



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

Prices Effective • September 21 - 27, 2023

WILD
CAUGHT

SPECIAL PRICE

**Sockeye Salmon
Fillets**

Previously Frozen,
Ocean Wise

\$279/100g

YOU SAVE
42%

SPECIAL PRICE

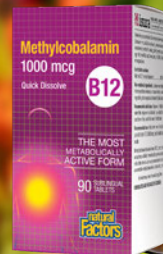


**Organic Green
Grapes**

From USA, 8.77/kg

\$398 / LB

YOU SAVE
200/lb



ALL PRODUCTS ON
SALE

20% OFF

Natural Factors Vitamins & Supplements
Assorted Varieties, Assorted Sizes



YOU SAVE
\$5.00

\$9.99

Ethical Bean Organic Coffee
227g



\$298 / LB

Organic Bunched Broccoli
From USA, 6.57/kg

YOU SAVE
100/lb



LOCAL

SPECIAL PRICE

\$398

Gala Apples
From BC, 1.36kg Bag



\$5.99

Choices' Own Festival Bread
Garlic & Cheddar, 200g

YOU SAVE
14%



\$5.99

Choices' Own Hot Soup
500ml

YOU SAVE
14%



YOU SAVE
\$2.50

\$5.49
plus deposit & eco fee

Earth's Own Naked Oat Beverage
1.75L

FEATURED CHOICE

Chicken Breasts
Boneless, Skinless
13.21/kg

\$5.99 / LB



PRODUCE FRESH • LOCAL • ORGANIC



\$3.98 / LB

Organic Red Seedless Grapes

From USA, 8.77/kg



\$2.98

Organic Red Bunched Beets

From Myers Organics Farm, BC



\$1.48

Bunched Carrots

From Canada

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



SPECIAL PRICE

\$4.99 / LB

Pork Tenderloin

Western Canadian, Raised without Antibiotics,
11.00/kg



LOCAL

SPECIAL PRICE

15% OFF

Stapleton Sausages

Select Varieties



**WILD
CAUGHT**

\$4.99

Ahi Tuna Steaks

Wild Caught, 6oz, Ocean Wise



\$3.99

Prawn Cakes

Thai Chili or Lemon Dill, Ocean Wise



Greenfield Bacon

Raised without
Antibiotics, 375g

\$7.99

Pinty's Chicken Wings

Select Varieties, 780g

\$16.99





**Born 3 Omega-3
Large Eggs**
1 Dozen

\$5²⁹



**Organic Meadow
Organic Butter**
454g

\$11⁹⁹



**Uncle Luke's
Organic Maple
Syrup**
1L

\$23⁹⁹

YOU SAVE
\$12⁰⁰



**Jordans Morning
Crisp Cereals**
Assorted Sizes

\$6⁴⁹



**Only Oats
Gluten-Free Oat
Flour & Oats**
1kg

\$7⁹⁹



**Forager Organic
Cashew Yogurt**
Assorted Sizes

\$6⁴⁹



**Liberté
Méditerranée
Yogurt**
500g

2 FOR \$8⁰⁰



**Danone
Activia Yogurt**
12 Pack

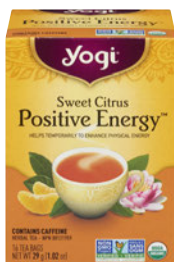
\$7⁹⁹



**Riviera Greek
Vegan Yogurt &
Coconut Milk Kéfir**
500g & 946ml

\$5⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Yogi
Tea**
16 Tea Bags

\$4⁴⁹



**Blue Diamond
Almond Beverages**
1.89L

\$4⁶⁹

plus deposit & eco fee



**Dairyland
Organic Milk**
1.89L

\$5⁴⁹

plus deposit & eco fee



**NOW
Stevia & Xylitol
Products**
Assorted Sizes

30% OFF



**Loop Cold Pressed
Upcycled Juice &
Smoothies**
355ml

\$3⁹⁹

plus deposit & eco fee



**Organic Traditions
Dried Fruit, Chia
& Flax**
Assorted Sizes

25% OFF



**Handfuel
Nut Snacks**
120g & 150g

\$5⁹⁹



**Hornby Organic
O'Snack Bars**
45g, Made in BC

3 FOR \$5⁰⁰

LOCAL



**Made Good Organic
Granola Bars,
Cookies & Crackers**
Assorted Sizes

\$3⁴⁹



**Tate's Bake Shop
Cookies**

198g

\$5.99



**La Cocina
Tortilla Chips**

300g ~ 400g

\$3.99



**Edward & Sons
Organic Brown
Rice Snaps**

100g

\$3.99



**Haribo
Gummies**

175g

\$3.49



**Dwarf Stars
Pumpkin Seed
Butter Cups**

42g

2 FOR \$7.00



**Green & Black's
Organic Fair Trade
Chocolate Bars**

90g

2 FOR \$9.00



**La Chaudière
Organic Cheese**

Assorted Sizes

30% OFF



**Woolwich
Goat Cheese**

