



CHOICES MARKET

100% BC OWNED AND OPERATED

CHRISTMAS CHOICES!

Prices Effective • December 21 ~ December 27, 2023



SPECIAL PRICE

Choices' Own Specialty Turkey
11.00/kg

\$4.99 / LB

LOCAL

DISCOVER CHOICES' OWN SPECIALTY TURKEY

- Raised without Antibiotics • 100% Vegetable Fed • Fresh and Never Frozen
- Free Range with Outdoor Access • Locally Raised in Similkameen Valley

Organic Carrots
From Fountainview Farm, BC, 907g Bag

\$3.98

LOCAL



Choices Turkey Dinners
454g

\$15.99



Choices Cranberry Sauce

Also Turkey Gravy, Shitake Mushroom Vegan Gravy
250ml - 500ml

FROM \$5.99



Choices Festive Side Dishes

\$1.89 / 100g



Choices Christmas Stollen
or Fruit Cakes, 225g - 908g

25% OFF



Satsuma Mandarins

Stem & Leaf, USA Grown Blue Jay Label, From Johnston Farm, 1.81kg Pkg.

\$15.98



Russet Potatoes

USA Grown, 4.54kg Bag

\$3.48

YOU SAVE 61%

FEATURED CHOICE

4 DAYS ONLY, DECEMBER 21ST ~ 24TH



Prime Rib Roast

or Boneless, 100% Grass Fed, Raised without Antibiotics, 24.23/kg

YOU SAVE 57%

LIMIT 1

\$10.99 / LB



La Croix Sparkling Water
8 Pack

\$5.49

plus deposit & eco fee

YOU SAVE \$2.00



Choices Mini Assorted Appetizers
6 or 12

FROM \$4.49

PRODUCE FRESH • LOCAL • ORGANIC



\$3.48 / LB

Organic Garnet and Jewel Yams

Also Organic Sweet Potatoes, USA Grown, 7.67/kg



\$5.98

Organic Cauliflower

California Grown



1.48 / LB

Celery

USA Grown, 3.26/kg

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



SPECIAL PRICE

\$15.99 / LB

Choices' Own Turkey Breast Roast

Also Thigh or Thigh/ Breast Combo, Raised without Antibiotics, 35.25/kg



SPECIAL PRICE

\$8.99 / LB

Rack of Pork

Raised without Antibiotics, 19.82/kg



\$3.69 / 100g

Fresh Steelhead Fillet

Ocean Wise, Value Pack



\$4.99 / LB

Fresh Lean Ground Pork

Raised without Antibiotics, 11.00/kg



Freybe Rhineland Bacon

375g

\$7.99

Selva Shrimp

Tail on, Frozen, 255g



\$10.99

**Country Golden Yolks
Medium Free Range Eggs**

1 Dozen



\$5⁹⁹

**Meadowvale
Creamery Butter**

454g



\$5⁹⁹

**Shady Maple
Farms Organic
Maple Syrup**

500ml



\$13⁹⁹



**Wedderspoon
Raw Manuka
Honey KFactor
12-16**

250g & 500g

\$10⁰⁰ OFF



**Nature's Path
Organic Hot
Cereals**

6 or 8 Pack

\$4⁹⁹



**The Granola King
Gourmet Granola**

750g

\$9⁹⁹



**Earth's Own
Naked Organic
Oat Beverage**

1.75L

\$5⁴⁹
plus deposit & eco fee



**Riviera Coconut
Milk Yogurt**

Also Oat Milk Yogurt,
500g & 650g

\$5⁹⁹



**Only Goodness
Organic
Blueberries**

Also Strawberries,
Frozen, 1.5kg

\$12⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Earth's Choice
Organic Coffee**

