

CHOICES MARKET



ENJOY THIS
**LIMITED TIME
OFFER**
JUST FOR YOU!

WEDNESDAY, OCTOBER 25 ONLY

15%
OFF*

**YOUR IN-STORE PURCHASE, INCLUDING ITEMS
ON SALE THROUGHOUT THE ENTIRE STORE.**

*Excluding Lotto, Gift Cards and Pharmacy prescriptions. Sale not available online.



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

Prices Effective • October 19 - 25, 2023

LOCAL

SPECIAL PRICE

**Organic Whole
Frying Chicken**

Thomas Reid,
14.31/kg

\$6.49 / LB

YOU SAVE
21%

LIMITED TIME



**Organic Russet
Potatoes**

From Fraseland Organics, BC
5 lb Bag

\$5.98

LOCAL

YOU SAVE
\$1.00

CHOICES MARKET

WEDNESDAY, OCTOBER 25 ONLY

**15%
OFF**

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ON SALE
THROUGHOUT THE ENTIRE STORE.

*Excluding Lotto, Gift Cards and Pharmacy prescriptions.
Sale not available online.



YOU SAVE
22%

\$6.99

Choices' Own Pot Pies

Beef, Chicken or Turkey

WESTERN
CANADIAN



\$6.99 / LB

Boneless Pork Loin Chops

Raised without Antibiotics, 15.41/kg

WESTERN
CANADIAN



SPECIAL PRICE

\$1.98 / LB

Hot House Peppers

4.37/kg

YOU SAVE
\$3.00/lb

ALL ITEMS
ON SALE



**New Roots
Vitamins &
Supplements**
Assorted Sizes &
Varieties

20% OFF



**Traditional
Medicinals
Organic Teas**
16 Bags

\$3.99

YOU SAVE
\$2.50

FEATURED CHOICE

**Kicking Horse
Organic Fair Trade
Coffee**

Whole Bean, 454g

LOCAL

\$12.99

YOU SAVE
\$7.00



PRODUCE FRESH • LOCAL • ORGANIC



LOCAL

\$5⁹⁸

Organic Gala Apples

From Blossom River Organics, BC, 3 lb Bag



\$3⁹⁸ / LB

Green & Red Seedless Grapes

From USA, 8.77/kg



Organic Celery

From USA,
2.82/kg

\$1²⁸ / LB

Iceberg Lettuce

From USA

\$2⁴⁸



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



YOU SAVE
50%

\$7⁹⁹ / LB

Top Sirloin Roast

Raised without Antibiotic, 100% Grass Fed, Also
Top Sirloin Steaks, Value Pack, Imported, 17.61/kg



WILD
CAUGHT

\$1⁹⁹ / 100g

Rockfish Fillets

Ocean Wise



25% OFF

Hills Foods Products

Select Varieties



LOCAL

2 for \$12⁰⁰

Soup Etc!

