



WEEKLY CHOICES

100% BC OWNED AND OPERATED

Ribeye Steaks

Grass Fed, Value Pack

14.99/lb

33.05/kg
from New Zealand/
Australia

YOU SAVE
48%
\$30.94/kg

Rosstown Roasted Chicken Halves

YOU SAVE
29%
\$8.00 each

5.99
each

Choices' Own Bakery Signature Cookies

YOU SAVE
14%
per pkg.

5.99
12 pack

Organic Hass Avocados

YOU SAVE
20%

3/6.75

from Mexico

Asparagus

10.98/kg



YOU SAVE
20%
per lb

4.98
/lb

Bi-Colour Corn

YOU SAVE
20%

4/5.00

from USA



CanPrev Vitamins & Supplements

20% off
Assorted Sizes



Smart Sweets Gummies

YOU SAVE
.99
per pkg.

2/7.00
50g



La Croix Sparkling Water

YOU SAVE
1.50
per 8 pack

5.99
8 Pack
+ deposit + eco fee

For a limited time, enjoy **free pickup** from your local Choices
[choicesmarkets.com](https://www.choicesmarkets.com)

Prices Effective
June 1 - June 7, 2023

PRODUCE

For a limited time, enjoy **free pickup** from your local Choices
choicesmarkets.com

Prices Effective
June 1 - June 7, 2023

Organic Yellow Potatoes



Imported

1.198
2.27kg
bag

Personal Size Watermelons



Imported

3.98
each

Rhubarb

4.37/kg



1.98
/lb

MEAT

Wild Sockeye Salmon Fillets



Value Pack, Previously Frozen

2.99
/100g

Boneless Skinless Chicken Breasts

22.02/kg



Raised Without Antibiotics, Value Pack

9.99
/lb

Organic Lean Ground Beef

26.43/kg



Value Pack

11.99
/lb

Choices' Own Sweet Italian Pork Sausages

17.61/kg



Made in Store

7.99
/lb

GROCERY

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Prices Effective
June 1 - June 7, 2023

