



ENJOY
10% OFF
February 20th ONLY
Sale Not Available
Online

FAMILY DAY CHOICES

100% BC OWNED AND OPERATED



**Boneless
Skinless Chicken
Breasts**
6.99/lb
15.41/kg
Value Pack

LOCAL

**Organic
Salads**
from Earthbound
Farm in USA
7.98
454g pkg.



**PINK
SHIRT
DAY!**

Wednesday, February 22nd
Choices Markets supports
Pink Shirt Day and the
anti-bullying movement.

Rosstown Roasted Chicken



12.99
each



Red Seedless Grapes
8.77/kg

3.98
/lb

from Chile

**Choices' Own Multigrain
Baguette or Multigrain Bread**



**3.29-
5.99**
300g & 530g

Choices' Own Fresh Chili



9.99
650ml



**AOR
Vitamins &
Supplements**

20% off
Assorted Sizes



**Weleda
Face &
Body Care**

25% off
Assorted Sizes



**Kettle Brand
Potato Chips**

3.49
220g



**Ben & Jerry's
Ice Cream**

5.99
473ml

For a limited time, enjoy **free pickup** from your local Choices
shop.choicesmarkets.com

Prices Effective
February 16 - 22, 2023

PRODUCE

For a limited time, enjoy **free pickup** from your local Choices
shop.choicesmarkets.com

Prices Effective
 February 16 - 22, 2023

Organic Red Grape Tomatoes

from Mexico

2/
700
 1 pint

Organic Hot House Peppers Orange, Red or Yellow

from Mexico

498
 /lb

Ataulfo Mangoes

from Mexico

3/
600

Pineapples

from Costa Rica

398
 each

MEAT

New York Striploin Steaks

Raised Without Antibiotics
 Value Pack, Grass Fed, from New Zealand

1699
 /lb

Fresh Steelhead Fillets

441
 /100g

Fresh Lean Ground Pork

Raised Without Antibiotics
 Made in Store

LOCAL

699
 /lb

Chicken Drumsticks

Raised Without Antibiotics
 Value Pack

LOCAL

399
 /lb

Chicken Cordon Bleu

Assorted Flavours

LOCAL

499
 each

GROCERY

For a limited time, enjoy **free pickup** from your local Choices
shop.choicesmarkets.com

