



WEEKLY SPECIALS

100% BC OWNED AND OPERATED

Whole
Chicken Legs
Raised Without
Antibiotics

3.99/lb

8.80/kg
Value Pack

**HOT
PRICE**

Choices' Own
Festive Garlic and
Cheddar Bread

5.99

200g

LOCAL
from
BC

Choices' Own Thanksgiving
Dinner

ORDER NOW

Order in store
until Thursday,
October 6th.

11.99
Dinner
for 4

Beef Striploin Steaks
35.25/kg

15.99
/lb

Grass Fed,
Value Pack

Choices' Own Ready
to Eat Wraps

9.99
each

Organic Large Hass
Avocados

**3/
6.99**

from Mexico

Organic Gala Apples

LOCAL
from
Cawston

5.98
1.36kg
bag



Natural Factors
and Whole Earth
& Sea Vitamins &
Supplements



Vega One
All-In-One
Nutritional
Shakes



Amy's Organic
Canned Soup



Lundberg
Organic Rice

All
Products
on Sale

20% off
Assorted Sizes

4.99
827g - 876g

2/7.00
398ml

8.99
907g

For a limited time, enjoy **free pickup** from your local Choices |
choicesmarkets.com

Prices Effective
September 22 - 28, 2022

PRODUCE

For a limited time, enjoy **free pickup** from your local Choices | choicesmarkets.com

Prices Effective
September 22 - 28, 2022

Russet Potatoes



3⁹⁸
2.27kg
bag

Cotton Candy Grapes

15.39/kg

from USA

6⁹⁸
/lb

Organic Bartlett Pears



4⁹⁸
1.36kg
bag

Organic Sweet Peppers



5⁹⁸
1 dry
pint

MEAT

Ground Chicken Breast

33.05/kg



14⁹⁹
/lb

Raised Without Antibiotics

Marinated Pork Chops

19.82/kg



8⁹⁹
/lb

Made in Store
Raised Without Antibiotics

Pacific Cod Fillets

2⁹⁹
/100g

Marinated Boneless, Skinless Chicken Breasts

35.25/kg



Lemon Citrus, Rosemary
Herb & Sweet Chili Flavours

15⁹⁹
/lb

Pork Sausages

19.82/kg



8⁹⁹
/lb

Made in Store

Canadian Char Fillets

4⁹⁹
/100g

Lamb Leg Steaks and Roasts

35.25/kg



Raised Without Antibiotics
from New Zealand

15⁹⁹
/lb

Pork Tenderloin

22.02/kg



Raised Without Antibiotics

9⁹⁹
/lb

Shorba Bone Broth



13⁹⁹
750ml

GROCERY

For a limited time, enjoy **free pickup** from your local Choices | choicesmarkets.com

