



European Cell
Floral Bouquets
34⁹⁸
each

HAPPY THANKSGIVING!

Prices Effective October 6 - 12, 2022

100% BC OWNED AND OPERATED



Whole Free Range Turkeys

Raised Without Antibiotics

4⁹⁹/lb

11.00/kg

While Quantities
Last



Thanksgiving Meal

From Our Deli Department

Specialty Stuffed Turkey Breast

5⁴⁹/100g

Turkey Gravy

6⁹⁹ 9⁹⁹

500ml

710ml

Cranberry Stuffing

1⁹⁹

/100g

Cranberry Sauce

4⁹⁹

250g

Delicious Side Dishes

1⁶⁹-2⁶⁹

/100g

Savör Grass Fed Butter

250g



**BUY 1
for 7.⁹⁹
GET 1**

FREE

Earth's Choice Organic Cranberry Sauce & Canned Pumpkin



**2/
6⁰⁰**

348ml - 398ml

Brussels Sprouts

4.37/kg



**1⁹⁸
/lb**



Organic Cranberries



**2/
7⁰⁰**

Canadian grown

227g pkg

Organic Winter Squash

4.37/kg



**1⁹⁸
/lb**



Choices' Own Famous Thanksgiving Baked Goods!

8" Pecan Walnut Pie

10⁹⁹

8" Pumpkin Pie

9⁹⁹

Gluten-Free 8" Pumpkin Pie

9⁹⁹

Gluten-Free Stuffing Mix

10⁹⁹

240g



PRODUCE

For a limited time, enjoy **free pickup** from your local Choices
choicesmarkets.com

Prices Effective
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Organic Yellow & Red Potatoes



