



WEEKLY SPECIALS

100% BC OWNED AND OPERATED

Fresh
Steelhead
Fillets
440
/100g
Value Pack



Rosstown Roasted Chicken

12⁹⁹
each



Choices' Own Fresh Chili
Beef, Turkey or Vegan Black Bean

9⁹⁹
650ml



Long Seedless Cucumbers

LOCAL
from
BC
Hot House

**2/
500**



Organic Blackberries and
Raspberries

5⁹⁸
170g

from Driscoll Farms



Silver Hills Organic
Sprouted Power Bread

**2/
900**
510g - 675g



Natural Factors
and Whole Earth
& Sea Vitamins and
Supplements

20% off

Assorted Sizes
Assorted Varieties



Organic
Traditions
Superfoods

25% off

Assorted Sizes



Yoggu!
Plant-Based
Coconut
Yogurt

6⁹⁹
450g



Nature's Path
Organic Eco
Pac Cereal

8⁹⁹

Assorted Sizes

For a limited time, enjoy **free pickup** from your local Choices
shop.choicesmarkets.com

Prices Effective
January 19 - 25, 2023

PRODUCE

For a limited time, enjoy **free pickup** from your local Choices
shop.choicesmarkets.com

Prices Effective
 January 19 - 25, 2023

Organic Green Onions

from Earthbound Farm
 in USA

2/
 4.00

Organic Navel Oranges

from USA

998
 1.81kg
 bag

Cauliflower

from USA

498
 each

Iceberg Lettuce

from USA

2/
 5.00

MEAT

Chicken Drumsticks

9.90/kg



Raised Without Antibiotics, Value Pack

449
 /lb

Tuna Steaks

599
 6oz

Whole Organic Chicken

15.41/kg

699
 /lb

Chicken Cordon Bleu

assorted flavours

449
 175g

Pork Loin Chops

17.61/kg

Raised Without Antibiotics

799
 /lb

GROCERY

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Prices Effective
January 19 - 25, 2023