Maple Hill Farms Free Range
Medium Eggs



549
One Dozen



Nuts To You
Organic Peanut
Butter

599
500g

Happy Planet Creamery
Fine Cultured Butter



999
200g



Nature's Path
Organic Frozen
Waffles

2/900
210g



Uncle Luke's
Organic Maple
Syrup

2299
1L



Blender Bites
Organic Frozen
Smoothie Cubes

1099
540g



Danone
Danactive &
Activia Yogurt

649 799
8 Pack Danactive 12 Pack Activia Yogurt



Tree Island
Grass-Fed Cream
Top Yogurt

449
500g



Olympic
Organic
Yogurt

2/1000
650g



Stahlbush Island
Farms Frozen
Fruit

499-699
283g & 300g



Kicking Horse
Fair Trade Organic
Ground Coffee

999
284g



Earth's Own
So Fresh
Almond Milk

429
1.89L
+deposit +eco fee



Dairyland
Milk 2 Go

2/400
325ml & 473ml
+deposit +eco fee



Dairyland
Creams &
Whip Cream

399-549
946ml



Dairyland
Organic Milk

949
4L
+deposit +eco fee



Nature's Path
EnviroKidz
Organic Cereal

479
Assorted Sizes



Nature's Path
Organic Cereal

479-599
Assorted Sizes



Terra Breads
Premium
Granola

749
340g & 454g

GROCERY



Annie's Crackers,
Cereal & Fruit
Snacks

30% off

Assorted Sizes



Flow Alkaline
Spring Water

3/4⁰⁰ 2/3⁰⁰

500ml Select Varieties
+deposit +eco fee

1L Select Varieties
+deposit +eco fee



Old Dutch
Restaurante &
Arriba Tortilla
Chips

2/9⁰⁰

235g - 295g



Roar Organic
Infusions
Coconut Water

2/5⁰⁰

532ml
+deposit +eco fee



RW Knudsen
Just Juice

7⁹⁹

946ml Select Varieties
+deposit +eco fee



Covered Bridge
Potato Chips

2/6⁰⁰

142g & 170g



Health-Ade
Kombucha

2⁹⁹

473ml
+deposit +eco fee



San Pellegrino
Italian Soda

2/3⁰⁰ 7⁹⁹

330ml
+deposit +eco fee

6 Pack
+deposit +eco fee



Plumm Good
Organic Rice
Thins

2⁸⁹

95g



Green & Black's
Organic Fair
Trade Chocolate
Bars

2/8⁰⁰

90g



Love Good Fats
Bars

3/6⁰⁰

39g & 40g



L'Ancêtre
Organic Cheese

30% off

180g - 200g



Natural Choice
Organic Frozen
Fruit Bars

2/9⁰⁰

4 Pack



So Delicious
Dairy-Free
Frozen Desserts

2/9⁰⁰ 5⁹⁹

4 Pack Bars

500ml



Breyers
Creamery Style
Ice Cream

7⁴⁹

1.66L



Donia Farms
Grass Fed Feta
Cheese

5⁹⁹

180g



Dairyland
Cottage Cheese

3⁹⁹

500g



Navitas Organics
Superfoods

40% off

Assorted Sizes

DELI

Choices' Own Artisan Ham, Turkey or Roast Beef Sandwiches

9⁹⁹
each

Choices' Own Sesame Ginger or Golden Curry Tofu Salad

2⁴⁹
/100g

Choices' Own Fresh Sushi Rolls

NEW
Asian Salmon Salad Roll

6²⁹
each

Spanakopita

**2/
8⁰⁰**
185g

Persian Couscous or Moroccan Chickpea Salad

1⁹⁹
/100g

Smoked Turkey Breast

3⁴⁹
/100g

Swiss Emmental, Gruyere Cheese

**25%
Off**
/100g

Tre Stelle Bocconcini Cheese

6⁹⁹
200g

Castello Aged Havarti, Cheddar or Gouda Cheese Wedges

7⁹⁹
200g

BAKED GOODS

Choices' Own Baker's Mezzo Bastone or Crusty Loaf

**2²⁹-
3⁴⁹**
250g & 450g

Uprising Sourdough Light Rye or Cracked Wheat & Sunflower Bread

4⁴⁹
650g

Bakestone Brothers Organic Tortillas

3⁹⁹
assorted sizes

Carbonaut Gluten-Free Low Carb Bread

**6⁴⁹-
8⁴⁹**
assorted sizes

Choices' Own Cheesecake Slices

**2/
6⁰⁰**
540g

New York Style Blueberry Cheesecake

1⁷⁹⁹
6 inch



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Kerrisdale - 1888 W 57th Ave, Vancouver

Yaletown - 1202 Richards St, Vancouver

Cambie - 3493 Cambie St, Vancouver

Kitsilano - 2627 W 16th Ave, Vancouver

Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver

South Surrey - 3248 King George Blvd, Surrey

Burnaby Crest - 8683 10th Ave, Burnaby

Abbotsford - 3033 Immet St, Abbotsford

Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.

GROCERY



Bechtle
Pasta

549
500g



Mutti Tomatoes
& Tomato Paste

30% off
Assorted Sizes



Impossible Plant-Based
Chicken Nuggets,
Burgers &
Ground Meat

749 949
226g & 383g 340g
Ground



Caboo Bamboo
Bathroom
Tissue, Wipes
& Napkins

30% off
Assorted Sizes



Lundberg
Organic Rice

999
907g



Bubbies Pickles,
Horseradish &
Sauerkraut

30% off
Assorted Sizes

Gusta Plant-Based Meat
Alternatives Sausages &
Ground



2/700 2/900
340g Ground 350g Sausage



VIP Liquid Laundry
Soap & Dish Soap

740ml & 2.95L

**BUY 1
GET 1
FREE**

WELLNESS



AquaOmega
Omega-3 Fish
Oil Supplements

25% off
Assorted Sizes



Platinum Naturals
Vitamins &
Supplements

20% off
Assorted Sizes



Now
Vitamins and
Supplements

20% off
Assorted Sizes



Natren
Probiotics

20% off
Assorted Sizes



Manitoba Harvest
Hemp Hearts &
Hemp Yeah!
Proteins

25% off
Assorted Varieties



SiSU
Vitamin B
Supplements

20% off
Assorted Sizes



AOR
Vitamins &
Supplements

20% off
Assorted Sizes



New Roots
Digestive
Enzymes

2549 3399
60 Caps 100 Caps



LeanFit Whey,
Whey Isolate &
Organic Plant-Based
Proteins

25% off
Assorted Sizes



Vega Protein
Made Simple

1749
259g - 271g



Naturtint Natural
Permanent Hair
Colour

899 1599
Root Touch-Up Kit 1 Kit Assorted Colours



Dr. Bronner's
Non GMO Organic
Pure-Castile Soap

549 1149
59ml Hand Sanitizer 473ml Castile Soap

vega
every tub purchased
plants one tree
with veritree



3599 5299
586g - 618g Vega Protein & Greens 834g - 876g Vega All-In-One

Offer valid on select
tubs purchased
from June 1-30th.