



WEEKLY CHOICES

100% BC OWNED AND OPERATED

Top Sirloin
Steak
Value Pack

999/lb

22.02/kg
Imported

YOU SAVE

39%

\$13.97/kg

Hot House
Long English
Cucumbers

4/500

Grown in
Canada

YOU SAVE

30%

Choices' Own Thai Chicken or
Prawn Noodle Salads

999

375g - 415g

Rosstown Half Chickens

699

each

Large Pineapple

YOU SAVE

200

598

each

from Costa Rica

Organic Strawberries

YOU SAVE

200

498

454g
pkg.

from California

Silver Hills Sprouted Power
Organic Bread

YOU SAVE

36%

\$4.98 each

2/900

assorted
sizes



Garden of Life
Dr. Formulated
Probiotics & myKind
Supplements

20% off

Assorted Sizes



Patience Organic Pure
Cranberry & Blueberry
Juice

999

946ml Cranberry
+deposit +eco fee

1199

946ml Blueberry
+deposit +eco fee



Hardbite
Potato Chips

2/400

128g - 150g

For a limited time, enjoy **free pickup** from your local Choices
choicesmarkets.com

Prices Effective
July 20 - July 26, 2023

PRODUCE

For a limited time, enjoy **free pickup** from your local Choices
choicesmarkets.com

Prices Effective
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Organic Hass Avocados



from Mexico

3/
600

Organic Green & Red Cabbage - 5.47/kg



248
/lb

Organic Asparagus 17.59/kg



from Mexico

798
/lb

Boneless Skinless Chicken Breasts 22.02/kg



Value Pack, Raised Without Antibiotics

999
/lb

Fresh BBQ Style Pork Sausages 17.61/kg



Made In Store

799
/lb

Tuna Steaks



699
each

Pork Loin Boneless Chops 13.21/kg



599
/lb

Fresh Beef Burgers 22.02/kg



Grass Fed, Made In Store

999
/lb

GROCERY

For a limited time, enjoy **free pickup** from your local Choices | **choicesmarkets.com**

