⁰⁰

Assorted Sizes



La Cocina
Gluten-Free
Tortilla Chips

2/7⁰⁰

300g - 400g



Kettle Brand
Organic Gluten-Free
Potato Chips

2/6⁰⁰

142g



Gone Crackers
Jalapeño Jelly &
Crackers

4⁹⁹

Assorted Sizes

Spread'em Kitchen Co.



Vegan Dip,
Spreads & Cheese
Alternatives

30% off

183g - 227g



Lesley Stowe
Raincoast
Crisps

5⁴⁹

150g



Galerie au Chocolat
Organic Chocolate
Bars

4⁴⁹

100g



Zazubean Organic
Fair Trade
Chocolate Bars

3⁹⁹

80g - 85g



Smart Sweets
Low Sugar
Candy

2⁹⁹

50g



Righteous
Gelato &
Sorbetto

6⁹⁹

562ml



Coconut Bliss
Organic Plant-Based
Dairy-Free Frozen
Dessert

6⁹⁹

473ml



RW Knudsen
Just Juice

7⁹⁹

946ml
+deposit +eco fee



Breyers
Creamery Style
Ice Cream

6⁹⁹

1.66L



Natural Choice
Organic Gluten-Free
Frozen Fruit Bars

3⁹⁹

4 Pack



Ceres Juice

2/7⁰⁰

1L
+deposit +eco fee



San Pellegrino
Sparkling
Sodas

5⁴⁹

6 Pack
+deposit +eco fee



Fiji Natural Artesian
Spring Water

2/5⁰⁰

1L
+deposit +eco fee

2/6⁰⁰

1.5L
+deposit +eco fee



Love Child Organics
Baby Food

2/4⁰⁰

128ml

DELI

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Choices' Own Family Size Quiche



12⁹⁹
each

Choices' Own Pate



4⁹⁹
/100g

Summer Fresh Dips & Hummus



2/
7⁰⁰
227g

La Panzanella Mini Croccantini Crackers



2/
10⁰⁰
170g

Italian Sliced Prosciutto & Salami



20%
Off

Bella Casara Burrata Cheese



13⁹⁹
250g

Boursin Cheese Assorted Varieties



6⁹⁹
150g

Alexis de Portneuf Brie or Camembert Cheese



9⁹⁹
300g

Loison Italian Easter Panettone



39⁹⁹
select locations

BAKED GOODS

Choices' Own 8" Artisan Fruit Pies



10⁹⁹
each

Choices' Own Chocolate Dipped Shortbread Cookies



4⁹⁹
9 Pack

Choices' Own Easter Chocolate Cupcakes



5⁹⁹
4 Pack

Choices' Own Baguettes



1⁹⁹-
3²⁹
assorted sizes

Wendel's Gluten-Free 8" Apple or Strawberry Rhubarb Pies



10⁹⁹
each

Silver Hills Organic Sprouted Power Bread and Bagels



44⁹⁹-
4⁹⁹
assorted sizes

Ukraine Humanitarian

Crisis Appeal



CANADIAN
RED CROSS

Please consider donating with your grocery purchase in support of Red Cross and their ongoing relief efforts for Ukrainians. We will also match customer donations up to \$100,000*.

*Across Pattison Food Group banners.

GROCERY

Maple Hill Farms Free
Range Medium Eggs



5.49

One Dozen



Liberté
Organic Yogurt
& Kefir

4.49 5.49

1L Kefir 900g Yogurt



Kicking Horse
Organic Fair
Trade Whole
Bean Coffee

13.99

454g



Canadian Heritage
Organics 100%
Pure Organic
Maple Syrup

21.99

1L



Terra Breads
Granola

6.99-7.99

340g - 454g



Olympic Natural,
Organic & Krema
Yogurt

8.99-10.49

1.75kg



STASH
Premium
Tea

3.99

18 - 20 Tea Bags



We Love Van
Raw Natural
Honey

8.99

500g

WELLNESS



withinUs
TrueMarine
Collagen

20% off

Assorted Sizes
Regular Retail 49.99 - 71.99



New Roots
Magnesium
Bisglycinate
Plus

23.99 37.99

120 Caps 240 Caps



Genuine Health
Vitamins &
Supplements

20% off

Assorted Sizes
Regular Retail 3.99 - 137.99



NutraSea Omega-3,
Omega-3 +
Vitamin D and
HP Fish Oil

20% off

Assorted Sizes
Regular Retail 30.99 - 99.99



Natural Factors
Digestive
Enzymes &
Support

20% off

Assorted Sizes
Regular Retail 6.49 - 52.99



Manitoba
Harvest Hemp
Hearts

6.99 8.49

227g 200g Organic

See in store
for more
sizes
on sale



Vega Sport
Products

20% off

Assorted Sizes
Regular Retail 1.29 - 61.99



Lily of the Desert
Aloe Vera Juice or
Gel

10.49

946ml

See in store
for more
items
on sale



Sisu
Multivitamins

20% off

Assorted Sizes
Regular Retail 25.99 - 57.99



AOR
Ortho Sleep,
Zen Theanine,
Melatonin and Gaba

20% off

Assorted Sizes
Regular Retail 32.49 - 51.99



Weleda Facial,
Body & Baby
Care

20% off

Assorted Varieties
Regular Retail 9.29 - 36.49



Earth Science
Facial Care

25% off

Assorted Varieties
Regular Retail 9.99 - 14.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

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