Select Varieties
and Sizes

30% OFF



**Sunflower Kitchen
Hummus**

227g

FROM \$2.99

NOURISHING LIFESTYLES SINCE 1990



**Safe Catch Wild
Yellowfin Tuna and
Wild Pink Salmon**

142g

\$3.99



**Amy's Organic
Canned Soup**

398ml

2 FOR \$8.00 **YOU SAVE \$1.99**



**Bubbies
Pickles**

1L

\$9.49 **YOU SAVE \$5.50**



**Yves Plant-Based
Meat Alternatives**

Assorted Sizes

35% OFF



**Amy's Organic
Frozen Burritos**

Select Varieties, 170g

\$3.69



**Holy Napoli
Frozen Pizza**

Assorted Sizes

\$8.99



**Wholly Veggie
Frozen Products**

Assorted Sizes

30% OFF



**Earthbound Farm
Organic Frozen Fruit**

300g

\$4.49



**Ben & Jerry's
Ice Cream**

473ml & 500ml

\$5.99

DELI PREPARED FRESH



\$7⁹⁹

Choices' Own Pot Pies

245g - 285g



Habibi's Dips & Hummus

200g - 240g

\$4⁴⁹



Yorkshire Valley Organic Sliced Chicken or Turkey

150g

\$8⁹⁹



\$2⁹⁹ / 100g

Vegetable or Spinach Pakora



Curry Entrees

FROM **\$8⁹⁹**



Nicli Artisan Pizza

12 inch

\$16⁹⁹



\$4⁹⁹ / 100g

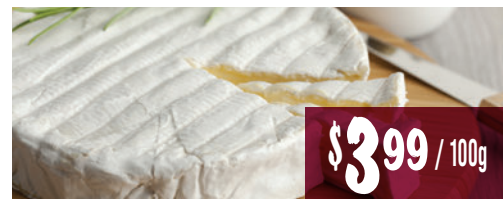
Gouda Cheese



\$11⁹⁹

Tre Stelle Grana Padano, Romano or Reggiano Cheese

200g



\$3⁹⁹ / 100g

L'Extra Brie Cheese

BAKERY FRESH BAKED • WHOLESOME



\$9⁹⁹

Vegan Pumpkin Pies & Pecan Pies

8 inch & 9 inch



Choices' Own Artisan Cookies

Select Varieties, 6 Pack

\$6⁹⁹



Choices' Own Cake Slices

Assorted Varieties

\$4⁴⁹



Carbonaut Low Carb Bread

Assorted Sizes

\$6⁹⁹



Uprising Sourdough Light Rye or Finnish Bread

Assorted Sizes

2 FOR \$9⁰⁰

CHOICES MARKET™
ANNIVERSARY SALE!



10% OFF
ENTIRE STORE*
INCLUDING SALE ITEMS

JOIN US SATURDAY, SEPTEMBER 23RD

To celebrate Choices North Vancouver's anniversary

801 Marine Dr, North Vancouver

*Anniversary sale offer valid at North Vancouver location only. Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



Cape Herb & Spice Grinders and Rubs
100g

\$5.99



Rao's Premium Homemade Pasta Sauce
660ml

\$9.99



Chickapea Organic Pasta
227g

\$4.49



Lundberg Organic Rice
907g

FROM \$7.99



Omega Nutrition Organic Apple Cider Vinegar
Assorted Sizes

FROM \$2.99



Naam Sauces
350ml

\$5.49



Primal Kitchen Dressings, Sauces & Condiments
Assorted Sizes

30% OFF

YOU SAVE UP TO \$5.91



Eat Wholesome Organic Canned Tomatoes
796ml

\$3.49

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



AOR Vitamins & Supplements
Assorted Sizes

20% OFF



Nuun Hydration Electrolytes ~ Sport, Boost, Immunity And Vitamin Tabs
10 Tabs

\$8.99



New Roots Probiotics
Assorted Sizes

20% OFF



The Kelowna Candle Factory Beeswax & Soy Candles
Assorted Sizes, Assorted Varieties

20% OFF



Natural Stacks Vitamins & Supplements
Assorted Sizes

30% OFF



Manitoba Harvest Hemp Hearts & Hemp Yeah! Proteins
Assorted Sizes

20% OFF



Vega All-in-One Nutritional Shakes
Assorted Sizes

\$53.99



Organyc Organic Feminine Hygiene
Assorted Varieties

25% OFF



AlgaeCal Plant Calcium
90 Caps

\$34.99



SiSU Ester-C Supplements
Assorted Sizes, Select Varieties

20% OFF



St. Francis Herb Farm Deep Immune & Immunity Herbs
Assorted Sizes, Select Varieties

20% OFF



The Green Beaver Company Face, Body & Sun Care
Assorted Sizes

20% OFF



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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