698
 2.27kg
 Bag

Yellow Onions



from USA

248
 1.36kg
 Bag

Organic Celery

4.37/kg



198
 /lb

Organic Asparagus

13.18/kg



from Mexico

598
 /lb

MEAT

Turkey Boneless Thigh Roast

30.84/kg

1399
 /lb

Turkey Boneless Breast and Thigh Roast

33.05/kg

1499
 /lb

Turkey Boneless Breast Roast

35.25/kg

1599
 /lb

Raised Without Antibiotics
 made in store



Whole Organic Chicken

15.41/kg



699
 /lb

Grimm's Harvest Bacon



1399
 500g

Pork Sausages

19.82/kg



Great for
 Stuffings

899
 /lb

Raised Without Antibiotics
 made in store

Choices' Own Turkey Stock



599
 750ml

Sockeye Salmon Fillets



Previously Frozen
 Value Pack

399
 /100g

Prawn Cakes, Lemon Dill & Hot Thai Chili



499
 2 pack

GROCERY

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Imagine Organic
 Broths

4.49
 1L



Lesley Stowe
 Raincoast
 Crisps

4.99
 150g



Nuts for Cheese
 Vegan Alternatives

8.99
 120g



Enjoy Life
 Gluten-Free
 Chocolate Chips
 & Cookies

30% off
 Assorted Sizes



Siete Grain-Free
 Tortilla Chips &
 Strips

5.49
 142g



Hardbite
 Vegetable
 Chips

3.99
 150g



Dairyland Creamers
 & Whipping Cream

3.49-5.29
 946ml



Daiya Plant-Based,
 Dairy-Free
 Cheesecakes &
 Frozen Dessert

5.99 6.49
 473ml Frozen Dessert 400g Cheesecakes



Gay Lea
 Real Whipped
 Cream

4.49
 225g



Enlightened Keto
 Ice Cream

5.99
 473ml



Cosmic Bliss and
 Coconut Bliss
 Organic Plant-Based
 Frozen Dessert

6.99
 473ml



Breyers
 Creamery Style
 Ice Cream

7.99
 1.66L



Santa Cruz
 Organic Apple
 Juice

12.99
 3L
 +deposit +eco fee



Fentimans
 Craft Soda

2/5.00 8.99
 275ml Single +deposit +eco fee 4 pack +deposit +eco fee



Chocolove
 Chocolate Bars

2/7.00
 90g



Chasers Cold
 Pressed Juice

6.99
 500ml
 +deposit +eco fee



GT's Organic
 Raw Kombucha

3.49
 480ml
 +deposit +eco fee



Zazubean Organic
 Fair Trade
 Chocolate Bars

3.99
 80g - 85g

GROCERY

If You Care Household
Kitchen Products



30% off
Assorted Sizes



Bob's Red Mill
Gluten-Free
Flour

30% off
Assorted Sizes



Canadian Heritage
Organic Maple Syrup

22⁹⁹
1L



Nature's Path
Organic Eco Pac
Cereal

8⁹⁹
Assorted Sizes



Bremner's
Organic Frozen
Blueberries &
Berry Blend

19⁹⁹
1.5kg



Terra Breads
Granola

7⁹⁹
340g - 454g



Nuts to You
Peanut Butter

5⁹⁹
750g



Organic Meadow
Organic Butter

10⁹⁹
454g



Olympic Organic
Sour Cream

3⁹⁹
500ml



Saputo Shredded
Cheese

44⁹ 5⁹⁹
170g 320g



Faith Farms
Cheese

5⁹⁹
360g - 380g



Spread'Em
Plant-Based
Dips & Spreads

30% off
Assorted Sizes

Maple Hill Farms Free Range
Extra Large Eggs



56⁹
1 dozen



49th Parallel
Coffee

13⁹⁹
340g



Field Roast
Plant-Based
Cheese Slices
& Sausages

5⁹⁹ 64⁹
200g Cheese Slices 340g - 368g Sausages



Just Egg
Vegan Egg
Alternative

5⁹⁹
227g & 355g



Celestial
Seasonings
Tea

3⁹⁹
18 - 20 Tea Bags



Sunrise Tofu

12⁹-26⁹
300g - 500g

DELI

**Choices' Own Holiday
Turkey or Vegan Dinner**

14⁹⁹
545g

**Choices' Own 8" Tourtiere
or Savory Tarts**

14⁹⁹
each

**La Panzanella Crackers
Mini Croccantini**

5⁹⁹
170g

**Italian Sliced Prosciutto &
Salami**

**100
OFF**
regular
retail

**Summer Fresh Dips &
Hummus**

3⁹⁹
227g

**Alexis de Portneuf Brie &
Camembert Cheese**

9⁹⁹
300g

**Parmigiano Reggiano
Cheese**

5⁴⁹
/100g

**Swiss Emmental, Gruyere
or Caved Aged Gruyere
Cheese Imported**

**20%
Off**
Regular
Retail

**Castello Aged Havarti,
Gouda or Cheddar Cheese**

**6⁹⁹-
7⁹⁹**
200g

BAKED GOODS

**Choices' Own Dinner
Rolls**

3⁴⁹
6 pack

**Choices' Own Bread
Stuffing**

4⁴⁹
336g

**Choices' Own
Baguettes**

**2²⁹-
2⁹⁹**
250g & 300g

**Choices' Own
Banana, Orange
Cranberry or
Pumpkin
Spice Loaf**

7⁹⁹
300g - 454g

**Bakestone
Brothers
Organic
Bagels**

5⁴⁹
450g

**Silver Hills Organic
Sprouted Power
Bread**

**2/
9⁰⁰**
660g - 680g

**Sweet Art Bakery
Cookies and
Macaroons**

**20%
Off**
200g - 350g



Buy a Pumpkin, Help Local Schools!

For the month of October, we'll donate \$1 from every sale to a school in your neighbourhood!

GROCERY



Primal Kitchen
Condiments,
Dressings & Pasta
Sauces

30% off

Assorted Sizes



Chosen Foods
Avocado
Oil, Spray &
Mayonnaise

30% off

Assorted Sizes



Maison Orphee
Extra Virgin
Olive Oil

14⁹⁹

750ml
Classic or Delicate



Hobbs Pickles

9⁹⁹ 11⁹⁹

532ml 1L

Komo Plant-Based Lasagna &
Shepherd's
Pie



22⁹⁹

1.42kg

Earthbound Farm
Organic Frozen
Vegetables



2/6⁰⁰

300g - 400g

Cape Herb & Spice
Table Top Spices &
Seasonings



4⁴⁹

Assorted Sizes
Select Varieties



Divina Olives

30% off

Assorted Sizes

WELLNESS



New Roots
Vitamins &
Supplements

20% off

Assorted Sizes



Organika
Vitamins and
Supplements

30% off

Assorted Sizes

Santevia Alkaline Water
Pitchers, Water Systems,
Shower
Filters and
More



20% off

Assorted Sizes



The Kelowna
Candle Factory
Beeswax
Candles

20% off

Assorted Sizes



Garden of Life
mykind Organics
Vitamins &
Supplements

20% off

Assorted Sizes



Natural Factors
Digestive
Enzymes &
Digestive
Support

20% off

Assorted Sizes

Natracare Natural
Feminine
Hygiene
Products



20% off

Assorted Sizes



Sundhed
Himalayan
Bath Salts &
Salt Lamps

20% off

Assorted Varieties



Bio-K Plus
Probiotics

19⁹⁹

6 pack Dairy

21⁹⁹

6 pack Rice
or Soy



Dr. Gifford
Jones Medi-C
Plus

24⁹⁹

300g

44⁹⁹

600g



Earth Science
Facial Care and
Deodorant

4⁹⁹

Deodorant - Facial Care



South of France
Soap Bars or
Liquids

7²⁹

236ml or 170g



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

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