



WEEKLY SPECIALS

100% BC OWNED AND OPERATED

**Organic
Lean Ground
Beef**

Grass Fed, Value Pack

12.99/lb
28.64/kg

LOCAL
from

Comox, BC

Jumbo Organic Garlic
33.03/kg

LOCAL
from

Kind Hearted
Farm,
Abbotsford

14.98
/lb

Chicken Drumsticks
6.59/kg

LOCAL

2.99
/lb

Raised Without Antibiotics
Value Pack

**Choices' Own Festive Holiday
Meals, Stuffed Turkey Breast
& All the Trimmings**

14.99
each

Available Now

**Silver Hills Sprouted Power
Bread**

**2/
9.00**
430g - 615g



**Botanica Organic
Vitamins &
Supplements**

30% off
Assorted Sizes



**Olympic Organic,
Krema or Greek
Yogurt**

8.99-10.99
1.75kg



**Kicking Horse
Organic Fair Trade
Ground Coffee**

9.99
284g

For a limited time, enjoy **free pickup** from your local Choices
choicesmarkets.com

Prices Effective
September 29 - October 5, 2022

PRODUCE

For a limited time, enjoy **free pickup** from your local Choices | choicesmarkets.com

Prices Effective
September 29 - October 5, 2022

Organic McIntosh Apples



5⁹⁸
1.36kg
bag

Organic Red & Green Seedless Grapes

from USA and Mexico

3⁹⁸
/lb

Organic Hot House Peppers

13.18/kg



5⁹⁸
/lb

Organic Corn on the Cob



**3/
3⁹⁹**

Organic Lemons

from Mexico

6⁹⁸
907g

MEAT

Beef Top Sirloin Steaks

26.43/kg

11⁹⁹
/lb

Grass Fed, Value Pack

Organic Boneless Skinless Chicken Breasts -

37.46/kg



16⁹⁹
/lb

Value Pack

Sockeye Salmon Fillets

Previously Frozen
Value Pack

3⁹⁹
/100g

Pork Loin Chops

17.61/kg



7⁹⁹
/lb

Raised Without Antibiotics
Value Pack

Butterfly Marinated Chicken



16⁹⁹
each

Raised Without Antibiotics
made in store

Rockfish Fillets

2²⁹
/100g

Lamb Loin Chops

41.87/kg

18⁹⁹
/lb

Raised Without Antibiotics
from New Zealand

Rosstown Marinated Turkey Cutlets - Lemon Citrus or Teriyaki Orange

17⁹⁹
400g

Raised without Antibiotics

7 Seas Halibut Bone Broth

5⁹⁹
750ml

GROCERY

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Uncle Luke's
Organic Maple
Syrup