Select Varieties, 700ml



Pinty's Chicken Wings

Select Varieties,
780g

\$16⁹⁹

Scallops

40 to 60 Count,
Imported,
454g

\$11⁹⁹



**Rabbit River Farms
Free Range Large Eggs**
1 Dozen



\$6.69

**L'Ancêtre
Organic Butter**
84%M.F., 250g



\$6.99

**Nuts to You
Peanut Butter**
750g



\$5.49

**Canadian Heritage
Organic Maple
Syrup**
1L



\$22.99

**Nature's Path
Hot Cereal**
6 Pack & 8 Pack



\$4.99

**Food for Life
Gluten-Free Bread**
Also Muffins, Cereal
Assorted Varieties



30% OFF

**GOGO Quinoa
Organic Cereal**
Also Pasta, Puffs,
Vegan Cheese
Assorted Sizes



30% OFF

**Terra Breads
Granola**
340g



\$6.99

**Liberté
Méditerranée
Yogurt**
Also Greek
2 Pack, 4 Pack, 400g



\$3.99

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND

**Prana Organic
Snacks**
Also Trail Mixes, Choc
Bites, Assorted Sizes



30% OFF

**Clif Bar
Energy Bars**
68g



2 FOR \$3.00

**Haribo
Gummies**
175g



2 FOR \$7.00

**Kettle Brand
Potato Chips**
198g & 220g



2 FOR \$7.00

**Lesser Evil
Organic Popcorn**
142g



2 FOR \$9.00

**Lesley Stowe
Artisan Crisps**
150g



\$5.49

**ChocXo Keto
Chocolate Cups
& Snaps**
98g



\$4.99

**Whittaker's
Chocolate Bars**
200g & 220g



2 FOR \$8.00

**Savör
Crackers**
Also Cookies, Ketchup,
Snacks, Select Varieties



30% OFF



**Avalon
Organic
Milk**
1.89L

FROM **\$6⁶⁹**
plus deposit & eco fee



**Earth's Own
Oat Barista
Blend**
946ml

\$4⁹⁹



**Silk Dairy
Alternative
Beverages**
1.75L & 1.89L

\$4⁹⁹
plus deposit & eco fee



**Plant Veda
Creamer**
500ml

\$4⁴⁹



**Chasers Fresh
Cold Pressed
Juice**
500ml

\$6⁹⁹
plus deposit & eco fee



**Kiju
Organic Juice**
4 Pack & 1L

2 FOR \$6⁰⁰
plus deposit & eco fee



**Good Drink Natural
Teas & Organic
Spritzers**
355ml & 473ml

FROM **\$1⁶⁹**
plus deposit & eco fee



**Organic Traditions
Functional
Beverages**
Assorted Sizes

25% OFF



**San Pellegrino
Italian Soda**
6 Pack

\$7⁴⁹
plus deposit & eco fee

NOURISHING LIFESTYLES SINCE 1990



**Sprague
Organic Soup**
Also Baked Beans,
398ml

\$2⁹⁹



**Di Martino
Pastificio Pasta**
Select Varieties,
453g & 500g

FROM 2 FOR **\$5⁰⁰**



**Field Roast Mac'n
Chao Creamy**
Also Plant-Based
Alternatives, Assorted
Sizes

30% OFF



**Gardein
Frozen Meat
Alternatives**
Assorted Sizes

30% OFF



**Green
Organic Frozen
Vegetables**
500g

2 FOR **\$8⁰⁰**



**Dairyland
Sour Cream**
750ml

\$4²⁹



**Armstrong
Cheese
Snacks**
10 Pack

\$5⁴⁹



**Righteous
Gelato &
Sorbetto**
562ml

\$6⁹⁹



**Chapman's
Specialty
Ice Cream**
500ml

\$5⁹⁹

DELI PREPARED FRESH



Rosdown Roasted Half Chicken

\$6.49



Choices' Own Chili

Medium, Hot
500ml

\$6.99



Happy Planet Soup

500ml ~ 650ml

\$7.99



Choices' Own Turkey Breast

Smoked or Cooked, Raised without Antibiotics

\$4.99 / 100g



Choices' Own Hummus

250g

2 FOR \$7.00



Vegetable Gyoza

Also Pork or Chicken

12 FOR \$4.20



Krinos Twisters

Select Varieties

2 FOR \$7.00



Cow's Creamery Cheddar Cheese

Applewood Smoked or Aged

\$4.99 / 100g



Natural Pastures Cheese

200g

20% OFF

BAKERY FRESH BAKED • WHOLESOME



Silver Hills Sprouted Power Breads

Assorted Sizes

2 FOR \$8.00



Choices' Own Cupcakes

Pack of 4

\$5.99



Choices' Own Chocolate Mousse

Also Cookies & Cream
Cheesecake, Low Carb
60g ~ 90g

\$4.99



Little Northern Bakehouse Wide Loaves

Also Organic Loaves
Assorted Sizes

\$5.99

GLUTEN FREE



Choices' Own Banana Bread

Also Orange
Cranberry

\$6.99



Choices' Own Ciabatta Loaf

Also Bakers Crusty
Loaf, 390g & 450g

\$3.49



Bakestone Brothers Tortillas

Also Naan, Roti
Assorted Sizes

\$4.49

CHOICES MARKET™

ANNIVERSARY SALE!



10% OFF
ENTIRE STORE*
INCLUDING SALE ITEMS

JOIN US SATURDAY, OCTOBER 21ST

To celebrate Choices
Abbotsford's anniversary

3033 Immel St, Abbotsford

*Anniversary sale offer valid at Abbotsford
location only. Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



Wholesome Organic Fair Trade Sweeteners
Assorted Sizes

35% OFF



Earth's Choice Organic Coconut Oil
Also Cream, Shreds

30% OFF



Kikkoman Sauces & Oil
Assorted Sizes

30% OFF



Mouche Facial Tissue
90 Pack

2 FOR \$6.00



Wildbrine Sauerkraut & Kimchi
500ml & 500g

\$7.49



Maison Orphée Organic Oil
Also Vinegar, Dressing or Vinaigrette, Assorted Sizes

30% OFF



Santa Cruz Organic Lime Juice
Also 100% Lemon Juice, 473ml

\$5.99
plus deposit & eco fee



Eco Max Cleaners
Also Laundry Detergent or Dish Wash, Assorted Sizes

30% OFF

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN

COLD & FLU



Natren Probiotics
Assorted Sizes

20% OFF



Bio-K Plus Probiotics
Dairy & Non Dairy, 12 Pack

\$42.99



Sisu Ester-C Supplements
Assorted Sizes, Select Varieties

20% OFF



Joy of the Mountain Oil of Oregano
Assorted Sizes

25% OFF



Vega One Nutritional Shakes
Assorted Varieties

\$53.99



Flor-Essence Herbal Cleanses
Assorted Sizes

20% OFF



Lily of the Desert Aloe Vera
Juice or Gel, Assorted Sizes & Varieties

20% OFF



Organika Vitamins & Supplements
Assorted Sizes & Varieties

30% OFF



Prairie Naturals Vitamins & Supplement
Assorted Sizes & Varieties

20% OFF



Vega Sport Products
Assorted Sizes & Varieties

20% OFF



South of France Soaps
Bars, 170g or Liquids, 236ml

\$7.49



Oneka Hair & Body Care
Assorted Sizes

20% OFF



Shop online at ChoicesMarket.com



@ChoicesMarket



/DiscoverChoicesMarket



@ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.