Prices Effective
September 22 - 28, 2022



Holy Napoli
Frozen Pizza &
Dough

2⁹⁹ 8⁹⁹

300g Dough Assorted Sizes Pizza



Udi's Gluten-Free
Frozen Pizza

10⁹⁹

493g - 522g

Amy's Organic or Gluten-Free



Frozen
Burritos

3⁴⁹-3⁹⁹

170g



Acropolis
Organic Extra
Virgin Olive Oil

23⁹⁹

1L



Nutiva Organic
Coconut Oil &
Coconut Secret
Aminos

30% off

Assorted Sizes



San-J Teriyaki
Sauce

4⁴⁹

296ml



King Soba
Organic Noodles

3⁹⁹ 5⁹⁹

250g 280g



Hodo Soy
Organic Tofu

4⁴⁹ 6⁴⁹

284g Firm Tofu 227g Tofu Nuggets



GoBio! Organic
Bouillon Cubes

30% off

Assorted Sizes



Bubbies Pickles,
Horseradish &
Sauerkraut

4⁹⁹-8⁹⁹

Assorted Sizes



Kühne Dressings,
Condiments &
Pickled Vegetables

30% off

Assorted Sizes



Earth's Choice
Organic Beans

3/6⁰⁰

398ml



Violife Vegan
Cheese

5⁹⁹

200g - 227g



L'Ancêtre
Organic
Cheese

30% off

125g - 200g



Glutino
Gluten-Free
Products

30% off

Assorted Sizes



Organic Traditions
Dried Fruit,
Sprouted Chia &
Flax Seeds

30% off

Assorted Sizes



Three Farmers Bean
Snacks & Camelina
Oil

2/7⁰⁰ 12⁹⁹

Assorted Sizes Snacks 500ml Camelina Oil



Blue Diamond
Nut Thins &
Almonds

4⁴⁹ 14⁹⁹

120g Nut Thins 454g Almonds

GROCERY



Ethical Bean
Organic Fair
Trade Coffee

7⁹⁹ 10⁹⁹

227g Ground 340g Whole Bean



Stash Premium
Tea

3⁹⁹

18 - 20 Tea Bags



Anita's Organic
Sprouted &
Gluten-Free Flour
& Pancake Mixes

30% off

Assorted Sizes



Wedderspoon
Manuka Honey &
Lozenges

30% off

Assorted Sizes



Now
Stevia &
Xylitol

30% off

Assorted Sizes



Lakanto Monk
Fruit Sweetener

30% off

Assorted Sizes



Liberté Greek
Yogurt

5⁹⁹

750g



Yoggu! Plant-Based
Coconut Yogurt

6⁴⁹

450g



Avalon Organic
Probiotic Yogurt

4⁴⁹ 9⁹⁹

650g 1.75kg



One Degree
Organic
Sprouted Oats,
Cereals & Flour

30% off

Assorted Sizes



Rawcology
Raw Crunch
Granola

7⁹⁹

200g

Rabbit River Farms
Organic Large Eggs



6⁷⁹

1 dozen



Happy Planet
Creamery
Organic Grass
Fed Milk

5⁹⁹ 6⁴⁹

1.5L, 2% M.F. 1.5L, 3.25% M.F.
+deposit +eco fee +deposit +eco fee



Greenhouse
Organic Almond or
Oat Beverages

6⁹⁹

946ml
+deposit +eco fee



Earthbound Farm
Organic Frozen
Fruit

3⁹⁹

300g



Earth Balance
Dairy-Free
Spreads & Butter

30% off

Assorted Sizes



Fatso High
Performance
Peanut Butter

7⁹⁹

500g



Nuts to You
Organic Almond or
Cashew Butter

11⁹⁹

365g

DELI

Summer Fresh Hummus Toppers



4⁹⁹
255g

Choices' Own Mexican Fajitas, Quesadillas or Burritos



**5⁹⁹-
7⁹⁹**
200g - 375g

Happy Planet Soups



6⁹⁹
500ml - 650ml

Choices' Own Turkey Holiday Meal with all the fixings



14⁹⁹
each

Vegetable, Chicken or Pork Gyoza



3⁶⁰
12 pack

Grimm's Black Forest or Honey Ham



2⁴⁹
/100g

Havarti Cheese



2⁹⁹
/100g

Arla Cheese Slices



5⁹⁹
125g - 175g

Lactose Free Swiss Emmental or Gruyere Cheese



20% Off

BAKED GOODS

Choices' Own Wholesome Country or Multiseed Sourdough Bread



4⁹⁹
575g - 600g

Choices' Own 8" Artisan Fruit Pies



10⁹⁹
each

Choices' Own Cranberry or Passionfruit Cheese Cake Bars



6⁹⁹
190g - 200g

Alkeme Gluten-Free Ancient Grain or Country Sourdough Bread



LOCAL

7⁹⁹
725g

Rawesome Vegan Cake Slices



4⁹⁹
95g

Nature's Flair Vegan Muffins or Cupcakes



4⁹⁹
4 - 6 pack

CHOICES
SOUTH SURREY
3248 KING GEORGE BLVD.

A COMMUNITY GATHERING
TO SHOP & SAMPLE YOUR
SOON-TO-BE FAVOURITE
CANADIAN PRODUCTS

SATURDAY SEPTEMBER 24
SUNDAY SEPTEMBER 25
10 AM - 4 PM

FEATURING 6 BC-BASED
FOOD, BEVERAGE AND
SUPPLEMENT BRANDS!

CANADA COLLECTIVE
POP-UP MARKET

#CANADACOLLECTIVE

FEATURING

Yoggu!

HerbaLand
GUMMIES

B
BOTANICA

HIPPIE
SNACKS

Save
da
Sea

prairienaturals

GROCERY



Lesser Evil
Organic Popcorn
& Paleo Puffs

3⁹⁹ 4⁴⁹

142g Popcorn
142g Paleo Puffs



Kettle Brand
Potato Chips

4⁴⁹

397g



Green & Black's
Organic Fair Trade
Chocolate Bars

3⁹⁹

90g



Haribo
Gummies

2/5⁰⁰ 4⁴⁹

175g 284g



Barbara's
Cheez Puffs

2⁹⁹

155g - 198g



Mid-Day
Superfood
Squares

2/4⁰⁰

33g

Dwarf Stars Pumpkin Seed
Butter Cups



2/6⁰⁰

42g



AspenClean
Organic Cleaning
Products

30% off

Assorted Sizes

WELLNESS



Manitoba
Harvest Hemp
Hearts

7⁴⁹ 8⁹⁹

227g Conventional
200g Organic



St. Francis Herb
Farm Deep
Immune &
Immunity Herbs

20% off

Assorted Sizes,
Select Varieties



MegaFood
Vitamins and
Supplements

20% off

Assorted Sizes



Progressive
Vitamins and
Supplements

20% off

Assorted Sizes



Iron Vegan
Sprouted
Protein or
Athlete's Blend
Protein

5⁹⁹

1kg



Organika
Chicken, Beef,
or Veggie Broth

3¹⁹

300g
Original or Ginger



Host Defense
Medicinal
Mushroom
Supplements

20% off

Assorted Sizes



SiSU Ester-C
Supplements

20% off

Assorted Sizes



Green Beaver
Face & Body Care
& Sunscreens

25% off

Assorted Sizes



Organyc
Feminine
Hygiene

25% off



NOW Essential
Oils and Topical
Body Oils

20% off

Assorted Sizes



Mad Hippie Natural
Cosmetics and
Facial Care

20% off



choicesmarkets.com



/ChoicesMarkets



@ChoicesMarkets



/Choices_Markets

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.