22⁹⁹
1L



Wholesome
Organic Sugars &
Sweeteners

30% off
Assorted Sizes



Bob's Red Mill
Baking Aids

30% off
Assorted Sizes
Select Varieties



Crank Organic
Fair Trade Whole
Bean Coffee

10⁹⁹
340g



Traditional
Medicinals
Organic Tea

4⁴⁹
16 Tea Bags



Earth's Own Oat or
So Nice Barista Blend

4⁹⁹ **2/6⁰⁰**
946ml Earth's
Own Oat 946ml So Nice
Creamer



Earth's Own
& So Nice
Organic Almond
Beverages

3⁹⁹
1.75L - 1.89L
+deposit+eco fee



Silk Dairy-Free
Beverages

4⁹⁹
1.75L - 1.89L
+deposit+eco fee



Choices
Organic Milk

8⁹⁹
4L
+deposit+eco fee



Bremner's
Frozen Fruit

30% off
300g - 600g



Nuts to You
Almond Butter &
Organic Sesame
Tahini

7⁹⁹ **8⁹⁹**
500g Organic
Sesame Tahini 365g Almond
Butter



Crofter's
Organic
Spreads

4⁴⁹ **5⁴⁹**
235ml 383ml

Maple Hill Farms Organic
Free Range Large Eggs



6⁷⁹
1 Dozen



Cows Creamery
Butter

5⁹⁹
250g

Lily's Stevia Sweetened
Chocolate Bars & Baking Chips



3⁹⁹ **6⁹⁹**
80g - 85g
Chocolate Bars 255g
Baking Chips



L'Ancêtre
Organic
Cheese

9⁹⁹
325g



Eco Max Household
Cleaners & Natural
Dish Liquid

3⁹⁹ **4⁴⁹**
800ml
Cleaners 740ml
Dish Liquid



Good Juu Eco
Friendly Laundry
Strips

10⁹⁹
30 Pack

GROCERY



Carbone
Premium Pasta
Sauce

8⁹⁹
660ml



Di Martino Pasta

2⁴⁹-2⁹⁹
453g - 500g



Spectrum
Cooking Oils &
Mayonnaise

30% off
Assorted Sizes



Bella Sun Luci
Sun Dried
Tomatoes &
Pestos

3⁴⁹ 5⁹⁹
99g Tomatoes 251ml Pestos



Amy's Organic
Frozen Macaroni
& Cheese Meals

3⁹⁹-4⁴⁹
227g - 255g



Frontier Organic
Packaged Spices

30% off
Assorted Sizes



The Very Good
Butcher Plant-Based
Meat Alternatives

30% off
Assorted Sizes
Select Varieties



Thai Kitchen
Noodles,
Coconut Milk &
Cooking Sauces

30% off
Assorted Sizes



Sprague Organic
or Keto Soups

2/6⁰⁰ 2/7⁰⁰
398ml Organic Varieties 398ml Keto Varieties



The Ginger People
Candy, Cooking
Sauces & Juice

30% off
Assorted Sizes



Farmer's Market
Organic Pumpkin
Puree or Pumpkin
Pie Mix

2/5⁰⁰ 2/6⁰⁰
398ml Puree 398ml Pie Mix



Dumet Olives

2/7⁰⁰
150g - 200g
Select Varieties



Plum-M-Good
Rice Thins

2/5⁰⁰
95g



Carr's Crackers

2/6⁰⁰
125g - 150g



Humble Organic
Potato Chips

2/7⁰⁰
150g



Covered Bridge
Potato Chips &
Lela's Chickpea
Chips

2/5⁰⁰
120g - 170g



Fresh is Best
Tortilla Chips
& Salsa

3⁹⁹
Assorted Sizes



Frankie's Organic
Puff Snacks

2/6⁰⁰
120g - 140g

DELI

Choices' Own Thanksgiving Dinner



11900
dinner
for 4

Farmcrest Specialty Roasted Chickens



1599
each

Sunflower Kitchen Soup



799
925ml

Indianlife Naan & Tortillas



699
500g

Choices' Own Natural Honey Ham Antibiotic Free



329
/100g

Habibi's Hummus & Dips



2/700
200g - 240g

Chicken Samosas



2/600
140g

Natural Pastures Cheese



30% Off

Agropur Grand 3 or 5 Year Cheddar Cheese



399-499
/100g

Grana Padano Cheese



499
/100g

BAKED GOODS

Choices' Own Multigrain or Whole Wheat Bread



499-599
530g

Choices' Own Party Cakes



1449
540g - 600g

Choices' Own Individual Brownies, Nanaimo Bars or Walnut Date Blondie



2/600
50g - 85g



NOW AVAILABLE
Choices' Own
White Dinner Buns
& Bread Stuffing

GluteNull Gluten-Free Bread or Buns

LOCAL



999
425g - 750g

Little Northern Bakehouse Gluten-Free Bread

Millet Chia or Seed & Grain



599
454g - 482g

Wendel's Gluten-Free 8" Pie Apple or Strawberry Rhubarb



1099
675g

CHOICES KITSILANO

2627 W. 16TH AVE, VANCOUVER

SATURDAY OCTOBER 1
SUNDAY OCTOBER 2
10 AM - 4 PM

A COMMUNITY GATHERING
TO SHOP & SAMPLE YOUR
SOON-TO-BE FAVOURITE
CANADIAN PRODUCTS

FEATURING 6 BC-BASED
FOOD, BEVERAGE AND
SUPPLEMENT BRANDS!

CANADA COLLECTIVE
POP-UP MARKET

#CANADACollective

FEATURING

Yoggu!



HIPPIE SNACKS

HerbaLand GUMMIES

Save da Sea

prairienaturals

GROCERY



Brew Dr.
Organic
Kombucha

2/6⁰⁰

414ml
+deposit +eco fee



Happy Planet
Smoothies

3⁹⁹

900ml
+deposit +eco fee



Fentimans
Tonic Water
& Ginger
Beer

3⁹⁹ 6⁴⁹

500ml 4 Pack
+deposit +eco fee +deposit +eco fee



Righteous
Gelato &
Sorbetto

6⁹⁹

562ml



Guayaki
Organic
Yerba Mate

2/5⁰⁰

458ml
+deposit +eco fee



La Croix
Sparkling
Water

.99 5⁴⁹

355ml Single 8 Pack
+deposit +eco fee +deposit +eco fee



Whittaker's
Chocolate
Bars

4⁴⁹

200g - 220g



So Delicious
Dairy-Free
Frozen Dessert

5⁹⁹

500ml

WELLNESS



CanPrev
Vitamins &
Supplements

20% off

Assorted Sizes



New Chapter
Vitamins and
Supplements

20% off

Assorted Sizes



Now
Vitamins and
Supplements

20% off

Assorted Sizes



Smart Solutions Lorna
Vanderhaeghe
Vitamins and
Supplements

20% off

Assorted Sizes



Natural Factors
Immune Support
Supplements

20% off

Assorted Sizes
Select Varieties



A.Vogel
Echinaforce

11⁹⁹ 16⁹⁹

100ml Elderberry 120 Tabs
Drink



Nature's Way
Sambucus

14⁹⁹ 18⁹⁹

120ml Adults & Kids 60 Gummies



Allimax Allicin
Extract from
Garlic

25⁹⁹ 59⁹⁹

30 capsules 90 capsules



Weleda Face
and Body Care

25% off

Assorted Sizes



Aura Cacia
Foam Baths
and Bath Salts

3⁴⁹

70.9g - 71g



Routine. Natural
Deodorant,
Perfume or
Candle

24⁹⁹ 34⁴⁹

Natural Deodorant Perfume or Candle



Jäsön Naturals Toothpaste
or Body
Wash

5⁹⁹ 14⁹⁹

122g - 170g 887ml - 900ml
Toothpaste Body Wash



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immet St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

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