Kicking Horse
Organic Fair
Trade Whole
Bean Coffee

14⁹⁹
454g



Stash Premium
Tea

2/8⁰⁰
18 - 20 Tea Bags



Pukka Organic
Tea

5⁹⁹
20 Tea Bags



Dairyland
Milk

4⁹⁹
4L
+deposit +eco fee



Blue Diamond
Almond Breeze

2/5⁰⁰
946ml
+deposit +eco fee



Green & Black's
Organic Fair Trade
Cocoa Powder & Hot
Chocolate

6⁹⁹ 11⁹⁹
125g Cocoa Powder 300g Hot Chocolate



MaraNatha
Organic Peanut
or Almond
Butter

7⁹⁹ 11⁹⁹
500g Peanut 340g Almond



Crofter's Organic
Jam & Spreads

4⁴⁹ 5⁹⁹
235ml 383ml



Eville Frozen
Smoothie Cubes

9⁹⁹
405g



Liberté
Greek Yogurt

5⁹⁹
750g



Avalon Triple
Cream Yogurt

4⁴⁹
500g



Fraser Valley
Butter

6⁴⁹
454g

Rabbit River Farms Vegetarian Fed
Free Run Eggs



5⁹⁹
1 Dozen



Just Egg
Plant-Based
Alternative

5⁹⁹
227g - 355g



Chasers Cold
Pressed Juice

6⁹⁹ 11⁹⁹
500ml +deposit +eco fee 1L +deposit +eco fee



Brew Dr. Organic
Kombucha

2/6⁰⁰
414ml
+deposit +eco fee



Blue Monkey
Coconut
Water

2/5⁰⁰ 4⁹⁹
520ml +deposit +eco fee 1L Organic +deposit +eco fee



Good Juju
Eco Friendly
Laundry Strips

10⁹⁹
30 Pack

GROCERY

Armstrong Cheese



10⁹⁹
600g

Delverde Pasta



2/6⁰⁰
450g

Italpasta Pasta



2/5⁰⁰ **2/6⁰⁰**
450g Artisan 375g - 900g Regular



Primal Kitchen Condiments, Oil & Pasta Sauces

30% off
Assorted Sizes



Choices Extra Virgin Olive Oil

5⁹⁹ **10⁹⁹**
500ml 1L



Filippo Berio Extra Virgin Olive Oil

11⁹⁹ **15⁹⁹**
750ml Conventional 750ml Organic



Amy's Organic Soup

4⁴⁹
398ml



Amy's Organic Frozen Burritos

3⁹⁹ **4⁴⁹**
170g Regular 170g Gluten-Free



Cha's Organics Organic Coconut Milk & Cream

3⁹⁹
400ml



Cape Herb & Spice Giant Spice Shakers

30% off
Assorted Sizes



Choices Organic Beans

2/3⁰⁰
398ml



Thai Kitchen Noodles, Sauces, Paste & Coconut Milk

30% off
Assorted Sizes



Beyond Meat Plant-Based Burgers or Breakfast Sausages

6⁹⁹
226g & 235g



Earthbound Farm Organic Fruits & Vegetables

2/6⁰⁰ **2/8⁰⁰**
Assorted Sizes Vegetables 300g Fruit



Go Bio! Organic Bouillon Cubes

30% off
Assorted Sizes



Scout Canned Seafood Products

30% off
Assorted Sizes



gimMe Organic Roasted Seaweed Snacks

6⁹⁹
6 Pack

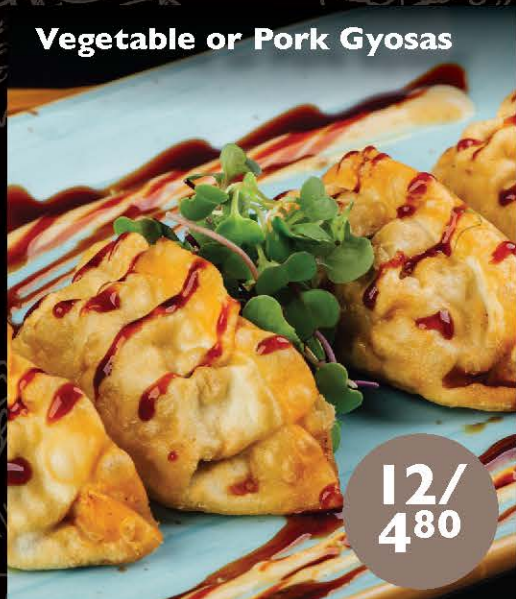


Lundberg Organic Rice Thin Stackers & Mini Rice Cakes

4⁹⁹
Assorted Sizes

DELI

Vegetable or Pork Gyosas



12/
480

Vegetarian Dolmades



4⁹⁹
one dozen

Krinos Spinach or Cheese Phyllo Twisters



2/
600

Habibi's Dips & Hummus



2/
700
200g - 240g

Honey Ham



2³⁹
/100g

Happy Days Goat Marble Cheddar or Gouda Cheese



4⁹⁹
/100g

Shepherd's Gourmet Cow or Sheep Feta Cheese



6⁴⁹-
8⁴⁹
200g

Choices' Own Organic Cheese



20%
Off

BAKED GOODS

Choices' Own Muffins



5⁹⁹
4 pack

Choices' Own Artisan Cookies



6⁹⁹
6 pack

Choices' Own Keto Nanaimo Bars



3⁹⁹
80g

Little Northern Bakehouse Gluten-Free Bagels



5⁹⁹
4 pack

Silver Hills Organic Sprouted Power Tortillas



4⁹⁹
255g

Choices' Own Artisan Bread



5⁹⁹-
7⁹⁹
350g - 420g

Happy Anniversary, Commercial Drive

1045 Commercial Drive, Vancouver | **Saturday, January 21 ONLY!**

10% OFF

THE ENTIRE STORE,
INCLUDING SALE ITEMS

Anniversary sale is only available at Choices Commercial Drive
Sale Not Available Online

GROCERY



Old Dutch
Dutch Crunch
Chips

2/9⁰⁰
200g



PÜR
Gum & Mints

17⁹ 2/7⁰⁰
22g Mints 80g Gum



Lesser Evil
Organic
Popcorn

3⁹⁹
142g



Love Good Fats
Keto Friendly
Bars

2/4⁰⁰ 22⁹⁹
39g & 40g Single Bar 12 Pack



Hippeas Vegan
Puffs Snacks

3⁹⁹
113g



Yummy Bear
Plant-Based
Candy

2/6⁰⁰
50g



Siete
Grain Free
Tortilla Chips

5⁹⁹
142g



RXBAR
Protein Bars

2/5⁰⁰ 28⁹⁹
52g Single Bar 12 Pack

WELLNESS



Garden of Life
mykind Organics
Vitamins &
Supplements

20% off
Assorted Sizes



Smart Solutions
Vitamins &
Supplements

20% off
Assorted Sizes
Assorted Varieties



Genuine Health
Advanced
Gut Health
Probiotics

20% off
Assorted Sizes



NOW
Vitamins and
Supplements

20% off
Assorted Sizes



Vitality
Vitamins and
Supplements

20% off
Assorted Varieties



Purica
Vitamins &
Supplements

20% off
Assorted Sizes



NutraSea
Omega-3
Fish Oil
Supplements

20% off
Assorted Sizes



Prairie Doctor
Herbal
Tinctures

20% off
Assorted Sizes



Ener-C Effervescent
Vitamin C
Drink Mix

14⁹⁹
30 Pack



withinUs
TruMarine
Collagen

42⁹⁹ 57⁹⁹
20 Pack 280g



Garden of Life
Organic Sport
Protein

54⁹⁹ 58⁹⁹
652g - 840g 969g - 1017g
Vegan or Whey All-In-One Shake



The Green Beaver
Face & Body Care
and Sun Care

20% off
Assorted Varieties



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immet St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.