Rainforest Alliance
Certified, 340g

\$10⁹⁹



**Celestial
Seasonings
Organic Herbal
Tea**

18 or 20 Bags

2 FOR \$8⁰⁰



**Dairyland
Egg Nog**

946ml

\$2⁹⁹
plus deposit & eco fee



**Boylan Sugar
Cane Soda**

4 Pack

\$9⁹⁹
plus deposit & eco fee



**Teetotaler
Non-Alcoholic
Wine**

750ml

\$15⁹⁹
plus deposit & eco fee



**Partake Brewing
Non-Alcoholic
Beer**

4 Pack

\$7⁹⁹
plus deposit & eco fee



**Old Dutch
Potato Chips**

Regular or Ridgies,
200g & 235g

2 FOR \$8⁰⁰



**Fresh is Best
Tortilla Chips**

Also Salsa, Dips
Assorted Sizes

\$4⁴⁹



**Kettle Brand
Potato Chips**

Family Size,
368g

\$4⁹⁹



**Bulk Foods
Candy & Snacks**

30% OFF



**Terra
Vegetable Chips**
141g & 170g

\$5.99



**Angie's
Boomchickapop
Popcorn**
125g - 198g

2 FOR \$9.00



**Earth's Choice
Organic
Cranberry Sauce**
Assorted Varieties,
348ml

\$2.99



**Partners
Wisecrackers**
and Artisan Crackers,
114g & 124g

2 FOR \$8.00



**Laiki
Rice Crackers**
100g

\$3.69



**Haribo
Gummy Candies**
175g

2 FOR \$7.00



**Green & Black's
Organic Cocoa
Powder**
Fair Trade, 125g

\$6.99



**Ben & Jerry's
Ice Cream**
473ml

\$5.99

NOURISHING LIFESTYLES SINCE 1990



**Dairyland
Sour Cream**
450ml - 500ml

\$2.99



**Woolwich
Goat Cheese**
Select Varieties
and Sizes

30% OFF



**Balderson
Aged Cheddar
Cheese**
280g

\$9.99



**Violife
Plant-Based
Cheese**
200g - 227g

\$5.99



**Frontier Organic
Seasoning &
Spices**
10g - 55g

25% OFF



**Spectrum
Organic
Canola Oil**
750ml

\$13.99



**Maison Orphée
Vinaigrette
Dressing**
240ml & 250ml

\$4.99



**Imagine
Organic Broths**
1L

\$4.99



**Nature Clean
Liquid Dish
Detergent**
740ml

2 FOR \$9.00

DELI

PREPARED FRESH



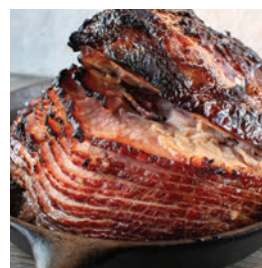
Choices Stuffed Turkey Breast
Raised without Antibiotics

\$3.99 /100g



Summer Fresh Dips & Hummus
227g

\$3.99



Choices Dijon Maple Glazed Ham

\$2.49 /100g



Italian Sliced Prosciutto
or Salami, 70g ~ 120g

25% OFF



Choices Tourtiere Festive Meat Pie
8 inch

\$14.99



BC Local Cheese
Select Variety

20% OFF



All Castello Cheese
Select Variety

25% OFF /100g



Alexis de Portneuf Camembert Cheese
Also Brie Cheese, 300g

\$9.99



Boursin Cheese
150g ~ 170g

\$5.99

BAKERY

FRESH BAKED • WHOLESOME



Choices Stuffing Bread
Gluten-Free, 240g

\$12.99



Gluten-Free Pies
Pumpkin, Apple, Strawberry Rhubarb, 8 Inch

\$9.99



Wendel's Sugar Cookies
Also Shortbread, Gingerbabies
Gluten-Free

20% OFF



Little Northern Bakehouse Dinner Rolls
Gluten-Free, Pack of 6

\$4.99



Choices Dried Bread Stuffing Mix
336g

\$3.99



Choices Artisan Fruit Pies
8 Inch

\$9.99



Choices Dinner Buns
Pack of 6

\$3.49



Choices Pecan Tarts
Also Mincemeat Tarts, Pack of 6

FROM \$6.99



Choices Signature Shortbread Cookies
Pack of 6 or 9

\$5.99



Choices Baguettes
Select Varieties 250g

2 FOR \$5.00

GROCERY

LOCAL • ORGANIC • SPECIALTY



**Gardein
Plant-Based
Frozen Meat
Alternatives**
Assorted Sizes

30% OFF



**Raincoast Trading
Wild Sockeye Salmon**
Also Wild Pink Salmon
150g & 160g

\$2.00 OFF



**Only
Goodness
Canned
Vegetables**
341ml & 398ml

2 FOR \$4.00



**Earthbound
Farm Organic
Frozen
Vegetables**
300g - 400g

\$2.99



**Lucky Kimchi
& Spring Rolls**
241g & 374g

\$5.69



**Earth's Choice
Organic
Canned Beans**
398ml

3 FOR \$7.00



**Di Martino
Pasta**
500g

\$3.49



**Mezzetta
Pasta Sauce**
Also Pesto,
177g & 709ml

\$5.49

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



**Natural Factors
CurcuminRich
Theracurmin
Supplements**
Assorted Sizes

20% OFF



**Organika
Bone Broths**
Chicken, Beef or
Veggie
Original or Ginger,
300g

\$34.99



**Acure Facial
Care & Body
Care**
Assorted Varieties

25% OFF



**Everyone
For Every
Body Soap**
377ml & 946ml

FROM \$6.49



**NutraSea
Omega-3
Fish Oil
Supplements**
Assorted Sizes

20% OFF



**Garden of Life
Proteins and Sport
Nutrition Products**
Assorted Sizes &
Varieties

20% OFF



**Jason Body,
Hair and
Oral Care**
Assorted
Varieties

20% OFF



**Aura Cacia
Foam Bath**
or Mineral Salt
Bath, Assorted
Sizes

\$3.49



**Nature's
Way Herbal
Supplements**
Assorted Sizes

20% OFF



**New Roots
Digestive
Enzymes**
Assorted Varieties

20% OFF



**Sundhed
Himalayan
Salt Lamps**
Assorted Varieties

20% OFF



**Herbatint
Natural
Permanent
Hair Colour**
1 Kit

\$17.99



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