Prices Effective
July 20 - July 26, 2023

Rabbit River Farms
Organic Free Run Large Eggs



5.99
1 Dozen

Canadian Heritage
Organics Maple
Syrup



12.49
500ml

Elias Liquid
Honey



8.99
375g

Cows
Creamery
Butter



7.29
250g



Boreal
Berry Farm
Superberry
Smoothie

6.99
284g



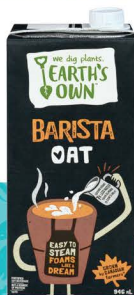
Happy Planet
Mornin' Oatz
Shake

1.69 **4.49**
250ml + deposit + eco fee 946ml + deposit + eco fee



Silk Beverages
& Creamers

25% off
Select Varieties & Sizes
+ deposit + eco fee



Earth's Own
Oat Barista
Blend

4.99
946ml
+ deposit + eco fee



A2 Milk

6.99
2L
+ deposit + eco fee



Ethical Bean
Organic Fair Trade
Coffee

9.99 **13.99**
227g Ground 340g Whole Bean



Taylors Tea

6.49
20 bag



Vita Coco
Coconut Water

2/8.00
1L
+ deposit + eco fee



BioSteel
Sports Drink

2/4.00
500ml
+ deposit + eco fee



Remedy
Kombucha

2/3.00 **5.49**
330ml Cans + deposit + eco fee 4 Pack + deposit + eco fee



Whistler Glacial
Spring Water

3/5.00 **2/4.00**
1L + deposit + eco fee 1.5L + deposit + eco fee



L'Ancêtre Organic
Cheese

30% off
150g & 325g



Tre Stelle
Feta Cheese

8.99 **18.99**
400g 1kg



Armstrong
Cheese Slices

5.49
220g - 240g

GROCERY



Lily's
Chocolate
Bars

3⁹⁹
80g & 85g



Lesser Evil
Organic
Popcorn

4⁴⁹
142g



Lesley Stowe
Artisan Crisps

5⁴⁹
150g



GoMacro
Organic Bars

2⁹⁹
59g - 69g



Hippie Snacks
Almond &
Banana Bread
Crisps

4⁴⁹
70g



Ryvita
Crispbread

30% off
Assorted Sizes



Fresh Is Best Salsa,
Tortilla Chips,
Taco Shells & Dips

30% off
Assorted Sizes



Only Oats
Gluten-Free Oat
Flour & Oats

8⁴⁹
1kg



Once Upon A
Farm Organic Cold
Pressed Baby Food

2⁶⁹ 2⁹⁹
85ml 105ml



Chickapea
Organic Pasta

4⁴⁹
161g & 227g



Chosen Foods
Avocado Oils,
Dressings & Sprays

30% off
Select Varieties & Sizes



Delverde
Pasta

2/6⁰⁰
450g



Dream Pops
Frozen Plant-Based
Dessert

4⁴⁹ 5⁸⁹
4 Pack 118ml



Organic Meadow
Organic Ice
Cream

8⁴⁹
946ml



Bremner's
Organic Frozen
Blueberries &
Berry Blend

20⁹⁹
1.5kg



Mochi
Coconut Ice
Dessert

7⁴⁹
450g



Nora's Plant-Based
Ice Cream

6⁴⁹
500ml



Eco Max Laundry
Wash & Fabric
Softener

30% off
1.05L - 3L

DELI

Honey, Old Fashioned and Black Forest Ham



249
/100g

Choices' Own Fresh Salad Rolls



599

148g - 245g

Habibi's Dips & Hummus



399

200g - 240g

Choices' Own Artisan Ham, Turkey or Roast Beef Sandwiches



999
each

Summer Quinoa & Spinach or Tabouleh Salad



219
/100g

Alexis de Portneuf Brie Cheese



349
/100g

Cow Feta Cheese



229
/100g

Arla Cheese Slices



699
assorted sizes

BAKED GOODS

Silver Hills Organic Sprouted Power Tortillas



449
255g

Choices' Own Artisan Bread



349-599
assorted sizes

Uprising Finnish or Sourdough Rye Bread



2/900

650g & 800g

Uprising Jumbo Gingersnaps or Laura's Vegan Chunk Cookies



499-699

300g

Choices' Own Scones



399
2 pack

Choices' Own Cheesecake Bars



799
190g

GluteNull Gluten-Free Bread & Buns



899
assorted sizes

DISCOVER LOCAL CHOICES



NEW BC PRODUCTS, PRODUCE & PROTEINS

CHOICESMARKETS.COM

SINCE 1990

GROCERY

 <p>Sol Cuisine Plant-Based Burgers</p> <p>4⁹⁹ 284g</p>	 <p>Rocky Mountain Pizza</p> <p>8⁹⁹ 405g - 430g</p>	 <p>Only Goodness Beans</p> <p>2¹⁹ 540ml</p>	 <p>Only Goodness Laundry & Dish Detergent</p> <p>2⁶⁹ 14⁹⁹ 532ml Dish Soap 2.95L Liquid Laundry Detergent</p>
 <p>Yves Plant-Based Products</p> <p>30% off Assorted Sizes</p>	 <p>Safe Catch Wild Albacore Tuna & Wild Pink Salmon</p> <p>3⁹⁹-5⁴⁹ 142g</p>	 <p>Only Goodness Organic Rice Cakes</p> <p>2/7⁰⁰ 140g</p>	 <p>Only Goodness Organic Popping Corn</p> <p>5⁹⁹ 700g</p>

WELLNESS

 <p>Progressive Vege Greens</p> <p>20% off Assorted Sizes</p>	 <p>withinUs TruMarine Collagen</p> <p>20% off Assorted Sizes</p>	 <p>Purica Vitamins & Supplements</p> <p>20% off Assorted Sizes</p>	 <p>Organic Traditions Superfoods</p> <p>25% off Assorted Sizes</p>
 <p>Nuun Hydration Electrolytes Sport, Boost, Immunity & Vitamin Tabs</p> <p>8⁹⁹ 10 Tablets</p>	 <p>Genuine Health Fermented Organic Vegan Proteins</p> <p>4⁹⁹ 6⁶⁹ 600g 900g</p>	 <p>Ecoideas Organic Chia Seeds</p> <p>7⁴⁹ 11⁹⁹ 227g 454g</p>	 <p>SUKU Vitamins and Supplements</p> <p>20% off Assorted Sizes</p>
 <p>CanPrev Magnesium Bis-Glycinate</p> <p>23⁹⁹ 33⁹⁹ 120 Caps or 500ml 240 Caps</p>	 <p>Routine.</p> <p>24⁹⁹ 34⁹⁹ Natural Deodorant Perfume</p>	 <p>Avalon Organics</p> <p>11⁹⁹ 12⁹⁹ 350ml Shower Gel 325ml Shampoo or Conditioner</p>	 <p>The Kelowna Candle Factory Beeswax & Soy Candles</p> <p>20% off Assorted Sizes, Assorted Varieties</p>



choicesmarkets.com

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

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North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.