



FAIR TRADE WEEK!

100% BC OWNED AND OPERATED



Lean Ground Beef
Grass Fed, Value Pack
from New Zealand/
Australia
899/lb
19.82/kg

Fair Trade Organic Beefsteak
Tomatoes
from Divine Flavor
in Mexico
298/lb
6.57/kg

Fair Trade Organic Mini Watermelons
from Divine Flavor
in Mexico
398
each



Rosstown Half Roasted Chickens

599
each

Choices' Own Artisan Green Salads

699-899
250g - 440g



BC Fresh Spot Prawn Tails

899
/100g



Fair Trade Organic Ataulfo Mangoes

2/300

from Shauna in Mexico



Choices' Own Sourdough Bread

499
530g



Alaffia Everyday Shea Hair, Body & Baby Care

25% off
Assorted Sizes

fair
for life



Green & Black's Organic Fair Trade Chocolate Bars

2/800
90g



Kicking Horse Organic Fair Trade Ground Coffee

999
284g

ALL-NEW ONLINE CHOICES NOW HERE!

Now available at all locations | shop.choicesmarkets.com

Prices Effective

May 12 - 18, 2022

PRODUCE

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Now available at all locations | shop.choicesmarkets.com

Prices Effective

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Ready to Eat Fruit & Vegetable Trays

20% Off
708g - 2.26kg

Organic Strawberries

from Mexico

548
454g
readycycle
pkg.

Hot House Orange, Yellow and Red Peppers

LOCAL
from
Delta, BC

2⁹⁸
/lb

MEAT

Coho Salmon Fillets

LOCAL
from
Fraser Valley

Previously Frozen

4⁹⁹
/100g

Lamb Rib Chops

66.12/kg

Raised Without Antibiotics
Grass Fed, from New Zealand

29⁹⁹
/lb

Pork Sausages

19.82/kg

LOCAL
from
Fraser Valley

Raised Without Antibiotics
made in store

8⁹⁹
/lb

Fresh Rockfish Fillets

239
/100g

Pork Side Ribs

19.82/kg

LOCAL
from
Fraser Valley

Raised Without Antibiotics

8⁹⁹
/lb

Marinated Whole Butterfly Chicken

LOCAL
from
Fraser Valley

Raised Without Antibiotics
made in store

16⁹⁹
each

Organic Chicken Breasts Boneless, Skinless - 35.25/kg

LOCAL
from
Fraser Valley

15⁹⁹
/lb

Ground Turkey Dark Meat

26.43/kg

LOCAL
from
Fraser Valley

Previously Frozen

11⁹⁹
/lb

Grimm's Sizzlin' Smokies & European Wieners

7⁹⁹
375g - 450g

GROCERY

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Earth's Own So Fresh
Oat Beverages