Prices Effective
 February 16 - 22, 2023



Avalon
Organic Milk

3⁶⁹

1L
+deposit + eco fee



Earth's Own
Almond or Oat
Beverages

2/7⁰⁰

946ml
+deposit + eco fee



Ministry of Tea
Organic Tea

4⁹⁹

35g - 50g



Jordan's
Morning Crisp
Cereal & Muesli

6⁹⁹

450g - 500g



Elias Cold Pressed
or Organic
Creamed Honey

10⁹⁹ 12⁹⁹

375g Cold Pressed
375g Organic Creamed



Kicking Horse
Organic Fair
Trade Ground
Coffee

9⁹⁹

284g



Forager Project
Cashew Yogurt
& Probiotic
Beverage

6⁹⁹

680g & 828ml



Riviera Vegan
Yogurt

5⁴⁹

500g - 650g



Donia Farms
Grass-Fed
Yogurt

4⁴⁹ 10⁹⁹

650g 1.75kg



Organic Meadow
Organic Butter

11⁹⁹

454g



Dairyland
Sour Cream

2⁹⁹

450ml - 500ml

Nature's Farm Omega-3 Free Run
Large Eggs



8⁹⁹

18 Pack



Happy Planet
Organic Juice

4⁹⁹-5⁹⁹

1.75L
+deposit + eco fee



Anita's Mill
Organic Flour

30% off

1kg - 5kg



Only Oats
Gluten-Free
Oats

8⁹⁹

1kg



Black River
Juice

30% off

1L
+deposit + eco fee



L'Ancêtre
Organic Cheese

30% off

Assorted Sizes



Saputo
Shredded
Cheese

4⁴⁹ 6⁴⁹

170g 320g

GROCERY



Pacific Foods
Organic Broths

4⁹⁹-5⁹⁹
946ml - 1L



Acropolis Extra Virgin
Olive Oil & Balsamic
Vinegar

8⁹⁹ 1⁹⁹
250ml Balsamic
1L Olive Oil



Rao's
Homemade
Pasta Sauce

9⁹⁹
660ml



Lundberg Nutra
Farmed White
Jasmine Rice

8⁴⁹
907g



Eat Wholesome
Organic Canned
Tomatoes

3⁹⁹
796ml



Rustichella
Pasta

5⁹⁹
500g

The Very Good Butchers

Plant-Based Meat
Alternatives



5⁹⁹-9⁹⁹
Assorted Sizes



Daiya Plant-Based,
Dairy-Free Frozen
Pizza & Flatbread

30% off
Assorted Sizes



Oomé
Smoked Tofu

5⁹⁹
225g



Safe Catch
Canned Tuna,
Salmon & Sardines

30% off
125g - 142g



Rocky Mountain
Frozen Pizza

6⁹⁹ 8⁹⁹
370g
Mozzarella Assorted Sizes



Nina's Frozen
Pierogies

8⁹⁹ 10⁹⁹
Assorted Sizes 400g & 450g
Regular Varieties Gluten-Free



Spread'em Kitchen
Co. Plant-Based
Dips & Spreads

30% off
Assorted Sizes



Casa Bonita
Tortilla Chips

3⁹⁹
300g



Suzie's Rice Cakes,
Crackers & Thins

30% off
Assorted Sizes



Annie's Crackers,
Fruit Snacks &
Cereal

30% off
Assorted Sizes



NoochPop!
Nutritional Yeast
Popcorn

4⁴⁹
120g



Blue Diamond
Nut-Thins

4⁹⁹
120g

DELI

Ready To Eat Artisan Salads



**6⁹⁹-
9⁴⁹**
assorted
sizes

Choices' Own 8" Family Size Chicken or Beef Pot Pie



15⁹⁹
each

Happy Planet Soup



7⁴⁹
500ml &
650ml

Summer Fresh Hummus & Dips



3⁹⁹
227g

Old Fashioned Ham



2⁴⁹
/100g

Montreal Smoked Beef

3⁴⁹
/100g

Traditional Cow Feta Cheese



2⁴⁹
/100g

Havarti Cheese



3⁴⁹
/100g

Parmigiano Reggiano Cheese



6⁴⁹
/100g

BAKED GOODS

Choices' Own Scones



4⁴⁹
2 pack

Choices' Own Carrot Cake, Slices and Cupcakes



**4⁴⁹-
14⁹⁹**
assorted
sizes

Choices' Own Artisan Cookies



5⁹⁹
12 pack

Silver Hills Sprouted Power Bread



**2/
9⁰⁰**
430g - 615g

Bakestone Brothers Organic Tortillas



4⁴⁹
300g - 344g

Queen St. Bakery Gluten-Free Bagels & Bread



NEW

**2/
10⁰⁰**
464g - 500g

CELEBRATE FAMILY DAY

Monday, February 20th | All Choices Locations

ENJOY 10% OFF

THE ENTIRE STORE, **INCLUDING SALE ITEMS**

February 20th ONLY | Sale Not Available Online



GROCERY



Nature's
Bakery Fig
Bars

5⁹⁹

6 Pack



McVitie's
Cookies

3⁹⁹

300g - 400g



Sapsucker
Organic
Sparkling Tree
Water

2/4⁰⁰ 6⁹⁹

355ml
+deposit + eco fee

4 Pack
+deposit + eco fee



So Delicious
Dairy-Free
Frozen
Dessert

5⁹⁹

500ml



Zazubean Organic
Fair Trade
Chocolate Bars

2/7⁰⁰

80g & 85g



RJ's Licorice

2⁴⁹ 2⁹⁹

180g

280g



Sober Carpenter
Non-Alcoholic
Beer

2/4⁰⁰

473ml
+deposit + eco fee



EcoMax Natural All
Purpose Cleaners
& Dish Liquid

30% off

Assorted Sizes

WELLNESS



Botanica
Organic
Supplements
& Herbs

25% off

Assorted Sizes



Platinum
Naturals
Vitamins &
Supplements

20% off

Assorted Sizes



Purica
Vitamins &
Supplements

20% off

Assorted Sizes



Organika
Collagen
Supplements

35% off

Assorted Sizes



Joy of the
Mountains
Oil of
Oregano

12⁹⁹ 24⁹⁹

10ml

30ml



Flora Udo's
Choice 3.6.9
Blend & DHA
Oil Blend

20% off

Assorted Sizes



Harmonic
Superfood &
Mushroom
Elixers

20% off

Assorted Sizes



Do Matcha
Organic
Ceremonial
Green Tea

20% off

Assorted Sizes



Vega Sport
Products

20% off

Assorted Sizes



Progressive
Probiotics

20% off

Assorted Sizes



NutraSea
Omega-3 Fish
Oil Supplements

20% off

Assorted Sizes



Sukin Natural
Face & Body
Care

20% off

Assorted Sizes



choicesmarkets.com



/ChoicesMarkets



@ChoicesMarkets



/Choices_Markets

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immet St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.