449

1.75L Oat
+ deposit + eco fee

549

1.75L Naked Oat
+ deposit + eco fee



Blender Bites
Organic
Smoothie Pucks

1049

540g



Evive Frozen
Smoothie Cubes

899

405g

Maple Hill Farms Free Range
Medium Eggs



529

1 Dozen



Level Ground Organic
Fair Trade Coffee, Tea
& Dried Fruit

30% off

Assorted Sizes



Anita's Organic Mill
Sprouted Flour &
Gluten-Free Flour

30% off

Assorted Sizes

Rabbit River Farms Free Range
Large Eggs



599

1 Dozen



Rolling Meadow
Grass Fed Yogurt &
Sour Cream

399-599

500g



Donia Farms
Grass Fed
Yogurt

449 1099

650g

1.75kg



MaraNatha
Nut Butters

30% off

340g - 500g



Cape Herb & Spice
Table Top Salt &
Seasonings

449

Assorted Sizes



Bragg Organic Apple
Cider Vinegar & Soy
Seasoning

449

473ml Apple
Cider Vinegar

899

946ml Soy
Seasoning



Armstrong Natural
Cheese Slices

499

220g - 240g



Mezzetta Olives

699

398ml
Select Varieties



Big Mountain
Foods Veggie
Patties, Bites &
Crumbles

549

300g - 400g



Castor & Pollux
Pet Food & Treats

30% off

Assorted Sizes



Cascades Tuff Paper
Towels & Fluff
Bathroom Tissue

799

6 pack

1799

24 pack Bathroom
Paper Towels Tissue



Echoclean 2X HE
Liquid or Powdered
Laundry Detergent

749

1.5L & 3kg

GROCERY



Hardbite Natural
Potato Chips

279
128g - 150g



Lesser Evil
Popcorn & Paleo
Puffs

399 449
142g 142g
Popcorn Puffs



Paqui Tortilla
Chips

2/700
155g



Humble Organic
Potato Chips

2/700
150g



NoochPop!
Nutritional Yeast
Popcorn

399
120g



Laiki Rice
Crackers

399
100g



Chimes Ginger
Chews

399
142g



Theo Organic Fair
Trade Chocolate Bars
& Peanut Butter Cups

2/500 399
36g - 38g Peanut 85g Chocolate
Butter Cups Bars



Zimt Organic Raw
Vegan Chocolate
& Macaroons

449-499
Assorted Sizes



Clif Nut Butter
Bars

2/300 1699
50g Single 12 pack



Silk Dairy Free
Beverages &
Creamers

349 479
473ml 1.89L Beverages
Creamers + deposit + eco fee



Tate's Bake Shop
Gourmet Cookies

599
198g



Zevia Energy
Drinks

2/400
355ml
+ deposit + eco fee



Healthy Hooch
Organic
Kombucha

379
500ml
+ deposit + eco fee



Squamish Water
Kefir

2/600
355ml
+ deposit + eco fee



Island Farms
Ice Cream

499-599
1.65L



General Assembly
Frozen Pizza

899
321g - 376g



Lucky Foods
Seoul Kimchi,
Sauces & Frozen
Spring Rolls

30% off
Assorted Sizes

DELI

**Choices' Own Macaroni,
Potato or Coleslaw Salads**

179
/100g

Choices' Own Fresh Rolls

599
148g - 245g

**Choices' Own Ready to Eat
Wraps**

899
each

**Choices' Own Lemon Herb
or Mexi Potato Wedges**

149
/100g

**Choices' Own Artisan
Turkey, Roast Beef or
Ham Sandwiches**

999
each

**Dijon or Sundried Tomato
Turkey Breast**

399
/100g

**Castello Cheese
Select Varieties**

**20%
Off**
125g - 150g

Cow or Goat Feta Cheese

**199-
249**
/100g

Black Forest Ham

229
/100g

BAKED GOODS

Choices' Own Cookies

599
12 pack

Choices' Own Scones

349
2 pack

**Choices' Own 6" Rhubarb
or Blueberry Pie**

699
each

**Carbonaut Low Carb
Hamburger or Hot Dog Buns**

599
5 - 6
pack

**Bakestone Brothers Organic
Pita Bread or Tortillas**

**249-
449**
assorted
sizes

**Schär Gluten-Free Breads,
Buns & Rolls**

**599-
799**
assorted
sizes

NUTRITION TOURS ARE BACK!



PLANT-BASED



ANTI-INFLAMMATORY



GUT-FRIENDLY



GLUTEN-FREE

GROCERY

Raincoast Trading
Sockeye & Wild Pink
Canned Salmon



30% off
150g - 160g

Ocean's Pole & Line
Canned Tuna



2.29-3.99
170g



Omega
Nutrition
Organic
Coconut Oil

14.99 15.99
908g Regular 454g Virgin



Choices' Own
Gourmet Small
Batch Pasta
Sauce

7.99
750ml



Lotus Foods
Single Serve Rice
Ramen Soups

2/5.00
80g



Thai Kitchen
Noodles, Sauce,
Coconut Milk &
Soup Mix

30% off
Assorted Sizes



Lundberg
Nutra-Farmed
Rice

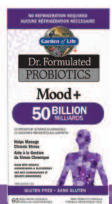
30% off
Assorted Sizes



Felicetti
Organic Pasta

2.99-3.49
340g

WELLNESS



Garden of Life
Dr. Formulated
Probiotics

20% off
Assorted Sizes



Organika
Vitamins &
Supplements

25% off
Assorted Sizes



MegaFood
Vitamins &
Supplements

20% off
Assorted Sizes
Select Varieties



Genuine Health
Fermented
Organic Vegan
Proteins

46.99 64.99
600g 900g



Natural Factors
Stress-Relax &
Sleep Solutions

20% off
Assorted Sizes



AOR
Vitamins &
Supplements

20% off
Assorted Sizes



Gandalf
Hawaiian
Spirulina

20% off
Assorted Sizes



Harmonic Arts
Superfoods

21.99 29.99
110g - 150g Elixir Blends 45g Concentrated Mushrooms



Enerex
Greens

20% off
Assorted Sizes



The Green Beaver
Face & Body Care
& Sunscreens

20% off
Assorted Sizes



Naturtint Natural
Permanent Hair
Colour

15.99 8.99
1 Kit 1 Kit Root Touch-Up



Natracare Natural
Feminine Hygiene
Products

25% off
Assorted Sizes



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immet St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

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